WEBVTT

NOTE duration:"00:05:15"

NOTE recognizability:0.798

NOTE language:en-us

NOTE Confidence: 0.82911077

00:00:07.840 --> 00:00:10.516 It's very balanced curriculum for fellows.

NOTE Confidence: 0.82911077

00:00:10.520 --> 00:00:12.680 You get exposed to all the

NOTE Confidence: 0.82911077

00:00:12.680 --> 00:00:14.460 major technologies and your ICU,

NOTE Confidence: 0.82911077

00:00:14.460 --> 00:00:16.932 but then you also develop a

NOTE Confidence: 0.82911077

00:00:16.932 --> 00:00:18.580 very solid clinical background

NOTE Confidence: 0.82911077

00:00:18.580 --> 00:00:22.444 and I also like that there are.

NOTE Confidence: 0.82911077

00:00:22.450 --> 00:00:24.568 You know, large diversity of attendings

NOTE Confidence: 0.82911077

00:00:24.568 --> 00:00:26.328 from all different perspectives who

NOTE Confidence: 0.82911077

00:00:26.328 --> 00:00:28.074 have trained in all different places,

NOTE Confidence: 0.907876145384615

00:00:28.230 --> 00:00:30.258 honestly, you're surrounded by people that

NOTE Confidence: 0.907876145384615

00:00:30.258 --> 00:00:32.689 care very much about what they're doing.

NOTE Confidence: 0.907876145384615

00:00:32.690 --> 00:00:35.730 And you know, they put a lot of emphasis and,

NOTE Confidence: 0.907876145384615

00:00:35.730 --> 00:00:38.068 you know, time and energy into doing

NOTE Confidence: 0.907876145384615

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00:00:38.068 --> 00:00:40.558 the best they possibly can for the

NOTE Confidence: 0.907876145384615

00:00:40.558 --> 00:00:43.289 patients and the entire field as a whole.

NOTE Confidence: 0.907876145384615

00:00:43.290 --> 00:00:46.076 So I think being around those individuals

NOTE Confidence: 0.907876145384615

00:00:46.076 --> 00:00:48.671 and having the different personalities that

NOTE Confidence: 0.907876145384615

00:00:48.671 --> 00:00:52.260 you can work with on a day-to-day basis.

NOTE Confidence: 0.907876145384615

00:00:52.260 --> 00:00:54.507 It certainly goes a long way and

NOTE Confidence: 0.907876145384615

00:00:54.507 --> 00:00:56.528 sort of creating your mindset as

NOTE Confidence: 0.907876145384615

00:00:56.528 --> 00:00:58.496 you move toward a new career.

NOTE Confidence: 0.907876145384615

00:00:58.500 --> 00:01:01.470 So I think really it was for the people

NOTE Confidence: 0.661132404583333

00:01:01.520 --> 00:01:03.998 group at Yale. We're very good at

NOTE Confidence: 0.661132404583333

00:01:03.998 --> 00:01:05.448 building relationships with other

NOTE Confidence: 0.661132404583333

00:01:05.448 --> 00:01:07.368 critical care programs like the Mckew

NOTE Confidence: 0.661132404583333

00:01:07.368 --> 00:01:09.550 and the CIA and the cardiac ICU.

NOTE Confidence: 0.661132404583333

00:01:09.550 --> 00:01:11.258 And to me that was very important

NOTE Confidence: 0.661132404583333

00:01:11.258 --> 00:01:13.334 to have this, you know, experience

NOTE Confidence: 0.661132404583333

00:01:13.334 --> 00:01:15.574 with different critical care units.

NOTE Confidence: 0.661132404583333

00:01:15.580 --> 00:01:17.848 So those are the reasons why I chose you.

NOTE Confidence: 0.862883210714286

00:01:18.820 --> 00:01:20.650 I chose Yale for fellowship because

NOTE Confidence: 0.862883210714286

00:01:20.650 --> 00:01:22.980 it was where I had made my home.

NOTE Confidence: 0.862883210714286

00:01:22.980 --> 00:01:25.055 Over the course of residency

NOTE Confidence: 0.862883210714286

00:01:25.055 --> 00:01:26.300 in chief residency,

NOTE Confidence: 0.862883210714286

00:01:26.300 --> 00:01:28.568 I've grown to appreciate my relationships

NOTE Confidence: 0.862883210714286

00:01:28.568 --> 00:01:30.980 with people there and enjoy my life.

NOTE Confidence: 0.862883210714286

00:01:30.980 --> 00:01:33.302 In New Haven I had had a sneak preview

NOTE Confidence: 0.862883210714286

00:01:33.302 --> 00:01:35.706 of the neuro ICU, and it's at Yale

NOTE Confidence: 0.862883210714286

00:01:35.706 --> 00:01:37.900 that I decided on this career path,

NOTE Confidence: 0.862883210714286

00:01:37.900 --> 00:01:40.717 so it just felt natural to go for it.

NOTE Confidence: 0.862883210714286

00:01:40.720 --> 00:01:42.405 Exactly where my interests have

NOTE Confidence: 0.862883210714286

00:01:42.405 --> 00:01:44.520 been captured in the 1st place.

NOTE Confidence: 0.862883210714286

00:01:44.520 --> 00:01:47.176 I knew that at Yale I would see

NOTE Confidence: 0.862883210714286

00:01:47.176 --> 00:01:49.020 everything learn from incredible.

NOTE Confidence: 0.862883210714286

00:01:49.020 --> 00:01:50.472 People from across disciplines,

NOTE Confidence: 0.862883210714286

00:01:50.472 --> 00:01:53.023 and of course I don't need to

NOTE Confidence: 0.862883210714286

00:01:53.023 --> 00:01:54.847 tell you Yale has a reputation.

NOTE Confidence: 0.862883210714286

00:01:54.850 --> 00:01:55.906 It's a good one.

NOTE Confidence: 0.862883210714286

00:01:55.906 --> 00:01:57.872 So training at Yale comes with the

NOTE Confidence: 0.862883210714286

00:01:57.872 --> 00:02:00.112 long term benefit of that stamp of

NOTE Confidence: 0.862883210714286

00:02:00.112 --> 00:02:01.828 solidness wherever you go afterwards.

NOTE Confidence: 0.881830860952381

00:02:05.380 --> 00:02:07.494 My fellowship gave me a great foundation

NOTE Confidence: 0.881830860952381

00:02:07.494 --> 00:02:09.765 and all the tools I needed to find

NOTE Confidence: 0.881830860952381

00:02:09.765 --> 00:02:11.830 my way through any new experiences.

NOTE Confidence: 0.836415327533333

00:02:12.060 --> 00:02:14.684 You provided me with enough of a general

NOTE Confidence: 0.836415327533333

00:02:14.684 --> 00:02:17.065 critical care experience that you know

NOTE Confidence: 0.836415327533333

00:02:17.065 --> 00:02:19.135 when you transition into different

NOTE Confidence: 0.836415327533333

00:02:19.135 --> 00:02:20.947 critical care environments where you

NOTE Confidence: 0.836415327533333

00:02:20.947 --> 00:02:23.510 might be doing a little bit more general

NOTE Confidence: 0.836415327533333

00:02:23.510 --> 00:02:25.435 care or a little less general care.

NOTE Confidence: 0.836415327533333

00:02:25.440 --> 00:02:27.890 It given me enough that I felt

NOTE Confidence: 0.836415327533333

00:02:27.890 --> 00:02:30.203 confident going into this new attending

NOTE Confidence: 0.836415327533333

00:02:30.203 --> 00:02:32.989 position that I have currently at Brown

NOTE Confidence: 0.797156994285714

00:02:33.080 --> 00:02:34.721 and really realize.

NOTE Confidence: 0.797156994285714

00:02:34.721 --> 00:02:37.870 Every day how well, I was trained

NOTE Confidence: 0.797156994285714

00:02:37.870 --> 00:02:39.790 as a neuro intensivist at Yale.

NOTE Confidence: 0.797156994285714

00:02:39.790 --> 00:02:41.392 Fellows are going to be in

NOTE Confidence: 0.797156994285714

00:02:41.392 --> 00:02:43.088 many cases of course you are

NOTE Confidence: 0.797156994285714

00:02:43.088 --> 00:02:44.508 going to staff or patients.

NOTE Confidence: 0.797156994285714

00:02:44.510 --> 00:02:45.985 So with your attending but

NOTE Confidence: 0.797156994285714

00:02:45.985 --> 00:02:48.140 you have a lot of autonomy.

NOTE Confidence: 0.667147391818182

00:02:48.190 --> 00:02:49.864 I now feel like being in

NOTE Confidence: 0.667147391818182

00:02:49.864 --> 00:02:51.340 attending that I'm you know,

NOTE Confidence: 0.667147391818182

00:02:51.340 --> 00:02:54.212 I've seen or have at least been sort

NOTE Confidence: 0.667147391818182

00:02:54.212 --> 00:02:57.138 of a third party to almost all of

NOTE Confidence: 0.667147391818182

00:02:57.138 --> 00:02:58.618 the different scenarios that can

NOTE Confidence: 0.667147391818182

00:02:58.618 --> 00:03:00.767 arise in the neurocritical care unit.

NOTE Confidence: 0.667147391818182

00:03:00.770 --> 00:03:03.605 And you see different ways to approach

NOTE Confidence: 0.667147391818182

00:03:03.605 --> 00:03:06.020 one problem and I think that's.

NOTE Confidence: 0.667147391818182

00:03:06.020 --> 00:03:08.932 A big thing about ICU medicine is that

NOTE Confidence: 0.667147391818182

00:03:08.932 --> 00:03:11.477 there's really multiple ways that you

NOTE Confidence: 0.667147391818182

00:03:11.477 --> 00:03:13.652 can approach any particular issue,

NOTE Confidence: 0.667147391818182

00:03:13.660 --> 00:03:15.935 and being able to see all those

NOTE Confidence: 0.667147391818182

00:03:15.935 --> 00:03:17.659 different ways in one fellowship

NOTE Confidence: 0.667147391818182

00:03:17.659 --> 00:03:19.699 program is a lot of three,

NOTE Confidence: 0.667147391818182

00:03:19.700 --> 00:03:21.110 because a lot of places you

NOTE Confidence: 0.667147391818182

00:03:21.110 --> 00:03:22.050 don't really see that.

NOTE Confidence: 0.893220904375

00:03:25.720 --> 00:03:28.492 I left fellowship with so many memories

NOTE Confidence: 0.893220904375

00:03:28.492 --> 00:03:31.769 that changed me and will be with me forever.

NOTE Confidence: 0.78462174

00:03:32.980 --> 00:03:36.880 Learning multimodal monitoring being able.

NOTE Confidence: 0.78462174

00:03:36.880 --> 00:03:40.786 Very intensely to be part of.

NOTE Confidence: 0.78462174

00:03:40.790 --> 00:03:42.335 The setup process,

NOTE Confidence: 0.78462174

00:03:42.335 --> 00:03:44.910 the insertion of the devices,

NOTE Confidence: 0.78462174

00:03:44.910 --> 00:03:49.550 the interpretation of the data,

NOTE Confidence: 0.78462174

00:03:49.550 --> 00:03:51.445 learning the pitfalls and learning

NOTE Confidence: 0.78462174

00:03:51.445 --> 00:03:53.685 how to interact with the data

NOTE Confidence: 0.78462174

00:03:53.685 --> 00:03:55.596 and how to react to the data.

NOTE Confidence: 0.78462174

00:03:55.600 --> 00:03:57.250 And then ultimately, you know,

NOTE Confidence: 0.78462174

00:03:57.250 --> 00:03:59.732 discussing it as a group and

NOTE Confidence: 0.78462174

00:03:59.732 --> 00:04:01.424 finding out how we can learn

NOTE Confidence: 0.78462174

00:04:01.424 --> 00:04:02.860 more from these patients.

NOTE Confidence: 0.663406350714286

00:04:02.920 --> 00:04:05.504 I think for me the most memorable thing

NOTE Confidence: 0.663406350714286

00:04:05.504 --> 00:04:07.980 was really the camaraderie with the AP's.

NOTE Confidence: 0.826623796363636

00:04:11.970 --> 00:04:13.498 I'm really going to miss it that I

NOTE Confidence: 0.826623796363636

00:04:13.498 --> 00:04:16.380 when I leave, I think you know there's.

NOTE Confidence: 0.826623796363636

00:04:16.380 --> 00:04:17.530 There's a lot of great

NOTE Confidence: 0.826623796363636

00:04:17.530 --> 00:04:18.220 institutions out there.

NOTE Confidence: 0.826623796363636

00:04:18.220 --> 00:04:20.060 I'm really excited to kind of go out

NOTE Confidence: 0.826623796363636

00:04:20.060 --> 00:04:22.205 into the world and and finally be an

NOTE Confidence: 0.826623796363636

00:04:22.205 --> 00:04:24.220 attending and practice in different places.

NOTE Confidence: 0.826623796363636

00:04:24.220 --> 00:04:25.510 But there's not going to be

NOTE Confidence: 0.826623796363636

00:04:25.510 --> 00:04:26.610 anywhere that's quite like Yale.

NOTE Confidence: 0.774261078333333

00:04:26.740 --> 00:04:28.648 You can make your own path.

NOTE Confidence: 0.774261078333333

00:04:28.650 --> 00:04:31.032 I think there are so many

NOTE Confidence: 0.774261078333333

00:04:31.032 --> 00:04:33.330 electives that I did a lot of Miku

NOTE Confidence: 0.774261078333333

00:04:33.330 --> 00:04:35.866 and I did a lot of EG as well.

NOTE Confidence: 0.774261078333333

00:04:35.870 --> 00:04:40.650 And I even took. A week or two

NOTE Confidence: 0.774261078333333

00:04:40.650 --> 00:04:42.570 to learn how to do bronchoscopy.

NOTE Confidence: 0.774261078333333

00:04:42.570 --> 00:04:44.778 So I think I would say you could

NOTE Confidence: 0.774261078333333

00:04:44.778 --> 00:04:46.410 actually turn it into whatever.

NOTE Confidence: 0.774261078333333

00:04:46.410 --> 00:04:48.126 Like you can turn the fellowship

NOTE Confidence: 0.774261078333333

00:04:48.126 --> 00:04:49.790 into whatever you want it to be.

NOTE Confidence: 0.694611238571429

00:04:49.870 --> 00:04:52.336 The mentorship I had is what

NOTE Confidence: 0.694611238571429

00:04:52.336 --> 00:04:55.510 changed my life as a clinician,

NOTE Confidence: 0.694611238571429

00:04:55.510 --> 00:04:58.280 but also as a person. So Umm,

NOTE Confidence: 0.694611238571429

00:04:58.280 --> 00:05:00.650 come to you for the people

NOTE Confidence: 0.765974851111111

00:05:00.660 --> 00:05:04.615 you are going to be super strong

NOTE Confidence: 0.765974851111111

00:05:04.615 --> 00:05:06.678 neuro intensivist? Who's going

NOTE Confidence: 0.765974851111111

00:05:06.678 --> 00:05:11.910 to be confident on anything and?

NOTE Confidence: 0.765974851111111

00:05:11.910 --> 00:05:14.998 Yeah, so you have to come to Yale.