Area Agencies on Aging (AAAs) help older adults and caregivers access services and supports that maximize independence. The client’s income and/or assets may be used to determine eligibility. Assistance navigating complex social and health care programs is available to everyone.

AAAs research and evaluate elderly issues, and offer community education to senior adults, caregivers, students and the community at large. We have extensive information on the needs of seniors as well as the services that can meet those needs. AAAs serve as an advocate for older individuals.

Area Agencies administer programs and services for frail elderly and caregivers.
1. Supportive services for clients with Alzheimer’s and other dementias.
2. Services and equipment that provide respite (a rest) for caregivers.
3. Aging Resource Centers and the CHOICES Program (Medicare, health insurance and general information)
4. Medicaid programs that offer an alternative to nursing home care.
5. Private care management to identify resources for clients with income or assets above eligibility for state programs.

Area Agencies have information on
• All programs and services for senior adults
• Caregiver services
• Services for grandparents raising grandchildren

Southwestern Connecticut Agency on Aging (SWCAA)
1000 Lafayette Boulevard, 9th Floor, Bridgeport, CT 06604
Tel: (203) 333-9288 Fax: (203) 696-3866
Website: http://www.swcaa.org

Agency on Aging of South Central Connecticut (AASCC)
One Long Wharf Drive, New Haven, CT 06511
Tel: (203) 785-8533 Fax: (203) 785-8873
Website: http://www.aoascc.org
Area Agencies on Aging