

WEBVTT

NOTE duration:"01:01:01"

NOTE recognizability:0.868

NOTE language:en-us

NOTE Confidence: 0.7475113933333333

00:00:19.410 --> 00:00:19.920 To talk about.

NOTE Confidence: 0.85376278

00:00:22.880 --> 00:00:23.270 We will.

NOTE Confidence: 0.443386665

00:00:34.770 --> 00:00:35.450 I love you.

NOTE Confidence: 0.61103895

00:00:37.670 --> 00:00:38.120 Pretty much.

NOTE Confidence: 0.548316695

00:00:40.740 --> 00:00:42.928 Thank you we finally.

NOTE Confidence: 0.595485486666667

00:00:51.090 --> 00:00:51.939 We literally wouldn't.

NOTE Confidence: 0.8328117383333333

00:00:54.350 --> 00:00:55.376 Well, I think it's too late.

NOTE Confidence: 0.5668781

00:01:29.600 --> 00:01:30.130 OK.

NOTE Confidence: 0.9576002

00:01:32.380 --> 00:01:33.672 Good afternoon and Kyle.

NOTE Confidence: 0.9576002

00:01:33.672 --> 00:01:35.800 Can I ask you one more favor?

NOTE Confidence: 0.753404394

00:01:35.800 --> 00:01:37.530 Could we put Lindas first? Slide on.

NOTE Confidence: 0.981226325

00:01:41.100 --> 00:01:44.452 Thank you. I don't know if

NOTE Confidence: 0.981226325

00:01:44.452 --> 00:01:45.717 people know who Kyle is,

NOTE Confidence: 0.981226325

00:01:45.720 --> 00:01:48.812 but Kyle is the most important person

NOTE Confidence: 0.981226325

00:01:48.812 --> 00:01:51.210 in grand rounds and I want you to

NOTE Confidence: 0.981226325

00:01:51.210 --> 00:01:53.128 appreciate and hug him and love him.

NOTE Confidence: 0.92712747375

00:01:55.710 --> 00:01:57.278 And for those of you who didn't know,

NOTE Confidence: 0.92712747375

00:01:57.280 --> 00:01:59.038 let me embarrass him in public.

NOTE Confidence: 0.92712747375

00:01:59.040 --> 00:02:01.220 He is a Superman suit,

NOTE Confidence: 0.92712747375

00:02:01.220 --> 00:02:04.300 not Superman, Star Wars, konwiser,

NOTE Confidence: 0.92712747375

00:02:04.300 --> 00:02:06.718 reenactor, all sorts of things.

NOTE Confidence: 0.92712747375

00:02:06.718 --> 00:02:07.714 So if you want to know,

NOTE Confidence: 0.92712747375

00:02:07.720 --> 00:02:09.722 maybe we'll have him give Brian runs

NOTE Confidence: 0.92712747375

00:02:09.722 --> 00:02:11.807 one of these days because he knows,

NOTE Confidence: 0.92712747375

00:02:11.807 --> 00:02:13.352 like we tell psychiatrists and

NOTE Confidence: 0.92712747375

00:02:13.352 --> 00:02:14.646 psychologists and mental health,

NOTE Confidence: 0.92712747375

00:02:14.646 --> 00:02:18.077 he knows that play is a tool of healing.

NOTE Confidence: 0.92712747375

00:02:18.080 --> 00:02:20.060 Whatever you need to heal play,

NOTE Confidence: 0.92712747375

00:02:20.060 --> 00:02:21.452 he's a good player.

NOTE Confidence: 0.92712747375

00:02:21.452 --> 00:02:23.000 OK, someone else who plays

NOTE Confidence: 0.92712747375

00:02:23.000 --> 00:02:24.500 really well is today's speaker,

NOTE Confidence: 0.92712747375

00:02:24.500 --> 00:02:28.380 and I'm just so delighted before that.

NOTE Confidence: 0.92712747375

00:02:28.380 --> 00:02:29.860 Next week, Nathan Fox,

NOTE Confidence: 0.92712747375

00:02:29.860 --> 00:02:31.252 am I remembering, right?

NOTE Confidence: 0.92712747375

00:02:31.252 --> 00:02:33.200 I'm sorry, yes.

NOTE Confidence: 0.92712747375

00:02:33.200 --> 00:02:34.070 So next week,

NOTE Confidence: 0.92712747375

00:02:34.070 --> 00:02:37.073 just a heads up is going to be the first

NOTE Confidence: 0.92712747375

00:02:37.073 --> 00:02:39.672 of the two parts series this year of

NOTE Confidence: 0.92712747375

00:02:39.672 --> 00:02:42.240 the Viola Bernard Lecture which Tara

NOTE Confidence: 0.92712747375

00:02:42.240 --> 00:02:45.480 Davila and others are putting together.

NOTE Confidence: 0.92712747375

00:02:45.480 --> 00:02:48.448 But I'm really grateful to Tara for finding.

NOTE Confidence: 0.92712747375

00:02:48.450 --> 00:02:50.460 Carolyn Roberts,

NOTE Confidence: 0.92712747375

00:02:50.460 --> 00:02:52.470 Robertson Roberts,

NOTE Confidence: 0.92712747375

00:02:52.470 --> 00:02:54.396 who will be our speaker for

NOTE Confidence: 0.92712747375

00:02:54.396 --> 00:02:56.270 both parts and Doctor Roberts.

NOTE Confidence: 0.92712747375

00:02:56.270 --> 00:02:57.854 I hope it's Robertson.

NOTE Confidence: 0.92712747375

00:02:57.854 --> 00:02:58.250 Robertson,

NOTE Confidence: 0.92712747375

00:02:58.250 --> 00:03:02.410 apologies if I bungled that she is a

NOTE Confidence: 0.92712747375

00:03:02.410 --> 00:03:06.007 professor here at Yale and if I recall,

NOTE Confidence: 0.92712747375

00:03:06.010 --> 00:03:07.334 Department of African American

NOTE Confidence: 0.92712747375

00:03:07.334 --> 00:03:09.829 Studies her work is going to be very,

NOTE Confidence: 0.92712747375

00:03:09.830 --> 00:03:12.826 very relevant to all the many efforts

NOTE Confidence: 0.92712747375

00:03:12.826 --> 00:03:14.910 and initiatives about diversity,

NOTE Confidence: 0.92712747375

00:03:14.910 --> 00:03:16.170 equity and inclusion.

NOTE Confidence: 0.92712747375

00:03:16.170 --> 00:03:18.690 I'm really excited about it and.

NOTE Confidence: 0.92712747375

00:03:18.690 --> 00:03:20.265 Again, it's going to be a two part series,

NOTE Confidence: 0.92712747375

00:03:20.270 --> 00:03:22.130 so stay tuned for that and

NOTE Confidence: 0.92712747375

00:03:22.130 --> 00:03:24.220 how it's going to be divided.

NOTE Confidence: 0.92712747375

00:03:24.220 --> 00:03:26.452 Today I have the great

NOTE Confidence: 0.92712747375

00:03:26.452 --> 00:03:28.367 pleasure of introducing my dear

NOTE Confidence: 0.92712747375

00:03:28.367 --> 00:03:30.289 friend and recent graduates.

NOTE Confidence: 0.92712747375

00:03:30.290 --> 00:03:31.786 Maybe maybe three years ago

NOTE Confidence: 0.92712747375

00:03:31.786 --> 00:03:34.070 you graduated 2 years ago.

NOTE Confidence: 0.92712747375

00:03:34.070 --> 00:03:36.720 Very recent graduate Linda Drozdowicz.

NOTE Confidence: 0.92712747375

00:03:36.720 --> 00:03:38.127 I have had the the joy and

NOTE Confidence: 0.92712747375

00:03:38.127 --> 00:03:39.170 the pleasure of knowing.

NOTE Confidence: 0.92712747375

00:03:39.170 --> 00:03:39.862 Knowing Linda,

NOTE Confidence: 0.92712747375

00:03:39.862 --> 00:03:42.284 I think since her first year in

NOTE Confidence: 0.92712747375

00:03:42.284 --> 00:03:44.165 medical school or second year when

NOTE Confidence: 0.92712747375

00:03:44.165 --> 00:03:46.898 she was at the Mayo Clinic and Linda

NOTE Confidence: 0.92712747375

00:03:46.898 --> 00:03:49.280 was part of the Klingenstein Third

NOTE Confidence: 0.92712747375

00:03:49.280 --> 00:03:50.991 Generation Foundation network which

NOTE Confidence: 0.92712747375

00:03:50.991 --> 00:03:54.050 we started here in Yale in 2000.

NOTE Confidence: 0.92712747375

00:03:54.050 --> 00:03:56.050 Two on network named after

NOTE Confidence: 0.92712747375

00:03:56.050 --> 00:03:57.650 the late Donald Cohen.

NOTE Confidence: 0.92712747375

00:03:57.650 --> 00:04:00.110 Our former former former director.
NOTE Confidence: 0.92712747375

00:04:00.110 --> 00:04:02.406 If I get that right and he passed
NOTE Confidence: 0.92712747375

00:04:02.406 --> 00:04:04.854 in 2001 and by 2002 the network
NOTE Confidence: 0.92712747375

00:04:04.854 --> 00:04:07.469 was funded by the claimants teen
NOTE Confidence: 0.92712747375

00:04:07.470 --> 00:04:08.538 Third Generation Foundation,
NOTE Confidence: 0.92712747375

00:04:08.538 --> 00:04:11.336 they were so pleased with what we did
NOTE Confidence: 0.92712747375

00:04:11.336 --> 00:04:13.264 here at Yale that the next year or
NOTE Confidence: 0.92712747375

00:04:13.264 --> 00:04:15.639 two they funded the current 13 programs,
NOTE Confidence: 0.92712747375

00:04:15.640 --> 00:04:17.747 the Mayo Clinic being one of them.
NOTE Confidence: 0.92712747375

00:04:17.750 --> 00:04:18.448 So anyway,
NOTE Confidence: 0.92712747375

00:04:18.448 --> 00:04:21.240 Linda was there one of her many talents
NOTE Confidence: 0.92712747375

00:04:21.240 --> 00:04:24.048 making my point that plays a tool of healing.
NOTE Confidence: 0.92712747375

00:04:24.050 --> 00:04:27.660 Is that she was and known as a ukulele girl.
NOTE Confidence: 0.92712747375

00:04:27.660 --> 00:04:28.053 Right,
NOTE Confidence: 0.92712747375

00:04:28.053 --> 00:04:30.018 and I didn't say girl,
NOTE Confidence: 0.92712747375

00:04:30.020 --> 00:04:32.560 that's how she was known in her pre MD days.

NOTE Confidence: 0.92712747375
00:04:32.560 --> 00:04:34.828 Not not ukulele miss but ukulele
NOTE Confidence: 0.92712747375
00:04:34.828 --> 00:04:37.355 girl because what she did is that
NOTE Confidence: 0.92712747375
00:04:37.355 --> 00:04:39.560 she would plant herself at one of
NOTE Confidence: 0.92712747375
00:04:39.630 --> 00:04:42.423 the main fires or entries of this
NOTE Confidence: 0.92712747375
00:04:42.423 --> 00:04:45.960 magnificent Mayo Clinic playing the ukulele.
NOTE Confidence: 0.92712747375
00:04:45.960 --> 00:04:49.290 Welcoming people into the Mayo Clinic
NOTE Confidence: 0.92712747375
00:04:49.290 --> 00:04:51.600 and in some of the pediatric units.
NOTE Confidence: 0.92712747375
00:04:51.600 --> 00:04:52.848 And that's just amazing.
NOTE Confidence: 0.92712747375
00:04:52.848 --> 00:04:55.638 That's, you know, the power of play.
NOTE Confidence: 0.92712747375
00:04:55.640 --> 00:04:57.470 She played for our kids and
NOTE Confidence: 0.92712747375
00:04:57.470 --> 00:04:59.329 winning one when she was here.
NOTE Confidence: 0.92712747375
00:04:59.330 --> 00:05:02.168 And I see Sarah Kowalski when
NOTE Confidence: 0.92712747375
00:05:02.168 --> 00:05:04.060 one of our nurses
NOTE Confidence: 0.873153184166667
00:05:04.168 --> 00:05:06.324 are associated. Yeah, patient,
NOTE Confidence: 0.873153184166667
00:05:06.324 --> 00:05:08.256 the manager which is like I
NOTE Confidence: 0.873153184166667

00:05:08.256 --> 00:05:10.198 never get their wording right,
NOTE Confidence: 0.873153184166667

00:05:10.200 --> 00:05:12.770 but our nursing Director Co.
NOTE Confidence: 0.873153184166667

00:05:12.770 --> 00:05:14.891 Director and she is smiling because she
NOTE Confidence: 0.873153184166667

00:05:14.891 --> 00:05:16.958 remembers as we all remember fondly.
NOTE Confidence: 0.873153184166667

00:05:16.960 --> 00:05:20.080 That reminds me of my Angelou,
NOTE Confidence: 0.873153184166667

00:05:20.080 --> 00:05:22.439 who we all know said you'll forget
NOTE Confidence: 0.873153184166667

00:05:22.439 --> 00:05:24.878 everything you are taught, but you will
NOTE Confidence: 0.873153184166667

00:05:24.878 --> 00:05:27.020 never forget how you're made to feel.
NOTE Confidence: 0.873153184166667

00:05:27.020 --> 00:05:29.828 So I'm sure that those kids have forgotten
NOTE Confidence: 0.873153184166667

00:05:29.828 --> 00:05:31.640 everything about what we taught them about.
NOTE Confidence: 0.873153184166667

00:05:31.640 --> 00:05:33.986 You know everything, but I'm sure
NOTE Confidence: 0.873153184166667

00:05:33.986 --> 00:05:36.130 they haven't forgotten your ukulele.
NOTE Confidence: 0.873153184166667

00:05:36.130 --> 00:05:40.780 Now, Linda has another great
NOTE Confidence: 0.873153184166667

00:05:40.780 --> 00:05:43.345 superpower that I discovered.
NOTE Confidence: 0.873153184166667

00:05:43.345 --> 00:05:44.980 Just by coincidence,
NOTE Confidence: 0.873153184166667

00:05:44.980 --> 00:05:47.108 one day I was telling confessing to Linda.

NOTE Confidence: 0.873153184166667

00:05:47.110 --> 00:05:50.359 I said, Linda, I'm I'm such a prude.

NOTE Confidence: 0.873153184166667

00:05:50.360 --> 00:05:52.145 That I don't know how to say

NOTE Confidence: 0.873153184166667

00:05:52.145 --> 00:05:53.460 body parts without blushing,

NOTE Confidence: 0.873153184166667

00:05:53.460 --> 00:05:54.930 and I'm an MD who has been

NOTE Confidence: 0.873153184166667

00:05:54.930 --> 00:05:55.910 practiced for 20 years.

NOTE Confidence: 0.873153184166667

00:05:55.910 --> 00:05:59.120 I have no I, I just get like really anxious.

NOTE Confidence: 0.873153184166667

00:05:59.120 --> 00:06:01.675 And you know, I say well euphemism,

NOTE Confidence: 0.873153184166667

00:06:01.680 --> 00:06:02.085 euphemism.

NOTE Confidence: 0.873153184166667

00:06:02.085 --> 00:06:05.325 And she starts naming 1 by 1 all

NOTE Confidence: 0.873153184166667

00:06:05.325 --> 00:06:08.144 the body parts in great detail.

NOTE Confidence: 0.873153184166667

00:06:08.144 --> 00:06:11.281 And I'm like damn how did you do that?

NOTE Confidence: 0.873153184166667

00:06:11.281 --> 00:06:13.948 And I saw that it was not just her

NOTE Confidence: 0.873153184166667

00:06:13.948 --> 00:06:16.102 natural ease which you will learn

NOTE Confidence: 0.873153184166667

00:06:16.102 --> 00:06:18.866 about in the second in a millisecond.

NOTE Confidence: 0.873153184166667

00:06:18.870 --> 00:06:20.610 But it was her intentionality.

NOTE Confidence: 0.873153184166667

00:06:20.610 --> 00:06:21.190 About this.
NOTE Confidence: 0.873153184166667
00:06:21.190 --> 00:06:21.770 Linda is,
NOTE Confidence: 0.873153184166667
00:06:21.770 --> 00:06:22.350 I think,
NOTE Confidence: 0.873153184166667
00:06:22.350 --> 00:06:25.718 one of one or two or three Charles
NOTE Confidence: 0.873153184166667
00:06:25.718 --> 00:06:28.717 psychiatrists in the country who also has.
NOTE Confidence: 0.873153184166667
00:06:28.720 --> 00:06:29.952 Training and sexual health.
NOTE Confidence: 0.873153184166667
00:06:29.952 --> 00:06:31.800 She will tell us exactly the
NOTE Confidence: 0.873153184166667
00:06:31.855 --> 00:06:32.899 name of her degree,
NOTE Confidence: 0.873153184166667
00:06:32.900 --> 00:06:34.965 but she pursued this and she knows
NOTE Confidence: 0.873153184166667
00:06:34.965 --> 00:06:37.460 a lot about this and she's going
NOTE Confidence: 0.873153184166667
00:06:37.460 --> 00:06:38.952 to be talking about many things,
NOTE Confidence: 0.873153184166667
00:06:38.952 --> 00:06:41.560 including a paper that I'll have her
NOTE Confidence: 0.873153184166667
00:06:41.560 --> 00:06:43.660 talk about but with great pride.
NOTE Confidence: 0.873153184166667
00:06:43.660 --> 00:06:45.914 Dorothy Stubby and I can tell you
NOTE Confidence: 0.873153184166667
00:06:45.914 --> 00:06:48.428 that the paper she's going to talk
NOTE Confidence: 0.873153184166667
00:06:48.428 --> 00:06:50.273 about with just published last

NOTE Confidence: 0.873153184166667
00:06:50.273 --> 00:06:52.458 year won the award from Adword,
NOTE Confidence: 0.873153184166667
00:06:52.460 --> 00:06:54.782 which is the Association of Directors
NOTE Confidence: 0.873153184166667
00:06:54.782 --> 00:06:57.080 of Residency Training in Psychiatry.
NOTE Confidence: 0.873153184166667
00:06:57.080 --> 00:06:59.194 She won the award for the best.
NOTE Confidence: 0.873153184166667
00:06:59.200 --> 00:07:01.993 Paper published by a trainee that year
NOTE Confidence: 0.873153184166667
00:07:01.993 --> 00:07:04.210 and we're incredibly proud of that.
NOTE Confidence: 0.873153184166667
00:07:04.210 --> 00:07:05.872 And I'm just so delighted to
NOTE Confidence: 0.873153184166667
00:07:05.872 --> 00:07:07.430 have played well with others,
NOTE Confidence: 0.873153184166667
00:07:07.430 --> 00:07:08.272 including Linda.
NOTE Confidence: 0.873153184166667
00:07:08.272 --> 00:07:10.377 So Linda Drozdowicz coming up.
NOTE Confidence: 0.777893053333333
00:07:16.450 --> 00:07:18.166 Something really quick. Sorry about this.
NOTE Confidence: 0.940322848
00:07:22.710 --> 00:07:24.890 Please hold for technical difficulties
NOTE Confidence: 0.940322848
00:07:24.890 --> 00:07:27.370 all right, thank you for having me.
NOTE Confidence: 0.940322848
00:07:27.370 --> 00:07:28.900 Andres has adjusted the screen so
NOTE Confidence: 0.940322848
00:07:28.900 --> 00:07:31.410 that I can be seen on the screen
NOTE Confidence: 0.940322848

00:07:31.410 --> 00:07:32.846 because I'm vertically challenged.
NOTE Confidence: 0.940322848

00:07:32.850 --> 00:07:34.369 Thank you for coming to this talk
NOTE Confidence: 0.940322848

00:07:34.369 --> 00:07:35.890 and this is a talk about sex,
NOTE Confidence: 0.940322848

00:07:35.890 --> 00:07:37.879 which is a topic that we don't talk about
NOTE Confidence: 0.940322848

00:07:37.879 --> 00:07:40.125 too openly or too often in child psychiatry.
NOTE Confidence: 0.940322848

00:07:40.130 --> 00:07:41.654 I think not as often as
NOTE Confidence: 0.940322848

00:07:41.654 --> 00:07:42.970 we should as you'll see,
NOTE Confidence: 0.940322848

00:07:42.970 --> 00:07:44.170 so the title is video based.
NOTE Confidence: 0.940322848

00:07:44.170 --> 00:07:45.610 Examples of sexual health
NOTE Confidence: 0.940322848

00:07:45.610 --> 00:07:47.050 conversations to help child,
NOTE Confidence: 0.940322848

00:07:47.050 --> 00:07:48.954 adolescent psychiatrists and practitioners
NOTE Confidence: 0.940322848

00:07:48.954 --> 00:07:51.810 in general help kids and synchronize.
NOTE Confidence: 0.940322848

00:07:51.810 --> 00:07:52.898 Multi site video conferencing
NOTE Confidence: 0.940322848

00:07:52.898 --> 00:07:54.830 works and there's a little I don't
NOTE Confidence: 0.940322848

00:07:54.830 --> 00:07:56.318 know what that thing is called.
NOTE Confidence: 0.940322848

00:07:56.320 --> 00:07:57.580 The circle, the timing,

NOTE Confidence: 0.940322848

00:07:57.580 --> 00:07:59.849 your QR code which will give you

NOTE Confidence: 0.940322848

00:07:59.849 --> 00:08:02.012 access to the paper that was written

NOTE Confidence: 0.940322848

00:08:02.012 --> 00:08:04.065 about this project as well to the

NOTE Confidence: 0.940322848

00:08:04.065 --> 00:08:05.380 full sexual health didactic and

NOTE Confidence: 0.940322848

00:08:05.380 --> 00:08:07.403 I'll show this again at the end so

NOTE Confidence: 0.940322848

00:08:07.403 --> 00:08:09.059 don't worry if you don't get it now.

NOTE Confidence: 0.940322848

00:08:09.060 --> 00:08:10.806 So my goal is today are for you to

NOTE Confidence: 0.940322848

00:08:10.806 --> 00:08:12.375 learn the importance of discussing

NOTE Confidence: 0.940322848

00:08:12.375 --> 00:08:14.025 sexual development and sexual health

NOTE Confidence: 0.940322848

00:08:14.025 --> 00:08:15.537 in neurotypical and neurodiverse

NOTE Confidence: 0.940322848

00:08:15.537 --> 00:08:17.037 kids and their families.

NOTE Confidence: 0.940322848

00:08:17.040 --> 00:08:18.720 To see examples of videos used

NOTE Confidence: 0.940322848

00:08:18.720 --> 00:08:20.474 for teaching these skills and to

NOTE Confidence: 0.940322848

00:08:20.474 --> 00:08:21.934 learn the utility of synchronized.

NOTE Confidence: 0.940322848

00:08:21.940 --> 00:08:23.950 Multi site video conferencing for

NOTE Confidence: 0.940322848

00:08:23.950 --> 00:08:26.948 teaching niche content to a lot of people.
NOTE Confidence: 0.940322848

00:08:26.950 --> 00:08:28.780 So you might be thinking this
NOTE Confidence: 0.940322848

00:08:28.780 --> 00:08:30.809 seems like a really niche topic,
NOTE Confidence: 0.940322848

00:08:30.810 --> 00:08:33.286 or for those who know me, why Linda why, so?
NOTE Confidence: 0.940322848

00:08:33.286 --> 00:08:36.438 I would argue that this is not a niche
NOTE Confidence: 0.940322848

00:08:36.438 --> 00:08:38.830 topic at all, and I'll tell you why.
NOTE Confidence: 0.940322848

00:08:38.830 --> 00:08:41.215 As Andre saluted to when I was in residency
NOTE Confidence: 0.940322848

00:08:41.215 --> 00:08:43.446 at Mount Sinai Hospital in the city,
NOTE Confidence: 0.940322848

00:08:43.450 --> 00:08:45.502 I had the pleasure of actually
NOTE Confidence: 0.940322848

00:08:45.502 --> 00:08:47.950 going downtown to NYU to do the
NOTE Confidence: 0.940322848

00:08:47.950 --> 00:08:50.100 training program and human sexuality,
NOTE Confidence: 0.940322848

00:08:50.100 --> 00:08:52.627 which is a sex therapy training program.
NOTE Confidence: 0.940322848

00:08:52.630 --> 00:08:54.030 When I mentioned this to my mother,
NOTE Confidence: 0.940322848

00:08:54.030 --> 00:08:55.142 she said you did,
NOTE Confidence: 0.940322848

00:08:55.142 --> 00:08:56.412 what, and but.
NOTE Confidence: 0.940322848

00:08:56.412 --> 00:08:58.396 What is sex therapy?

NOTE Confidence: 0.940322848

00:08:58.400 --> 00:09:00.904 So sex therapy is where you help individuals

NOTE Confidence: 0.940322848

00:09:00.904 --> 00:09:03.219 and couples with any sexual difficulties.

NOTE Confidence: 0.940322848

00:09:03.220 --> 00:09:05.128 It is traditionally a

NOTE Confidence: 0.940322848

00:09:05.128 --> 00:09:06.559 purely behavioral therapy,

NOTE Confidence: 0.940322848

00:09:06.560 --> 00:09:08.352 but those of us who have ever done

NOTE Confidence: 0.940322848

00:09:08.352 --> 00:09:09.512 psychotherapy with anyone knows

NOTE Confidence: 0.940322848

00:09:09.512 --> 00:09:10.840 that relationships are everything.

NOTE Confidence: 0.940322848

00:09:10.840 --> 00:09:12.315 So usually you're covering both

NOTE Confidence: 0.940322848

00:09:12.315 --> 00:09:14.156 to help people feel better as

NOTE Confidence: 0.940322848

00:09:14.156 --> 00:09:15.380 individuals and as couples.

NOTE Confidence: 0.940322848

00:09:15.380 --> 00:09:17.354 So I had that background before

NOTE Confidence: 0.940322848

00:09:17.354 --> 00:09:19.520 I came to child psychiatry,

NOTE Confidence: 0.940322848

00:09:19.520 --> 00:09:20.416 but again, you know,

NOTE Confidence: 0.940322848

00:09:20.416 --> 00:09:22.659 what about when I got to child fellowship?

NOTE Confidence: 0.940322848

00:09:22.660 --> 00:09:25.068 Well, in month one I was on Winchester

NOTE Confidence: 0.940322848

00:09:25.068 --> 00:09:27.807 one or inpatient unit and we admitted.
NOTE Confidence: 0.940322848

00:09:27.810 --> 00:09:30.127 A 13 year old boy with autism,
NOTE Confidence: 0.940322848

00:09:30.130 --> 00:09:31.864 mild intellectual disability and I think
NOTE Confidence: 0.940322848

00:09:31.864 --> 00:09:33.988 he was admitted for aggression or some,
NOTE Confidence: 0.940322848

00:09:33.990 --> 00:09:34.544 you know,
NOTE Confidence: 0.940322848

00:09:34.544 --> 00:09:36.206 common reason that kids are admitted.
NOTE Confidence: 0.940322848

00:09:36.210 --> 00:09:37.514 And as an aside,
NOTE Confidence: 0.940322848

00:09:37.514 --> 00:09:39.470 his mother came in beside herself
NOTE Confidence: 0.940322848

00:09:39.543 --> 00:09:41.979 and told us that she had caught
NOTE Confidence: 0.940322848

00:09:41.979 --> 00:09:43.361 him ***** while looking at
NOTE Confidence: 0.940322848

00:09:43.361 --> 00:09:44.723 his sister and she was convinced
NOTE Confidence: 0.940322848

00:09:44.723 --> 00:09:46.008 that he was a sexual deviant.
NOTE Confidence: 0.940322848

00:09:46.010 --> 00:09:47.354 That he was disgusting.
NOTE Confidence: 0.940322848

00:09:47.354 --> 00:09:49.370 She was really really really disturbed
NOTE Confidence: 0.940322848

00:09:49.432 --> 00:09:51.168 by this and it felt wrong to me.
NOTE Confidence: 0.940322848

00:09:51.170 --> 00:09:52.955 I knew that there was something not

NOTE Confidence: 0.940322848
00:09:52.955 --> 00:09:54.437 sitting right but I didn't really
NOTE Confidence: 0.940322848
00:09:54.437 --> 00:09:55.984 know how to counsel her and it
NOTE Confidence: 0.890548565
00:09:56.041 --> 00:09:57.266 turned out she had not
NOTE Confidence: 0.890548565
00:09:57.266 --> 00:09:58.491 talked to him about puberty.
NOTE Confidence: 0.890548565
00:09:58.500 --> 00:09:59.904 About sexual development.
NOTE Confidence: 0.890548565
00:09:59.904 --> 00:10:00.840 About *****.
NOTE Confidence: 0.890548565
00:10:00.840 --> 00:10:02.676 But again I really didn't know
NOTE Confidence: 0.890548565
00:10:02.676 --> 00:10:05.230 what to tell her and that's what
NOTE Confidence: 0.890548565
00:10:05.230 --> 00:10:06.906 really prompted this project.
NOTE Confidence: 0.890548565
00:10:06.910 --> 00:10:08.604 So I got in touch with Andres
NOTE Confidence: 0.890548565
00:10:08.604 --> 00:10:10.857 and I got in touch with one of
NOTE Confidence: 0.890548565
00:10:10.857 --> 00:10:12.778 the sex therapists and NYU doctor
NOTE Confidence: 0.890548565
00:10:12.778 --> 00:10:14.366 Elizabeth Horden and together
NOTE Confidence: 0.890548565
00:10:14.366 --> 00:10:16.351 we we created this project.
NOTE Confidence: 0.890548565
00:10:16.360 --> 00:10:17.600 So you need to be able to talk
NOTE Confidence: 0.890548565

00:10:17.600 --> 00:10:18.610 to kids and their families
NOTE Confidence: 0.890548565

00:10:18.610 --> 00:10:19.918 about the birds and the bees.
NOTE Confidence: 0.890548565

00:10:19.920 --> 00:10:21.000 That's where we have this.
NOTE Confidence: 0.890548565

00:10:21.000 --> 00:10:22.615 This lovely picture and sexual
NOTE Confidence: 0.890548565

00:10:22.615 --> 00:10:24.230 health and mental health are
NOTE Confidence: 0.890548565

00:10:24.291 --> 00:10:26.319 actually bidirectionally influential.
NOTE Confidence: 0.890548565

00:10:26.320 --> 00:10:28.396 So if you're having sexual dysfunction,
NOTE Confidence: 0.890548565

00:10:28.400 --> 00:10:30.206 you're two to three times more likely
NOTE Confidence: 0.890548565

00:10:30.206 --> 00:10:31.989 to develop major depressive disorder.
NOTE Confidence: 0.890548565

00:10:31.990 --> 00:10:33.500 And if you've got depression,
NOTE Confidence: 0.890548565

00:10:33.500 --> 00:10:35.025 you're much more likely to
NOTE Confidence: 0.890548565

00:10:35.025 --> 00:10:35.940 experience sexual dysfunction,
NOTE Confidence: 0.890548565

00:10:35.940 --> 00:10:38.166 so this is directly relevant to the
NOTE Confidence: 0.890548565

00:10:38.166 --> 00:10:39.866 population that we treat medical.
NOTE Confidence: 0.890548565

00:10:39.866 --> 00:10:41.796 Sexual health education is also
NOTE Confidence: 0.890548565

00:10:41.796 --> 00:10:43.340 imperative because if providers

NOTE Confidence: 0.890548565

00:10:43.401 --> 00:10:45.117 are not bringing up the subject,

NOTE Confidence: 0.890548565

00:10:45.120 --> 00:10:47.059 if we're placing the burden on patients.

NOTE Confidence: 0.890548565

00:10:47.060 --> 00:10:48.208 For their parents to bring it up,

NOTE Confidence: 0.890548565

00:10:48.210 --> 00:10:49.118 we're contributing to stigma

NOTE Confidence: 0.890548565

00:10:49.118 --> 00:10:50.704 and when we're making it sort of

NOTE Confidence: 0.890548565

00:10:50.704 --> 00:10:51.778 the elephant in the room,

NOTE Confidence: 0.890548565

00:10:51.780 --> 00:10:53.136 we don't go there unless you

NOTE Confidence: 0.890548565

00:10:53.136 --> 00:10:54.668 are bold enough to bring it up.

NOTE Confidence: 0.890548565

00:10:54.670 --> 00:10:56.551 We need to bring it up so that that's

NOTE Confidence: 0.890548565

00:10:56.551 --> 00:10:58.108 another reason this is so important.

NOTE Confidence: 0.890548565

00:10:58.110 --> 00:10:58.878 And finally,

NOTE Confidence: 0.890548565

00:10:58.878 --> 00:11:00.798 sexual health education is often

NOTE Confidence: 0.890548565

00:11:00.798 --> 00:11:02.926 not as openly available to

NOTE Confidence: 0.890548565

00:11:02.926 --> 00:11:04.746 neurodiverse kids and adults,

NOTE Confidence: 0.890548565

00:11:04.750 --> 00:11:06.731 but there's a tendency to infantilize people

NOTE Confidence: 0.890548565

00:11:06.731 --> 00:11:08.788 with any level of perceived disability,
NOTE Confidence: 0.890548565

00:11:08.790 --> 00:11:10.338 and these kids have just as
NOTE Confidence: 0.890548565

00:11:10.338 --> 00:11:12.090 much of an interest in you know,
NOTE Confidence: 0.890548565

00:11:12.090 --> 00:11:13.620 sex, partnership, romance,
NOTE Confidence: 0.890548565

00:11:13.620 --> 00:11:15.150 whatever it is,
NOTE Confidence: 0.890548565

00:11:15.150 --> 00:11:17.670 and so we need to make the information.
NOTE Confidence: 0.890548565

00:11:17.670 --> 00:11:20.449 Equally available to them in whatever modes
NOTE Confidence: 0.890548565

00:11:20.449 --> 00:11:22.587 of information transmission are going to be.
NOTE Confidence: 0.890548565

00:11:22.590 --> 00:11:23.754 You know,
NOTE Confidence: 0.890548565

00:11:23.754 --> 00:11:24.918 most identical.
NOTE Confidence: 0.890548565

00:11:24.920 --> 00:11:28.720 And this is not as niche as you think it is.
NOTE Confidence: 0.890548565

00:11:28.720 --> 00:11:30.575 So just in the last couple of
NOTE Confidence: 0.890548565

00:11:30.575 --> 00:11:32.333 years on Netflix there have been
NOTE Confidence: 0.890548565

00:11:32.333 --> 00:11:34.139 two shows about autism and sex.
NOTE Confidence: 0.890548565

00:11:34.140 --> 00:11:35.778 One is called a typical that's
NOTE Confidence: 0.890548565

00:11:35.778 --> 00:11:36.597 a scripted show.

NOTE Confidence: 0.890548565

00:11:36.600 --> 00:11:37.995 It's wonderful and one is

NOTE Confidence: 0.890548565

00:11:37.995 --> 00:11:39.390 called love on the spectrum,

NOTE Confidence: 0.890548565

00:11:39.390 --> 00:11:40.979 which is a reality TV show about

NOTE Confidence: 0.890548565

00:11:40.979 --> 00:11:42.457 people on the spectrum dating and

NOTE Confidence: 0.890548565

00:11:42.457 --> 00:11:44.481 I'm going to show a very brief clip

NOTE Confidence: 0.890548565

00:11:44.481 --> 00:11:46.168 from a typical you should watch it

NOTE Confidence: 0.670622366666667

00:11:46.180 --> 00:11:48.728 if you haven't. How is your

NOTE Confidence: 0.813039648

00:11:48.740 --> 00:11:50.300 session with your therapist today?

NOTE Confidence: 0.820019146666667

00:11:50.310 --> 00:11:52.110 She thinks that I should put.

NOTE Confidence: 0.820019146666667

00:11:52.110 --> 00:11:54.858 And find someone to have sex with.

NOTE Confidence: 0.820019146666667

00:11:54.860 --> 00:11:56.910 She didn't say the sex part. I added that.

NOTE Confidence: 0.8353082

00:11:59.060 --> 00:12:00.850 I'm a weirdo. That's what everyone

NOTE Confidence: 0.8353082

00:12:00.850 --> 00:12:02.818 says sometimes I don't know what

NOTE Confidence: 0.850276492857143

00:12:02.830 --> 00:12:04.475 people mean when they say things Sam.

NOTE Confidence: 0.81576893

00:12:04.530 --> 00:12:06.718 People on the spectrum date, you know, girls

NOTE Confidence: 0.886094121666667

00:12:06.730 --> 00:12:07.840 don't really notice me at all.
NOTE Confidence: 0.8526884783333333

00:12:07.890 --> 00:12:09.018 And I'm not great at picking
NOTE Confidence: 0.81464489

00:12:09.030 --> 00:12:09.969 up signals. She's
NOTE Confidence: 0.88246155

00:12:09.980 --> 00:12:11.000 smiling right at you.
NOTE Confidence: 0.9081092033333333

00:12:12.110 --> 00:12:13.035 You need to turn that
NOTE Confidence: 0.9081092033333333

00:12:13.035 --> 00:12:17.930 down like 70%. Casey, all
NOTE Confidence: 0.9040305666666667

00:12:17.940 --> 00:12:19.040 right. So wonderful show
NOTE Confidence: 0.9040305666666667

00:12:19.040 --> 00:12:20.415 if you haven't seen it,
NOTE Confidence: 0.9040305666666667

00:12:20.420 --> 00:12:21.680 check it out, but that's atypical.
NOTE Confidence: 0.9040305666666667

00:12:21.680 --> 00:12:23.017 So this is actually in the media.
NOTE Confidence: 0.9040305666666667

00:12:23.020 --> 00:12:25.300 People are talking about
NOTE Confidence: 0.9040305666666667

00:12:25.300 --> 00:12:27.580 neurodiverse kids and sexuality.
NOTE Confidence: 0.9040305666666667

00:12:27.580 --> 00:12:29.788 OK, So what did we do with this
NOTE Confidence: 0.9040305666666667

00:12:29.788 --> 00:12:31.486 project myself and Doctor Gordon
NOTE Confidence: 0.9040305666666667

00:12:31.486 --> 00:12:33.286 created a didactic on sexual
NOTE Confidence: 0.9040305666666667

00:12:33.286 --> 00:12:35.487 health issues relevant to child

NOTE Confidence: 0.904030566666667
00:12:35.487 --> 00:12:36.900 and adolescent psychiatrists.
NOTE Confidence: 0.904030566666667
00:12:36.900 --> 00:12:38.468 This included discussing sexual
NOTE Confidence: 0.904030566666667
00:12:38.468 --> 00:12:40.036 health and development in
NOTE Confidence: 0.904030566666667
00:12:40.036 --> 00:12:41.830 neurotypical and neurodiverse kids.
NOTE Confidence: 0.904030566666667
00:12:41.830 --> 00:12:43.456 This included what to do when
NOTE Confidence: 0.904030566666667
00:12:43.456 --> 00:12:45.010 the psychiatrist is the problem,
NOTE Confidence: 0.904030566666667
00:12:45.010 --> 00:12:48.826 AKA sexual side effects of medications.
NOTE Confidence: 0.904030566666667
00:12:48.830 --> 00:12:50.138 And special considerations
NOTE Confidence: 0.904030566666667
00:12:50.138 --> 00:12:52.318 for kids on the spectrum.
NOTE Confidence: 0.904030566666667
00:12:52.320 --> 00:12:55.260 We got together with Andres,
NOTE Confidence: 0.904030566666667
00:12:55.260 --> 00:12:57.138 who's the director of the Center
NOTE Confidence: 0.904030566666667
00:12:57.138 --> 00:12:58.077 for simulated participants,
NOTE Confidence: 0.904030566666667
00:12:58.080 --> 00:12:59.676 which used to be called the
NOTE Confidence: 0.904030566666667
00:12:59.676 --> 00:13:01.020 standardized patients here at Yale,
NOTE Confidence: 0.904030566666667
00:13:01.020 --> 00:13:02.430 where he is professional actors
NOTE Confidence: 0.904030566666667

00:13:02.430 --> 00:13:04.488 who can act out these scenarios to
NOTE Confidence: 0.904030566666667

00:13:04.488 --> 00:13:06.246 help teach trainees what to do.
NOTE Confidence: 0.904030566666667

00:13:06.250 --> 00:13:07.958 And so we wrote scripts for them,
NOTE Confidence: 0.904030566666667

00:13:07.960 --> 00:13:10.198 recorded videos of ourselves as experts,
NOTE Confidence: 0.904030566666667

00:13:10.200 --> 00:13:12.410 talking with the simulated participants,
NOTE Confidence: 0.904030566666667

00:13:12.410 --> 00:13:14.910 and then created these videos.
NOTE Confidence: 0.904030566666667

00:13:14.910 --> 00:13:16.849 Our plan was to present this to,
NOTE Confidence: 0.904030566666667

00:13:16.850 --> 00:13:17.624 you know,
NOTE Confidence: 0.904030566666667

00:13:17.624 --> 00:13:19.559 12 John Adolescent Psychiatry fellows
NOTE Confidence: 0.904030566666667

00:13:19.559 --> 00:13:21.871 here at Yale and then COVID hit
NOTE Confidence: 0.904030566666667

00:13:21.871 --> 00:13:24.249 and our plan went up in flames so
NOTE Confidence: 0.904030566666667

00:13:24.249 --> 00:13:26.641 we had to pivot and this was back
NOTE Confidence: 0.904030566666667

00:13:26.641 --> 00:13:29.021 before Zoom was familiar to all of
NOTE Confidence: 0.904030566666667

00:13:29.021 --> 00:13:31.129 us and thanks mostly to Andres.
NOTE Confidence: 0.904030566666667

00:13:31.130 --> 00:13:33.374 We set up the synchronized video
NOTE Confidence: 0.904030566666667

00:13:33.374 --> 00:13:35.416 conferencing to 16 child and

NOTE Confidence: 0.904030566666667
00:13:35.416 --> 00:13:36.844 adolescent psychiatry programs
NOTE Confidence: 0.904030566666667
00:13:36.844 --> 00:13:39.306 across the country with 125 trainees,
NOTE Confidence: 0.904030566666667
00:13:39.306 --> 00:13:41.530 so this was kind of a silver lining
NOTE Confidence: 0.904030566666667
00:13:41.594 --> 00:13:44.261 of COVID where our audience actually blew up.
NOTE Confidence: 0.904030566666667
00:13:44.261 --> 00:13:46.589 In a good way when our plans blew
NOTE Confidence: 0.904030566666667
00:13:46.589 --> 00:13:47.898 up in a bad way.
NOTE Confidence: 0.904030566666667
00:13:47.900 --> 00:13:49.692 But I want to again give a special
NOTE Confidence: 0.904030566666667
00:13:49.692 --> 00:13:51.989 thanks to Doctor Martin and to Doctor Gordon.
NOTE Confidence: 0.904030566666667
00:13:51.990 --> 00:13:52.563 OK,
NOTE Confidence: 0.904030566666667
00:13:52.563 --> 00:13:55.428 so why you standardized patients?
NOTE Confidence: 0.904030566666667
00:13:55.430 --> 00:13:57.130 Because showing people is better
NOTE Confidence: 0.904030566666667
00:13:57.130 --> 00:13:59.532 than telling them when it comes to
NOTE Confidence: 0.904030566666667
00:13:59.532 --> 00:14:01.464 learning and I hope you're going
NOTE Confidence: 0.904030566666667
00:14:01.464 --> 00:14:03.098 to understand that today when
NOTE Confidence: 0.904030566666667
00:14:03.098 --> 00:14:04.334 you see these videos.
NOTE Confidence: 0.904030566666667

00:14:04.340 --> 00:14:05.230 All right,
NOTE Confidence: 0.904030566666667

00:14:05.230 --> 00:14:06.796 this is a picture that brings
NOTE Confidence: 0.904030566666667

00:14:06.796 --> 00:14:08.420 up all sorts of feelings.
NOTE Confidence: 0.904030566666667

00:14:08.420 --> 00:14:11.024 This is when we're filming our videos,
NOTE Confidence: 0.904030566666667

00:14:11.030 --> 00:14:13.160 and this was probably about a
NOTE Confidence: 0.904030566666667

00:14:13.160 --> 00:14:14.960 week before everything shut down,
NOTE Confidence: 0.904030566666667

00:14:14.960 --> 00:14:16.647 which was the last time we were
NOTE Confidence: 0.904030566666667

00:14:16.647 --> 00:14:17.906 in person together before COVID
NOTE Confidence: 0.904030566666667

00:14:17.906 --> 00:14:19.593 so little did we know that this
NOTE Confidence: 0.904030566666667

00:14:19.593 --> 00:14:20.419 would be the end,
NOTE Confidence: 0.904030566666667

00:14:20.420 --> 00:14:22.910 but we luckily did our recording
NOTE Confidence: 0.904030566666667

00:14:22.910 --> 00:14:25.910 before everything got rough.
NOTE Confidence: 0.904030566666667

00:14:25.910 --> 00:14:26.242 OK,
NOTE Confidence: 0.904030566666667

00:14:26.242 --> 00:14:29.230 so when I ask you to think about talking
NOTE Confidence: 0.904030566666667

00:14:29.310 --> 00:14:32.028 to parents and kids about sexuality,
NOTE Confidence: 0.904030566666667

00:14:32.030 --> 00:14:33.570 including kids on the spectrum,

NOTE Confidence: 0.904030566666667
00:14:33.570 --> 00:14:36.678 how does that make you feel?
NOTE Confidence: 0.904030566666667
00:14:36.680 --> 00:14:36.926 Right,
NOTE Confidence: 0.904030566666667
00:14:36.926 --> 00:14:38.894 we asked this to participants in the project.
NOTE Confidence: 0.904030566666667
00:14:38.900 --> 00:14:40.475 The people participating in the
NOTE Confidence: 0.904030566666667
00:14:40.475 --> 00:14:42.600 detected and they had some thoughts.
NOTE Confidence: 0.904030566666667
00:14:42.600 --> 00:14:45.786 OK, so the biggest word, awkward, right,
NOTE Confidence: 0.904030566666667
00:14:45.786 --> 00:14:47.064 awkward, uncomfortable, difficult,
NOTE Confidence: 0.904030566666667
00:14:47.064 --> 00:14:49.194 but also words like necessary.
NOTE Confidence: 0.904030566666667
00:14:49.200 --> 00:14:50.636 Important safety, privacy right?
NOTE Confidence: 0.904030566666667
00:14:50.636 --> 00:14:53.800 So this was recognized as an important topic,
NOTE Confidence: 0.904030566666667
00:14:53.800 --> 00:14:55.606 but one that kind of tends to
NOTE Confidence: 0.904030566666667
00:14:55.606 --> 00:14:57.079 give people the the shakes.
NOTE Confidence: 0.904030566666667
00:14:57.080 --> 00:14:59.663 And you know what's the the cure for fear,
NOTE Confidence: 0.904030566666667
00:14:59.670 --> 00:15:01.965 knowledge, right knowledge and practice.
NOTE Confidence: 0.904030566666667
00:15:01.965 --> 00:15:05.948 So we delivered the didactic.
NOTE Confidence: 0.904030566666667

00:15:05.950 --> 00:15:06.740 All right,
NOTE Confidence: 0.904030566666667

00:15:06.740 --> 00:15:09.505 So what content did we specifically cover?
NOTE Confidence: 0.904030566666667

00:15:09.510 --> 00:15:11.545 Basic sexual health and development
NOTE Confidence: 0.904030566666667

00:15:11.545 --> 00:15:13.580 in childhood talking about sexual
NOTE Confidence: 0.904030566666667

00:15:13.647 --> 00:15:16.065 development and younger kids with autism.
NOTE Confidence: 0.930237552857143

00:15:16.070 --> 00:15:18.766 Normal sexual development in
NOTE Confidence: 0.930237552857143

00:15:18.766 --> 00:15:20.788 adolescence and *****.
NOTE Confidence: 0.930237552857143

00:15:20.790 --> 00:15:22.586 Management of medication induced
NOTE Confidence: 0.930237552857143

00:15:22.586 --> 00:15:24.831 sexual dysfunction and then special
NOTE Confidence: 0.930237552857143

00:15:24.831 --> 00:15:26.068 considerations and adolescents
NOTE Confidence: 0.930237552857143

00:15:26.068 --> 00:15:29.510 with autism and sexuality.
NOTE Confidence: 0.930237552857143

00:15:29.510 --> 00:15:30.644 So I just want to show this.
NOTE Confidence: 0.930237552857143

00:15:30.650 --> 00:15:31.986 You don't need to read all the words,
NOTE Confidence: 0.930237552857143

00:15:31.990 --> 00:15:34.726 but I want to show you that children
NOTE Confidence: 0.930237552857143

00:15:34.726 --> 00:15:36.869 are sexual fetuses are sexual.
NOTE Confidence: 0.930237552857143

00:15:36.870 --> 00:15:38.676 It is actually not uncommon for

NOTE Confidence: 0.930237552857143
00:15:38.676 --> 00:15:39.880 ultrasonographers to have to
NOTE Confidence: 0.930237552857143
00:15:39.930 --> 00:15:41.550 quickly move the wand when they're
NOTE Confidence: 0.930237552857143
00:15:41.550 --> 00:15:43.190 doing a scan during pregnancy.
NOTE Confidence: 0.930237552857143
00:15:43.190 --> 00:15:44.882 And the little girl or the
NOTE Confidence: 0.930237552857143
00:15:44.882 --> 00:15:46.010 little boys touching themselves
NOTE Confidence: 0.930237552857143
00:15:46.010 --> 00:15:48.030 fetuses self stimulate baby self,
NOTE Confidence: 0.930237552857143
00:15:48.030 --> 00:15:50.110 stimulate young children self stimulate.
NOTE Confidence: 0.930237552857143
00:15:50.110 --> 00:15:50.899 It feels good.
NOTE Confidence: 0.930237552857143
00:15:50.899 --> 00:15:52.477 Whether you want to call it
NOTE Confidence: 0.930237552857143
00:15:52.477 --> 00:15:54.160 overtly sexual versus for comfort.
NOTE Confidence: 0.930237552857143
00:15:54.160 --> 00:15:55.834 You know kids are in touch
NOTE Confidence: 0.930237552857143
00:15:55.834 --> 00:15:56.950 with their sexual parts.
NOTE Confidence: 0.930237552857143
00:15:56.950 --> 00:15:58.606 So in children under four it
NOTE Confidence: 0.930237552857143
00:15:58.606 --> 00:16:00.420 is normal to touch themselves.
NOTE Confidence: 0.930237552857143
00:16:00.420 --> 00:16:01.340 The public or in private.
NOTE Confidence: 0.930237552857143

00:16:01.340 --> 00:16:02.300 They have no idea,
NOTE Confidence: 0.930237552857143

00:16:02.300 --> 00:16:03.500 and they don't really care.
NOTE Confidence: 0.930237552857143

00:16:03.500 --> 00:16:05.070 They're interested in private parts.
NOTE Confidence: 0.930237552857143

00:16:05.070 --> 00:16:06.960 They might be interested in women's breasts.
NOTE Confidence: 0.930237552857143

00:16:06.960 --> 00:16:08.280 They might want to be naked,
NOTE Confidence: 0.930237552857143

00:16:08.280 --> 00:16:09.764 talk about bodily functions,
NOTE Confidence: 0.930237552857143

00:16:09.764 --> 00:16:12.672 peeing and pooping, and this and that.
NOTE Confidence: 0.930237552857143

00:16:12.672 --> 00:16:14.376 So I don't know if it's happened to you,
NOTE Confidence: 0.930237552857143

00:16:14.380 --> 00:16:15.640 but it's certainly happened to me
NOTE Confidence: 0.930237552857143

00:16:15.640 --> 00:16:17.029 that parents come in concerned about
NOTE Confidence: 0.930237552857143

00:16:17.029 --> 00:16:18.547 these sorts of behaviors and wondering
NOTE Confidence: 0.930237552857143

00:16:18.547 --> 00:16:20.379 if there's something wrong with their child.
NOTE Confidence: 0.930237552857143

00:16:20.380 --> 00:16:20.870 No,
NOTE Confidence: 0.930237552857143

00:16:20.870 --> 00:16:24.300 there's usually nothing wrong with the child.
NOTE Confidence: 0.930237552857143

00:16:24.300 --> 00:16:25.548 In four to six year olds,
NOTE Confidence: 0.930237552857143

00:16:25.550 --> 00:16:27.070 things develop a little bit.

NOTE Confidence: 0.930237552857143
00:16:27.070 --> 00:16:28.768 They might actually start to masturbate,
NOTE Confidence: 0.930237552857143
00:16:28.770 --> 00:16:29.988 so purposefully touching
NOTE Confidence: 0.930237552857143
00:16:29.988 --> 00:16:31.206 themselves for pleasure.
NOTE Confidence: 0.930237552857143
00:16:31.210 --> 00:16:32.194 Parents blush at this.
NOTE Confidence: 0.930237552857143
00:16:32.194 --> 00:16:34.269 There's often a lot of kind of shaming,
NOTE Confidence: 0.930237552857143
00:16:34.270 --> 00:16:34.870 automatic reactions.
NOTE Confidence: 0.930237552857143
00:16:34.870 --> 00:16:35.770 You know that.
NOTE Confidence: 0.930237552857143
00:16:35.770 --> 00:16:36.870 Don't do that over here.
NOTE Confidence: 0.930237552857143
00:16:36.870 --> 00:16:37.962 Don't ever do that.
NOTE Confidence: 0.930237552857143
00:16:37.962 --> 00:16:39.600 They might talk about private parts
NOTE Confidence: 0.930237552857143
00:16:39.652 --> 00:16:41.337 using naughty words without even
NOTE Confidence: 0.930237552857143
00:16:41.337 --> 00:16:43.022 really knowing what they're saying,
NOTE Confidence: 0.930237552857143
00:16:43.030 --> 00:16:45.235 but they picked up that it's naughty.
NOTE Confidence: 0.930237552857143
00:16:45.240 --> 00:16:46.320 And then you know,
NOTE Confidence: 0.930237552857143
00:16:46.320 --> 00:16:47.400 games like playing Doctor.
NOTE Confidence: 0.930237552857143

00:16:47.400 --> 00:16:48.984 I'll show you mine if you show me yours.

NOTE Confidence: 0.930237552857143

00:16:48.990 --> 00:16:50.142 These are, you know,

NOTE Confidence: 0.930237552857143

00:16:50.142 --> 00:16:52.449 normal aspects in four to six year olds

NOTE Confidence: 0.930237552857143

00:16:52.450 --> 00:16:54.860 with their sexual behavioral development.

NOTE Confidence: 0.930237552857143

00:16:54.860 --> 00:16:56.220 Then in school aged children,

NOTE Confidence: 0.930237552857143

00:16:56.220 --> 00:16:58.320 you know they typically do masturbate,

NOTE Confidence: 0.930237552857143

00:16:58.320 --> 00:16:58.962 usually in private.

NOTE Confidence: 0.930237552857143

00:16:58.962 --> 00:17:00.460 If they're not doing it in private,

NOTE Confidence: 0.930237552857143

00:17:00.460 --> 00:17:01.320 that is a time for,

NOTE Confidence: 0.930237552857143

00:17:01.320 --> 00:17:02.148 you know, redirection.

NOTE Confidence: 0.930237552857143

00:17:02.148 --> 00:17:04.740 You know kind of gentle but firm redirection.

NOTE Confidence: 0.930237552857143

00:17:04.740 --> 00:17:06.044 They'll play more sexually

NOTE Confidence: 0.930237552857143

00:17:06.044 --> 00:17:08.000 oriented games like Truth or Dare,

NOTE Confidence: 0.930237552857143

00:17:08.000 --> 00:17:09.860 so a little bit different

NOTE Confidence: 0.930237552857143

00:17:09.860 --> 00:17:10.976 than playing Doctor.

NOTE Confidence: 0.930237552857143

00:17:10.980 --> 00:17:12.168 They're going to view and listen

NOTE Confidence: 0.930237552857143
00:17:12.168 --> 00:17:13.379 to sexual content in the media.
NOTE Confidence: 0.930237552857143
00:17:13.380 --> 00:17:14.124 It's everywhere.
NOTE Confidence: 0.930237552857143
00:17:14.124 --> 00:17:15.240 It's completely unavoidable.
NOTE Confidence: 0.930237552857143
00:17:15.240 --> 00:17:16.638 And typically in this same range.
NOTE Confidence: 0.930237552857143
00:17:16.640 --> 00:17:16.862 Actually,
NOTE Confidence: 0.930237552857143
00:17:16.862 --> 00:17:18.416 at some point they'll be exposed to
NOTE Confidence: 0.930237552857143
00:17:18.416 --> 00:17:19.596 ***** which makes everybody nervous.
NOTE Confidence: 0.930237552857143
00:17:19.596 --> 00:17:21.640 But I'm going to tell you and show you
NOTE Confidence: 0.930237552857143
00:17:21.640 --> 00:17:23.470 why it doesn't have to make you as nervous,
NOTE Confidence: 0.930237552857143
00:17:23.470 --> 00:17:24.174 because, again,
NOTE Confidence: 0.930237552857143
00:17:24.174 --> 00:17:25.230 knowledge is power.
NOTE Confidence: 0.930237552857143
00:17:25.230 --> 00:17:26.958 And at this age they want more privacy
NOTE Confidence: 0.930237552857143
00:17:26.958 --> 00:17:28.635 and they become more reluctant about
NOTE Confidence: 0.930237552857143
00:17:28.635 --> 00:17:30.429 talking about these issues with their
NOTE Confidence: 0.930237552857143
00:17:30.476 --> 00:17:32.036 parents and adults in their lives.
NOTE Confidence: 0.930237552857143

00:17:32.040 --> 00:17:33.438 And they begin to become actually
NOTE Confidence: 0.930237552857143

00:17:33.438 --> 00:17:34.370 sexually attractive to peers.
NOTE Confidence: 0.930237552857143

00:17:34.370 --> 00:17:37.338 So they're leaving latency.
NOTE Confidence: 0.930237552857143

00:17:37.340 --> 00:17:40.320 All right, so let me show you.
NOTE Confidence: 0.788949513333333

00:17:51.410 --> 00:17:52.691 This is going to be slow.
NOTE Confidence: 0.788949513333333

00:17:52.691 --> 00:17:53.980 Give me a second. I can
NOTE Confidence: 0.904014698

00:17:53.990 --> 00:17:55.760 feel Andre's blood pressure rising.
NOTE Confidence: 0.92429643

00:17:58.180 --> 00:17:59.860 Hi Stephanie, it's so good to see you.
NOTE Confidence: 0.92429643

00:17:59.860 --> 00:18:01.140 I still hang out in the waiting room.
NOTE Confidence: 0.868426108

00:18:04.200 --> 00:18:05.960 I'm just getting so big.
NOTE Confidence: 0.692762572

00:18:06.430 --> 00:18:07.294 How are you doing?
NOTE Confidence: 0.692762572

00:18:07.294 --> 00:18:08.550 Oh, we're great, we're great.
NOTE Confidence: 0.692762572

00:18:08.550 --> 00:18:10.586 You know things are finally, stabilizing out.
NOTE Confidence: 0.692762572

00:18:10.586 --> 00:18:12.426 I am a little concerned
NOTE Confidence: 0.692762572

00:18:12.426 --> 00:18:14.280 about having the talk soon.
NOTE Confidence: 0.692762572

00:18:14.280 --> 00:18:15.642 You know she'll be hitting

NOTE Confidence: 0.692762572

00:18:15.642 --> 00:18:17.710 puberty in a few years and

NOTE Confidence: 0.692762572

00:18:17.710 --> 00:18:19.411 she might have questions and.

NOTE Confidence: 0.692762572

00:18:19.411 --> 00:18:21.766 I'm maybe not, you know,

NOTE Confidence: 0.692762572

00:18:21.770 --> 00:18:23.514 maybe it's too early to talk about this.

NOTE Confidence: 0.949659465

00:18:23.530 --> 00:18:26.086 No, actually, it's never too early.

NOTE Confidence: 0.949659465

00:18:26.090 --> 00:18:28.043 She's 8, almost nine and puberty isn't

NOTE Confidence: 0.949659465

00:18:28.043 --> 00:18:30.081 far off and research really supports

NOTE Confidence: 0.949659465

00:18:30.081 --> 00:18:31.981 that talking to children sooner

NOTE Confidence: 0.949659465

00:18:31.981 --> 00:18:34.163 rather than later and starting age

NOTE Confidence: 0.949659465

00:18:34.163 --> 00:18:36.209 appropriate sex Ed can support healthy

NOTE Confidence: 0.949659465

00:18:36.210 --> 00:18:37.920 sexual development later in life so

NOTE Confidence: 0.949659465

00:18:37.920 --> 00:18:39.716 that they relate to their sexuality

NOTE Confidence: 0.949659465

00:18:39.716 --> 00:18:41.720 in a happy and healthy manner. And

NOTE Confidence: 0.8219254111111111

00:18:41.730 --> 00:18:43.512 I think having a talk would be very helpful.

NOTE Confidence: 0.72989331

00:18:43.790 --> 00:18:46.429 OK, why is it coming up now?

NOTE Confidence: 0.72989331

00:18:46.430 --> 00:18:48.596 So Hannah came home from school
NOTE Confidence: 0.72989331

00:18:48.596 --> 00:18:50.291 the other day and she said that.
NOTE Confidence: 0.72989331

00:18:50.291 --> 00:18:51.811 Someone was talking about
NOTE Confidence: 0.72989331

00:18:51.811 --> 00:18:52.980 screwing and she asked
NOTE Confidence: 0.958904268

00:18:52.990 --> 00:18:54.278 me what it meant.
NOTE Confidence: 0.958904268

00:18:54.278 --> 00:18:56.210 I didn't know what to say,
NOTE Confidence: 0.958904268

00:18:56.210 --> 00:18:58.703 so I told her it was a bad word
NOTE Confidence: 0.958904268

00:18:58.703 --> 00:19:00.860 and not to say it again. But
NOTE Confidence: 0.877134494166667

00:19:00.870 --> 00:19:02.606 at that moment I kind of thought I
NOTE Confidence: 0.877134494166667

00:19:02.606 --> 00:19:04.690 should have said something about sex,
NOTE Confidence: 0.877134494166667

00:19:04.690 --> 00:19:07.548 but I didn't know what to say.
NOTE Confidence: 0.877134494166667

00:19:07.550 --> 00:19:08.994 So that's really normal.
NOTE Confidence: 0.877134494166667

00:19:08.994 --> 00:19:11.160 At this age they start expressing
NOTE Confidence: 0.877134494166667

00:19:11.229 --> 00:19:13.080 curiosity and ideally what you want
NOTE Confidence: 0.877134494166667

00:19:13.080 --> 00:19:15.908 to do is talk to her about it in an
NOTE Confidence: 0.877134494166667

00:19:15.908 --> 00:19:17.806 open way and be nonjudgmental so

NOTE Confidence: 0.877134494166667
00:19:17.806 --> 00:19:19.978 that she doesn't feel ashamed or
NOTE Confidence: 0.877134494166667
00:19:19.978 --> 00:19:21.682 embarrassed because the most important
NOTE Confidence: 0.877134494166667
00:19:21.682 --> 00:19:23.824 component at this point is making sure
NOTE Confidence: 0.877134494166667
00:19:23.824 --> 00:19:25.605 the door is open so she continues
NOTE Confidence: 0.877134494166667
00:19:25.605 --> 00:19:27.470 to talk to you as she develops.
NOTE Confidence: 0.877134494166667
00:19:27.470 --> 00:19:29.118 So I'm happy to go over some information
NOTE Confidence: 0.877134494166667
00:19:29.118 --> 00:19:31.046 with you about how she can develop sexually.
NOTE Confidence: 0.877134494166667
00:19:31.050 --> 00:19:32.242 Would that be helpful?
NOTE Confidence: 0.877134494166667
00:19:32.242 --> 00:19:34.868 What have you talked to her about so far?
NOTE Confidence: 0.877134494166667
00:19:34.870 --> 00:19:37.476 Well, actually I haven't shared much, I mean.
NOTE Confidence: 0.877134494166667
00:19:37.476 --> 00:19:40.100 She knows that she has private parts like
NOTE Confidence: 0.863079803846154
00:19:40.180 --> 00:19:42.892 a vagina. She knows that she's not to
NOTE Confidence: 0.863079803846154
00:19:42.892 --> 00:19:45.658 share those parts with anyone she knows.
NOTE Confidence: 0.863079803846154
00:19:45.658 --> 00:19:48.172 The boys and girls have different
NOTE Confidence: 0.863079803846154
00:19:48.172 --> 00:19:50.224 private parts and she knows that
NOTE Confidence: 0.863079803846154

00:19:50.224 --> 00:19:51.764 babies come from Mommy's bellies
NOTE Confidence: 0.863079803846154

00:19:51.764 --> 00:19:53.299 and since she was adopted,
NOTE Confidence: 0.863079803846154

00:19:53.300 --> 00:19:55.460 she knows that belly wasn't mine.
NOTE Confidence: 0.863079803846154

00:19:55.460 --> 00:19:58.150 And other than that I mean.
NOTE Confidence: 0.863079803846154

00:19:58.150 --> 00:19:59.880 I think that's about it. Actually,
NOTE Confidence: 0.904881298

00:19:59.890 --> 00:20:01.945 that's great. You've provided her
NOTE Confidence: 0.904881298

00:20:01.945 --> 00:20:04.000 with some good basic information.
NOTE Confidence: 0.941256234166667

00:20:05.490 --> 00:20:07.530 You know my parents never really talked to
NOTE Confidence: 0.941256234166667

00:20:07.530 --> 00:20:10.550 me about this stuff and she's just so young
NOTE Confidence: 0.899155787777778

00:20:11.640 --> 00:20:13.607 but. You know now that I think
NOTE Confidence: 0.899155787777778

00:20:13.607 --> 00:20:16.210 about it, she used to touch
NOTE Confidence: 0.852166327894737

00:20:16.220 --> 00:20:17.948 herself when she was much younger
NOTE Confidence: 0.852166327894737

00:20:17.948 --> 00:20:20.071 and we told her that that wasn't
NOTE Confidence: 0.852166327894737

00:20:20.071 --> 00:20:23.100 nice and that she should stop it.
NOTE Confidence: 0.852166327894737

00:20:23.100 --> 00:20:24.492 Now I'm thinking that that was
NOTE Confidence: 0.852166327894737

00:20:24.492 --> 00:20:25.720 probably the wrong thing to do.

NOTE Confidence: 0.852166327894737
00:20:25.720 --> 00:20:26.810 I mean, was I wrong
NOTE Confidence: 0.920444376666667
00:20:26.820 --> 00:20:28.518 with that? No, that's not wrong.
NOTE Confidence: 0.920444376666667
00:20:28.520 --> 00:20:30.995 It sounds as if you did set some very
NOTE Confidence: 0.920444376666667
00:20:30.995 --> 00:20:32.949 appropriate boundaries about what is
NOTE Confidence: 0.920444376666667
00:20:32.949 --> 00:20:34.974 public behavior versus private behavior,
NOTE Confidence: 0.920444376666667
00:20:34.980 --> 00:20:37.692 but I might recommend a timing adjustment to
NOTE Confidence: 0.920444376666667
00:20:37.692 --> 00:20:39.859 the approach overall so equally important
NOTE Confidence: 0.920444376666667
00:20:39.859 --> 00:20:42.240 to telling them what they can't do.
NOTE Confidence: 0.920444376666667
00:20:42.240 --> 00:20:43.788 Telling kids what they can't do
NOTE Confidence: 0.920444376666667
00:20:43.788 --> 00:20:45.286 is telling them what they can
NOTE Confidence: 0.920444376666667
00:20:45.286 --> 00:20:46.714 do and where they can do it.
NOTE Confidence: 0.920444376666667
00:20:46.720 --> 00:20:48.888 You want to try to create a positive
NOTE Confidence: 0.920444376666667
00:20:48.888 --> 00:20:50.242 approach from our perspective
NOTE Confidence: 0.920444376666667
00:20:50.242 --> 00:20:51.758 from a health perspective,
NOTE Confidence: 0.920444376666667
00:20:51.760 --> 00:20:54.154 ***** is a normal and healthy part.
NOTE Confidence: 0.920444376666667

00:20:54.160 --> 00:20:56.484 Of development and it starts very early.

NOTE Confidence: 0.920444376666667

00:20:56.490 --> 00:20:57.735 Infants and kids masturbate and

NOTE Confidence: 0.920444376666667

00:20:57.735 --> 00:20:59.372 they do it because it's soothing

NOTE Confidence: 0.920444376666667

00:20:59.372 --> 00:21:00.748 and because it's pleasurable.

NOTE Confidence: 0.920444376666667

00:21:00.750 --> 00:21:03.534 They don't relate to it as a sexual

NOTE Confidence: 0.920444376666667

00:21:03.534 --> 00:21:05.690 activity the way that adults do,

NOTE Confidence: 0.920444376666667

00:21:05.690 --> 00:21:07.466 but a lot of adults have these concerns,

NOTE Confidence: 0.920444376666667

00:21:07.470 --> 00:21:09.666 so we can talk about how you and her

NOTE Confidence: 0.920444376666667

00:21:09.666 --> 00:21:11.601 father could talk to her and support

NOTE Confidence: 0.920444376666667

00:21:11.601 --> 00:21:13.829 her in her healthy sexual development.

NOTE Confidence: 0.920444376666667

00:21:13.830 --> 00:21:15.098 Because with your support,

NOTE Confidence: 0.920444376666667

00:21:15.098 --> 00:21:16.683 you could really ensure that

NOTE Confidence: 0.920444376666667

00:21:16.683 --> 00:21:18.591 she relates to her sexuality in

NOTE Confidence: 0.920444376666667

00:21:18.591 --> 00:21:20.121 a way that's healthy overall,

NOTE Confidence: 0.920444376666667

00:21:20.130 --> 00:21:22.272 and you know she's developing now and

NOTE Confidence: 0.920444376666667

00:21:22.272 --> 00:21:24.627 you want to help her through this.

NOTE Confidence: 0.920444376666667

00:21:24.630 --> 00:21:26.934 From the issue with ***** too,

NOTE Confidence: 0.920444376666667

00:21:26.934 --> 00:21:28.278 and I know it's really hard

NOTE Confidence: 0.920444376666667

00:21:28.278 --> 00:21:29.480 to think about right now,

NOTE Confidence: 0.920444376666667

00:21:29.480 --> 00:21:31.250 but her eventual future sex life.

NOTE Confidence: 0.802923662727273

00:21:31.360 --> 00:21:33.523 Ohh my gosh. Yeah I think more

NOTE Confidence: 0.802923662727273

00:21:33.523 --> 00:21:35.400 information would be helpful, great.

NOTE Confidence: 0.967692

00:21:37.520 --> 00:21:38.100 OK.

NOTE Confidence: 0.95538813

00:21:42.830 --> 00:21:46.330 All right? So. The next topic

NOTE Confidence: 0.902559008

00:21:46.340 --> 00:21:47.705 we went over was discussing

NOTE Confidence: 0.902559008

00:21:47.705 --> 00:21:49.070 sexual development in kids with

NOTE Confidence: 0.902559008

00:21:49.070 --> 00:21:51.225 autism and the main takeaways.

NOTE Confidence: 0.902559008

00:21:51.225 --> 00:21:52.700 And I'm doing a very

NOTE Confidence: 0.902559008

00:21:52.700 --> 00:21:53.969 abridged version of the talk.

NOTE Confidence: 0.902559008

00:21:53.970 --> 00:21:55.783 So like I said, the full didactic

NOTE Confidence: 0.902559008

00:21:55.783 --> 00:21:57.189 is available through those codes,

NOTE Confidence: 0.902559008

00:21:57.190 --> 00:21:59.942 but kids with autism may require some extra
NOTE Confidence: 0.902559008

00:21:59.942 --> 00:22:02.150 specifics and sexual health education,
NOTE Confidence: 0.902559008

00:22:02.150 --> 00:22:04.606 so there's a lot of sex education that
NOTE Confidence: 0.902559008

00:22:04.606 --> 00:22:06.308 occurs socially in groups of kids.
NOTE Confidence: 0.902559008

00:22:06.310 --> 00:22:07.605 They pick things up from each other.
NOTE Confidence: 0.902559008

00:22:07.610 --> 00:22:09.950 What is OK? What is not OK and kids
NOTE Confidence: 0.902559008

00:22:09.950 --> 00:22:12.036 with autism may miss those cues,
NOTE Confidence: 0.902559008

00:22:12.040 --> 00:22:13.760 so you may have to be a little bit more
NOTE Confidence: 0.902559008

00:22:13.811 --> 00:22:15.355 or a lot more concrete in terms of.
NOTE Confidence: 0.902559008

00:22:15.360 --> 00:22:16.600 Explaining what is public,
NOTE Confidence: 0.902559008

00:22:16.600 --> 00:22:18.868 what is private, what can you say or do?
NOTE Confidence: 0.902559008

00:22:18.870 --> 00:22:20.838 To whom, with whom,
NOTE Confidence: 0.902559008

00:22:20.838 --> 00:22:23.205 when there are already great resources
NOTE Confidence: 0.902559008

00:22:23.205 --> 00:22:24.705 geared towards this population,
NOTE Confidence: 0.902559008

00:22:24.710 --> 00:22:26.510 so this is not a time to reinvent the wheel.
NOTE Confidence: 0.902559008

00:22:26.510 --> 00:22:29.768 And I'm going to show you some of these

NOTE Confidence: 0.902559008

00:22:29.768 --> 00:22:32.320 resources. All right, another video.

NOTE Confidence: 0.70145849

00:22:34.390 --> 00:22:35.158 Or we just.

NOTE Confidence: 0.8504774

00:22:40.030 --> 00:22:41.840 Well, that's

NOTE Confidence: 0.777629285

00:22:45.370 --> 00:22:46.320 really helpful.

NOTE Confidence: 0.871259038

00:22:47.930 --> 00:22:50.570 But I worry about Hannah because she's

NOTE Confidence: 0.871259038

00:22:50.570 --> 00:22:52.870 not like normal kids. You know, she can

NOTE Confidence: 0.853173628

00:22:52.880 --> 00:22:55.390 be quite persistent and repetitive.

NOTE Confidence: 0.853173628

00:22:55.390 --> 00:22:57.203 For example, we were at the mall

NOTE Confidence: 0.853173628

00:22:57.203 --> 00:22:59.108 the other day getting back to

NOTE Confidence: 0.853173628

00:22:59.108 --> 00:23:01.160 school clothes and she kept yelling.

NOTE Confidence: 0.677596426666667

00:23:01.330 --> 00:23:04.666 Screw Wayne, screw Wayne. Screw Wayne.

NOTE Confidence: 0.677596426666667

00:23:04.670 --> 00:23:07.590 And I mean everyone stared at us.

NOTE Confidence: 0.677596426666667

00:23:07.590 --> 00:23:10.085 Oh, that sounds like it was pretty difficult.

NOTE Confidence: 0.677596426666667

00:23:10.090 --> 00:23:11.434 What did that bring up for you?

NOTE Confidence: 0.82905848

00:23:12.160 --> 00:23:12.628 You know what?

NOTE Confidence: 0.80636841

00:23:12.640 --> 00:23:14.290 Never? I think about it. I'm just
NOTE Confidence: 0.80636841

00:23:14.290 --> 00:23:16.260 thinking she might be a bit too much.
NOTE Confidence: 0.80636841

00:23:16.260 --> 00:23:19.158 You know, one of those women.
NOTE Confidence: 0.80636841

00:23:19.160 --> 00:23:22.570 It's quite difficult with her autism.
NOTE Confidence: 0.868361164

00:23:22.620 --> 00:23:25.221 I just. I just really didn't think that she
NOTE Confidence: 0.868361164

00:23:25.221 --> 00:23:28.084 would be that interested in sex. You know?
NOTE Confidence: 0.868361164

00:23:28.084 --> 00:23:31.006 Well, it's a really challenging topic.
NOTE Confidence: 0.868361164

00:23:31.010 --> 00:23:32.620 Most people are not taught
NOTE Confidence: 0.868361164

00:23:32.620 --> 00:23:34.230 how to talk about sexuality,
NOTE Confidence: 0.868361164

00:23:34.230 --> 00:23:37.020 so we can go over some information and try
NOTE Confidence: 0.868361164

00:23:37.020 --> 00:23:39.955 to practice to make it easier to begin with.
NOTE Confidence: 0.868361164

00:23:39.955 --> 00:23:42.588 Can you tell me how you might expect Hannah
NOTE Confidence: 0.868361164

00:23:42.588 --> 00:23:44.940 to develop into sexuality and adulthood?
NOTE Confidence: 0.931845644444445

00:23:46.310 --> 00:23:48.040 You know, I really never
NOTE Confidence: 0.931845644444445

00:23:48.040 --> 00:23:50.310 gave it much thought. I just.
NOTE Confidence: 0.931845644444445

00:23:50.310 --> 00:23:51.760 I just kind of thought she

NOTE Confidence: 0.931845644444445
00:23:51.760 --> 00:23:52.568 would wait until marriage.
NOTE Confidence: 0.931845644444445
00:23:52.570 --> 00:23:55.238 I mean, that's what my parents told me.
NOTE Confidence: 0.931845644444445
00:23:55.240 --> 00:23:57.355 I mean, I mean, that's not what I did,
NOTE Confidence: 0.931845644444445
00:23:57.360 --> 00:23:59.592 but I just thought.
NOTE Confidence: 0.931845644444445
00:23:59.592 --> 00:24:02.150 We kind of work through it as
NOTE Confidence: 0.931845644444445
00:24:02.150 --> 00:24:04.600 she got older and definitely.
NOTE Confidence: 0.931845644444445
00:24:04.600 --> 00:24:06.868 Much older than I did because.
NOTE Confidence: 0.94009585
00:24:07.960 --> 00:24:10.990 I mean. Cheers, autism.
NOTE Confidence: 0.94009585
00:24:10.990 --> 00:24:12.300 And I just didn't think that
NOTE Confidence: 0.94009585
00:24:12.300 --> 00:24:13.900 she would be interested
NOTE Confidence: 0.898137691666667
00:24:14.180 --> 00:24:15.818 in any type of sexual encounters.
NOTE Confidence: 0.898137691666667
00:24:15.820 --> 00:24:18.840 I mean, you have to connect with someone
NOTE Confidence: 0.898137691666667
00:24:18.840 --> 00:24:20.810 to want to have sex with them, right?
NOTE Confidence: 0.614656393333333
00:24:20.890 --> 00:24:23.596 Well yes, but no, no no.
NOTE Confidence: 0.614656393333333
00:24:23.600 --> 00:24:25.916 This is really not an uncommon
NOTE Confidence: 0.614656393333333

00:24:25.916 --> 00:24:27.074 approach to sexuality.
NOTE Confidence: 0.6146563933333333

00:24:27.080 --> 00:24:29.200 Teaching sexuality to children and
NOTE Confidence: 0.6146563933333333

00:24:29.200 --> 00:24:31.879 most kids manage to figure it out.
NOTE Confidence: 0.6146563933333333

00:24:31.880 --> 00:24:33.637 They piece it together from the media,
NOTE Confidence: 0.6146563933333333

00:24:33.640 --> 00:24:35.400 their friends from the Internet,
NOTE Confidence: 0.6146563933333333

00:24:35.400 --> 00:24:36.780 where if we're being honest,
NOTE Confidence: 0.6146563933333333

00:24:36.780 --> 00:24:39.140 **** is pretty widely available.
NOTE Confidence: 0.6146563933333333

00:24:39.140 --> 00:24:41.312 But where did you really learn
NOTE Confidence: 0.6146563933333333

00:24:41.312 --> 00:24:42.330 your information? I guess
NOTE Confidence: 0.9176013833333333

00:24:42.340 --> 00:24:43.522 it was my friends and you
NOTE Confidence: 0.9176013833333333

00:24:43.522 --> 00:24:45.009 know I have an older sister.
NOTE Confidence: 0.762916371818182

00:24:45.980 --> 00:24:47.168 Well, that's pretty common.
NOTE Confidence: 0.762916371818182

00:24:47.168 --> 00:24:48.653 That's exactly where most people
NOTE Confidence: 0.762916371818182

00:24:48.653 --> 00:24:50.134 learn it. They're friends.
NOTE Confidence: 0.762916371818182

00:24:50.134 --> 00:24:53.613 So what did you learn from that?
NOTE Confidence: 0.762916371818182

00:24:53.620 --> 00:24:56.770 I guess I learned that if I liked a

NOTE Confidence: 0.942330124

00:24:56.780 --> 00:24:58.780 boy and I wanted him to go out with me,

NOTE Confidence: 0.942330124

00:24:58.780 --> 00:25:02.955 I would talk to him or flirt with him and.

NOTE Confidence: 0.942330124

00:25:02.955 --> 00:25:05.362 You know, maybe he would

NOTE Confidence: 0.942330124

00:25:05.362 --> 00:25:07.034 become my boyfriend and.

NOTE Confidence: 0.942330124

00:25:07.040 --> 00:25:08.820 That I shouldn't go all the way

NOTE Confidence: 0.942330124

00:25:08.820 --> 00:25:10.478 because I didn't want a baby and.

NOTE Confidence: 0.942330124

00:25:10.478 --> 00:25:12.626 Come to think of it, I never

NOTE Confidence: 0.942330124

00:25:12.626 --> 00:25:14.294 understood how the two were connected.

NOTE Confidence: 0.832957758333333

00:25:14.890 --> 00:25:17.278 OK, so The thing is though,

NOTE Confidence: 0.832957758333333

00:25:17.280 --> 00:25:19.208 that even the parts that you did understand,

NOTE Confidence: 0.832957758333333

00:25:19.210 --> 00:25:20.802 like flirting, involves some

NOTE Confidence: 0.832957758333333

00:25:20.802 --> 00:25:22.792 understanding of the social cues

NOTE Confidence: 0.832957758333333

00:25:22.792 --> 00:25:25.785 and the nuances and that can be more

NOTE Confidence: 0.832957758333333

00:25:25.785 --> 00:25:27.490 difficult for neurotypical children,

NOTE Confidence: 0.832957758333333

00:25:27.490 --> 00:25:30.268 particularly some of those with autism.

NOTE Confidence: 0.832957758333333

00:25:30.270 --> 00:25:32.574 So since Hannah has some difficulty
NOTE Confidence: 0.8329577583333333

00:25:32.574 --> 00:25:35.234 with those nuances and those cues a
NOTE Confidence: 0.8329577583333333

00:25:35.234 --> 00:25:37.340 more active and direct approach from
NOTE Confidence: 0.8329577583333333

00:25:37.340 --> 00:25:40.341 you and her father could help support
NOTE Confidence: 0.8329577583333333

00:25:40.341 --> 00:25:42.061 the healthy sexual development.
NOTE Confidence: 0.8329577583333333

00:25:42.070 --> 00:25:44.150 The other component is unfortunately,
NOTE Confidence: 0.8329577583333333

00:25:44.150 --> 00:25:46.718 the reality is the neuroatypical population
NOTE Confidence: 0.8329577583333333

00:25:46.718 --> 00:25:49.949 is more vulnerable to exploitation or abuse.
NOTE Confidence: 0.8329577583333333

00:25:49.950 --> 00:25:52.302 So if you and her father really
NOTE Confidence: 0.8329577583333333

00:25:52.302 --> 00:25:53.310 tackle this directly,
NOTE Confidence: 0.8329577583333333

00:25:53.310 --> 00:25:55.506 you could help protect her against
NOTE Confidence: 0.8329577583333333

00:25:55.506 --> 00:25:56.604 that unfortunate consequence.
NOTE Confidence: 0.8329577583333333

00:25:56.610 --> 00:25:57.850 So that makes sense.
NOTE Confidence: 0.8329577583333333

00:25:57.850 --> 00:26:00.314 OK, so the most important place to start
NOTE Confidence: 0.8329577583333333

00:26:00.314 --> 00:26:03.410 is to try to understand where Hannah's at.
NOTE Confidence: 0.8329577583333333

00:26:03.410 --> 00:26:05.552 What does she think the word

NOTE Confidence: 0.832957758333333
00:26:05.552 --> 00:26:06.623 screwing actually means?
NOTE Confidence: 0.832957758333333
00:26:06.630 --> 00:26:08.737 From there you can see what she
NOTE Confidence: 0.832957758333333
00:26:08.737 --> 00:26:10.550 understands about puberty about sexuality.
NOTE Confidence: 0.832957758333333
00:26:10.550 --> 00:26:13.000 OK, so? Why don't we try it?
NOTE Confidence: 0.832957758333333
00:26:13.000 --> 00:26:13.952 We could role play,
NOTE Confidence: 0.832957758333333
00:26:13.952 --> 00:26:15.142 why don't you be Hannah?
NOTE Confidence: 0.832957758333333
00:26:15.150 --> 00:26:17.284 OK, OK, so Hannah,
NOTE Confidence: 0.832957758333333
00:26:17.284 --> 00:26:19.380 I want to talk to you about puberty.
NOTE Confidence: 0.832957758333333
00:26:19.380 --> 00:26:20.526 Do you know what that is?
NOTE Confidence: 0.902803342
00:26:21.750 --> 00:26:23.090 When I get my *****
NOTE Confidence: 0.84783643
00:26:23.180 --> 00:26:24.860 well, ***** are a part of it.
NOTE Confidence: 0.84783643
00:26:24.860 --> 00:26:26.288 Puberty is when the body changes
NOTE Confidence: 0.84783643
00:26:26.288 --> 00:26:28.057 from a kid to adult and it
NOTE Confidence: 0.84783643
00:26:28.057 --> 00:26:29.575 happens over a number of years.
NOTE Confidence: 0.84783643
00:26:29.580 --> 00:26:30.720 There are a lot of changes,
NOTE Confidence: 0.84783643

00:26:30.720 --> 00:26:32.830 some of it is that you get some hair and
NOTE Confidence: 0.84783643

00:26:32.884 --> 00:26:35.260 some places that you haven't had hair before.
NOTE Confidence: 0.84783643

00:26:35.260 --> 00:26:37.267 You grow a lot taller and there are changes
NOTE Confidence: 0.84783643

00:26:37.267 --> 00:26:39.476 to some other parts that are inside of you.
NOTE Confidence: 0.84783643

00:26:39.480 --> 00:26:41.416 Do you know what parts I'm talking about?
NOTE Confidence: 0.84783643

00:26:41.420 --> 00:26:44.306 Do you mean my vagina? Yeah well, yes.
NOTE Confidence: 0.84783643

00:26:44.306 --> 00:26:46.478 The vagina that's part of your
NOTE Confidence: 0.84783643

00:26:46.478 --> 00:26:48.118 private parts or genitals.
NOTE Confidence: 0.84783643

00:26:48.120 --> 00:26:49.185 But that's inside.
NOTE Confidence: 0.84783643

00:26:49.185 --> 00:26:50.605 There's an outside called
NOTE Confidence: 0.84783643

00:26:50.605 --> 00:26:52.256 the ***** and the *****.
NOTE Confidence: 0.84783643

00:26:52.256 --> 00:26:54.960 Is connected by the vagina to the uterus,
NOTE Confidence: 0.84783643

00:26:54.960 --> 00:26:56.645 which is where babies grow
NOTE Confidence: 0.84783643

00:26:56.645 --> 00:26:58.330 in an adult so Steph.
NOTE Confidence: 0.84783643

00:26:58.330 --> 00:27:00.844 This is the kind of information
NOTE Confidence: 0.84783643

00:27:00.844 --> 00:27:02.927 that we recommend including and

NOTE Confidence: 0.84783643

00:27:02.927 --> 00:27:05.230 in about this detail at this age.

NOTE Confidence: 0.84783643

00:27:05.230 --> 00:27:06.833 Do you think that you'd be comfortable

NOTE Confidence: 0.84783643

00:27:06.833 --> 00:27:08.019 talking to Hannah about this?

NOTE Confidence: 0.84783643

00:27:08.020 --> 00:27:09.668 I can also provide a lot of resources.

NOTE Confidence: 0.842350961666667

00:27:11.910 --> 00:27:14.290 But I would like those resources OK.

NOTE Confidence: 0.842350961666667

00:27:14.290 --> 00:27:18.285 Anyway, this is nearly this is not

NOTE Confidence: 0.842350961666667

00:27:18.285 --> 00:27:20.070 nearly close to what my friends from

NOTE Confidence: 0.842350961666667

00:27:20.070 --> 00:27:22.023 our support group have to deal with.

NOTE Confidence: 0.842350961666667

00:27:22.023 --> 00:27:23.628 The ones with teenage boys.

NOTE Confidence: 0.842350961666667

00:27:23.630 --> 00:27:25.278 They say that there's

NOTE Confidence: 0.842350961666667

00:27:25.278 --> 00:27:27.430 literally semen everywhere. Oh,

NOTE Confidence: 0.688903343333333

00:27:27.430 --> 00:27:29.234 that's kind of a common problem.

NOTE Confidence: 0.688903343333333

00:27:29.234 --> 00:27:32.576 A lot of parents have this issue and you

NOTE Confidence: 0.688903343333333

00:27:32.576 --> 00:27:34.156 know I would like you to let them know

NOTE Confidence: 0.688903343333333

00:27:34.156 --> 00:27:35.570 they could talk to somebody like me.

NOTE Confidence: 0.688903343333333

00:27:35.570 --> 00:27:36.650 And there are a lot of really
NOTE Confidence: 0.6889033433333333

00:27:36.650 --> 00:27:37.397 great resources online.
NOTE Confidence: 0.6889033433333333

00:27:37.397 --> 00:27:38.986 I'm also happy to share with you,
NOTE Confidence: 0.6889033433333333

00:27:38.990 --> 00:27:41.374 but mainly the idea is to talk openly.
NOTE Confidence: 0.6889033433333333

00:27:41.380 --> 00:27:42.505 And very concretely,
NOTE Confidence: 0.6889033433333333

00:27:42.505 --> 00:27:44.380 about how to handle *****.
NOTE Confidence: 0.6889033433333333

00:27:44.380 --> 00:27:46.164 You want to tell the kids where they
NOTE Confidence: 0.6889033433333333

00:27:46.164 --> 00:27:47.490 can masturbate and where they can.
NOTE Confidence: 0.6889033433333333

00:27:47.490 --> 00:27:49.866 And as I said, be concrete.
NOTE Confidence: 0.6889033433333333

00:27:49.870 --> 00:27:50.348 For example,
NOTE Confidence: 0.6889033433333333

00:27:50.348 --> 00:27:52.021 if you just tell a child they
NOTE Confidence: 0.6889033433333333

00:27:52.021 --> 00:27:53.628 should masturbate in the bathroom,
NOTE Confidence: 0.6889033433333333

00:27:53.630 --> 00:27:55.240 that doesn't necessarily say you
NOTE Confidence: 0.6889033433333333

00:27:55.240 --> 00:27:57.139 don't masturbate in the school or
NOTE Confidence: 0.6889033433333333

00:27:57.139 --> 00:27:58.519 the mall bathroom and you want
NOTE Confidence: 0.6889033433333333

00:27:58.519 --> 00:27:59.889 to use very accurate terminology

NOTE Confidence: 0.688903343333333
00:27:59.889 --> 00:28:01.761 and provide the child with words
NOTE Confidence: 0.688903343333333
00:28:01.761 --> 00:28:03.419 so that they can communicate.
NOTE Confidence: 0.688903343333333
00:28:03.419 --> 00:28:05.134 And this is definitely important
NOTE Confidence: 0.688903343333333
00:28:05.134 --> 00:28:06.090 for girls too.
NOTE Confidence: 0.688903343333333
00:28:06.090 --> 00:28:07.845 But with boys there's another
NOTE Confidence: 0.688903343333333
00:28:07.845 --> 00:28:09.249 issue with the mechanics.
NOTE Confidence: 0.688903343333333
00:28:09.250 --> 00:28:10.598 Where should they ejaculate?
NOTE Confidence: 0.688903343333333
00:28:10.598 --> 00:28:12.450 How do they? Clean up.
NOTE Confidence: 0.688903343333333
00:28:12.450 --> 00:28:14.970 And while this might seem like
NOTE Confidence: 0.688903343333333
00:28:14.970 --> 00:28:16.330 an uncomfortable topic.
NOTE Confidence: 0.688903343333333
00:28:16.330 --> 00:28:16.915 As I said,
NOTE Confidence: 0.688903343333333
00:28:16.915 --> 00:28:18.280 there are a lot of resources we
NOTE Confidence: 0.688903343333333
00:28:18.333 --> 00:28:19.725 can help guide you through it,
NOTE Confidence: 0.688903343333333
00:28:19.730 --> 00:28:21.440 and it's a really important topic
NOTE Confidence: 0.688903343333333
00:28:21.440 --> 00:28:23.501 to tackle to make sure that the
NOTE Confidence: 0.688903343333333

00:28:23.501 --> 00:28:25.217 children are happy and are safe.
NOTE Confidence: 0.6889033433333333

00:28:25.220 --> 00:28:26.318 Sounds good, great.
NOTE Confidence: 0.903318572857143

00:28:29.120 --> 00:28:31.297 So these are conversations that come up.
NOTE Confidence: 0.9041375566666667

00:28:34.080 --> 00:28:37.113 All right, So what are some of the resources?
NOTE Confidence: 0.9041375566666667

00:28:37.120 --> 00:28:38.488 These are two nice books that
NOTE Confidence: 0.9041375566666667

00:28:38.488 --> 00:28:39.695 you can recommend to families
NOTE Confidence: 0.9041375566666667

00:28:39.695 --> 00:28:40.945 of kids on the spectrum.
NOTE Confidence: 0.9041375566666667

00:28:40.950 --> 00:28:42.552 The growing up book for boys
NOTE Confidence: 0.9041375566666667

00:28:42.552 --> 00:28:43.980 and what's happening to Ellie.
NOTE Confidence: 0.9041375566666667

00:28:43.980 --> 00:28:44.868 These are gendered books,
NOTE Confidence: 0.9041375566666667

00:28:44.868 --> 00:28:47.357 so they may not be a good fit for everybody,
NOTE Confidence: 0.9041375566666667

00:28:47.360 --> 00:28:49.787 but it's you know it's a starting point and
NOTE Confidence: 0.9041375566666667

00:28:49.787 --> 00:28:51.796 they can tackle most things in puberty.
NOTE Confidence: 0.9041375566666667

00:28:51.800 --> 00:28:52.836 Menstrual hygiene,
NOTE Confidence: 0.9041375566666667

00:28:52.836 --> 00:28:54.908 ***** for both sides.
NOTE Confidence: 0.9041375566666667

00:28:54.910 --> 00:28:56.846 And you know they're

NOTE Confidence: 0.904137556666667
00:28:56.846 --> 00:28:58.298 they're helpful resources.
NOTE Confidence: 0.904137556666667
00:28:58.300 --> 00:28:59.710 This is an example of teaching
NOTE Confidence: 0.904137556666667
00:28:59.710 --> 00:29:01.173 materials that can be helpful for
NOTE Confidence: 0.904137556666667
00:29:01.173 --> 00:29:02.595 kids you know on the spectrum.
NOTE Confidence: 0.904137556666667
00:29:02.600 --> 00:29:04.790 Is with intellectual disability or
NOTE Confidence: 0.904137556666667
00:29:04.790 --> 00:29:06.104 other developmental differences.
NOTE Confidence: 0.904137556666667
00:29:06.110 --> 00:29:07.988 You know something that seems simple,
NOTE Confidence: 0.904137556666667
00:29:07.990 --> 00:29:09.172 like how to use a menstrual
NOTE Confidence: 0.904137556666667
00:29:09.172 --> 00:29:10.549 pad might not be that simple.
NOTE Confidence: 0.904137556666667
00:29:10.550 --> 00:29:11.684 And in teaching it you might
NOTE Confidence: 0.904137556666667
00:29:11.684 --> 00:29:12.790 think you can quickly show it,
NOTE Confidence: 0.904137556666667
00:29:12.790 --> 00:29:14.116 but there are visual guides that
NOTE Confidence: 0.904137556666667
00:29:14.116 --> 00:29:15.262 exist that you can actually
NOTE Confidence: 0.904137556666667
00:29:15.262 --> 00:29:16.528 give the kid a print out.
NOTE Confidence: 0.904137556666667
00:29:16.530 --> 00:29:17.151 Let them try,
NOTE Confidence: 0.904137556666667

00:29:17.151 --> 00:29:18.600 walk them through it and they can
NOTE Confidence: 0.904137556666667

00:29:18.646 --> 00:29:20.438 have a reminder of how to do these
NOTE Confidence: 0.904137556666667

00:29:20.438 --> 00:29:21.653 really important things that feel
NOTE Confidence: 0.904137556666667

00:29:21.653 --> 00:29:23.319 embarrassing to talk about and to ask
NOTE Confidence: 0.9112811

00:29:23.330 --> 00:29:24.338 about after the fact.
NOTE Confidence: 0.929081827

00:29:25.920 --> 00:29:27.576 The Vanderbilt Kennedy Center
NOTE Confidence: 0.929081827

00:29:27.576 --> 00:29:30.060 has a lot of great materials.
NOTE Confidence: 0.929081827

00:29:30.060 --> 00:29:31.240 This is one example.
NOTE Confidence: 0.929081827

00:29:31.240 --> 00:29:32.420 The healthy bodies toolkit.
NOTE Confidence: 0.929081827

00:29:32.420 --> 00:29:34.160 Again, these are gendered but healthy
NOTE Confidence: 0.929081827

00:29:34.160 --> 00:29:35.879 bodies for boys and for girls.
NOTE Confidence: 0.929081827

00:29:35.880 --> 00:29:37.904 Again, going through puberty,
NOTE Confidence: 0.929081827

00:29:37.904 --> 00:29:41.719 hygiene growing up with a lot of good,
NOTE Confidence: 0.929081827

00:29:41.720 --> 00:29:43.200 you know, images, social stories,
NOTE Confidence: 0.929081827

00:29:43.200 --> 00:29:44.824 etcetera in there that parents can use,
NOTE Confidence: 0.929081827

00:29:44.830 --> 00:29:45.730 and they can print them

NOTE Confidence: 0.929081827

00:29:45.730 --> 00:29:46.630 for free off the Internet.

NOTE Confidence: 0.929081827

00:29:46.630 --> 00:29:48.290 They're available in multiple languages.

NOTE Confidence: 0.881237894736842

00:29:50.530 --> 00:29:52.274 All right and then most of us who

NOTE Confidence: 0.881237894736842

00:29:52.274 --> 00:29:53.895 work with kids on the spectrum

NOTE Confidence: 0.881237894736842

00:29:53.895 --> 00:29:55.305 have heard of social stories.

NOTE Confidence: 0.881237894736842

00:29:55.310 --> 00:29:57.038 Social stories are a good way to teach,

NOTE Confidence: 0.881237894736842

00:29:57.040 --> 00:30:00.016 you know, social skills and ways of relating.

NOTE Confidence: 0.881237894736842

00:30:00.020 --> 00:30:02.337 So there are social stories about public

NOTE Confidence: 0.881237894736842

00:30:02.337 --> 00:30:04.508 and private behaviors and this is critical.

NOTE Confidence: 0.881237894736842

00:30:04.510 --> 00:30:06.301 How are kids going to get in trouble when

NOTE Confidence: 0.881237894736842

00:30:06.301 --> 00:30:08.069 they do a private thing in public right?

NOTE Confidence: 0.881237894736842

00:30:08.070 --> 00:30:10.240 And so this is an example of one for boys

NOTE Confidence: 0.881237894736842

00:30:10.296 --> 00:30:11.916 about ***** or touching their

NOTE Confidence: 0.881237894736842

00:30:11.916 --> 00:30:13.470 genitals about where you can do it,

NOTE Confidence: 0.881237894736842

00:30:13.470 --> 00:30:14.870 when to do it,

NOTE Confidence: 0.881237894736842

00:30:14.870 --> 00:30:16.620 what to do afterwards etcetera.
NOTE Confidence: 0.881237894736842

00:30:16.620 --> 00:30:18.690 So again, these resources already exist
NOTE Confidence: 0.881237894736842

00:30:18.690 --> 00:30:21.399 and I'm not big into fear mongering.
NOTE Confidence: 0.881237894736842

00:30:21.400 --> 00:30:23.470 But fear is part of this and kids on
NOTE Confidence: 0.881237894736842

00:30:23.470 --> 00:30:25.941 the spectrum are at higher risk of being
NOTE Confidence: 0.881237894736842

00:30:25.941 --> 00:30:28.369 registered as sex offenders because of
NOTE Confidence: 0.881237894736842

00:30:28.369 --> 00:30:30.759 a misunderstandings of public versus
NOTE Confidence: 0.881237894736842

00:30:30.759 --> 00:30:32.364 private misunderstandings about boundaries.
NOTE Confidence: 0.881237894736842

00:30:32.364 --> 00:30:33.974 So the sexual health information
NOTE Confidence: 0.881237894736842

00:30:33.974 --> 00:30:35.460 is is really critical.
NOTE Confidence: 0.881237894736842

00:30:35.460 --> 00:30:36.940 It's not all about safety,
NOTE Confidence: 0.881237894736842

00:30:36.940 --> 00:30:38.565 they deserve pleasure and to
NOTE Confidence: 0.881237894736842

00:30:38.565 --> 00:30:40.144 actually have fun, love lives.
NOTE Confidence: 0.881237894736842

00:30:40.144 --> 00:30:42.560 But safety is part of this right and
NOTE Confidence: 0.881237894736842

00:30:42.623 --> 00:30:44.699 more so than a neurotypical kids.
NOTE Confidence: 0.881237894736842

00:30:44.700 --> 00:30:46.180 So again, talk about it.

NOTE Confidence: 0.881237894736842

00:30:46.180 --> 00:30:47.980 Talk about it. Talk about it.

NOTE Confidence: 0.881237894736842

00:30:47.980 --> 00:30:50.550 We talked about normal sexual

NOTE Confidence: 0.881237894736842

00:30:50.550 --> 00:30:52.606 development and adolescence and

NOTE Confidence: 0.881237894736842

00:30:52.606 --> 00:30:55.068 ***** so adolescent sexual health

NOTE Confidence: 0.881237894736842

00:30:55.068 --> 00:30:57.016 education is preventive medicine.

NOTE Confidence: 0.881237894736842

00:30:57.020 --> 00:30:59.270 High quality sex education is associated

NOTE Confidence: 0.881237894736842

00:30:59.270 --> 00:31:01.959 with lower rates of pregnancy and STI,

NOTE Confidence: 0.881237894736842

00:31:01.960 --> 00:31:03.128 lower risk taking behavior.

NOTE Confidence: 0.881237894736842

00:31:03.128 --> 00:31:05.197 It increases the use of protection and

NOTE Confidence: 0.881237894736842

00:31:05.197 --> 00:31:06.517 increases sexual pleasure which no

NOTE Confidence: 0.881237894736842

00:31:06.517 --> 00:31:08.520 one wants to hear about in teenagers.

NOTE Confidence: 0.881237894736842

00:31:08.520 --> 00:31:09.703 But that is another good thing that

NOTE Confidence: 0.881237894736842

00:31:09.703 --> 00:31:11.648 comes out of it. So this is important.

NOTE Confidence: 0.8458030713

00:31:14.050 --> 00:31:15.950 This is what we all want to do right always,

NOTE Confidence: 0.8458030713

00:31:15.950 --> 00:31:17.150 especially when **** comes up.

NOTE Confidence: 0.8458030713

00:31:17.150 --> 00:31:19.098 Don't don't even get into ***** right?
NOTE Confidence: 0.8458030713

00:31:19.098 --> 00:31:20.330 Don't be an ostrich.
NOTE Confidence: 0.8458030713

00:31:20.330 --> 00:31:21.594 Don't put your head in the sand there.
NOTE Confidence: 0.8458030713

00:31:21.600 --> 00:31:24.912 There's resources for helping.
NOTE Confidence: 0.8458030713

00:31:24.912 --> 00:31:27.296 OK. And this is a fun one,
NOTE Confidence: 0.8458030713

00:31:27.296 --> 00:31:28.970 and this was with a simulated
NOTE Confidence: 0.8458030713

00:31:29.040 --> 00:31:31.378 participant who was was he the first
NOTE Confidence: 0.8458030713

00:31:31.380 --> 00:31:33.900 underage actor in in the center?
NOTE Confidence: 0.8458030713

00:31:33.900 --> 00:31:36.780 So so Andres got all sorts of rules
NOTE Confidence: 0.8458030713

00:31:36.780 --> 00:31:38.672 adjusted for Connor, who's who's
NOTE Confidence: 0.8458030713

00:31:38.672 --> 00:31:42.260 excellent and who's now in acting school.
NOTE Confidence: 0.8458030713

00:31:42.260 --> 00:31:45.281 Let's see here. Guide for parents.
NOTE Confidence: 0.8458030713

00:31:45.281 --> 00:31:47.172 OK, here we go. Good to see you Bobby.
NOTE Confidence: 0.8458030713

00:31:47.172 --> 00:31:48.000 How's the anxiety?
NOTE Confidence: 0.79944956

00:31:51.220 --> 00:31:54.368 Doing ohh I'm I mean I've I've been OK,
NOTE Confidence: 0.842935613

00:31:54.370 --> 00:31:56.068 he's been doing OK but but

NOTE Confidence: 0.842935613

00:31:56.068 --> 00:31:58.310 I've got a concern, sure.

NOTE Confidence: 0.842935613

00:31:58.310 --> 00:32:00.817 I found him looking at **** online.

NOTE Confidence: 0.842935613

00:32:00.817 --> 00:32:03.386 And I looked at the history on

NOTE Confidence: 0.842935613

00:32:03.386 --> 00:32:05.458 the computer and you know a lot

NOTE Confidence: 0.842935613

00:32:05.458 --> 00:32:07.914 of a lot of **** sites came up.

NOTE Confidence: 0.842935613

00:32:07.914 --> 00:32:09.886 I mean, I get it in 16 years

NOTE Confidence: 0.842935613

00:32:09.886 --> 00:32:11.520 old and wants to see this stuff.

NOTE Confidence: 0.842935613

00:32:11.520 --> 00:32:14.352 But I mean there were a lot of

NOTE Confidence: 0.842935613

00:32:14.352 --> 00:32:17.094 sites and and so I'm just not

NOTE Confidence: 0.842935613

00:32:17.094 --> 00:32:19.958 sure if that behavior is is normal

NOTE Confidence: 0.842935613

00:32:19.958 --> 00:32:22.849 and and well how I should react.

NOTE Confidence: 0.818542816666667

00:32:22.900 --> 00:32:24.088 Come on, Dad,

NOTE Confidence: 0.714656593

00:32:24.180 --> 00:32:25.668 it's OK. I know this can

NOTE Confidence: 0.714656593

00:32:25.668 --> 00:32:26.660 be an embarrassing subject,

NOTE Confidence: 0.714656593

00:32:26.660 --> 00:32:28.160 but poor news is actually

NOTE Confidence: 0.714656593

00:32:28.160 --> 00:32:29.710 incredibly common in teenagers.

NOTE Confidence: 0.714656593

00:32:29.710 --> 00:32:32.040 Studies actually show that in the US.

NOTE Confidence: 0.714656593

00:32:32.040 --> 00:32:33.512 The first viewing of **** is

NOTE Confidence: 0.714656593

00:32:33.512 --> 00:32:34.940 as young as eight years old. On

NOTE Confidence: 0.575485063333333

00:32:34.950 --> 00:32:37.940 that 18 boys. That is young, yeah,

NOTE Confidence: 0.850280411666667

00:32:38.050 --> 00:32:40.630 and if you think about it,

NOTE Confidence: 0.850280411666667

00:32:40.630 --> 00:32:41.282 it can sound scary,

NOTE Confidence: 0.850280411666667

00:32:41.282 --> 00:32:42.622 but you used to have to go to

NOTE Confidence: 0.850280411666667

00:32:42.622 --> 00:32:43.588 the store to get a magazine.

NOTE Confidence: 0.850280411666667

00:32:43.590 --> 00:32:45.090 And these days, as you know,

NOTE Confidence: 0.850280411666667

00:32:45.090 --> 00:32:46.364 kids have access to the Internet

NOTE Confidence: 0.850280411666667

00:32:46.364 --> 00:32:47.856 so they can see these things.

NOTE Confidence: 0.850280411666667

00:32:47.856 --> 00:32:48.810 Younger and younger.

NOTE Confidence: 0.850280411666667

00:32:48.810 --> 00:32:49.974 It doesn't have to be scary

NOTE Confidence: 0.850280411666667

00:32:49.974 --> 00:32:51.254 and it actually like to share

NOTE Confidence: 0.850280411666667

00:32:51.254 --> 00:32:52.409 some information with you guys.

NOTE Confidence: 0.850280411666667
00:32:52.410 --> 00:32:53.430 If that's OK with you,
NOTE Confidence: 0.850280411666667
00:32:53.430 --> 00:32:54.458 is that right, Bobby?
NOTE Confidence: 0.892681
00:32:56.830 --> 00:32:58.395 Yeah, I'd like to like to hear about.
NOTE Confidence: 0.874177028
00:32:58.400 --> 00:32:59.880 I mean, I just I.
NOTE Confidence: 0.874177028
00:32:59.880 --> 00:33:01.992 Because I never really thought that
NOTE Confidence: 0.874177028
00:33:01.992 --> 00:33:03.950 about Bobby being that age now,
NOTE Confidence: 0.874177028
00:33:03.950 --> 00:33:07.126 and I certainly didn't realize that you know,
NOTE Confidence: 0.874177028
00:33:07.130 --> 00:33:08.825 all the boys were looking at **** online.
NOTE Confidence: 0.874177028
00:33:08.825 --> 00:33:12.750 I mean, when I was that age we just had
NOTE Confidence: 0.874177028
00:33:12.750 --> 00:33:15.780 my father's Playboys dad come on, it's
NOTE Confidence: 0.78872457375
00:33:15.790 --> 00:33:17.825 it's OK. Poor news is
NOTE Confidence: 0.78872457375
00:33:17.825 --> 00:33:19.046 actually incredibly common.
NOTE Confidence: 0.78872457375
00:33:19.050 --> 00:33:20.290 Many, many people use it,
NOTE Confidence: 0.78872457375
00:33:20.290 --> 00:33:23.286 and there's nothing inherently bad about it.
NOTE Confidence: 0.78872457375
00:33:23.290 --> 00:33:24.972 I want to talk to you about something
NOTE Confidence: 0.78872457375

00:33:24.972 --> 00:33:26.310 called **** literacy, which basically
NOTE Confidence: 0.78872457375

00:33:26.310 --> 00:33:28.410 means what to know and think about.
NOTE Confidence: 0.78872457375

00:33:28.410 --> 00:33:30.669 If you're going to use it the same way,
NOTE Confidence: 0.78872457375

00:33:30.670 --> 00:33:32.357 you wouldn't learn how to drive from
NOTE Confidence: 0.78872457375

00:33:32.357 --> 00:33:33.646 playing Grand Theft Auto, right?
NOTE Confidence: 0.78872457375

00:33:33.646 --> 00:33:34.870 It's completely made up.
NOTE Confidence: 0.78872457375

00:33:34.870 --> 00:33:36.030 **** is the same way,
NOTE Confidence: 0.78872457375

00:33:36.030 --> 00:33:37.242 and so it's important to remember
NOTE Confidence: 0.78872457375

00:33:37.242 --> 00:33:39.864 that **** is not the same as real
NOTE Confidence: 0.78872457375

00:33:39.864 --> 00:33:41.340 relationships or sexual encounters.
NOTE Confidence: 0.78872457375

00:33:41.340 --> 00:33:42.700 Plenty of professionals who work
NOTE Confidence: 0.78872457375

00:33:42.700 --> 00:33:44.000 with people with sexual issues
NOTE Confidence: 0.78872457375

00:33:44.000 --> 00:33:45.560 agree that **** can be a very
NOTE Confidence: 0.78872457375

00:33:45.560 --> 00:33:47.200 healthy part of a normal sex life.
NOTE Confidence: 0.78872457375

00:33:47.200 --> 00:33:48.838 The issue comes up if there's a
NOTE Confidence: 0.78872457375

00:33:48.838 --> 00:33:50.477 blurring of that boundary and you

NOTE Confidence: 0.78872457375

00:33:50.477 --> 00:33:52.235 start to expect real relationships and

NOTE Confidence: 0.78872457375

00:33:52.235 --> 00:33:54.047 real sexual encounters to look like

NOTE Confidence: 0.8003393875

00:33:54.060 --> 00:33:58.236 ****. Yeah, I guess that makes sense and

NOTE Confidence: 0.928460407777778

00:33:58.250 --> 00:33:59.942 I know it's hard to talk about this stuff.

NOTE Confidence: 0.928460407777778

00:33:59.950 --> 00:34:01.749 We don't have to belabor the point,

NOTE Confidence: 0.928460407777778

00:34:01.750 --> 00:34:03.518 but I can give you guys some materials

NOTE Confidence: 0.928460407777778

00:34:03.518 --> 00:34:04.855 and resources that you can look at

NOTE Confidence: 0.928460407777778

00:34:04.855 --> 00:34:06.259 on your own to help educate you.

NOTE Confidence: 0.599282012166667

00:34:06.630 --> 00:34:08.898 Yeah, I'd like to see that.

NOTE Confidence: 0.599282012166667

00:34:08.900 --> 00:34:10.547 Of course, I have to tell my wife I

NOTE Confidence: 0.599282012166667

00:34:10.547 --> 00:34:14.180 am reading it, that's just gross. It's

NOTE Confidence: 0.939886257142857

00:34:14.190 --> 00:34:16.360 OK if you don't have any other

NOTE Confidence: 0.8136449275

00:34:16.370 --> 00:34:17.390 questions for now. Why don't Bobby

NOTE Confidence: 0.8136449275

00:34:17.390 --> 00:34:18.680 and I do our usual check in?

NOTE Confidence: 0.926140883333333

00:34:23.310 --> 00:34:28.200 OK, all right. So oh The thing is

NOTE Confidence: 0.926140883333333

00:34:28.200 --> 00:34:30.160 what corn is like Grand Theft Auto.

NOTE Confidence: 0.9261408833333333

00:34:30.160 --> 00:34:32.000 So in these videos we tried to give

NOTE Confidence: 0.9261408833333333

00:34:32.000 --> 00:34:33.588 people good take away lines right?

NOTE Confidence: 0.9261408833333333

00:34:33.590 --> 00:34:34.850 You're not going to remember every

NOTE Confidence: 0.9261408833333333

00:34:34.850 --> 00:34:36.158 single thing said in the teaching

NOTE Confidence: 0.9261408833333333

00:34:36.158 --> 00:34:37.864 videos but **** is like Grand Theft

NOTE Confidence: 0.9261408833333333

00:34:37.864 --> 00:34:39.729 Auto **** literacy prevents kids

NOTE Confidence: 0.9261408833333333

00:34:39.729 --> 00:34:42.387 from crashing in real Life OK?

NOTE Confidence: 0.9261408833333333

00:34:42.390 --> 00:34:43.934 Let me see here.

NOTE Confidence: 0.9261408833333333

00:34:43.934 --> 00:34:46.325 Yeah, so one example of an

NOTE Confidence: 0.9261408833333333

00:34:46.325 --> 00:34:47.818 excellent resource is amaze.org.

NOTE Confidence: 0.9261408833333333

00:34:47.818 --> 00:34:49.258 You can send teenagers there.

NOTE Confidence: 0.9261408833333333

00:34:49.260 --> 00:34:50.375 You can send families there

NOTE Confidence: 0.9261408833333333

00:34:50.375 --> 00:34:52.020 you can see all use the mouse.

NOTE Confidence: 0.9261408833333333

00:34:52.020 --> 00:34:53.406 You know one of the first videos

NOTE Confidence: 0.9261408833333333

00:34:53.406 --> 00:34:55.532 here is **** is not sex Ed.

NOTE Confidence: 0.9261408833333333

00:34:55.532 --> 00:34:57.955 So again, adults tend to have the

NOTE Confidence: 0.9261408833333333

00:34:57.955 --> 00:34:59.981 automatic reaction not wanting to talk

NOTE Confidence: 0.9261408833333333

00:34:59.981 --> 00:35:02.116 about it where we're not going there,

NOTE Confidence: 0.9261408833333333

00:35:02.120 --> 00:35:02.940 but **** is everywhere.

NOTE Confidence: 0.9261408833333333

00:35:02.940 --> 00:35:04.170 So so you might as well.

NOTE Confidence: 0.9261408833333333

00:35:04.170 --> 00:35:05.540 Do you know, harm reduction?

NOTE Confidence: 0.9261408833333333

00:35:05.540 --> 00:35:06.920 Not that **** is inherently harmful,

NOTE Confidence: 0.9261408833333333

00:35:06.920 --> 00:35:08.348 but it can be harmful if kids

NOTE Confidence: 0.9261408833333333

00:35:08.348 --> 00:35:09.539 don't know what they're looking

NOTE Confidence: 0.9261408833333333

00:35:09.539 --> 00:35:11.135 at and how to contextualize it.

NOTE Confidence: 0.9261408833333333

00:35:11.140 --> 00:35:12.372 Similar to to movies.

NOTE Confidence: 0.9261408833333333

00:35:12.372 --> 00:35:13.296 R rated movie.

NOTE Confidence: 0.9261408833333333

00:35:13.300 --> 00:35:14.462 You might be able to prepare your

NOTE Confidence: 0.9261408833333333

00:35:14.462 --> 00:35:15.927 kid as long as you discuss first that

NOTE Confidence: 0.9261408833333333

00:35:15.927 --> 00:35:17.260 we don't shoot people in real life,

NOTE Confidence: 0.9261408833333333

00:35:17.260 --> 00:35:17.650 right?
NOTE Confidence: 0.9261408833333333

00:35:17.650 --> 00:35:20.646 So point is the same way and amazed.org
NOTE Confidence: 0.9261408833333333

00:35:20.646 --> 00:35:22.508 has resources on all sorts of things
NOTE Confidence: 0.9261408833333333

00:35:22.508 --> 00:35:24.440 relevant to adolescent sexual development,
NOTE Confidence: 0.9261408833333333

00:35:24.440 --> 00:35:26.780 including **** use.
NOTE Confidence: 0.9261408833333333

00:35:26.780 --> 00:35:27.146 OK,
NOTE Confidence: 0.9261408833333333

00:35:27.146 --> 00:35:29.342 So what about when your psychiatrist
NOTE Confidence: 0.9261408833333333

00:35:29.342 --> 00:35:30.440 is the problem?
NOTE Confidence: 0.9261408833333333

00:35:30.440 --> 00:35:33.566 So medication induced sexual side effects.
NOTE Confidence: 0.8557217

00:35:37.470 --> 00:35:38.170 OK.
NOTE Confidence: 0.7830942275

00:35:50.440 --> 00:35:53.050 Difficult to talk about. That's right,
NOTE Confidence: 0.870900525

00:35:53.050 --> 00:35:54.830 Bobby's having a moment. Oh
NOTE Confidence: 0.932287897272727

00:35:54.840 --> 00:35:56.226 come on, this is going to be
NOTE Confidence: 0.932287897272727

00:35:56.226 --> 00:35:57.340 our our technical difficulty.
NOTE Confidence: 0.932287897272727

00:35:57.340 --> 00:35:58.548 It was working before.
NOTE Confidence: 0.06735507

00:36:03.300 --> 00:36:05.540 Fundrise forgive me, I hate

NOTE Confidence: 0.8299628525

00:36:05.550 --> 00:36:06.458 talking about that stuff.

NOTE Confidence: 0.8299628525

00:36:06.460 --> 00:36:08.390 Within there he and my mom were

NOTE Confidence: 0.8299628525

00:36:08.390 --> 00:36:10.020 so worried that I watched ****.

NOTE Confidence: 0.8299628525

00:36:10.020 --> 00:36:11.860 Well it didn't even work.

NOTE Confidence: 0.8299628525

00:36:11.860 --> 00:36:12.805 I can't finish.

NOTE Confidence: 0.95303035

00:36:14.690 --> 00:36:16.738 Sorry I. I didn't mean to

NOTE Confidence: 0.95303035

00:36:16.738 --> 00:36:17.406 talk about that stuff.

NOTE Confidence: 0.827029595

00:36:18.200 --> 00:36:20.208 Bobby, it's good that you brought it up.

NOTE Confidence: 0.827029595

00:36:20.210 --> 00:36:21.743 Your sexual health is just as important

NOTE Confidence: 0.827029595

00:36:21.743 --> 00:36:23.761 as the rest of your health and it actually

NOTE Confidence: 0.827029595

00:36:23.761 --> 00:36:25.800 connects to the rest of your health.

NOTE Confidence: 0.827029595

00:36:25.800 --> 00:36:28.376 I'm wondering what you mean by you can't

NOTE Confidence: 0.827029595

00:36:28.376 --> 00:36:30.937 finish when we talk about sexual function.

NOTE Confidence: 0.827029595

00:36:30.940 --> 00:36:32.515 It can be helpful to think of

NOTE Confidence: 0.827029595

00:36:32.515 --> 00:36:34.380 it in sort of three categories.

NOTE Confidence: 0.827029595

00:36:34.380 --> 00:36:36.060 The first category is sort
NOTE Confidence: 0.827029595

00:36:36.060 --> 00:36:37.500 of like the electrical.
NOTE Confidence: 0.827029595

00:36:37.500 --> 00:36:38.640 Can you still get aroused when
NOTE Confidence: 0.827029595

00:36:38.640 --> 00:36:39.720 you look at these images?
NOTE Confidence: 0.827029595

00:36:39.720 --> 00:36:42.015 Like do you feel desire like you always have?
NOTE Confidence: 0.827029595

00:36:42.020 --> 00:36:45.020 Yeah, OK, all right. So that's intact.
NOTE Confidence: 0.827029595

00:36:45.020 --> 00:36:47.258 The next category is the mechanical.
NOTE Confidence: 0.827029595

00:36:47.260 --> 00:36:48.166 Are you able to get the.
NOTE Confidence: 0.827029595

00:36:48.170 --> 00:36:49.255 Even sort of erection that
NOTE Confidence: 0.827029595

00:36:49.255 --> 00:36:51.870 you've always gotten.
NOTE Confidence: 0.827029595

00:36:51.870 --> 00:36:55.189 And then the last category is the hydraulics,
NOTE Confidence: 0.827029595

00:36:55.190 --> 00:36:56.625 and there's a lot of different words
NOTE Confidence: 0.827029595

00:36:56.630 --> 00:36:58.174 you can use. But can you finish?
NOTE Confidence: 0.827029595

00:36:58.174 --> 00:36:59.206 Can you come?
NOTE Confidence: 0.827029595

00:36:59.206 --> 00:37:01.270 Can you ejaculate and achieve orgasm?
NOTE Confidence: 0.852790166666667

00:37:01.950 --> 00:37:06.138 I think it's mechanics and hydraulics.

NOTE Confidence: 0.852790166666667
00:37:06.140 --> 00:37:07.540 Takes a very long time for me
NOTE Confidence: 0.852790166666667
00:37:07.540 --> 00:37:09.088 to finish, and sometimes I can
NOTE Confidence: 0.889955632
00:37:09.100 --> 00:37:13.450 at all. Even with **** it's frustrating. Was
NOTE Confidence: 0.887726909230769
00:37:13.460 --> 00:37:15.484 it always this way or is it different
NOTE Confidence: 0.887726909230769
00:37:15.484 --> 00:37:17.558 since you started your antidepressant?
NOTE Confidence: 0.856279525
00:37:18.640 --> 00:37:20.085 Now that you mentioned it,
NOTE Confidence: 0.856279525
00:37:20.085 --> 00:37:22.161 it did change early this year.
NOTE Confidence: 0.856279525
00:37:22.161 --> 00:37:24.243 I used to finish very quickly
NOTE Confidence: 0.856279525
00:37:24.250 --> 00:37:28.730 when I did that, but now it takes
NOTE Confidence: 0.856279525
00:37:28.730 --> 00:37:30.980 forever and I'm just frustrated.
NOTE Confidence: 0.856279525
00:37:30.980 --> 00:37:32.504 But it's not like I'll even
NOTE Confidence: 0.856279525
00:37:32.504 --> 00:37:34.070 get a girlfriend or anything.
NOTE Confidence: 0.925906799285714
00:37:34.810 --> 00:37:35.767 I mean, regardless,
NOTE Confidence: 0.925906799285714
00:37:35.767 --> 00:37:37.362 this isn't unusual and it's
NOTE Confidence: 0.925906799285714
00:37:37.362 --> 00:37:39.069 good that you brought it up.
NOTE Confidence: 0.925906799285714

00:37:39.070 --> 00:37:40.910 The medication you're taking can
NOTE Confidence: 0.925906799285714

00:37:40.910 --> 00:37:42.382 actually impact sexual function
NOTE Confidence: 0.925906799285714

00:37:42.382 --> 00:37:44.299 by making it harder to orgasm.
NOTE Confidence: 0.925906799285714

00:37:44.300 --> 00:37:45.300 And if it's bugging you,
NOTE Confidence: 0.925906799285714

00:37:45.300 --> 00:37:46.860 there's things we can do to address it.
NOTE Confidence: 0.806728593333333

00:37:47.370 --> 00:37:50.323 Yeah, actually I am kind of worried
NOTE Confidence: 0.806728593333333

00:37:50.323 --> 00:37:52.690 for if I do get a girlfriend,
NOTE Confidence: 0.806728593333333

00:37:52.690 --> 00:37:55.125 so I've totally avoided Molly's
NOTE Confidence: 0.806728593333333

00:37:55.125 --> 00:37:58.100 texts because. Aye, I thought
NOTE Confidence: 0.946886523333333

00:37:58.110 --> 00:37:58.989 I was crazy.
NOTE Confidence: 0.72404774

00:37:59.080 --> 00:38:02.720 You're not crazy. Thank you. OK.
NOTE Confidence: 0.95564067

00:38:07.410 --> 00:38:10.311 All right, So what do you do if our
NOTE Confidence: 0.95564067

00:38:10.311 --> 00:38:12.340 medications are causing a problem? The
NOTE Confidence: 0.892853576470588

00:38:12.340 --> 00:38:14.131 first thing you want to do that a lot
NOTE Confidence: 0.892853576470588

00:38:14.131 --> 00:38:16.079 of us don't do is track the symptoms.
NOTE Confidence: 0.892853576470588

00:38:16.080 --> 00:38:19.330 So my favorite skill is the CSF Q, the

NOTE Confidence: 0.892853576470588
00:38:19.330 --> 00:38:21.380 changes in sexual functioning questionnaire.
NOTE Confidence: 0.892853576470588
00:38:21.380 --> 00:38:23.558 It goes in terrible detail into
NOTE Confidence: 0.892853576470588
00:38:23.558 --> 00:38:25.425 every single aspect of sexuality
NOTE Confidence: 0.892853576470588
00:38:25.425 --> 00:38:27.833 and you can track it over time.
NOTE Confidence: 0.892853576470588
00:38:27.840 --> 00:38:29.736 It's very helpful for seeing small
NOTE Confidence: 0.892853576470588
00:38:29.736 --> 00:38:31.997 changes for the better or for the worse.
NOTE Confidence: 0.892853576470588
00:38:32.000 --> 00:38:34.320 And what do you do with the medication?
NOTE Confidence: 0.892853576470588
00:38:34.320 --> 00:38:35.810 So sometimes people don't want
NOTE Confidence: 0.892853576470588
00:38:35.810 --> 00:38:37.600 to change the Med at all.
NOTE Confidence: 0.892853576470588
00:38:37.600 --> 00:38:39.864 I've run into that more times than
NOTE Confidence: 0.892853576470588
00:38:39.864 --> 00:38:41.420 I would expect to, or someone says,
NOTE Confidence: 0.892853576470588
00:38:41.420 --> 00:38:42.080 well, you know.
NOTE Confidence: 0.892853576470588
00:38:42.080 --> 00:38:43.865 Recipro has changed my life and if
NOTE Confidence: 0.892853576470588
00:38:43.865 --> 00:38:45.958 the trade off is that I have no sex
NOTE Confidence: 0.892853576470588
00:38:45.958 --> 00:38:47.887 drive I don't care so I've had that
NOTE Confidence: 0.892853576470588

00:38:47.887 --> 00:38:49.684 conversation a lot of times but I
NOTE Confidence: 0.892853576470588

00:38:49.684 --> 00:38:51.004 always recommend making an adjustment
NOTE Confidence: 0.892853576470588

00:38:51.004 --> 00:38:52.948 since if your sex life is suffering,
NOTE Confidence: 0.892853576470588

00:38:52.950 --> 00:38:55.950 that's a pretty big quality of life impact.
NOTE Confidence: 0.892853576470588

00:38:55.950 --> 00:38:57.903 So adjustments you can make are making
NOTE Confidence: 0.892853576470588

00:38:57.903 --> 00:39:00.027 a decrease in the dose of medication.
NOTE Confidence: 0.892853576470588

00:39:00.030 --> 00:39:01.326 Go to the next lowest dose,
NOTE Confidence: 0.892853576470588

00:39:01.330 --> 00:39:02.716 see if the person still gets
NOTE Confidence: 0.892853576470588

00:39:02.716 --> 00:39:03.409 a therapeutic effect,
NOTE Confidence: 0.892853576470588

00:39:03.410 --> 00:39:05.153 but there might be less of a
NOTE Confidence: 0.892853576470588

00:39:05.153 --> 00:39:05.900 sexual side effect.
NOTE Confidence: 0.892853576470588

00:39:05.900 --> 00:39:07.678 You can switch if it's an SSRI,
NOTE Confidence: 0.892853576470588

00:39:07.680 --> 00:39:09.374 you can switch to a different SSRI,
NOTE Confidence: 0.892853576470588

00:39:09.380 --> 00:39:11.588 and sometimes that resolves the problem.
NOTE Confidence: 0.892853576470588

00:39:11.590 --> 00:39:12.700 I've had that.
NOTE Confidence: 0.892853576470588

00:39:12.700 --> 00:39:13.070 Happen,

NOTE Confidence: 0.892853576470588
00:39:13.070 --> 00:39:16.390 you can either add or switch to Wellbutrin,
NOTE Confidence: 0.892853576470588
00:39:16.390 --> 00:39:18.450 which tends to counteract SSRI
NOTE Confidence: 0.892853576470588
00:39:18.450 --> 00:39:19.686 induced sexual dysfunction.
NOTE Confidence: 0.892853576470588
00:39:19.690 --> 00:39:20.810 A lot of times people don't want
NOTE Confidence: 0.892853576470588
00:39:20.810 --> 00:39:22.040 to be on more than one medicine
NOTE Confidence: 0.892853576470588
00:39:22.040 --> 00:39:23.096 at the time at a time,
NOTE Confidence: 0.892853576470588
00:39:23.100 --> 00:39:24.844 but you can offer it and do a
NOTE Confidence: 0.892853576470588
00:39:24.844 --> 00:39:26.831 switch if it's more of a depression
NOTE Confidence: 0.892853576470588
00:39:26.831 --> 00:39:28.023 than an anxiety issue.
NOTE Confidence: 0.892853576470588
00:39:28.030 --> 00:39:29.885 You can augment with buspar and I
NOTE Confidence: 0.892853576470588
00:39:29.885 --> 00:39:31.680 always like to make a shout out.
NOTE Confidence: 0.8086229
00:39:35.060 --> 00:39:39.060 One second. If you can give women Viagra,
NOTE Confidence: 0.8086229
00:39:39.060 --> 00:39:40.280 you can give men Viagra.
NOTE Confidence: 0.8086229
00:39:40.280 --> 00:39:41.780 You can also give women Viagra.
NOTE Confidence: 0.8086229
00:39:41.780 --> 00:39:44.293 So there's a small but existent literature
NOTE Confidence: 0.8086229

00:39:44.293 --> 00:39:47.143 on using Viagra in women for SSRI induced

NOTE Confidence: 0.8086229

00:39:47.143 --> 00:39:49.220 sexual dysfunction and it can work.

NOTE Confidence: 0.8086229

00:39:49.220 --> 00:39:53.018 I have successfully used it with two of my.

NOTE Confidence: 0.8086229

00:39:53.020 --> 00:39:54.910 Early 20s patients who had

NOTE Confidence: 0.8086229

00:39:54.910 --> 00:39:56.810 sexual dysfunction from an SSRI.

NOTE Confidence: 0.8086229

00:39:56.810 --> 00:39:58.130 The dose is 50 milligrams.

NOTE Confidence: 0.8086229

00:39:58.130 --> 00:39:59.138 For those who have never prescribed

NOTE Confidence: 0.8086229

00:39:59.138 --> 00:40:00.427 it because I had to look into this,

NOTE Confidence: 0.8086229

00:40:00.430 --> 00:40:02.655 there are almost no contraindications

NOTE Confidence: 0.8086229

00:40:02.655 --> 00:40:03.990 which surprised me.

NOTE Confidence: 0.8086229

00:40:03.990 --> 00:40:05.398 But I guess half the country takes it.

NOTE Confidence: 0.8086229

00:40:05.400 --> 00:40:06.905 There's almost no contraindications and

NOTE Confidence: 0.8086229

00:40:06.905 --> 00:40:09.106 you can prescribe it, and it can work.

NOTE Confidence: 0.8086229

00:40:09.106 --> 00:40:10.982 And what I told girls or women

NOTE Confidence: 0.8086229

00:40:10.982 --> 00:40:12.908 rather is that women have just

NOTE Confidence: 0.8086229

00:40:12.908 --> 00:40:14.789 as much erectile tissue as men,

NOTE Confidence: 0.8086229

00:40:14.790 --> 00:40:16.488 but most of ours is internal,

NOTE Confidence: 0.8086229

00:40:16.490 --> 00:40:18.098 so erectile dysfunction is

NOTE Confidence: 0.8086229

00:40:18.098 --> 00:40:20.510 always used to talk about men.

NOTE Confidence: 0.8086229

00:40:20.510 --> 00:40:22.286 But in fetuses, it's the same.

NOTE Confidence: 0.8086229

00:40:22.290 --> 00:40:23.118 Kind of.

NOTE Confidence: 0.8086229

00:40:23.118 --> 00:40:26.016 Apparatus that turns into you know vagina,

NOTE Confidence: 0.8086229

00:40:26.020 --> 00:40:27.520 ***** versus penis.

NOTE Confidence: 0.8086229

00:40:27.520 --> 00:40:29.395 We have internal erectile tissue

NOTE Confidence: 0.8086229

00:40:29.395 --> 00:40:31.188 and we get erectile dysfunction

NOTE Confidence: 0.8086229

00:40:31.188 --> 00:40:33.228 and so taking a medication that

NOTE Confidence: 0.8086229

00:40:33.289 --> 00:40:35.019 increases blood flow can help.

NOTE Confidence: 0.8086229

00:40:35.020 --> 00:40:36.793 It's not as much of a switch As for

NOTE Confidence: 0.8086229

00:40:36.793 --> 00:40:38.859 men right men can be on or off but for

NOTE Confidence: 0.8086229

00:40:38.859 --> 00:40:40.925 women it really can actually do the trick.

NOTE Confidence: 0.8086229

00:40:40.930 --> 00:40:42.820 So I want to you know put that out there.

NOTE Confidence: 0.8086229

00:40:42.820 --> 00:40:44.340 You psychiatrist can prescribe
NOTE Confidence: 0.8086229

00:40:44.340 --> 00:40:47.708 Viagra or ask the PCP to do it if
NOTE Confidence: 0.8086229

00:40:47.708 --> 00:40:49.736 you're not comfortable to help with
NOTE Confidence: 0.8086229

00:40:49.736 --> 00:40:52.018 SSRI induced sexual dysfunction.
NOTE Confidence: 0.8086229

00:40:52.020 --> 00:40:54.144 We also talked about adolescents and
NOTE Confidence: 0.8086229

00:40:54.144 --> 00:40:56.719 sexuality in kids and teens with autism,
NOTE Confidence: 0.8086229

00:40:56.720 --> 00:40:57.254 so again,
NOTE Confidence: 0.8086229

00:40:57.254 --> 00:40:59.123 the sexual health needs of kids on
NOTE Confidence: 0.8086229

00:40:59.123 --> 00:41:01.348 the spectrum should not be discounted.
NOTE Confidence: 0.8086229

00:41:01.350 --> 00:41:01.584 OK,
NOTE Confidence: 0.8086229

00:41:01.584 --> 00:41:03.456 they have the same needs as everyone else.
NOTE Confidence: 0.8086229

00:41:03.460 --> 00:41:05.508 You may need to have an expanded focus
NOTE Confidence: 0.8086229

00:41:05.508 --> 00:41:07.497 on the social ropes of you know,
NOTE Confidence: 0.8086229

00:41:07.500 --> 00:41:11.508 romance, dating, sex, etcetera.
NOTE Confidence: 0.8086229

00:41:11.510 --> 00:41:12.022 You know,
NOTE Confidence: 0.8086229

00:41:12.022 --> 00:41:14.070 an example might be that if you have

NOTE Confidence: 0.8086229

00:41:14.129 --> 00:41:16.019 a son who wants to ask a girl or a

NOTE Confidence: 0.8086229

00:41:16.080 --> 00:41:17.952 boy out and you can tell them you

NOTE Confidence: 0.8086229

00:41:17.952 --> 00:41:19.950 know you may ask the kid out once.

NOTE Confidence: 0.8086229

00:41:19.950 --> 00:41:21.644 If they say they're busy or they

NOTE Confidence: 0.8086229

00:41:21.644 --> 00:41:23.130 say no on another day,

NOTE Confidence: 0.8086229

00:41:23.130 --> 00:41:24.842 you may ask them out one more time

NOTE Confidence: 0.8086229

00:41:24.842 --> 00:41:26.786 and if they say they're busy again,

NOTE Confidence: 0.8086229

00:41:26.790 --> 00:41:28.246 you may not ask them out again.

NOTE Confidence: 0.8086229

00:41:28.250 --> 00:41:30.014 So kind of really going through

NOTE Confidence: 0.8086229

00:41:30.014 --> 00:41:31.730 step-by-step what that would look like.

NOTE Confidence: 0.8086229

00:41:31.730 --> 00:41:33.525 These are really nuanced conversations

NOTE Confidence: 0.8086229

00:41:33.525 --> 00:41:35.899 and it it may not go well.

NOTE Confidence: 0.8086229

00:41:35.900 --> 00:41:37.244 And you also want to do again.

NOTE Confidence: 0.8086229

00:41:37.250 --> 00:41:38.825 I don't like doing the the fear

NOTE Confidence: 0.8086229

00:41:38.825 --> 00:41:40.101 mongering but more education around

NOTE Confidence: 0.8086229

00:41:40.101 --> 00:41:41.751 safety because kids on the spectrum
NOTE Confidence: 0.8086229

00:41:41.751 --> 00:41:43.340 and kids with differences in general
NOTE Confidence: 0.8086229

00:41:43.340 --> 00:41:45.097 are at higher risk of being victimized,
NOTE Confidence: 0.8086229

00:41:45.097 --> 00:41:45.364 coerced.
NOTE Confidence: 0.8086229

00:41:45.364 --> 00:41:47.500 So you want to talk to them in
NOTE Confidence: 0.8086229

00:41:47.560 --> 00:41:49.450 great detail about how there are
NOTE Confidence: 0.8086229

00:41:49.450 --> 00:41:50.710 never secrets from parents.
NOTE Confidence: 0.8086229

00:41:50.710 --> 00:41:52.790 And you know, even if it feels embarrassing,
NOTE Confidence: 0.8086229

00:41:52.790 --> 00:41:54.918 you know to talk to a trusted
NOTE Confidence: 0.8086229

00:41:54.918 --> 00:41:56.679 adult if anything is going on.
NOTE Confidence: 0.783267784

00:41:57.950 --> 00:41:58.760 You also want to make
NOTE Confidence: 0.853002091428571

00:41:58.770 --> 00:42:00.430 sure to cover sexual orientation
NOTE Confidence: 0.853002091428571

00:42:00.430 --> 00:42:02.090 and gender variance because the
NOTE Confidence: 0.853002091428571

00:42:02.143 --> 00:42:03.949 rates of non heterosexuality and of
NOTE Confidence: 0.853002091428571

00:42:03.949 --> 00:42:05.880 gender variance in the neurodiverse.
NOTE Confidence: 0.853002091428571

00:42:05.880 --> 00:42:07.435 Population are higher than in

NOTE Confidence: 0.853002091428571
00:42:07.435 --> 00:42:08.368 the neurotypical population,
NOTE Confidence: 0.853002091428571
00:42:08.370 --> 00:42:10.548 so it's even more relevant to
NOTE Confidence: 0.853002091428571
00:42:10.548 --> 00:42:12.400 this group of kids. All right,
NOTE Confidence: 0.853002091428571
00:42:12.400 --> 00:42:14.458 let's look at one final video.
NOTE Confidence: 0.454394283333333
00:42:26.020 --> 00:42:27.229 Having sex and.
NOTE Confidence: 0.851421708571429
00:42:29.170 --> 00:42:31.319 One second OK, give it a second.
NOTE Confidence: 0.7329514
00:42:34.070 --> 00:42:35.770 It has to brace itself for
NOTE Confidence: 0.7329514
00:42:35.770 --> 00:42:37.500 this conversation. Oh no.
NOTE Confidence: 0.87607687125
00:42:43.950 --> 00:42:46.830 I I could not wait for this appointment.
NOTE Confidence: 0.87607687125
00:42:46.830 --> 00:42:48.391 I know it's been a while, but.
NOTE Confidence: 0.87607687125
00:42:48.391 --> 00:42:50.218 I wanted to get in here to
NOTE Confidence: 0.87607687125
00:42:50.218 --> 00:42:51.860 see you to tell you that
NOTE Confidence: 0.86775304
00:42:52.670 --> 00:42:56.268 Hanna's having sex and she's only 16.
NOTE Confidence: 0.86775304
00:42:56.270 --> 00:42:58.598 OK, well, we can definitely talk about this,
NOTE Confidence: 0.86775304
00:42:58.600 --> 00:43:00.526 so tell me what's going on.
NOTE Confidence: 0.86775304

00:43:00.530 --> 00:43:03.282 We had your sex Ed talk and we

NOTE Confidence: 0.86775304

00:43:03.282 --> 00:43:05.090 went over all the recommendations

NOTE Confidence: 0.86775304

00:43:05.090 --> 00:43:06.828 and we thought that she would.

NOTE Confidence: 0.87338798

00:43:07.510 --> 00:43:09.442 Wait till marriage or wait till even

NOTE Confidence: 0.87338798

00:43:09.442 --> 00:43:10.960 later we thought that she understood

NOTE Confidence: 0.87338798

00:43:10.960 --> 00:43:13.360 everything we talked about. But

NOTE Confidence: 0.932592537777778

00:43:13.490 --> 00:43:15.098 obviously she didn't because

NOTE Confidence: 0.932592537777778

00:43:15.098 --> 00:43:17.108 now she's having sex and.

NOTE Confidence: 0.932592537777778

00:43:17.110 --> 00:43:18.730 I'm just at a loss. I don't.

NOTE Confidence: 0.932592537777778

00:43:18.730 --> 00:43:19.948 I don't know what to do.

NOTE Confidence: 0.932592537777778

00:43:19.950 --> 00:43:22.728 You sound really upset so tell

NOTE Confidence: 0.932592537777778

00:43:22.728 --> 00:43:25.600 me what happened if you would.

NOTE Confidence: 0.932592537777778

00:43:25.600 --> 00:43:27.050 Well, she met this boy through

NOTE Confidence: 0.932592537777778

00:43:27.050 --> 00:43:28.470 her dungeons and Dragons.

NOTE Confidence: 0.932592537777778

00:43:28.470 --> 00:43:31.262 Meet up now we were excited

NOTE Confidence: 0.932592537777778

00:43:31.262 --> 00:43:32.568 that she had some normal

NOTE Confidence: 0.932592537777778

00:43:32.568 --> 00:43:36.260 friends to hang out with and.

NOTE Confidence: 0.932592537777778

00:43:36.260 --> 00:43:36.910 They started

NOTE Confidence: 0.905885621666667

00:43:36.920 --> 00:43:39.026 talking and they're obsessed with the

NOTE Confidence: 0.903372561428571

00:43:39.040 --> 00:43:40.426 game, so that's all they talked

NOTE Confidence: 0.903372561428571

00:43:40.426 --> 00:43:42.108 about. We never thought in

NOTE Confidence: 0.9039233175

00:43:42.120 --> 00:43:43.254 a million years that sex would

NOTE Confidence: 0.9039233175

00:43:43.254 --> 00:43:44.630 be a part of this equation

NOTE Confidence: 0.858380754

00:43:44.980 --> 00:43:48.950 and. Now she's having sex.

NOTE Confidence: 0.858380754

00:43:48.950 --> 00:43:50.852 We were happy that she had

NOTE Confidence: 0.858380754

00:43:50.852 --> 00:43:51.803 a neurotypical friend,

NOTE Confidence: 0.858380754

00:43:51.810 --> 00:43:54.274 but not if this is the cause.

NOTE Confidence: 0.858380754

00:43:54.280 --> 00:43:56.242 Look, are you concerned that she's

NOTE Confidence: 0.858380754

00:43:56.242 --> 00:43:57.955 being pushed to do something

NOTE Confidence: 0.858380754

00:43:57.955 --> 00:43:59.965 that she doesn't want to do?

NOTE Confidence: 0.858380754

00:43:59.970 --> 00:44:02.938 No, no, I mean she acts like she's

NOTE Confidence: 0.858380754

00:44:02.938 --> 00:44:05.739 really proud that she has a boyfriend.

NOTE Confidence: 0.858380754

00:44:05.740 --> 00:44:08.366 OK? I mean we were having brunch

NOTE Confidence: 0.858380754

00:44:08.366 --> 00:44:10.420 with friends and she went on and

NOTE Confidence: 0.901110142727273

00:44:10.430 --> 00:44:11.580 on about having a boyfriend

NOTE Confidence: 0.901110142727273

00:44:11.580 --> 00:44:12.950 and what she's doing with him?

NOTE Confidence: 0.812721605

00:44:13.070 --> 00:44:14.505 Well what was going on

NOTE Confidence: 0.812721605

00:44:14.505 --> 00:44:15.940 that she brought this up?

NOTE Confidence: 0.812721605

00:44:15.940 --> 00:44:18.060 Absolutely nothing, we just asked.

NOTE Confidence: 0.812721605

00:44:18.060 --> 00:44:20.140 Hey, how's your weekend

NOTE Confidence: 0.812721605

00:44:20.140 --> 00:44:22.240 dungeons and Dragons going?

NOTE Confidence: 0.812721605

00:44:22.240 --> 00:44:24.712 And then she went on and on about

NOTE Confidence: 0.812721605

00:44:24.712 --> 00:44:25.990 having this boyfriend and what

NOTE Confidence: 0.812721605

00:44:25.990 --> 00:44:27.115 they're doing with each other.

NOTE Confidence: 0.812721605

00:44:27.120 --> 00:44:29.230 I mean we were floored.

NOTE Confidence: 0.812721605

00:44:29.230 --> 00:44:30.292 It sounds like it was a

NOTE Confidence: 0.812721605

00:44:30.292 --> 00:44:31.339 lot to have sprung on you,

NOTE Confidence: 0.812721605

00:44:31.340 --> 00:44:32.720 especially with your friends there.

NOTE Confidence: 0.812721605

00:44:32.720 --> 00:44:33.030 Oh

NOTE Confidence: 0.846478581428571

00:44:33.040 --> 00:44:34.909 my goodness, a lot is an understatement.

NOTE Confidence: 0.911229931111111

00:44:35.960 --> 00:44:38.156 You know, it sounds like you

NOTE Confidence: 0.911229931111111

00:44:38.156 --> 00:44:39.539 were understandably upset but

NOTE Confidence: 0.911229931111111

00:44:39.539 --> 00:44:41.492 like to throw in that from a

NOTE Confidence: 0.911229931111111

00:44:41.492 --> 00:44:42.700 health professional standpoint,

NOTE Confidence: 0.911229931111111

00:44:42.700 --> 00:44:44.435 there's at least a couple

NOTE Confidence: 0.911229931111111

00:44:44.435 --> 00:44:46.404 positives in there, one at least.

NOTE Confidence: 0.911229931111111

00:44:46.404 --> 00:44:48.252 East Hawking to you and Pew.

NOTE Confidence: 0.911229931111111

00:44:48.260 --> 00:44:49.898 It sounds like it was consensual,

NOTE Confidence: 0.911229931111111

00:44:49.900 --> 00:44:51.234 which we always worry about.

NOTE Confidence: 0.911229931111111

00:44:51.234 --> 00:44:52.878 And with an age appropriate partner,

NOTE Confidence: 0.911229931111111

00:44:52.880 --> 00:44:53.910 and she's having some pleasure.

NOTE Confidence: 0.911229931111111

00:44:53.910 --> 00:44:56.960 But but I totally understand that

NOTE Confidence: 0.911229931111111

00:44:56.960 --> 00:44:58.220 your point is broader than that,
NOTE Confidence: 0.9112299311111111

00:44:58.220 --> 00:44:59.816 and that you're really worried that
NOTE Confidence: 0.9112299311111111

00:44:59.816 --> 00:45:01.379 she's not sticking with your family
NOTE Confidence: 0.9112299311111111

00:45:01.379 --> 00:45:02.954 values so we can talk about this,
NOTE Confidence: 0.9112299311111111

00:45:02.960 --> 00:45:04.896 and I can help you find some ways
NOTE Confidence: 0.9112299311111111

00:45:04.896 --> 00:45:06.699 to address your concerns with her.
NOTE Confidence: 0.9112299311111111

00:45:06.700 --> 00:45:08.068 You know, I get
NOTE Confidence: 0.909708508

00:45:08.080 --> 00:45:10.252 that she's talking to us, and you know,
NOTE Confidence: 0.909708508

00:45:10.252 --> 00:45:12.048 I get that no one's ***** her.
NOTE Confidence: 0.909708508

00:45:12.048 --> 00:45:12.880 She's not being raped,
NOTE Confidence: 0.909708508

00:45:12.880 --> 00:45:14.730 and she may even enjoy it, but
NOTE Confidence: 0.910311865714286

00:45:14.780 --> 00:45:16.999 she's just too young to have sex.
NOTE Confidence: 0.910311865714286

00:45:17.000 --> 00:45:18.818 Well, as her parents you definitely
NOTE Confidence: 0.910311865714286

00:45:18.818 --> 00:45:20.934 have the right to explain that to
NOTE Confidence: 0.910311865714286

00:45:20.934 --> 00:45:22.894 her and the right to provide some
NOTE Confidence: 0.910311865714286

00:45:22.959 --> 00:45:25.227 rules and some boundaries that might

NOTE Confidence: 0.910311865714286
00:45:25.227 --> 00:45:27.042 help decrease her opportunity to
NOTE Confidence: 0.910311865714286
00:45:27.042 --> 00:45:28.854 engage in sexual behaviors such as
NOTE Confidence: 0.910311865714286
00:45:28.854 --> 00:45:30.977 an open door policy in the home.
NOTE Confidence: 0.910311865714286
00:45:30.980 --> 00:45:32.990 But really importantly is talking
NOTE Confidence: 0.910311865714286
00:45:32.990 --> 00:45:35.969 to her and explaining it to her and
NOTE Confidence: 0.910311865714286
00:45:35.969 --> 00:45:38.055 doing it in a very concrete way.
NOTE Confidence: 0.910311865714286
00:45:38.060 --> 00:45:40.430 The way that you addressed sexuality
NOTE Confidence: 0.910311865714286
00:45:40.430 --> 00:45:42.576 and puberty, because again using that
NOTE Confidence: 0.910311865714286
00:45:42.576 --> 00:45:44.610 concrete mechanism can help when she
NOTE Confidence: 0.910311865714286
00:45:44.669 --> 00:45:46.949 doesn't understand some of these nuances.
NOTE Confidence: 0.910311865714286
00:45:46.950 --> 00:45:48.786 But also, you know it's really
NOTE Confidence: 0.910311865714286
00:45:48.786 --> 00:45:50.451 important to have the conversation
NOTE Confidence: 0.910311865714286
00:45:50.451 --> 00:45:53.125 more than once to keep having the
NOTE Confidence: 0.910311865714286
00:45:53.125 --> 00:45:55.270 conversation along the way so that
NOTE Confidence: 0.910311865714286
00:45:55.270 --> 00:45:56.915 she can incorporate this information
NOTE Confidence: 0.910311865714286

00:45:56.915 --> 00:45:58.984 and really use it to help inform
NOTE Confidence: 0.910311865714286

00:45:58.984 --> 00:46:01.469 some of her own value system as she
NOTE Confidence: 0.910311865714286

00:46:01.469 --> 00:46:03.806 grows and becomes more of an adult
NOTE Confidence: 0.910311865714286

00:46:03.806 --> 00:46:06.050 as she goes through adolescence and
NOTE Confidence: 0.910311865714286

00:46:06.050 --> 00:46:08.398 creates her own value system as
NOTE Confidence: 0.910311865714286

00:46:08.398 --> 00:46:10.428 adolescence ultimately need to do.
NOTE Confidence: 0.910311865714286

00:46:10.430 --> 00:46:11.836 That makes sense, yeah,
NOTE Confidence: 0.910311865714286

00:46:11.836 --> 00:46:13.266 this also brings up though.
NOTE Confidence: 0.910311865714286

00:46:13.270 --> 00:46:15.524 The knee to remind Hannah of the
NOTE Confidence: 0.910311865714286

00:46:15.524 --> 00:46:17.220 difference between public information.
NOTE Confidence: 0.910311865714286

00:46:17.220 --> 00:46:19.920 And private information doing so
NOTE Confidence: 0.910311865714286

00:46:19.920 --> 00:46:22.696 can help avoid things like this
NOTE Confidence: 0.910311865714286

00:46:22.696 --> 00:46:24.200 embarrassment that you felt,
NOTE Confidence: 0.910311865714286

00:46:24.200 --> 00:46:26.318 but it also very importantly can
NOTE Confidence: 0.910311865714286

00:46:26.318 --> 00:46:27.730 help keep her safe.
NOTE Confidence: 0.895913561666667

00:46:28.490 --> 00:46:30.314 Yeah, I definitely want don't want

NOTE Confidence: 0.895913561666667
00:46:30.314 --> 00:46:32.290 anything like this to happen again,
NOTE Confidence: 0.895913561666667
00:46:32.290 --> 00:46:34.082 and I don't want her to feel
NOTE Confidence: 0.895913561666667
00:46:34.082 --> 00:46:35.780 ostracized or even worse because of
NOTE Confidence: 0.810745741428571
00:46:35.790 --> 00:46:38.688 it. Yeah, and The thing is though,
NOTE Confidence: 0.810745741428571
00:46:38.690 --> 00:46:40.842 that as much as you talk to her
NOTE Confidence: 0.810745741428571
00:46:40.842 --> 00:46:42.596 even while you're reinforcing the
NOTE Confidence: 0.810745741428571
00:46:42.596 --> 00:46:45.284 family values and wanting her to wait
NOTE Confidence: 0.810745741428571
00:46:45.352 --> 00:46:47.527 and helping support that behavior,
NOTE Confidence: 0.810745741428571
00:46:47.530 --> 00:46:49.707 it's still going to be very important
NOTE Confidence: 0.810745741428571
00:46:49.707 --> 00:46:51.930 to continue to talk to Hannah
NOTE Confidence: 0.810745741428571
00:46:51.930 --> 00:46:53.570 about healthy sexual development,
NOTE Confidence: 0.810745741428571
00:46:53.570 --> 00:46:54.348 because ultimately,
NOTE Confidence: 0.810745741428571
00:46:54.348 --> 00:46:58.268 if she is going to have sex again soon, or.
NOTE Confidence: 0.810745741428571
00:46:58.268 --> 00:47:01.580 Hopefully wait as you would like her to do.
NOTE Confidence: 0.810745741428571
00:47:01.580 --> 00:47:03.995 She will have hopefully a healthy sex
NOTE Confidence: 0.810745741428571

00:47:03.995 --> 00:47:06.757 life and you can help determine that that
NOTE Confidence: 0.810745741428571

00:47:06.757 --> 00:47:09.659 will be a happy and healthy sex life.
NOTE Confidence: 0.810745741428571

00:47:09.660 --> 00:47:11.874 Of like well,
NOTE Confidence: 0.810745741428571

00:47:11.874 --> 00:47:13.360 you know you mentioned you went over
NOTE Confidence: 0.810745741428571

00:47:13.360 --> 00:47:15.400 the resources on puberty and sexuality
NOTE Confidence: 0.810745741428571

00:47:15.400 --> 00:47:18.400 with her and would help to do so again.
NOTE Confidence: 0.810745741428571

00:47:18.400 --> 00:47:20.102 Is there anything else I should be adding?
NOTE Confidence: 0.810745741428571

00:47:20.102 --> 00:47:21.710 Absolutely I really recommend
NOTE Confidence: 0.810745741428571

00:47:21.710 --> 00:47:22.916 that with Hannah.
NOTE Confidence: 0.810745741428571

00:47:22.920 --> 00:47:24.516 You cover some of the social topics
NOTE Confidence: 0.810745741428571

00:47:24.516 --> 00:47:27.008 such as dating and rejection and the
NOTE Confidence: 0.810745741428571

00:47:27.008 --> 00:47:28.462 rituals around social interaction
NOTE Confidence: 0.810745741428571

00:47:28.462 --> 00:47:31.166 with him and with having some of the
NOTE Confidence: 0.810745741428571

00:47:31.227 --> 00:47:33.069 trouble picking up on the nuances
NOTE Confidence: 0.810745741428571

00:47:33.069 --> 00:47:35.236 it can be really helpful to support
NOTE Confidence: 0.810745741428571

00:47:35.236 --> 00:47:37.865 her in this so you know when you

NOTE Confidence: 0.810745741428571
00:47:37.865 --> 00:47:40.097 help then she could have potential
NOTE Confidence: 0.810745741428571
00:47:40.097 --> 00:47:41.750 to navigate those waters.
NOTE Confidence: 0.810745741428571
00:47:41.750 --> 00:47:43.423 You also want to make sure that
NOTE Confidence: 0.810745741428571
00:47:43.423 --> 00:47:44.683 you're covering the positives for
NOTE Confidence: 0.810745741428571
00:47:44.683 --> 00:47:46.171 right to pleasure and her right
NOTE Confidence: 0.810745741428571
00:47:46.171 --> 00:47:47.786 to feel cherished and an intimate
NOTE Confidence: 0.810745741428571
00:47:47.786 --> 00:47:49.694 relationship as well as some of the
NOTE Confidence: 0.810745741428571
00:47:49.694 --> 00:47:51.518 negatives you want to make sure
NOTE Confidence: 0.810745741428571
00:47:51.518 --> 00:47:53.089 she understands what consent is,
NOTE Confidence: 0.810745741428571
00:47:53.090 --> 00:47:54.666 what it looks like to be a victim,
NOTE Confidence: 0.810745741428571
00:47:54.670 --> 00:47:56.130 and where she could go,
NOTE Confidence: 0.810745741428571
00:47:56.130 --> 00:47:58.216 or whom she could talk to if
NOTE Confidence: 0.810745741428571
00:47:58.216 --> 00:47:59.110 she feels unsafe.
NOTE Confidence: 0.810745741428571
00:47:59.110 --> 00:47:59.966 And then as well,
NOTE Confidence: 0.810745741428571
00:47:59.966 --> 00:48:01.250 you want to talk to her
NOTE Confidence: 0.810745741428571

00:48:01.304 --> 00:48:02.608 about safer sex measures.
NOTE Confidence: 0.810745741428571

00:48:02.610 --> 00:48:05.702 This is what we call measures such as
NOTE Confidence: 0.810745741428571

00:48:05.702 --> 00:48:07.646 contraceptive and barrier methods,
NOTE Confidence: 0.810745741428571

00:48:07.650 --> 00:48:10.188 because no sex is absolutely safe.
NOTE Confidence: 0.810745741428571

00:48:10.190 --> 00:48:12.038 But with these safer X measures,
NOTE Confidence: 0.810745741428571

00:48:12.040 --> 00:48:14.194 she could reduce her risk for
NOTE Confidence: 0.810745741428571

00:48:14.194 --> 00:48:15.630 unwanted pregnancy and for
NOTE Confidence: 0.810745741428571

00:48:15.703 --> 00:48:17.758 sexually transmitted infections.
NOTE Confidence: 0.810745741428571

00:48:17.760 --> 00:48:19.384 So these are the topics that we
NOTE Confidence: 0.810745741428571

00:48:19.384 --> 00:48:21.123 suggest that you touch base on and I'm
NOTE Confidence: 0.810745741428571

00:48:21.123 --> 00:48:22.999 happy to go over it with you and to
NOTE Confidence: 0.810745741428571

00:48:22.999 --> 00:48:25.010 provide you with a bunch of resources.
NOTE Confidence: 0.810745741428571

00:48:25.010 --> 00:48:26.518 I'd love the resources.
NOTE Confidence: 0.810745741428571

00:48:26.520 --> 00:48:27.150 This is so
NOTE Confidence: 0.75257955375

00:48:27.160 --> 00:48:28.174 much information it's
NOTE Confidence: 0.75257955375

00:48:28.174 --> 00:48:29.864 making my head spin well,

NOTE Confidence: 0.862627065

00:48:29.880 --> 00:48:30.908 it can definitely feel

NOTE Confidence: 0.870422655833333

00:48:30.920 --> 00:48:32.948 like a challenging topic and a

NOTE Confidence: 0.870422655833333

00:48:32.948 --> 00:48:34.979 lot of parents feel this way,

NOTE Confidence: 0.870422655833333

00:48:34.980 --> 00:48:36.450 but potentially a helpful reframe

NOTE Confidence: 0.870422655833333

00:48:36.450 --> 00:48:38.474 is that this when you break it

NOTE Confidence: 0.870422655833333

00:48:38.474 --> 00:48:39.950 down is no more difficult than

NOTE Confidence: 0.870422655833333

00:48:39.950 --> 00:48:41.950 all of the other really difficult.

NOTE Confidence: 0.870422655833333

00:48:41.950 --> 00:48:44.140 Topics that you're already handling

NOTE Confidence: 0.870422655833333

00:48:44.140 --> 00:48:45.892 really successfully with Hannah.

NOTE Confidence: 0.870422655833333

00:48:45.900 --> 00:48:46.659 OK, well thank

NOTE Confidence: 0.7701834

00:48:46.670 --> 00:48:47.978 you of course.

NOTE Confidence: 0.9752976

00:48:52.480 --> 00:48:55.926 OK. So one resource that I

NOTE Confidence: 0.9752976

00:48:55.926 --> 00:48:57.870 want you to know about aside

NOTE Confidence: 0.922899389375

00:48:57.942 --> 00:49:00.736 from these videos that we made is a

NOTE Confidence: 0.922899389375

00:49:00.736 --> 00:49:03.417 resource called sex Ed for self advocates

NOTE Confidence: 0.922899389375

00:49:03.417 --> 00:49:06.227 by an autism organization online.
NOTE Confidence: 0.922899389375

00:49:06.230 --> 00:49:08.680 They have videos on everything
NOTE Confidence: 0.922899389375

00:49:08.680 --> 00:49:10.516 relevant to dating, intimacy,
NOTE Confidence: 0.922899389375

00:49:10.516 --> 00:49:12.712 etcetera made by people on the
NOTE Confidence: 0.922899389375

00:49:12.712 --> 00:49:14.848 spectrum for people on the spectrum.
NOTE Confidence: 0.922899389375

00:49:14.850 --> 00:49:15.990 It's wonderful and I want
NOTE Confidence: 0.922899389375

00:49:15.990 --> 00:49:17.130 to leave time for questions,
NOTE Confidence: 0.922899389375

00:49:17.130 --> 00:49:18.890 so I'm not going to show one of those videos,
NOTE Confidence: 0.922899389375

00:49:18.890 --> 00:49:21.662 but sex Ed for self advocates is the name,
NOTE Confidence: 0.922899389375

00:49:21.670 --> 00:49:23.278 and that's for older adolescents and
NOTE Confidence: 0.922899389375

00:49:23.278 --> 00:49:24.860 their parents to take a look at.
NOTE Confidence: 0.922899389375

00:49:24.860 --> 00:49:26.240 And they have wonderful videos.
NOTE Confidence: 0.922899389375

00:49:26.240 --> 00:49:30.380 So with this product product project,
NOTE Confidence: 0.922899389375

00:49:30.380 --> 00:49:31.576 we created a paper.
NOTE Confidence: 0.922899389375

00:49:31.576 --> 00:49:34.910 We did a study and we found that two weeks
NOTE Confidence: 0.922899389375

00:49:34.910 --> 00:49:37.582 after the session in the 125 learners,

NOTE Confidence: 0.922899389375

00:49:37.582 --> 00:49:39.266 there were statistically significant

NOTE Confidence: 0.922899389375

00:49:39.266 --> 00:49:41.355 improvements in skills and knowledge

NOTE Confidence: 0.922899389375

00:49:41.355 --> 00:49:43.075 as well as positive attitudes

NOTE Confidence: 0.922899389375

00:49:43.075 --> 00:49:45.155 towards talking to kids and families

NOTE Confidence: 0.922899389375

00:49:45.155 --> 00:49:46.755 about sex and sexual health.

NOTE Confidence: 0.922899389375

00:49:46.760 --> 00:49:49.070 We also found that using the multi

NOTE Confidence: 0.922899389375

00:49:49.070 --> 00:49:50.957 site synchronous videos for teaching

NOTE Confidence: 0.922899389375

00:49:50.957 --> 00:49:53.037 increased knowledge across programs and

NOTE Confidence: 0.922899389375

00:49:53.037 --> 00:49:55.199 across providers and also increased.

NOTE Confidence: 0.922899389375

00:49:55.200 --> 00:49:55.423 Equity,

NOTE Confidence: 0.922899389375

00:49:55.423 --> 00:49:57.207 it's it's not fair or not right that

NOTE Confidence: 0.922899389375

00:49:57.207 --> 00:49:59.078 if there's a couple of experts in one

NOTE Confidence: 0.922899389375

00:49:59.078 --> 00:50:00.912 spot that you know 10 providers know

NOTE Confidence: 0.922899389375

00:50:00.912 --> 00:50:02.562 something that the rest don't know,

NOTE Confidence: 0.922899389375

00:50:02.570 --> 00:50:05.150 so doing these sort of synchronous

NOTE Confidence: 0.922899389375

00:50:05.150 --> 00:50:07.122 video conferencing events can be a
NOTE Confidence: 0.922899389375

00:50:07.122 --> 00:50:09.121 good way to disseminate the more niche
NOTE Confidence: 0.922899389375

00:50:09.121 --> 00:50:12.530 areas of knowledge to a lot of people.
NOTE Confidence: 0.922899389375

00:50:12.530 --> 00:50:14.150 Again, don't reinvent the wheel.
NOTE Confidence: 0.922899389375

00:50:14.150 --> 00:50:16.047 There's lots of resources for these topics,
NOTE Confidence: 0.922899389375

00:50:16.050 --> 00:50:16.830 so don't be scared.
NOTE Confidence: 0.922899389375

00:50:16.830 --> 00:50:17.805 You can look them up.
NOTE Confidence: 0.922899389375

00:50:17.810 --> 00:50:20.314 You can ask me this didactic is available,
NOTE Confidence: 0.922899389375

00:50:20.320 --> 00:50:21.676 including all the resources in it.
NOTE Confidence: 0.922899389375

00:50:21.680 --> 00:50:24.149 It's available publicly.
NOTE Confidence: 0.922899389375

00:50:24.150 --> 00:50:26.254 And you can use it and thank you.
NOTE Confidence: 0.922899389375

00:50:26.260 --> 00:50:27.572 This is my family,
NOTE Confidence: 0.922899389375

00:50:27.572 --> 00:50:28.228 my husband,
NOTE Confidence: 0.922899389375

00:50:28.230 --> 00:50:28.636 my son,
NOTE Confidence: 0.922899389375

00:50:28.636 --> 00:50:30.057 my daughter and thanks to Andres and
NOTE Confidence: 0.5604966075

00:50:30.070 --> 00:50:31.850 Dorothy and Elizabeth Jordan thanks.

NOTE Confidence: 0.851271965

00:50:39.600 --> 00:50:40.830 No sex was involved in the

NOTE Confidence: 0.851271965

00:50:40.830 --> 00:50:41.650 making of those children.

NOTE Confidence: 0.823536715

00:50:44.540 --> 00:50:45.340 Thank you.

NOTE Confidence: 0.715604065714286

00:50:47.450 --> 00:50:50.957 Thank you Linda questions please and Kyle,

NOTE Confidence: 0.911282701818182

00:50:50.970 --> 00:50:51.940 would you mind just changing

NOTE Confidence: 0.911282701818182

00:50:51.940 --> 00:50:55.160 the view so that we can see?

NOTE Confidence: 0.7658006925

00:50:55.160 --> 00:50:57.239 Yes, I see Doctor Cardones hand raised

NOTE Confidence: 0.7658006925

00:50:57.239 --> 00:50:59.110 there. So Doctor Cardone go ahead.

NOTE Confidence: 0.8449620475

00:51:01.000 --> 00:51:03.696 Sure, are there opportunities for your

NOTE Confidence: 0.8449620475

00:51:03.696 --> 00:51:06.230 participants to have booster sessions

NOTE Confidence: 0.8449620475

00:51:06.230 --> 00:51:07.950 so that they can keep learning?

NOTE Confidence: 0.8449620475

00:51:07.950 --> 00:51:11.470 I I did a qualitative study on when he won,

NOTE Confidence: 0.8449620475

00:51:11.470 --> 00:51:14.171 introducing CBT to all our glorious

NOTE Confidence: 0.8449620475

00:51:14.171 --> 00:51:16.558 staff and I learned quickly that one

NOTE Confidence: 0.8449620475

00:51:16.558 --> 00:51:19.367 time is not enough in terms of didactic,

NOTE Confidence: 0.8449620475

00:51:19.370 --> 00:51:20.698 particularly in sensitive new
NOTE Confidence: 0.8449620475

00:51:20.698 --> 00:51:21.694 areas of learning.
NOTE Confidence: 0.8449620475

00:51:21.700 --> 00:51:23.868 And so I'm wondering if if you have
NOTE Confidence: 0.8449620475

00:51:23.868 --> 00:51:25.583 thought about the one year booster
NOTE Confidence: 0.8449620475

00:51:25.583 --> 00:51:27.245 session or write to me Doctor
NOTE Confidence: 0.8449620475

00:51:27.305 --> 00:51:28.969 Drozdowicz about your dilemma,
NOTE Confidence: 0.8449620475

00:51:28.970 --> 00:51:30.374 because I think adult learners
NOTE Confidence: 0.8449620475

00:51:30.374 --> 00:51:31.946 need that opportunity.
NOTE Confidence: 0.8449620475

00:51:31.946 --> 00:51:35.260 For continuous reflection on new content.
NOTE Confidence: 0.7813927575

00:51:36.250 --> 00:51:38.970 Absolutely. And can I answer into this thing?
NOTE Confidence: 0.7813927575

00:51:38.970 --> 00:51:41.112 OK, all right? I have not thought
NOTE Confidence: 0.7813927575

00:51:41.112 --> 00:51:42.709 about that until right now,
NOTE Confidence: 0.7813927575

00:51:42.710 --> 00:51:44.194 so I think that's a good idea.
NOTE Confidence: 0.7813927575

00:51:44.200 --> 00:51:45.790 And people can certainly contact me,
NOTE Confidence: 0.7813927575

00:51:45.790 --> 00:51:47.057 but I think the idea of a
NOTE Confidence: 0.7813927575

00:51:47.057 --> 00:51:47.850 booster session is good,

NOTE Confidence: 0.7813927575

00:51:47.850 --> 00:51:50.622 or maybe even sending out the videos again at

NOTE Confidence: 0.7813927575

00:51:50.622 --> 00:51:53.027 certain intervals as a reminder to refresh.

NOTE Confidence: 0.7813927575

00:51:53.030 --> 00:51:54.968 But yeah, it is specialized material,

NOTE Confidence: 0.7813927575

00:51:54.970 --> 00:51:56.278 so that's that's a good thought,

NOTE Confidence: 0.7813927575

00:51:56.280 --> 00:51:57.045 and we shouldn't.

NOTE Confidence: 0.7813927575

00:51:57.045 --> 00:51:58.320 We should think of it.

NOTE Confidence: 0.7813927575

00:51:59.250 --> 00:51:59.900 Next question

NOTE Confidence: 0.707635036666667

00:52:00.670 --> 00:52:02.740 question again comes from Sarah Kowalski,

NOTE Confidence: 0.707635036666667

00:52:02.740 --> 00:52:05.010 who is her wonderful nurse and when he won.

NOTE Confidence: 0.755448154285714

00:52:06.480 --> 00:52:09.889 Hi Doctor Dee, thanks for being here.

NOTE Confidence: 0.755448154285714

00:52:09.890 --> 00:52:12.180 Would love to bring this to our staff.

NOTE Confidence: 0.755448154285714

00:52:12.180 --> 00:52:13.330 I'm sure Carol can shake

NOTE Confidence: 0.755448154285714

00:52:13.330 --> 00:52:14.370 her head too. This would

NOTE Confidence: 0.95452093

00:52:14.380 --> 00:52:15.348 be a great little

NOTE Confidence: 0.8473521515

00:52:16.610 --> 00:52:18.464 session for our staff to see

NOTE Confidence: 0.8473521515

00:52:18.464 --> 00:52:20.765 you and here we often do get
NOTE Confidence: 0.8473521515

00:52:20.765 --> 00:52:23.075 children on the unit that we hear,
NOTE Confidence: 0.8473521515

00:52:23.080 --> 00:52:25.798 you know have come in with acting out
NOTE Confidence: 0.8473521515

00:52:25.798 --> 00:52:27.712 sexually and there's kind of that
NOTE Confidence: 0.8473521515

00:52:27.712 --> 00:52:29.917 like let's put them in a single room.
NOTE Confidence: 0.8473521515

00:52:29.920 --> 00:52:31.090 Let's put them at a single
NOTE Confidence: 0.8473521515

00:52:31.090 --> 00:52:31.896 table and they can't.
NOTE Confidence: 0.8473521515

00:52:31.896 --> 00:52:34.283 So this would be a really great session
NOTE Confidence: 0.8473521515

00:52:34.283 --> 00:52:36.867 for us to have to just feel more
NOTE Confidence: 0.8473521515

00:52:36.867 --> 00:52:39.259 normal about understanding children.
NOTE Confidence: 0.8473521515

00:52:39.260 --> 00:52:40.196 My question.
NOTE Confidence: 0.8473521515

00:52:40.196 --> 00:52:43.132 Now it is for women when you
NOTE Confidence: 0.8473521515

00:52:43.132 --> 00:52:44.664 prescribed Viagra to women
NOTE Confidence: 0.8473521515

00:52:44.664 --> 00:52:47.089 is it covered by insurance?
NOTE Confidence: 0.802543807052632

00:52:47.480 --> 00:52:48.227 So great question.
NOTE Confidence: 0.802543807052632

00:52:48.227 --> 00:52:50.314 I didn't hear that it wasn't and for

NOTE Confidence: 0.802543807052632

00:52:50.314 --> 00:52:52.042 any medication if there's an issue

NOTE Confidence: 0.802543807052632

00:52:52.042 --> 00:52:53.796 with coverage, I always recommend

NOTE Confidence: 0.802543807052632

00:52:53.796 --> 00:52:55.756 referring people to Good RX,

NOTE Confidence: 0.802543807052632

00:52:55.760 --> 00:52:57.811 which which often you can buy things

NOTE Confidence: 0.802543807052632

00:52:57.811 --> 00:52:59.295 without insurance over the counter

NOTE Confidence: 0.802543807052632

00:52:59.295 --> 00:53:01.519 somewhere with a coupon for almost no money.

NOTE Confidence: 0.802543807052632

00:53:01.520 --> 00:53:03.396 So I didn't hear of any issues

NOTE Confidence: 0.802543807052632

00:53:03.396 --> 00:53:05.193 with the coverage and if there was

NOTE Confidence: 0.802543807052632

00:53:05.193 --> 00:53:06.946 an issue I might call the company

NOTE Confidence: 0.802543807052632

00:53:06.946 --> 00:53:08.948 and show them that paper and say.

NOTE Confidence: 0.802543807052632

00:53:08.950 --> 00:53:10.130 This is needed, you know.

NOTE Confidence: 0.896299529333334

00:53:12.740 --> 00:53:14.630 Well, someone in addition to your mom

NOTE Confidence: 0.896299529333334

00:53:14.630 --> 00:53:16.423 who's very proud of you and I know

NOTE Confidence: 0.896299529333334

00:53:16.423 --> 00:53:18.153 your mom and I know she's very proud

NOTE Confidence: 0.896299529333334

00:53:18.153 --> 00:53:19.903 of you even though she has Linda.

NOTE Confidence: 0.896299529333334

00:53:19.910 --> 00:53:22.118 What are you thinking about today?
NOTE Confidence: 0.896299529333334

00:53:22.120 --> 00:53:24.610 Is your training director Dorothy.
NOTE Confidence: 0.825386425

00:53:26.240 --> 00:53:30.543 So I. I think of myself as you're sort
NOTE Confidence: 0.825386425

00:53:30.543 --> 00:53:35.180 of other mom and you make us all proud,
NOTE Confidence: 0.88717253

00:53:36.290 --> 00:53:38.900 but this is really a terrific project.
NOTE Confidence: 0.88717253

00:53:38.900 --> 00:53:41.036 I'm so glad you did it and I
NOTE Confidence: 0.88717253

00:53:41.040 --> 00:53:43.100 am now starting to think of
NOTE Confidence: 0.6692076975

00:53:43.930 --> 00:53:47.418 next. What next? Because
NOTE Confidence: 0.921098706

00:53:47.670 --> 00:53:51.280 I think as we said, seeing it once,
NOTE Confidence: 0.944753543333333

00:53:51.290 --> 00:53:53.880 you actually have to practice and
NOTE Confidence: 0.8926177525

00:53:54.930 --> 00:53:56.910 like any exposure therapy.
NOTE Confidence: 0.8926177525

00:53:56.910 --> 00:54:01.002 So this has been just.
NOTE Confidence: 0.8926177525

00:54:01.002 --> 00:54:02.900 Absolutely terrific. And I
NOTE Confidence: 0.957991858

00:54:02.910 --> 00:54:04.356 think I look forward to all
NOTE Confidence: 0.957991858

00:54:04.356 --> 00:54:06.710 of us being able to, you know,
NOTE Confidence: 0.957991858

00:54:06.710 --> 00:54:09.000 talk more openly about this issue.

NOTE Confidence: 0.957991858

00:54:09.000 --> 00:54:14.179 One question I have talking about kids,

NOTE Confidence: 0.957991858

00:54:14.180 --> 00:54:18.128 sexuality, religion, any of those things

NOTE Confidence: 0.957991858

00:54:18.130 --> 00:54:21.336 have gotten to be sort of political.

NOTE Confidence: 0.957991858

00:54:21.340 --> 00:54:23.940 How do you have thoughts about how to

NOTE Confidence: 0.957991858

00:54:23.940 --> 00:54:27.660 sort of navigate some of those issues?

NOTE Confidence: 0.957991858

00:54:27.660 --> 00:54:28.876 Because we were doctors,

NOTE Confidence: 0.957991858

00:54:28.876 --> 00:54:31.575 we want to make sure that you know

NOTE Confidence: 0.957991858

00:54:31.575 --> 00:54:35.130 we're giving information, but.

NOTE Confidence: 0.957991858

00:54:35.130 --> 00:54:36.759 It's gotten really

NOTE Confidence: 0.890869028333333

00:54:36.830 --> 00:54:38.486 sort of difficult at this point.

NOTE Confidence: 0.890869028333333

00:54:38.490 --> 00:54:40.268 Do you have thoughts about that?

NOTE Confidence: 0.890869028333333

00:54:40.270 --> 00:54:43.094 I do, it's gotten difficult.

NOTE Confidence: 0.890869028333333

00:54:43.094 --> 00:54:45.046 You know, I always recommend addressing

NOTE Confidence: 0.890869028333333

00:54:45.046 --> 00:54:47.294 these issues in the same way that

NOTE Confidence: 0.890869028333333

00:54:47.294 --> 00:54:48.829 we do other sensitive topics,

NOTE Confidence: 0.890869028333333

00:54:48.830 --> 00:54:51.035 which is especially the younger the child
NOTE Confidence: 0.8908690283333333

00:54:51.035 --> 00:54:53.706 is in front of the parent to the parent.
NOTE Confidence: 0.8908690283333333

00:54:53.710 --> 00:54:55.080 So instead of turning to
NOTE Confidence: 0.8908690283333333

00:54:55.080 --> 00:54:56.450 Johnny or Susie and saying,
NOTE Confidence: 0.8908690283333333

00:54:56.450 --> 00:54:58.004 you know how's your sex life going,
NOTE Confidence: 0.8908690283333333

00:54:58.010 --> 00:54:59.756 you can turn to the parent and say, you know,
NOTE Confidence: 0.8908690283333333

00:54:59.756 --> 00:55:01.940 we always talk about puberty at this age,
NOTE Confidence: 0.8908690283333333

00:55:01.940 --> 00:55:03.228 and the things that are coming up,
NOTE Confidence: 0.8908690283333333

00:55:03.230 --> 00:55:04.146 are you aware of?
NOTE Confidence: 0.8908690283333333

00:55:04.146 --> 00:55:05.730 Two sources let me tell you so.
NOTE Confidence: 0.8908690283333333

00:55:05.730 --> 00:55:07.440 If the parent says you know
NOTE Confidence: 0.8908690283333333

00:55:07.440 --> 00:55:08.440 we don't talk about that.
NOTE Confidence: 0.8908690283333333

00:55:08.440 --> 00:55:09.908 Whatever you can say, well, you know we
NOTE Confidence: 0.8908690283333333

00:55:09.908 --> 00:55:11.460 can talk about the health parts of it.
NOTE Confidence: 0.8908690283333333

00:55:11.460 --> 00:55:12.279 How about that?
NOTE Confidence: 0.8908690283333333

00:55:12.279 --> 00:55:13.917 You know I'm not promoting dating?

NOTE Confidence: 0.890869028333333
00:55:13.920 --> 00:55:14.940 If that's not, you know,
NOTE Confidence: 0.890869028333333
00:55:14.940 --> 00:55:16.480 something that you're OK with,
NOTE Confidence: 0.890869028333333
00:55:16.480 --> 00:55:18.209 but we should still talk about the
NOTE Confidence: 0.890869028333333
00:55:18.209 --> 00:55:19.720 physical changes and how to you know,
NOTE Confidence: 0.890869028333333
00:55:19.720 --> 00:55:21.466 respond to other people and safety.
NOTE Confidence: 0.890869028333333
00:55:21.470 --> 00:55:22.412 And, you know,
NOTE Confidence: 0.890869028333333
00:55:22.412 --> 00:55:23.982 usually most parents are trying
NOTE Confidence: 0.890869028333333
00:55:23.982 --> 00:55:25.658 to care about their kids.
NOTE Confidence: 0.890869028333333
00:55:25.660 --> 00:55:26.956 And if you can kind of appeal to them,
NOTE Confidence: 0.890869028333333
00:55:26.960 --> 00:55:28.600 even from a safety perspective,
NOTE Confidence: 0.890869028333333
00:55:28.600 --> 00:55:30.416 to say we have to talk about this.
NOTE Confidence: 0.890869028333333
00:55:30.420 --> 00:55:32.520 I think **** is the most universal
NOTE Confidence: 0.890869028333333
00:55:32.520 --> 00:55:34.160 like head exploder for parents.
NOTE Confidence: 0.890869028333333
00:55:34.160 --> 00:55:35.028 No matter how progressive,
NOTE Confidence: 0.890869028333333
00:55:35.028 --> 00:55:37.128 no one wants to talk about **** but every
NOTE Confidence: 0.890869028333333

00:55:37.128 --> 00:55:40.090 kid almost has seen it by the time it took.

NOTE Confidence: 0.890869028333333

00:55:40.090 --> 00:55:41.626 And so I say like you,

NOTE Confidence: 0.890869028333333

00:55:41.630 --> 00:55:42.020 I know,

NOTE Confidence: 0.890869028333333

00:55:42.020 --> 00:55:42.800 I know, I know.

NOTE Confidence: 0.890869028333333

00:55:42.800 --> 00:55:44.616 But the same way that we talk about

NOTE Confidence: 0.890869028333333

00:55:44.616 --> 00:55:45.878 drinking and drugs and everything

NOTE Confidence: 0.890869028333333

00:55:45.878 --> 00:55:47.635 else we need to talk about this,

NOTE Confidence: 0.890869028333333

00:55:47.640 --> 00:55:49.230 because throwing your head in the

NOTE Confidence: 0.890869028333333

00:55:49.230 --> 00:55:51.161 sand is not going to help and it

NOTE Confidence: 0.890869028333333

00:55:51.161 --> 00:55:52.916 would be a shame if **** was your

NOTE Confidence: 0.890869028333333

00:55:52.916 --> 00:55:54.792 child sex education and that that is,

NOTE Confidence: 0.890869028333333

00:55:54.800 --> 00:55:55.370 I think,

NOTE Confidence: 0.890869028333333

00:55:55.370 --> 00:55:57.365 a nice tactic with parents to say

NOTE Confidence: 0.890869028333333

00:55:57.365 --> 00:55:58.895 that's what's going to happen

NOTE Confidence: 0.890869028333333

00:55:58.895 --> 00:56:00.671 if we don't talk about this.

NOTE Confidence: 0.890869028333333

00:56:00.680 --> 00:56:01.740 But you have to navigate.

NOTE Confidence: 0.890869028333333

00:56:01.740 --> 00:56:03.020 And if they say no then you can

NOTE Confidence: 0.890869028333333

00:56:03.020 --> 00:56:04.016 back away slowly, you know.

NOTE Confidence: 0.890869028333333

00:56:04.016 --> 00:56:04.550 You can only

NOTE Confidence: 0.951483682

00:56:04.560 --> 00:56:05.370 do what you can do

NOTE Confidence: 0.682648384

00:56:05.730 --> 00:56:07.290 that that's wonderful. Thank you.

NOTE Confidence: 0.682648384

00:56:07.290 --> 00:56:09.187 The next question comes from France and

NOTE Confidence: 0.682648384

00:56:09.187 --> 00:56:11.238 Brazil, where I hear there is no sex.

NOTE Confidence: 0.70851102

00:56:13.630 --> 00:56:15.799 Thank you, Andres.

NOTE Confidence: 0.70851102

00:56:15.800 --> 00:56:17.660 I so you mentioned that you

NOTE Confidence: 0.70851102

00:56:17.660 --> 00:56:19.592 have a several documents and and

NOTE Confidence: 0.70851102

00:56:19.592 --> 00:56:21.420 video together on our website.

NOTE Confidence: 0.70851102

00:56:21.420 --> 00:56:24.442 So I wonder would it be possible?

NOTE Confidence: 0.70851102

00:56:24.442 --> 00:56:26.652 Have you thought about like having a

NOTE Confidence: 0.70851102

00:56:26.652 --> 00:56:28.260 this kind of website accessible on

NOTE Confidence: 0.70851102

00:56:28.260 --> 00:56:30.529 the kind of high level platform where

NOTE Confidence: 0.70851102

00:56:30.530 --> 00:56:33.018 pediatricians can access it primary
NOTE Confidence: 0.930149378181818

00:56:33.030 --> 00:56:34.704 care providers? Because I feel that
NOTE Confidence: 0.930149378181818

00:56:34.704 --> 00:56:37.322 there are a lot of different content
NOTE Confidence: 0.930149378181818

00:56:37.322 --> 00:56:42.100 different videos like autism for.
NOTE Confidence: 0.839487585

00:56:42.100 --> 00:56:43.288 Sexual health in general,
NOTE Confidence: 0.919163675

00:56:43.300 --> 00:56:44.828 but there is nothing
NOTE Confidence: 0.869665552

00:56:45.360 --> 00:56:47.496 together where where a nurse could
NOTE Confidence: 0.869665552

00:56:47.496 --> 00:56:50.280 log on and and look what what what
NOTE Confidence: 0.869665552

00:56:50.280 --> 00:56:51.708 you wants to to see you know,
NOTE Confidence: 0.7511433148

00:56:51.720 --> 00:56:54.130 right? That's a good idea.
NOTE Confidence: 0.7511433148

00:56:54.130 --> 00:56:54.890 I feel like this.
NOTE Confidence: 0.7511433148

00:56:54.890 --> 00:56:56.590 They probably are a little bit hard to find.
NOTE Confidence: 0.7511433148

00:56:56.590 --> 00:56:58.438 It almost makes me think of access mental
NOTE Confidence: 0.7511433148

00:56:58.438 --> 00:57:00.488 health as potentially a good starting point.
NOTE Confidence: 0.7511433148

00:57:00.490 --> 00:57:01.764 I don't know if they have resources,
NOTE Confidence: 0.7511433148

00:57:01.770 --> 00:57:03.777 but I think that's a great idea to more

NOTE Confidence: 0.7511433148

00:57:03.777 --> 00:57:05.508 widely disseminate this sort of info,

NOTE Confidence: 0.7511433148

00:57:05.510 --> 00:57:07.566 and I would love if there were repositories

NOTE Confidence: 0.7511433148

00:57:07.566 --> 00:57:08.909 for teaching videos like this.

NOTE Confidence: 0.7511433148

00:57:08.910 --> 00:57:10.950 Just in general that medical school,

NOTE Confidence: 0.7511433148

00:57:10.950 --> 00:57:12.930 school, medical schools,

NOTE Confidence: 0.7511433148

00:57:12.930 --> 00:57:14.822 medical schools and residencies,

NOTE Confidence: 0.7511433148

00:57:14.822 --> 00:57:17.790 and other training programs I know

NOTE Confidence: 0.7511433148

00:57:17.790 --> 00:57:19.928 could easily access to teach, right?

NOTE Confidence: 0.7511433148

00:57:19.928 --> 00:57:21.992 Because not everybody has a bunch of people

NOTE Confidence: 0.7511433148

00:57:21.992 --> 00:57:23.927 you know who can talk on these topics.

NOTE Confidence: 0.7511433148

00:57:23.930 --> 00:57:24.587 And it's no.

NOTE Confidence: 0.7511433148

00:57:24.587 --> 00:57:26.120 It's not good to reinvent the wheel,

NOTE Confidence: 0.7511433148

00:57:26.120 --> 00:57:27.443 because it probably won't be as good

NOTE Confidence: 0.7511433148

00:57:27.443 --> 00:57:28.700 as as something thoughtfully done.

NOTE Confidence: 0.7511433148

00:57:28.700 --> 00:57:30.548 So I would love if there was a

NOTE Confidence: 0.7511433148

00:57:30.548 --> 00:57:32.477 better you know hub for these
NOTE Confidence: 0.7511433148

00:57:32.477 --> 00:57:33.885 sorts of specialized materials.
NOTE Confidence: 0.788900706111111

00:57:35.440 --> 00:57:37.757 I see Adam and Bridget and Rob
NOTE Confidence: 0.788900706111111

00:57:37.757 --> 00:57:40.010 Lebrillo and I wasn't sure if
NOTE Confidence: 0.788900706111111

00:57:40.010 --> 00:57:41.985 Adam raising his bottle was.
NOTE Confidence: 0.788900706111111

00:57:41.990 --> 00:57:43.910 I want to speak or Bridget or Rob,
NOTE Confidence: 0.788900706111111

00:57:43.910 --> 00:57:47.969 but is that a yes Adam or Rob?
NOTE Confidence: 0.788900706111111

00:57:47.969 --> 00:57:50.830 Any questions from there.
NOTE Confidence: 0.788900706111111

00:57:50.830 --> 00:57:52.615 This is when we engage our zoom
NOTE Confidence: 0.788900706111111

00:57:52.615 --> 00:57:53.743 friends hello zoom friends
NOTE Confidence: 0.788900706111111

00:57:53.743 --> 00:57:56.140 rob Librillo go ahead. Sure
NOTE Confidence: 0.908247584285714

00:57:56.550 --> 00:57:58.425 Linda. Thank you for this
NOTE Confidence: 0.908247584285714

00:57:58.425 --> 00:57:59.640 awesome presentation. Always
NOTE Confidence: 0.962730325

00:57:59.650 --> 00:58:01.840 good to see you doctor
NOTE Confidence: 0.625665272

00:58:01.850 --> 00:58:02.840 should be raised an interesting
NOTE Confidence: 0.9541235325

00:58:02.850 --> 00:58:04.438 question about sexuality and

NOTE Confidence: 0.768546146666667
00:58:04.450 --> 00:58:06.760 then also religion being tough topics.
NOTE Confidence: 0.937219026
00:58:06.770 --> 00:58:07.700 How do you deal with
NOTE Confidence: 0.90938967
00:58:07.710 --> 00:58:12.270 them when they merge together when like?
NOTE Confidence: 0.90938967
00:58:12.270 --> 00:58:15.670 A parents belief system is really
NOTE Confidence: 0.90938967
00:58:15.670 --> 00:58:18.080 opposed to even *****.
NOTE Confidence: 0.7956114
00:58:19.810 --> 00:58:21.170 And they and they and pushing
NOTE Confidence: 0.844859164
00:58:21.180 --> 00:58:21.950 that on to the kid.
NOTE Confidence: 0.862411608
00:58:23.630 --> 00:58:25.448 So again, I just tackle it
NOTE Confidence: 0.862411608
00:58:25.448 --> 00:58:26.660 from a safety perspective,
NOTE Confidence: 0.862411608
00:58:26.660 --> 00:58:28.697 the same way you know I'm not
NOTE Confidence: 0.862411608
00:58:28.697 --> 00:58:30.598 pushing weed on your kid by talking
NOTE Confidence: 0.862411608
00:58:30.598 --> 00:58:32.709 to them about weed and safety and
NOTE Confidence: 0.862411608
00:58:32.709 --> 00:58:34.344 talking to them about alcohol.
NOTE Confidence: 0.862411608
00:58:34.350 --> 00:58:35.988 I say it's the same thing I try to
NOTE Confidence: 0.862411608
00:58:35.988 --> 00:58:37.370 advise the parents that you know.
NOTE Confidence: 0.862411608

00:58:37.370 --> 00:58:39.204 I also don't want their child to
NOTE Confidence: 0.862411608

00:58:39.204 --> 00:58:40.670 look at ***** if that's
NOTE Confidence: 0.862411608

00:58:40.670 --> 00:58:42.370 not in their belief system,
NOTE Confidence: 0.862411608

00:58:42.370 --> 00:58:44.225 but there's a high likelihood that they
NOTE Confidence: 0.862411608

00:58:44.225 --> 00:58:46.039 will be exposed to it at some point.
NOTE Confidence: 0.862411608

00:58:46.040 --> 00:58:46.672 I won't say no.
NOTE Confidence: 0.862411608

00:58:46.672 --> 00:58:47.462 Your kids going to look,
NOTE Confidence: 0.862411608

00:58:47.470 --> 00:58:48.590 but they're horrible friends.
NOTE Confidence: 0.862411608

00:58:48.590 --> 00:58:50.270 They're indecent friends are going to
NOTE Confidence: 0.862411608

00:58:50.311 --> 00:58:52.930 show it to them, and you know, it's that.
NOTE Confidence: 0.862411608

00:58:52.930 --> 00:58:54.126 It's important to know.
NOTE Confidence: 0.862411608

00:58:54.126 --> 00:58:55.920 And that even if you think
NOTE Confidence: 0.862411608

00:58:55.983 --> 00:58:57.419 something is for adults,
NOTE Confidence: 0.862411608

00:58:57.420 --> 00:58:59.316 we still teach children about you.
NOTE Confidence: 0.862411608

00:58:59.320 --> 00:59:02.818 Know allowances and budgets and money,
NOTE Confidence: 0.862411608

00:59:02.820 --> 00:59:04.444 even though they don't run their own

NOTE Confidence: 0.862411608

00:59:04.444 --> 00:59:05.796 money until they're over 18, right?

NOTE Confidence: 0.862411608

00:59:05.796 --> 00:59:07.728 But you can prepare children to be

NOTE Confidence: 0.862411608

00:59:07.728 --> 00:59:09.699 ready for adult behaviors early on,

NOTE Confidence: 0.862411608

00:59:09.700 --> 00:59:10.858 so that it's not a surprise.

NOTE Confidence: 0.862411608

00:59:10.860 --> 00:59:12.516 And when the time comes they

NOTE Confidence: 0.862411608

00:59:12.516 --> 00:59:14.100 are ready and not afraid.

NOTE Confidence: 0.862411608

00:59:14.100 --> 00:59:15.176 And in sex therapy,

NOTE Confidence: 0.862411608

00:59:15.176 --> 00:59:16.790 one of the most common situations

NOTE Confidence: 0.862411608

00:59:16.850 --> 00:59:18.474 we see is people raised in very,

NOTE Confidence: 0.862411608

00:59:18.480 --> 00:59:19.612 very religious households where

NOTE Confidence: 0.862411608

00:59:19.612 --> 00:59:21.310 sex was demonized and then they

NOTE Confidence: 0.862411608

00:59:21.356 --> 00:59:22.959 get married and all of a sudden

NOTE Confidence: 0.862411608

00:59:22.959 --> 00:59:24.141 they're supposed to have lots

NOTE Confidence: 0.862411608

00:59:24.141 --> 00:59:25.485 and lots of sex and procreate.

NOTE Confidence: 0.862411608

00:59:25.490 --> 00:59:26.670 And they can't do it,

NOTE Confidence: 0.862411608

00:59:26.670 --> 00:59:29.289 and so it is better to get the conversations

NOTE Confidence: 0.862411608

00:59:29.289 --> 00:59:31.510 going and have it be less pressurized.

NOTE Confidence: 0.862411608

00:59:31.510 --> 00:59:31.980 But again,

NOTE Confidence: 0.862411608

00:59:31.980 --> 00:59:33.625 in the end it's the parents choice.

NOTE Confidence: 0.862411608

00:59:33.630 --> 00:59:34.401 It's their child.

NOTE Confidence: 0.862411608

00:59:34.401 --> 00:59:35.429 You don't want to,

NOTE Confidence: 0.862411608

00:59:35.430 --> 00:59:35.898 you know,

NOTE Confidence: 0.862411608

00:59:35.898 --> 00:59:37.770 make a a divide there so we feel

NOTE Confidence: 0.862411608

00:59:37.834 --> 00:59:39.745 it out as we do with everything

NOTE Confidence: 0.862411608

00:59:39.745 --> 00:59:41.255 in psychiatry and try to

NOTE Confidence: 0.862411608

00:59:41.255 --> 00:59:42.507 maintain the relationship above

NOTE Confidence: 0.862411608

00:59:42.507 --> 00:59:44.210 all else and then safety.

NOTE Confidence: 0.809526644

00:59:45.700 --> 00:59:46.720 Thank you, thank you Linda.

NOTE Confidence: 0.809526644

00:59:46.720 --> 00:59:48.740 We have one more question.

NOTE Confidence: 0.809526644

00:59:48.740 --> 00:59:50.765 We're getting a Direct Line

NOTE Confidence: 0.809526644

00:59:50.765 --> 00:59:52.710 from our embassy. Go ahead.

NOTE Confidence: 0.94571066

00:59:54.210 --> 00:59:57.107 Well, so thank you for a great presentation.

NOTE Confidence: 0.76253282

00:59:57.110 --> 00:59:58.250 It wasn't really a question,

NOTE Confidence: 0.76253282

00:59:58.250 --> 01:00:00.440 it was just me saying hello but.

NOTE Confidence: 0.7968372

01:00:03.680 --> 01:00:06.310 Great topic and lots of

NOTE Confidence: 0.8718744

01:00:06.430 --> 01:00:08.086 things. We're working with

NOTE Confidence: 0.8718744

01:00:08.086 --> 01:00:09.588 children on the spectrum and

NOTE Confidence: 0.8718744

01:00:09.588 --> 01:00:10.571 adolescence on the spectrum,

NOTE Confidence: 0.8718744

01:00:10.571 --> 01:00:13.320 and this is such a void in

NOTE Confidence: 0.8718744

01:00:13.320 --> 01:00:15.640 education and strategies for kids,

NOTE Confidence: 0.8718744

01:00:15.640 --> 01:00:17.690 and in fact like a few months back we

NOTE Confidence: 0.8718744

01:00:17.690 --> 01:00:19.790 will looking for a good educational

NOTE Confidence: 0.838133708461539

01:00:19.800 --> 01:00:21.907 program and as always a great things

NOTE Confidence: 0.838133708461539

01:00:21.907 --> 01:00:24.304 come out of the Child Study Center so

NOTE Confidence: 0.838133708461539

01:00:24.304 --> 01:00:26.908 we didn't need to go look too far away.

NOTE Confidence: 0.764155046

01:00:27.000 --> 01:00:27.636 Linda, thank you.

NOTE Confidence: 0.764155046

01:00:27.636 --> 01:00:29.880 This is really wonderful
NOTE Confidence: 0.764155046

01:00:29.880 --> 01:00:31.060 intervention that we will
NOTE Confidence: 0.764155046

01:00:31.060 --> 01:00:32.830 use a lot with with our.
NOTE Confidence: 0.764155046

01:00:32.830 --> 01:00:34.018 He is on the spectrum in
NOTE Confidence: 0.764155046

01:00:34.018 --> 01:00:35.730 particular. Thank you,
NOTE Confidence: 0.862772284

01:00:35.920 --> 01:00:37.622 thank you and and again, Linda.
NOTE Confidence: 0.862772284

01:00:37.622 --> 01:00:40.274 Thank you for making everything available.
NOTE Confidence: 0.862772284

01:00:40.280 --> 01:00:41.400 We're very proud of you.
NOTE Confidence: 0.862772284

01:00:41.400 --> 01:00:42.264 We love you dearly.
NOTE Confidence: 0.862772284

01:00:42.264 --> 01:00:44.280 I know that Linda Mace is watching over.
NOTE Confidence: 0.862772284

01:00:44.280 --> 01:00:46.289 Linda has been very key in having
NOTE Confidence: 0.862772284

01:00:46.289 --> 01:00:48.441 you be still the part of the
NOTE Confidence: 0.862772284

01:00:48.441 --> 01:00:50.277 Child Study Center which you are.
NOTE Confidence: 0.862772284

01:00:50.280 --> 01:00:51.888 So please for Linda.
NOTE Confidence: 0.6130497

01:00:58.280 --> 01:00:58.540 Yep.
NOTE Confidence: 0.9055989975

01:00:59.640 --> 01:01:01.000 Thanks for coming guys.