

WEBVTT

NOTE duration:"00:06:29.8450000"

NOTE language:en-us

NOTE Confidence: 0.818173

00:00:00.000 --> 00:00:01.550 Once again, I'm Melissa Yeager.

NOTE Confidence: 0.818173

00:00:01.550 --> 00:00:03.990 I was a 30 year traditional Medicine

NOTE Confidence: 0.818173

00:00:03.990 --> 00:00:07.262 resident last year when I went to Uganda.

NOTE Confidence: 0.818173

00:00:07.270 --> 00:00:09.364 Now I work at Jefferson and

NOTE Confidence: 0.818173

00:00:09.364 --> 00:00:10.760 Philly as a hospitalist.

NOTE Confidence: 0.818173

00:00:10.760 --> 00:00:11.804 That's my email.

NOTE Confidence: 0.818173

00:00:11.804 --> 00:00:13.544 If you have any questions.

NOTE Confidence: 0.818173

00:00:13.550 --> 00:00:16.021 This background is one of the many

NOTE Confidence: 0.818173

00:00:16.021 --> 00:00:18.459 beautiful places you can visit and you

NOTE Confidence: 0.818173

00:00:18.459 --> 00:00:20.880 got into the Forbidden forest and windy,

NOTE Confidence: 0.818173

00:00:20.880 --> 00:00:24.944 which is where you could go gorilla trekking.

NOTE Confidence: 0.818173

00:00:24.950 --> 00:00:27.716 So I also put a location map just in case you

NOTE Confidence: 0.818173

00:00:27.716 --> 00:00:30.263 have no idea where you Gonda it's in Africa.

NOTE Confidence: 0.818173

00:00:30.270 --> 00:00:31.600 Most people do that probably,

NOTE Confidence: 0.818173

00:00:31.600 --> 00:00:32.930 but that's where it is.

NOTE Confidence: 0.818173

00:00:32.930 --> 00:00:35.996 They call it the Pearl of Africa.

NOTE Confidence: 0.818173

00:00:36.000 --> 00:00:37.026 And I don't.

NOTE Confidence: 0.818173

00:00:37.026 --> 00:00:39.920 I didn't take as many pictures as it

NOTE Confidence: 0.818173

00:00:39.920 --> 00:00:42.722 seemed like everybody else did, but I.

NOTE Confidence: 0.818173

00:00:42.722 --> 00:00:45.144 This is the picture I have to

NOTE Confidence: 0.818173

00:00:45.144 --> 00:00:46.929 represent the clinical work.

NOTE Confidence: 0.818173

00:00:46.930 --> 00:00:48.064 This is true.

NOTE Confidence: 0.818173

00:00:48.064 --> 00:00:51.118 Do hospital, which is where most of the

NOTE Confidence: 0.818173

00:00:51.118 --> 00:00:52.970 internal medicine floor rotations are.

NOTE Confidence: 0.818173

00:00:52.970 --> 00:00:55.595 They've been moved from the main campus,

NOTE Confidence: 0.818173

00:00:55.600 --> 00:00:57.485 Mulago 'cause they've been doing

NOTE Confidence: 0.818173

00:00:57.485 --> 00:00:59.370 some renovations for many years.

NOTE Confidence: 0.818173

00:00:59.370 --> 00:01:01.260 I think at this point,

NOTE Confidence: 0.818173

00:01:01.260 --> 00:01:03.516 but they're still working on that.

NOTE Confidence: 0.818173

00:01:03.520 --> 00:01:05.410 There are some some rotations.

NOTE Confidence: 0.818173

00:01:05.410 --> 00:01:06.508 The emergency Department.

NOTE Confidence: 0.818173

00:01:06.508 --> 00:01:09.670 And I think some of the human clinics,

NOTE Confidence: 0.818173

00:01:09.670 --> 00:01:11.950 maybe cardiology or over by Mulago,

NOTE Confidence: 0.818173

00:01:11.950 --> 00:01:13.850 which is closer to downtown

NOTE Confidence: 0.818173

00:01:13.850 --> 00:01:15.750 Kepala where we were living.

NOTE Confidence: 0.818173

00:01:15.750 --> 00:01:16.518 But anyway,

NOTE Confidence: 0.818173

00:01:16.518 --> 00:01:19.590 we gotta ride out here to this hospital

NOTE Confidence: 0.818173

00:01:19.669 --> 00:01:22.357 every day by our drivers who are

NOTE Confidence: 0.818173

00:01:22.357 --> 00:01:24.869 excellent is about a 30 minute ride.

NOTE Confidence: 0.818173

00:01:24.870 --> 00:01:27.474 I think one of the interesting things

NOTE Confidence: 0.818173

00:01:27.474 --> 00:01:30.048 about the rotation in Uganda is that

NOTE Confidence: 0.818173

00:01:30.048 --> 00:01:32.124 you get to select two subspecialty

NOTE Confidence: 0.818173

00:01:32.193 --> 00:01:33.989 rotations of your interest,

NOTE Confidence: 0.818173

00:01:33.990 --> 00:01:35.890 and so I was there.

NOTE Confidence: 0.818173

00:01:35.890 --> 00:01:37.790 I did infectious disease.

NOTE Confidence: 0.818173

00:01:37.790 --> 00:01:38.740 Angie I.

NOTE Confidence: 0.818173

00:01:38.740 --> 00:01:41.036 Both of those were kind of split two

NOTE Confidence: 0.818173

00:01:41.036 --> 00:01:43.594 and a half 2 1/2 weeks based on the

NOTE Confidence: 0.818173

00:01:43.594 --> 00:01:46.583 time I was there and you know got to

NOTE Confidence: 0.818173

00:01:46.583 --> 00:01:49.123 rotate through the floors and kind of

NOTE Confidence: 0.818173

00:01:49.123 --> 00:01:51.409 experience what subspecialty care is like.

NOTE Confidence: 0.818173

00:01:51.410 --> 00:01:53.318 Ann and I third World Country,

NOTE Confidence: 0.818173

00:01:53.320 --> 00:01:55.511 and so there's a lot of autonomy

NOTE Confidence: 0.818173

00:01:55.511 --> 00:01:57.150 like other people have said.

NOTE Confidence: 0.818173

00:01:57.150 --> 00:02:00.340 And you know, kind of gets a jump right in.

NOTE Confidence: 0.818173

00:02:00.340 --> 00:02:01.300 There are others.

NOTE Confidence: 0.818173

00:02:01.300 --> 00:02:03.212 Sort of, you know, traditional teams.

NOTE Confidence: 0.818173

00:02:03.212 --> 00:02:04.484 There's a senior resident.

NOTE Confidence: 0.818173

00:02:04.490 --> 00:02:06.085 There are what we would

NOTE Confidence: 0.818173

00:02:06.085 --> 00:02:07.680 think of as interns there,

NOTE Confidence: 0.818173

00:02:07.680 --> 00:02:10.072 and there's a lot of medical students there

NOTE Confidence: 0.818173

00:02:10.072 --> 00:02:12.149 that you'll round with the attendings.

NOTE Confidence: 0.818173

00:02:12.150 --> 00:02:13.310 Depending on the service,

NOTE Confidence: 0.818173

00:02:13.310 --> 00:02:15.650 may or may not be there everyday,

NOTE Confidence: 0.818173

00:02:15.650 --> 00:02:19.218 and so there really is a lot of

NOTE Confidence: 0.818173

00:02:19.218 --> 00:02:20.800 independent decision making.

NOTE Confidence: 0.818173

00:02:20.800 --> 00:02:22.840 You know there's a lot of

NOTE Confidence: 0.818173

00:02:22.840 --> 00:02:24.200 opportunities for teaching and

NOTE Confidence: 0.818173

00:02:24.270 --> 00:02:26.058 teaching us kind of expected an

NOTE Confidence: 0.818173

00:02:26.058 --> 00:02:28.409 there are so many students you know.

NOTE Confidence: 0.818173

00:02:28.410 --> 00:02:31.389 Usually we have one or two on a rotation.

NOTE Confidence: 0.818173

00:02:31.390 --> 00:02:34.369 There might be 10 rotating through at a time,

NOTE Confidence: 0.818173

00:02:34.370 --> 00:02:36.212 and so plenty of learning of

NOTE Confidence: 0.818173

00:02:36.212 --> 00:02:37.440 teaching opportunities and there's

NOTE Confidence: 0.818173

00:02:37.496 --> 00:02:39.008 learning opportunities as well.

NOTE Confidence: 0.818173

00:02:39.010 --> 00:02:40.660 There's weekly sort of case

NOTE Confidence: 0.818173

00:02:40.660 --> 00:02:41.980 conferences in the morning.

NOTE Confidence: 0.818173

00:02:41.980 --> 00:02:44.689 I know when I was on GI they did

NOTE Confidence: 0.818173

00:02:44.689 --> 00:02:47.538 their own sort of case presentations.

NOTE Confidence: 0.818173

00:02:47.540 --> 00:02:51.410 And I got to do my own presentations there,

NOTE Confidence: 0.818173

00:02:51.410 --> 00:02:53.130 and there's grand rounds.

NOTE Confidence: 0.818173

00:02:53.130 --> 00:02:55.280 So lots of educational opportunities,

NOTE Confidence: 0.818173

00:02:55.280 --> 00:02:59.669 both first year teaching and for learning.

NOTE Confidence: 0.818173

00:02:59.670 --> 00:03:01.428 I wanna talk about so the

NOTE Confidence: 0.818173

00:03:01.428 --> 00:03:02.600 the patient population so

NOTE Confidence: 0.84255344

00:03:02.664 --> 00:03:04.680 it is a national referral hospital.

NOTE Confidence: 0.84255344

00:03:04.680 --> 00:03:07.497 So a lot of the patients that come out,

NOTE Confidence: 0.84255344

00:03:07.500 --> 00:03:09.500 sort of the sickest of the sick before

NOTE Confidence: 0.84255344

00:03:09.500 --> 00:03:11.853 they end up there and there's a lot of

NOTE Confidence: 0.84255344

00:03:11.853 --> 00:03:13.938 patients that will seize or traditional

NOTE Confidence: 0.84255344

00:03:13.938 --> 00:03:16.043 healers and traditional pursue traditional

NOTE Confidence: 0.84255344

00:03:16.043 --> 00:03:18.450 medicine before they come to the hospital.
NOTE Confidence: 0.84255344

00:03:18.450 --> 00:03:20.946 And so that's kind of an interesting aspect.
NOTE Confidence: 0.84255344

00:03:20.950 --> 00:03:22.515 You get to see patients
NOTE Confidence: 0.84255344

00:03:22.515 --> 00:03:23.767 with very advanced disease.
NOTE Confidence: 0.84255344

00:03:23.770 --> 00:03:26.820 A lot of what I saw at least an infectious
NOTE Confidence: 0.84255344

00:03:26.901 --> 00:03:29.736 disease was a lot of HIV complications.
NOTE Confidence: 0.84255344

00:03:29.740 --> 00:03:33.430 Pneumocystis pneumonia crypto meningitis.
NOTE Confidence: 0.84255344

00:03:33.430 --> 00:03:34.230 TB meningitis.
NOTE Confidence: 0.84255344

00:03:34.230 --> 00:03:37.210 Alot of TV complications in general some tax.
NOTE Confidence: 0.84255344

00:03:37.210 --> 00:03:39.810 Oh Gee, I was a lot of shifts
NOTE Confidence: 0.84255344

00:03:39.810 --> 00:03:42.178 to a lot of hepatitis,
NOTE Confidence: 0.84255344

00:03:42.180 --> 00:03:43.032 advanced cirrhosis.
NOTE Confidence: 0.84255344

00:03:43.032 --> 00:03:46.014 So really a mixture of things like
NOTE Confidence: 0.84255344

00:03:46.014 --> 00:03:48.522 Schiff said there's a lot of focus
NOTE Confidence: 0.84255344

00:03:48.522 --> 00:03:51.046 on the clinical exam because a lot
NOTE Confidence: 0.84255344

00:03:51.046 --> 00:03:53.266 of the data just isn't available

NOTE Confidence: 0.84255344

00:03:53.266 --> 00:03:56.380 either patients can afford it.

NOTE Confidence: 0.84255344

00:03:56.380 --> 00:03:58.428 I had to read my own Mrs sometime

NOTE Confidence: 0.84255344

00:03:58.428 --> 00:04:00.783 which is a new experience for me because

NOTE Confidence: 0.84255344

00:04:00.783 --> 00:04:03.169 there was just not a radiologist read,

NOTE Confidence: 0.84255344

00:04:03.170 --> 00:04:05.172 so you're depending a lot on your

NOTE Confidence: 0.84255344

00:04:05.172 --> 00:04:06.984 clinical acumen and the residents and

NOTE Confidence: 0.84255344

00:04:06.984 --> 00:04:09.063 students there get really good at it,

NOTE Confidence: 0.84255344

00:04:09.070 --> 00:04:10.540 so they're really good teachers,

NOTE Confidence: 0.84255344

00:04:10.540 --> 00:04:14.425 and that's a good opportunity to learn.

NOTE Confidence: 0.84255344

00:04:14.430 --> 00:04:16.390 My next slide is just some pictures

NOTE Confidence: 0.84255344

00:04:16.390 --> 00:04:18.369 of the city of Kampala itself,

NOTE Confidence: 0.84255344

00:04:18.370 --> 00:04:20.526 so the top one is actually where

NOTE Confidence: 0.84255344

00:04:20.526 --> 00:04:22.308 I stayed while I was there.

NOTE Confidence: 0.84255344

00:04:22.310 --> 00:04:24.128 It's one of the few locations

NOTE Confidence: 0.84255344

00:04:24.128 --> 00:04:25.340 you can stay at.

NOTE Confidence: 0.84255344

00:04:25.340 --> 00:04:27.158 It's on the Mac Urary campus,
NOTE Confidence: 0.84255344

00:04:27.160 --> 00:04:29.106 which is a University there and it
NOTE Confidence: 0.84255344

00:04:29.106 --> 00:04:31.412 was kind of a small apartment where
NOTE Confidence: 0.84255344

00:04:31.412 --> 00:04:33.518 I stayed with another resident and
NOTE Confidence: 0.84255344

00:04:33.584 --> 00:04:35.978 for part of the time a couple of PA
NOTE Confidence: 0.84255344

00:04:35.978 --> 00:04:38.056 students and then just to show you,
NOTE Confidence: 0.84255344

00:04:38.060 --> 00:04:38.822 you know.
NOTE Confidence: 0.84255344

00:04:38.822 --> 00:04:41.489 Whenever I've been to Africa couple times,
NOTE Confidence: 0.84255344

00:04:41.490 --> 00:04:42.890 whenever I go and like,
NOTE Confidence: 0.84255344

00:04:42.890 --> 00:04:44.576 is it going to be rural?
NOTE Confidence: 0.84255344

00:04:44.580 --> 00:04:46.547 Is it going to be a city?
NOTE Confidence: 0.84255344

00:04:46.550 --> 00:04:48.574 It's very much a city so down here
NOTE Confidence: 0.84255344

00:04:48.574 --> 00:04:50.626 on the lower left is a market
NOTE Confidence: 0.84255344

00:04:50.626 --> 00:04:52.730 that's down the street on the walk,
NOTE Confidence: 0.84255344

00:04:52.730 --> 00:04:54.130 from Akureyri to Mulago Hospital,
NOTE Confidence: 0.84255344

00:04:54.130 --> 00:04:55.762 and they sell amazing fresh fruit

NOTE Confidence: 0.84255344

00:04:55.762 --> 00:04:57.760 and then here is the mall that's

NOTE Confidence: 0.84255344

00:04:57.760 --> 00:04:59.185 kind of across the street,

NOTE Confidence: 0.84255344

00:04:59.190 --> 00:05:01.638 which has a movie theater and you can see

NOTE Confidence: 0.84255344

00:05:01.638 --> 00:05:03.968 all the traffic and some of the boat,

NOTE Confidence: 0.84255344

00:05:03.970 --> 00:05:04.716 a boat's,

NOTE Confidence: 0.84255344

00:05:04.716 --> 00:05:07.700 which are the scooters there which we are

NOTE Confidence: 0.84255344

00:05:07.776 --> 00:05:10.846 not advised to to ride and I did not ride.

NOTE Confidence: 0.84255344

00:05:10.850 --> 00:05:13.790 And then this was just more of the fun stuff.

NOTE Confidence: 0.84255344

00:05:13.790 --> 00:05:14.531 So they do.

NOTE Confidence: 0.84255344

00:05:14.531 --> 00:05:16.013 The program does a really good

NOTE Confidence: 0.84255344

00:05:16.013 --> 00:05:18.016 job of sort of introducing you

NOTE Confidence: 0.84255344

00:05:18.016 --> 00:05:19.376 to cultural experiences there,

NOTE Confidence: 0.84255344

00:05:19.380 --> 00:05:21.138 so there's sort of planned activities.

NOTE Confidence: 0.84255344

00:05:21.140 --> 00:05:23.898 The bottom left here was a cultural

NOTE Confidence: 0.84255344

00:05:23.898 --> 00:05:25.990 dance night that we went to.

NOTE Confidence: 0.84255344

00:05:25.990 --> 00:05:30.050 We gotta play some instruments and dance.

NOTE Confidence: 0.84255344

00:05:30.050 --> 00:05:32.084 This was a wedding that I

NOTE Confidence: 0.84255344

00:05:32.084 --> 00:05:33.790 actually got invited to buy.

NOTE Confidence: 0.84255344

00:05:33.790 --> 00:05:36.238 One of the staff members there and so

NOTE Confidence: 0.84255344

00:05:36.238 --> 00:05:38.208 that's means the traditional garb.

NOTE Confidence: 0.84255344

00:05:38.210 --> 00:05:40.590 And that was a really good time.

NOTE Confidence: 0.84255344

00:05:40.590 --> 00:05:42.534 And there's other sort of language

NOTE Confidence: 0.84255344

00:05:42.534 --> 00:05:44.262 lessons and sort of culturally

NOTE Confidence: 0.84255344

00:05:44.262 --> 00:05:45.750 specific opportunities to get

NOTE Confidence: 0.84255344

00:05:45.750 --> 00:05:48.270 to know the people of Uganda in

NOTE Confidence: 0.84255344

00:05:48.270 --> 00:05:49.770 the place that you're in.

NOTE Confidence: 0.845664

00:05:49.770 --> 00:05:51.470 And then obviously I have

NOTE Confidence: 0.845664

00:05:51.470 --> 00:05:52.490 some animal pictures,

NOTE Confidence: 0.845664

00:05:52.490 --> 00:05:54.530 so this was from Gorilla trekking,

NOTE Confidence: 0.845664

00:05:54.530 --> 00:05:57.590 not quite as up, close as ship's photo was,

NOTE Confidence: 0.845664

00:05:57.590 --> 00:06:00.056 with still a really good experience.

NOTE Confidence: 0.845664

00:06:00.060 --> 00:06:01.887 And then the so far it was

NOTE Confidence: 0.845664

00:06:01.887 --> 00:06:02.670 actually really excellent.

NOTE Confidence: 0.845664

00:06:02.670 --> 00:06:04.236 They have a rhino preserve there,

NOTE Confidence: 0.845664

00:06:04.240 --> 00:06:06.060 which is where this picture was taken,

NOTE Confidence: 0.845664

00:06:06.060 --> 00:06:08.028 and I'm pretty sure that's the

NOTE Confidence: 0.845664

00:06:08.028 --> 00:06:09.956 closest that you can get to

NOTE Confidence: 0.845664

00:06:09.956 --> 00:06:11.594 a rhino outside of the zoo.

NOTE Confidence: 0.845664

00:06:11.600 --> 00:06:13.048 And that's about it.

NOTE Confidence: 0.84846085

00:06:15.980 --> 00:06:17.349 Go back to my

NOTE Confidence: 0.84846085

00:06:17.350 --> 00:06:19.070 email case. Anybody needs it.

NOTE Confidence: 0.8609733

00:06:22.800 --> 00:06:24.263 Thanks so much Alyssa. I hadn't seen

NOTE Confidence: 0.8609733

00:06:24.263 --> 00:06:25.699 that picture of you at the wedding.

NOTE Confidence: 0.8609733

00:06:25.700 --> 00:06:29.844 You look great in there. They get.