WEBVTT

NOTE duration: "00:11:04.4800000"

NOTE language:en-us

NOTE Confidence: 0.866551756858826

 $00:00:00.000 \longrightarrow 00:00:01.680$ I am Michael block.

NOTE Confidence: 0.866551756858826

00:00:01.680 --> 00:00:03.360 I'm associate professor in

NOTE Confidence: 0.866551756858826

 $00:00:03.360 \longrightarrow 00:00:05.259$ the Child study center.

NOTE Confidence: 0.866551756858826

 $00:00:05.260 \longrightarrow 00:00:08.116$ I was also a resident in the

NOTE Confidence: 0.866551756858826

00:00:08.116 --> 00:00:10.480 solar Program from 2004 to two,

NOTE Confidence: 0.866551756858826

 $00:00:10.480 \longrightarrow 00:00:12.485$ 2010 and now the associate

NOTE Confidence: 0.866551756858826

 $00{:}00{:}12.485 \dashrightarrow 00{:}00{:}14.490$ Program Director of that program.

NOTE Confidence: 0.866551756858826

00:00:14.490 --> 00:00:16.814 Today I'm going to be trying to

NOTE Confidence: 0.866551756858826

 $00{:}00{:}16.814 \dashrightarrow 00{:}00{:}18.699$ convince you that your astrological

NOTE Confidence: 0.866551756858826

 $00:00:18.699 \longrightarrow 00:00:20.734$ sign is associated with your

NOTE Confidence: 0.866551756858826

00:00:20.734 --> 00:00:22.910 risk for ADHD specifically,

NOTE Confidence: 0.866551756858826

 $00{:}00{:}22.910 \longrightarrow 00{:}00{:}26.249$ will be talking bout a meta analysis

NOTE Confidence: 0.866551756858826

 $00:00:26.249 \longrightarrow 00:00:29.689$ looking at the risk of 80 HD as

NOTE Confidence: 0.866551756858826

 $00:00:29.689 \longrightarrow 00:00:32.170$ a function of your birth date.

 $00:00:32.170 \longrightarrow 00:00:35.106$ So this is work that I've done with

NOTE Confidence: 0.866551756858826

 $00{:}00{:}35.106 \dashrightarrow 00{:}00{:}38.228$ Jose Flores who's a resident in the

NOTE Confidence: 0.866551756858826

 $00{:}00{:}38.228 \dashrightarrow 00{:}00{:}40.533$ adult psychiatry programs also work

NOTE Confidence: 0.866551756858826

00:00:40.614 --> 00:00:43.050 closely with the Child Study Center

NOTE Confidence: 0.866551756858826

00:00:43.050 --> 00:00:46.016 through the T 32 and we're going to

NOTE Confidence: 0.866551756858826

 $00:00:46.016 \longrightarrow 00:00:48.981$ be talking about ADHD and 80 HD is

NOTE Confidence: 0.866551756858826

00:00:48.981 --> 00:00:51.186 a child onset psychiatric disorder

NOTE Confidence: 0.866551756858826

 $00{:}00{:}51.186 \dashrightarrow 00{:}00{:}53.440$ characterized by both in attention,

NOTE Confidence: 0.866551756858826

00:00:53.440 --> 00:00:53.862 hyperactivity,

NOTE Confidence: 0.866551756858826

00:00:53.862 --> 00:00:55.972 and impulsive iti that has

NOTE Confidence: 0.866551756858826

00:00:55.972 --> 00:00:58.020 an on set priority age,

NOTE Confidence: 0.866551756858826

00:00:58.020 --> 00:01:00.939 12 years and in affects hidden causes,

NOTE Confidence: 0.866551756858826

 $00{:}01{:}00.940 \dashrightarrow 00{:}01{:}02.708$ symptoms in multiple settings.

NOTE Confidence: 0.866551756858826

00:01:02.708 --> 00:01:05.625 Home, school and or work and

NOTE Confidence: 0.866551756858826

 $00:01:05.625 \longrightarrow 00:01:07.110$ causes significant impairments.

00:01:07.110 --> 00:01:10.080 Also ADHD is quite heritable disorder,

NOTE Confidence: 0.866551756858826

 $00{:}01{:}10.080 \dashrightarrow 00{:}01{:}13.472$ so it has a high degree of heritability

NOTE Confidence: 0.866551756858826

 $00:01:13.472 \longrightarrow 00:01:16.156$ as compared to other psychiatric

NOTE Confidence: 0.866551756858826

 $00:01:16.156 \longrightarrow 00:01:18.484$ disorders similar to autism.

NOTE Confidence: 0.866551756858826

 $00:01:18.490 \longrightarrow 00:01:19.975$ Schizophrenia, bipolar disorder.

NOTE Confidence: 0.866551756858826

00:01:19.975 --> 00:01:22.945 Much higher than depression or anxiety.

NOTE Confidence: 0.866551756858826

 $00:01:22.950 \longrightarrow 00:01:26.415$ When you look at a twin studies

NOTE Confidence: 0.866551756858826

 $00:01:26.415 \longrightarrow 00:01:27.900$ or molecular data.

NOTE Confidence: 0.866551756858826 00:01:27.900 --> 00:01:28.414 Also,

NOTE Confidence: 0.866551756858826

 $00:01:28.414 \longrightarrow 00:01:30.984$ there's a pretty clear brain

NOTE Confidence: 0.866551756858826

 $00{:}01{:}30.984 \dashrightarrow 00{:}01{:}33.360$ signature associated with those CD.

NOTE Confidence: 0.866551756858826 00:01:33.360 --> 00:01:34.106 That is, NOTE Confidence: 0.866551756858826

00:01:34.106 --> 00:01:34.852 with 80HD,

NOTE Confidence: 0.866551756858826

00:01:34.852 --> 00:01:37.642 that is that ADHD is associated with

NOTE Confidence: 0.866551756858826

 $00:01:37.642 \longrightarrow 00:01:40.017$ delayed development of the prefrontal

NOTE Confidence: 0.866551756858826

 $00:01:40.017 \longrightarrow 00:01:43.097$ brain regions that are involved in

 $00:01:43.097 \longrightarrow 00:01:45.293$ cognitive control processes involved

NOTE Confidence: 0.866551756858826

 $00:01:45.293 \longrightarrow 00:01:49.880$ in sustained attention and motor planning.

NOTE Confidence: 0.866551756858826

 $00:01:49.880 \longrightarrow 00:01:52.484$ So I'm going to be talking a

NOTE Confidence: 0.866551756858826

00:01:52.484 --> 00:01:54.509 little bit about my family,

NOTE Confidence: 0.866551756858826

00:01:54.510 --> 00:01:57.598 so this is a picture of my wife,

NOTE Confidence: 0.866551756858826 00:01:57.600 --> 00:01:57.986 Angie,

NOTE Confidence: 0.866551756858826

00:01:57.986 --> 00:02:01.460 and our three kids going from left to right,

NOTE Confidence: 0.866551756858826

 $00:02:01.460 \longrightarrow 00:02:02.920$ Sam, Paul, and Rachel.

NOTE Confidence: 0.866551756858826

 $00{:}02{:}02{:}02{:}920 \dashrightarrow 00{:}02{:}06.541$ And this is a picture in Paul and Sam's

NOTE Confidence: 0.866551756858826

 $00{:}02{:}06.541 \dashrightarrow 00{:}02{:}09.241$ and Rachel's kindergarten room at the

NOTE Confidence: 0.866551756858826

 $00:02:09.241 \longrightarrow 00:02:12.416$ Child Care Center at Bodel here at Yale.

NOTE Confidence: 0.866551756858826

00:02:12.420 --> 00:02:14.996 And Paul will be talking bout now

NOTE Confidence: 0.866551756858826

 $00:02:14.996 \longrightarrow 00:02:17.819$ is now bout to turn 8 years old.

NOTE Confidence: 0.866551756858826

 $00:02:17.820 \longrightarrow 00:02:20.088$ His birthday pretty soon he plans

NOTE Confidence: 0.866551756858826

 $00:02:20.088 \longrightarrow 00:02:22.348$ to have a YouTube channel where

 $00:02:22.348 \longrightarrow 00:02:25.020$ he where he plans to be a star.

NOTE Confidence: 0.866551756858826

 $00{:}02{:}25.020 \dashrightarrow 00{:}02{:}26.946$ He doesn't know quite what he's

NOTE Confidence: 0.866551756858826

00:02:26.946 --> 00:02:29.371 gonna do on on his YouTube channel

NOTE Confidence: 0.866551756858826

 $00:02:29.371 \longrightarrow 00:02:31.863$ yet but he really likes to race

NOTE Confidence: 0.866551756858826

 $00:02:31.935 \longrightarrow 00:02:34.377$ Matchbox cars in my monster trucks.

NOTE Confidence: 0.866551756858826

 $00{:}02{:}34.380 \dashrightarrow 00{:}02{:}36.432$ Watch Minecraft videos on YouTube and

NOTE Confidence: 0.866551756858826

00:02:36.432 --> 00:02:38.340 also really likes unboxing presence,

NOTE Confidence: 0.866551756858826

 $00:02:38.340 \longrightarrow 00:02:41.572$ so maybe he's I think he's hoping to

NOTE Confidence: 0.866551756858826

 $00{:}02{:}41.572 \dashrightarrow 00{:}02{:}45.205$ have a career in that at this point.

NOTE Confidence: 0.866551756858826

 $00:02:45.210 \longrightarrow 00:02:49.620$ So a couple of years ago.

NOTE Confidence: 0.866551756858826

 $00:02:49.620 \longrightarrow 00:02:51.786$ Is the scene was very different

NOTE Confidence: 0.866551756858826

00:02:51.786 --> 00:02:53.230 in this kindergarten classroom,

NOTE Confidence: 0.866551756858826

 $00:02:53.230 \longrightarrow 00:02:56.102$ so both Sam and Paul were in kindergarten

NOTE Confidence: 0.866551756858826

00:02:56.102 --> 00:02:58.369 at Bloedel and I remember when I

NOTE Confidence: 0.866551756858826

00:02:58.369 --> 00:03:01.169 picked up all one day from kindergarten,

NOTE Confidence: 0.866551756858826

 $00:03:01.170 \longrightarrow 00:03:03.246$ he said I'm not as smart

 $00:03:03.246 \longrightarrow 00:03:05.140$ as all the other kids.

NOTE Confidence: 0.866551756858826

 $00{:}03{:}05.140 \dashrightarrow 00{:}03{:}07.790$ I can't do what what they can do and and

NOTE Confidence: 0.866551756858826

00:03:07.860 --> 00:03:10.215 actually his experience was probably

NOTE Confidence: 0.866551756858826

 $00:03:10.215 \longrightarrow 00:03:12.570$ pretty accurate in that classroom.

NOTE Confidence: 0.866551756858826

00:03:12.570 --> 00:03:14.898 He was one thing you don't

NOTE Confidence: 0.866551756858826

00:03:14.898 --> 00:03:16.880 know about Paul and Sam,

NOTE Confidence: 0.866551756858826

00:03:16.880 --> 00:03:19.936 yet is that their birthday was right at

NOTE Confidence: 0.866551756858826

 $00:03:19.936 \longrightarrow 00:03:23.147$ the end of the calendar year in 2012,

NOTE Confidence: 0.866551756858826

 $00:03:23.150 \longrightarrow 00:03:26.678$ so they so they were born on December 13th,

NOTE Confidence: 0.866551756858826

 $00:03:26.680 \longrightarrow 00:03:27.072 \ 2012.$

NOTE Confidence: 0.866551756858826

 $00:03:27.072 \longrightarrow 00:03:29.424$ So it did day after 1212.

NOTE Confidence: 0.871106386184692

 $00:03:29.430 \longrightarrow 00:03:31.859$ Twelve. That was hoping for and a

NOTE Confidence: 0.871106386184692

 $00:03:31.859 \longrightarrow 00:03:34.130$ little before the Mayan Apocalypse,

NOTE Confidence: 0.871106386184692

 $00:03:34.130 \longrightarrow 00:03:36.090$ which was twelve 2112 chairs.

NOTE Confidence: 0.871106386184692

00:03:36.090 --> 00:03:38.925 Also hoping for, but like you don't

00:03:38.925 --> 00:03:41.338 know and relevant to this potentially

NOTE Confidence: 0.871106386184692

 $00:03:41.338 \longrightarrow 00:03:43.956$ is that the cut off date for.

NOTE Confidence: 0.871106386184692

 $00:03:43.960 \longrightarrow 00:03:46.618$ Kindergarten and grades in school in

NOTE Confidence: 0.871106386184692

00:03:46.618 --> 00:03:48.720 Connecticut is actually January 1st,

NOTE Confidence: 0.871106386184692

 $00:03:48.720 \longrightarrow 00:03:52.184$ so both Paul and Sam were extremely young

NOTE Confidence: 0.871106386184692

 $00:03:52.184 \longrightarrow 00:03:55.850$ for their for their grade in school when

NOTE Confidence: 0.871106386184692

 $00:03:55.850 \longrightarrow 00:03:59.099$ they were starting out in kindergarten.

NOTE Confidence: 0.871106386184692

00:03:59.100 --> 00:04:01.515 And so their experience that they were,

NOTE Confidence: 0.871106386184692

00:04:01.520 --> 00:04:03.970 you know Paul's experience that he was

NOTE Confidence: 0.871106386184692

 $00:04:03.970 \longrightarrow 00:04:06.469$ behind all the other kids may actually

NOTE Confidence: 0.871106386184692

 $00{:}04{:}06.469 \dashrightarrow 00{:}04{:}09.129$ be accurate and true at that age Ann.

NOTE Confidence: 0.871106386184692

 $00:04:09.130 \longrightarrow 00:04:11.433$ And So what we were really interested

NOTE Confidence: 0.871106386184692

 $00:04:11.433 \longrightarrow 00:04:14.474$ in a lot of and similarly a lot of

NOTE Confidence: 0.871106386184692

 $00:04:14.474 \longrightarrow 00:04:17.089$ patients that I come across in clinic.

NOTE Confidence: 0.871106386184692

00:04:17.090 --> 00:04:19.714 They get evaluated for 80 HD and they

NOTE Confidence: 0.871106386184692

 $00:04:19.714 \longrightarrow 00:04:22.186$ are often kind of really young for

00:04:22.186 --> 00:04:24.700 their age for their grade and young.

NOTE Confidence: 0.871106386184692

 $00:04:24.700 \longrightarrow 00:04:26.430$ And so the question is,

NOTE Confidence: 0.871106386184692

00:04:26.430 --> 00:04:28.185 is birthday to actually associated

NOTE Confidence: 0.871106386184692

 $00:04:28.185 \longrightarrow 00:04:29.589$ with the risk of.

NOTE Confidence: 0.871106386184692

 $00:04:29.590 \longrightarrow 00:04:30.865$ Of being diagnosed,

NOTE Confidence: 0.871106386184692

 $00:04:30.865 \longrightarrow 00:04:33.415$ you're treated for ADHD and we

NOTE Confidence: 0.871106386184692

 $00:04:33.415 \longrightarrow 00:04:35.358$ actually did a meta analysis.

NOTE Confidence: 0.871106386184692

 $00{:}04{:}35.360 \dashrightarrow 00{:}04{:}38.111$ Jose and I involving 14 studies that

NOTE Confidence: 0.871106386184692

 $00:04:38.111 \longrightarrow 00:04:40.640$ were actually involved more than 3

NOTE Confidence: 0.871106386184692

 $00:04:40.640 \longrightarrow 00:04:42.765$ million children across nine countries.

NOTE Confidence: 0.871106386184692

 $00:04:42.770 \longrightarrow 00:04:44.835$ Looking at is there Association

NOTE Confidence: 0.871106386184692

 $00:04:44.835 \longrightarrow 00:04:47.310$ between birthdate and risk of ADHD.

NOTE Confidence: 0.871106386184692

 $00:04:47.310 \longrightarrow 00:04:51.430$ And is it related to the school cut off date?

NOTE Confidence: 0.871106386184692

00:04:51.430 --> 00:04:53.134 You know, in schools?

NOTE Confidence: 0.871106386184692

 $00:04:53.134 \longrightarrow 00:04:56.749$ And so when you look at risk of

00:04:56.749 --> 00:04:59.641 ADHD being diagnosed or treated by

NOTE Confidence: 0.871106386184692

 $00{:}04{:}59.641 \dashrightarrow 00{:}05{:}02.752$ by birth month in school districts

NOTE Confidence: 0.871106386184692

00:05:02.752 --> 00:05:05.818 that have a January cut off,

NOTE Confidence: 0.871106386184692

 $00:05:05.820 \longrightarrow 00:05:08.160$ you see that there's a.

NOTE Confidence: 0.871106386184692

00:05:08.160 --> 00:05:10.968 There's an increasing risk of being

NOTE Confidence: 0.871106386184692

 $00:05:10.968 \longrightarrow 00:05:13.310$ diagnosed or treated for ADHD.

NOTE Confidence: 0.871106386184692

 $00:05:13.310 \longrightarrow 00:05:17.046$ As you get later in the calendar year.

NOTE Confidence: 0.871106386184692

00:05:17.050 --> 00:05:21.253 So as as when you're younger for your grade,

NOTE Confidence: 0.871106386184692

 $00{:}05{:}21.260 \dashrightarrow 00{:}05{:}23.660$ so the largest odds ratios.

NOTE Confidence: 0.871106386184692

 $00:05:23.660 \longrightarrow 00:05:26.644$ For risk of 80 HD is in October,

NOTE Confidence: 0.871106386184692

 $00{:}05{:}26.650 --> 00{:}05{:}27.398$ not November.

NOTE Confidence: 0.871106386184692

 $00:05:27.398 \longrightarrow 00:05:28.520$ The seven December,

NOTE Confidence: 0.871106386184692

00:05:28.520 --> 00:05:30.770 right before the January cut off,

NOTE Confidence: 0.871106386184692

00:05:30.770 --> 00:05:33.008 and it's the least in January,

NOTE Confidence: 0.871106386184692

 $00:05:33.010 \longrightarrow 00:05:33.756$ February, March,

NOTE Confidence: 0.871106386184692

 $00:05:33.756 \longrightarrow 00:05:35.994$ right after the January cut off.

 $00:05:36.000 \longrightarrow 00:05:38.070$ And if you look similarly in

NOTE Confidence: 0.871106386184692

 $00:05:38.070 \longrightarrow 00:05:40.334$ studies where the cut off for

NOTE Confidence: 0.871106386184692

00:05:40.334 --> 00:05:42.354 school district is September 1st,

NOTE Confidence: 0.871106386184692

 $00:05:42.360 \longrightarrow 00:05:44.598$ you see a very similar trend.

NOTE Confidence: 0.871106386184692

 $00:05:44.600 \longrightarrow 00:05:47.656$ I'll be it offset by four months for

NOTE Confidence: 0.871106386184692

 $00:05:47.656 \longrightarrow 00:05:50.254$ the different cut off date and then

NOTE Confidence: 0.871106386184692

 $00:05:50.254 \longrightarrow 00:05:52.856$ you see the highest risk of ADHD

NOTE Confidence: 0.871106386184692

 $00{:}05{:}52.856 \to 00{:}05{:}55.148$ occurring in kids that are born.

NOTE Confidence: 0.871106386184692

00:05:55.150 --> 00:05:56.551 In August, July,

NOTE Confidence: 0.871106386184692 00:05:56.551 --> 00:05:57.018 June,

NOTE Confidence: 0.871106386184692

 $00:05:57.018 \longrightarrow 00:06:00.731$ right before the that our youngest for their

NOTE Confidence: 0.871106386184692

 $00:06:00.731 \longrightarrow 00:06:04.011$ school grade and you see the lowest risk

NOTE Confidence: 0.871106386184692

 $00:06:04.098 \dashrightarrow 00:06:07.297$ of being diagnosed or treated for ADHD,

NOTE Confidence: 0.871106386184692

 $00{:}06{:}07.300 \dashrightarrow 00{:}06{:}09.550$ being right after the school

NOTE Confidence: 0.871106386184692

 $00:06:09.550 \longrightarrow 00:06:11.800$ cut off date September October,

 $00:06:11.800 \longrightarrow 00:06:13.520$ November, December.

NOTE Confidence: 0.871106386184692

00:06:13.520 --> 00:06:16.100 And not surprisingly,

NOTE Confidence: 0.871106386184692

 $00:06:16.100 \longrightarrow 00:06:21.428$ when you overlay these two possible.

NOTE Confidence: 0.871106386184692

 $00:06:21.430 \longrightarrow 00:06:23.971$ Patterns for school cut off dates and

NOTE Confidence: 0.871106386184692

 $00:06:23.971 \longrightarrow 00:06:26.698$ you line them based on cut off date.

NOTE Confidence: 0.871106386184692

 $00:06:26.700 \longrightarrow 00:06:29.367$ You see a very similar pattern where

NOTE Confidence: 0.871106386184692

 $00:06:29.367 \longrightarrow 00:06:32.090$ kids are most likely to be diagnosed

NOTE Confidence: 0.871106386184692

 $00{:}06{:}32.090 \dashrightarrow 00{:}06{:}34.742$ with ADHD and have an odds ratio

NOTE Confidence: 0.871106386184692

 $00:06:34.742 \longrightarrow 00:06:37.382$ of about 1.2 in the in the month.

NOTE Confidence: 0.871106386184692

00:06:37.390 --> 00:06:39.220 Birth month right before the school

NOTE Confidence: 0.871106386184692

 $00{:}06{:}39.220 \mathrel{--}{>} 00{:}06{:}41.624$ cut off and have the least risk in

NOTE Confidence: 0.871106386184692

 $00:06:41.624 \longrightarrow 00:06:43.610$ the month after the school cut off.

NOTE Confidence: 0.893462538719177

 $00:06:45.760 \longrightarrow 00:06:47.516$ Furthermore, another way of

NOTE Confidence: 0.893462538719177

 $00:06:47.516 \longrightarrow 00:06:50.718$ looking at this is based on your

NOTE Confidence: 0.893462538719177

 $00:06:50.718 \longrightarrow 00:06:53.153$ likelihood of being diagnosed with

NOTE Confidence: 0.893462538719177

 $00:06:53.153 \longrightarrow 00:06:55.899$ ADHD or being treated for ADHD.

 $00:06:55.900 \longrightarrow 00:06:58.666$ If you were born 120 days,

NOTE Confidence: 0.893462538719177

 $00{:}06{:}58.670 \dashrightarrow 00{:}07{:}01.981$ so the four months before this school

NOTE Confidence: 0.893462538719177

 $00:07:01.981 \longrightarrow 00:07:05.132$ cut off first is 120 days after

NOTE Confidence: 0.893462538719177

 $00:07:05.132 \longrightarrow 00:07:08.653$ the school cut off and you see the

NOTE Confidence: 0.893462538719177

00:07:08.653 --> 00:07:11.575 odds of being diagnosed with ADHD,

NOTE Confidence: 0.893462538719177

 $00:07:11.580 \longrightarrow 00:07:15.276$ the odds ratio is about one point 1.38.

NOTE Confidence: 0.893462538719177

 $00:07:15.280 \longrightarrow 00:07:17.744$ If you were born in the 120

NOTE Confidence: 0.893462538719177

 $00:07:17.744 \longrightarrow 00:07:19.460$ days before the school,

NOTE Confidence: 0.893462538719177

 $00:07:19.460 \longrightarrow 00:07:21.360$ cut off rather than 120

NOTE Confidence: 0.893462538719177

 $00:07:21.360 \longrightarrow 00:07:22.880$ days after the school,

NOTE Confidence: 0.893462538719177

 $00:07:22.880 \longrightarrow 00:07:25.920$ cut off date and so that's associated with.

NOTE Confidence: 0.893462538719177

 $00:07:25.920 \longrightarrow 00:07:29.595$ So being younger is associated with a

NOTE Confidence: 0.893462538719177

 $00:07:29.595 \dashrightarrow 00:07:32.308$ fairly substantial increase risk of ADHD.

NOTE Confidence: 0.893462538719177

 $00:07:32.310 \longrightarrow 00:07:35.150$ And if you look at this heat map,

NOTE Confidence: 0.893462538719177

 $00:07:35.150 \longrightarrow 00:07:37.614$ which looks at how the odds ratio

 $00:07:37.614 \longrightarrow 00:07:40.184$ depends on when you set the the

NOTE Confidence: 0.893462538719177

 $00{:}07{:}40.184 \dashrightarrow 00{:}07{:}42.338$ interval time before and after you

NOTE Confidence: 0.893462538719177

00:07:42.418 --> 00:07:44.446 see that the closer the interval

NOTE Confidence: 0.893462538719177

 $00:07:44.446 \longrightarrow 00:07:46.877$ time is to the cut off date,

NOTE Confidence: 0.893462538719177

 $00:07:46.877 \longrightarrow 00:07:49.710$ the higher the odds ratio of 80 HD.

NOTE Confidence: 0.893462538719177

 $00:07:49.710 \longrightarrow 00:07:52.150$ So if you're born in the 30 days

NOTE Confidence: 0.893462538719177

 $00:07:52.150 \longrightarrow 00:07:54.222$ before the school cut off compared

NOTE Confidence: 0.893462538719177

 $00:07:54.222 \longrightarrow 00:07:56.810$ to 30 days after the odds ratios

NOTE Confidence: 0.893462538719177

 $00:07:56.810 \longrightarrow 00:07:58.940$ approximated to be about 1.5,

NOTE Confidence: 0.893462538719177

 $00:07:58.940 \longrightarrow 00:08:00.710$ meaning that you're about 50%,

NOTE Confidence: 0.893462538719177

 $00:08:00.710 \longrightarrow 00:08:03.490$ you have about a 50%.

NOTE Confidence: 0.893462538719177

 $00:08:03.490 \longrightarrow 00:08:05.014$ Higher likelihood of being

NOTE Confidence: 0.893462538719177

 $00:08:05.014 \longrightarrow 00:08:06.157$ diagnosed with ADHD.

NOTE Confidence: 0.893462538719177

 $00:08:06.160 \longrightarrow 00:08:09.191$ If you were born in the month

NOTE Confidence: 0.893462538719177

 $00:08:09.191 \longrightarrow 00:08:11.914$ before the school cut off date

NOTE Confidence: 0.893462538719177

 $00:08:11.914 \longrightarrow 00:08:14.560$ as opposed to the month after.

00:08:14.560 --> 00:08:17.661 And into the bottom line is hopefully

NOTE Confidence: 0.893462538719177

 $00{:}08{:}17.661 \dashrightarrow 00{:}08{:}21.389$ first of all that I convinced you that.

NOTE Confidence: 0.893462538719177

 $00:08:21.390 \longrightarrow 00:08:23.560$ Your astral astrological sign is

NOTE Confidence: 0.893462538719177

00:08:23.560 --> 00:08:26.160 associated with your risk for ADHD,

NOTE Confidence: 0.893462538719177

 $00:08:26.160 \longrightarrow 00:08:29.600$ but that the month of your birth is

NOTE Confidence: 0.893462538719177

 $00:08:29.600 \longrightarrow 00:08:32.259$ strongly associated with your risk of

NOTE Confidence: 0.893462538719177

 $00:08:32.259 \longrightarrow 00:08:34.839$ being diagnosed and treated for ADHD.

NOTE Confidence: 0.893462538719177

 $00:08:34.840 \longrightarrow 00:08:37.738$ And this then the relationship is really

NOTE Confidence: 0.893462538719177

 $00:08:37.738 \longrightarrow 00:08:40.438$ defined by the school entrance cut

NOTE Confidence: 0.893462538719177

 $00:08:40.438 \longrightarrow 00:08:43.960$ off for the particular location you lived in.

NOTE Confidence: 0.893462538719177

 $00:08:43.960 \longrightarrow 00:08:46.130$ There's evidence that the affect

NOTE Confidence: 0.893462538719177

 $00:08:46.130 \longrightarrow 00:08:48.300$ re creases with increasing age,

NOTE Confidence: 0.893462538719177

 $00:08:48.300 \longrightarrow 00:08:51.394$ in that the odds ratio for treatment.

NOTE Confidence: 0.893462538719177

 $00:08:51.400 \longrightarrow 00:08:53.386$ But not diagnosis gets less as

NOTE Confidence: 0.893462538719177

 $00:08:53.386 \longrightarrow 00:08:55.775$ the kids get older so that this

 $00:08:55.775 \longrightarrow 00:08:57.761$ affect someone goes away as kids

NOTE Confidence: 0.893462538719177

 $00{:}08{:}57.761 \dashrightarrow 00{:}08{:}59.988$ get further advanced in school.

NOTE Confidence: 0.893462538719177

 $00:08:59.990 \longrightarrow 00:09:02.270$ It's also clear that the effect

NOTE Confidence: 0.893462538719177

 $00:09:02.270 \longrightarrow 00:09:04.504$ is fairly substantial if you look

NOTE Confidence: 0.893462538719177

 $00:09:04.504 \longrightarrow 00:09:06.436$ at the four months prior,

NOTE Confidence: 0.893462538719177

 $00{:}09{:}06.440 \dashrightarrow 00{:}09{:}08.588$ the odds ratio is a little

NOTE Confidence: 0.893462538719177

 $00:09:08.588 \longrightarrow 00:09:10.020$ more than 1/3 higher,

NOTE Confidence: 0.893462538719177

 $00:09:10.020 \longrightarrow 00:09:12.168$ and if you estimate the month

NOTE Confidence: 0.893462538719177

00:09:12.168 --> 00:09:13.957 before it's about 50% higher,

NOTE Confidence: 0.893462538719177

 $00:09:13.957 \longrightarrow 00:09:16.456$ so this is quite a substantial risk,

NOTE Confidence: 0.893462538719177

 $00{:}09{:}16.460 \dashrightarrow 00{:}09{:}18.632$ and I think this has significant

NOTE Confidence: 0.893462538719177

00:09:18.632 --> 00:09:20.400 implications for first of all,

NOTE Confidence: 0.893462538719177

 $00:09:20.400 \longrightarrow 00:09:22.608$ biological studies of children with ADHD.

NOTE Confidence: 0.893462538719177

 $00:09:22.610 \longrightarrow 00:09:25.040$ So that the important biological marker

NOTE Confidence: 0.893462538719177

 $00:09:25.040 \longrightarrow 00:09:28.394$ may not be your brain development compared

NOTE Confidence: 0.893462538719177

 $00{:}09{:}28.394 \dashrightarrow 00{:}09{:}31.154$ to your actual chronological age,

 $00:09:31.160 \longrightarrow 00:09:33.540$ but it's what you're expected.

NOTE Confidence: 0.893462538719177

 $00{:}09{:}33.540 \dashrightarrow 00{:}09{:}36.858$ Age is supposed to be in school.

NOTE Confidence: 0.893462538719177

 $00:09:36.860 \longrightarrow 00:09:40.115$ It also has profound implications for early

NOTE Confidence: 0.893462538719177

00:09:40.115 --> 00:09:42.559 childhood education and public policy,

NOTE Confidence: 0.893462538719177

 $00{:}09{:}42.560 \dashrightarrow 00{:}09{:}45.080$ so Paul's doing great in school

NOTE Confidence: 0.893462538719177

00:09:45.080 --> 00:09:48.631 now we held both him and Sam back

NOTE Confidence: 0.893462538719177

00:09:48.631 --> 00:09:51.307 a year before they repeat repeated

NOTE Confidence: 0.893462538719177

 $00{:}09{:}51.397 \dashrightarrow 00{:}09{:}54.457$ kindergarten at a different school.

NOTE Confidence: 0.893462538719177 00:09:54.460 --> 00:09:55.672 But then. NOTE Confidence: 0.893462538719177

00:09:55.672 --> 00:09:58.096 That decision is significant

NOTE Confidence: 0.893462538719177

 $00:09:58.096 \longrightarrow 00:09:59.308$ financial implications,

NOTE Confidence: 0.893462538719177

 $00:09:59.310 \longrightarrow 00:10:01.330$ you know probably cost.

NOTE Confidence: 0.893462538719177

00:10:01.330 --> 00:10:03.350 I estimated about \$36,000.

NOTE Confidence: 0.893462538719177

 $00:10:03.350 \longrightarrow 00:10:06.822$ The decision to have the kids stay

NOTE Confidence: 0.893462538719177

 $00:10:06.822 \longrightarrow 00:10:09.929$ at home for an extra year.

00:10:09.930 --> 00:10:12.475 It's actually probably much more

NOTE Confidence: 0.893462538719177

00:10:12.475 --> 00:10:15.020 than that and and clearly.

NOTE Confidence: 0.893462538719177

 $00:10:15.020 \longrightarrow 00:10:16.680$ Kids from more advantage

NOTE Confidence: 0.893462538719177

 $00:10:16.680 \longrightarrow 00:10:19.170$ households have more of an ability

NOTE Confidence: 0.871772348880768

 $00:10:19.240 \longrightarrow 00:10:21.304$ to delay the start of schooling

NOTE Confidence: 0.871772348880768

00:10:21.304 --> 00:10:23.214 and that may have significant

NOTE Confidence: 0.871772348880768

 $00:10:23.214 \longrightarrow 00:10:25.499$ effects over the long term.

NOTE Confidence: 0.871772348880768

00:10:25.500 --> 00:10:28.044 It also just emphasizes again the

NOTE Confidence: 0.871772348880768

 $00:10:28.044 \longrightarrow 00:10:29.740$ importance of school readiness

NOTE Confidence: 0.871772348880768

00:10:29.813 --> 00:10:31.748 programs that I was, you know,

NOTE Confidence: 0.871772348880768

 $00{:}10{:}31.748 \dashrightarrow 00{:}10{:}34.811$ I was well aware of Paul and Sam being

NOTE Confidence: 0.871772348880768

 $00:10:34.811 \longrightarrow 00:10:37.586$ behind before they started kindergarten.

NOTE Confidence: 0.871772348880768

 $00:10:37.590 \longrightarrow 00:10:40.278$ This definitely affected how we treated

NOTE Confidence: 0.871772348880768

00:10:40.278 --> 00:10:43.468 them in school and probably part of

NOTE Confidence: 0.871772348880768

 $00:10:43.468 \longrightarrow 00:10:46.096$ the reason why they're doing well.

NOTE Confidence: 0.871772348880768

 $00:10:46.100 \longrightarrow 00:10:48.830$ So I wanted to thank you for

 $00{:}10{:}48.830 \dashrightarrow 00{:}10{:}51.418$ listening and hope you come to you.