

WEBVTT

NOTE duration:"00:52:33"

NOTE recognizability:0.930

NOTE language:en-us

NOTE Confidence: 0.937075684210526

00:00:04.000 --> 00:00:05.230 All right, The way we're going

NOTE Confidence: 0.937075684210526

00:00:05.230 --> 00:00:07.137 to do is I'm going to take the

NOTE Confidence: 0.937075684210526

00:00:07.137 --> 00:00:08.432 first half of the presentation,

NOTE Confidence: 0.937075684210526

00:00:08.440 --> 00:00:09.656 and my colleague Dr.

NOTE Confidence: 0.937075684210526

00:00:09.656 --> 00:00:11.840 Beitel will be doing the second part.

NOTE Confidence: 0.937075684210526

00:00:11.840 --> 00:00:13.058 But why don't we start off

NOTE Confidence: 0.937075684210526

00:00:13.058 --> 00:00:14.240 with me sharing my screen?

NOTE Confidence: 0.9402536

00:00:16.400 --> 00:00:16.470 Yeah.

NOTE Confidence: 0.94226628

00:00:23.180 --> 00:00:25.364 All right. I'd like to begin

NOTE Confidence: 0.94226628

00:00:25.364 --> 00:00:26.820 with his land acknowledgement.

NOTE Confidence: 0.94226628

00:00:26.820 --> 00:00:28.400 Yale University acknowledges that

NOTE Confidence: 0.94226628

00:00:28.400 --> 00:00:29.980 indigenous peoples and nations,

NOTE Confidence: 0.94226628

00:00:29.980 --> 00:00:31.350 including Mohegan,

NOTE Confidence: 0.94226628

00:00:31.350 --> 00:00:34.090 Mashantucket Pequot, Eastern Pequot.
NOTE Confidence: 0.94226628

00:00:34.090 --> 00:00:35.578 Scatticoke, Golden Hill,
NOTE Confidence: 0.94226628

00:00:35.578 --> 00:00:36.570 Progressive, Niantic,
NOTE Confidence: 0.94226628

00:00:36.570 --> 00:00:38.520 and the Quinnipiac and other
NOTE Confidence: 0.94226628

00:00:38.520 --> 00:00:40.080 Algonquin speaking peoples have
NOTE Confidence: 0.94226628

00:00:40.080 --> 00:00:41.776 stewarded for the generations the
NOTE Confidence: 0.94226628

00:00:41.776 --> 00:00:43.648 lands and waterways of what what
NOTE Confidence: 0.94226628

00:00:43.706 --> 00:00:45.488 is now the state of Connecticut.
NOTE Confidence: 0.94226628

00:00:45.490 --> 00:00:47.488 We honor and respect the enduring
NOTE Confidence: 0.94226628

00:00:47.488 --> 00:00:49.159 relationship that exists between these
NOTE Confidence: 0.94226628

00:00:49.159 --> 00:00:50.887 peoples and nations and this land.
NOTE Confidence: 0.94226628

00:00:50.890 --> 00:00:50.970 All
NOTE Confidence: 0.957635836363636

00:00:53.850 --> 00:00:56.384 right, Well, welcome to our Native American
NOTE Confidence: 0.957635836363636

00:00:56.384 --> 00:00:58.250 Mental Health Program presentation.
NOTE Confidence: 0.957635836363636

00:00:58.250 --> 00:01:00.007 It's housed in the Child Studies Center,
NOTE Confidence: 0.957635836363636

00:01:00.010 --> 00:01:01.374 Yale School of Medicine.

NOTE Confidence: 0.957635836363636

00:01:01.374 --> 00:01:02.397 I'm Chris Cutter.

NOTE Confidence: 0.957635836363636

00:01:02.400 --> 00:01:03.786 My relations are out of the

NOTE Confidence: 0.957635836363636

00:01:03.786 --> 00:01:05.080 three ability of Crimes Nation,

NOTE Confidence: 0.957635836363636

00:01:05.080 --> 00:01:07.200 North Dakota. Some years ago,

NOTE Confidence: 0.957635836363636

00:01:07.200 --> 00:01:08.436 I served as Assistant Dean in

NOTE Confidence: 0.957635836363636

00:01:08.436 --> 00:01:09.586 Yale College and the Director

NOTE Confidence: 0.957635836363636

00:01:09.586 --> 00:01:10.971 of the Native American Cultural

NOTE Confidence: 0.957635836363636

00:01:10.971 --> 00:01:12.079 Center for the University.

NOTE Confidence: 0.94629164

00:01:14.600 --> 00:01:16.320 I'm joined by Mark Whiteell,

NOTE Confidence: 0.94629164

00:01:16.320 --> 00:01:18.660 my former post doctoral mentor

NOTE Confidence: 0.94629164

00:01:18.660 --> 00:01:20.953 now colleague who codirects our

NOTE Confidence: 0.94629164

00:01:20.953 --> 00:01:22.757 Clinical Research treatment program.

NOTE Confidence: 0.94629164

00:01:22.760 --> 00:01:25.274 We are delighted to welcome you

NOTE Confidence: 0.94629164

00:01:25.274 --> 00:01:27.402 and provide some background on

NOTE Confidence: 0.94629164

00:01:27.402 --> 00:01:28.943 diverse array of Native people

NOTE Confidence: 0.94629164

00:01:28.943 --> 00:01:30.248 living in the United States.
NOTE Confidence: 0.94629164

00:01:30.250 --> 00:01:32.406 And invite you to connect us to
NOTE Confidence: 0.94629164

00:01:32.406 --> 00:01:33.330 explore possible collaborations.
NOTE Confidence: 0.952146709090909

00:01:36.770 --> 00:01:38.882 We hope the Native American Mental
NOTE Confidence: 0.952146709090909

00:01:38.882 --> 00:01:41.243 Health Program becomes a conduit for
NOTE Confidence: 0.952146709090909

00:01:41.243 --> 00:01:43.608 the generation of culturally sensitive,
NOTE Confidence: 0.952146709090909

00:01:43.610 --> 00:01:46.042 sophisticated, and clinically useful
NOTE Confidence: 0.952146709090909

00:01:46.042 --> 00:01:48.014 research within for Native people.
NOTE Confidence: 0.952146709090909

00:01:48.014 --> 00:01:50.060 We're deeply committed to mentoring our
NOTE Confidence: 0.952146709090909

00:01:50.121 --> 00:01:52.326 Native students at all levels of training,
NOTE Confidence: 0.952146709090909

00:01:52.330 --> 00:01:54.526 from undergrads to post resident fellows.
NOTE Confidence: 0.93824092

00:01:56.930 --> 00:01:59.070 So I'll begin with this.
NOTE Confidence: 0.93824092

00:01:59.070 --> 00:02:01.828 The term Native American or American Indian.
NOTE Confidence: 0.93824092

00:02:01.830 --> 00:02:03.741 So this refers to a large and
NOTE Confidence: 0.93824092

00:02:03.741 --> 00:02:05.663 diverse group of people who descend
NOTE Confidence: 0.93824092

00:02:05.663 --> 00:02:07.388 from those first inhabitants of

NOTE Confidence: 0.93824092

00:02:07.388 --> 00:02:09.629 what is now called North America.

NOTE Confidence: 0.93824092

00:02:09.630 --> 00:02:11.688 In the introduction of her book titled

NOTE Confidence: 0.93824092

00:02:11.688 --> 00:02:13.549 Mental Health Care for Urban Indians,

NOTE Confidence: 0.93824092

00:02:13.550 --> 00:02:15.908 Doctor Witco notes there have been

NOTE Confidence: 0.93824092

00:02:15.908 --> 00:02:18.111 many discussions among Indian and non

NOTE Confidence: 0.93824092

00:02:18.111 --> 00:02:20.367 Indian people as to which name is most

NOTE Confidence: 0.93824092

00:02:20.438 --> 00:02:22.590 appropriate or politically correct.

NOTE Confidence: 0.93824092

00:02:22.590 --> 00:02:24.550 Depending on whom one asks,

NOTE Confidence: 0.93824092

00:02:24.550 --> 00:02:26.790 one will get two very different reasons,

NOTE Confidence: 0.93824092

00:02:26.790 --> 00:02:28.990 both of which are valid.

NOTE Confidence: 0.93824092

00:02:28.990 --> 00:02:29.750 In addition,

NOTE Confidence: 0.93824092

00:02:29.750 --> 00:02:32.030 the indigenous peoples living in Presentday,

NOTE Confidence: 0.93824092

00:02:32.030 --> 00:02:34.046 Alaska and Hawaii are referred to

NOTE Confidence: 0.93824092

00:02:34.046 --> 00:02:36.030 Alaskan Vedas and Native Hawaiians,

NOTE Confidence: 0.93824092

00:02:36.030 --> 00:02:36.670 respectively.

NOTE Confidence: 0.95836764

00:02:39.110 --> 00:02:40.950 While various terms are permissible,
NOTE Confidence: 0.95836764

00:02:40.950 --> 00:02:43.150 there are definite cultural and
NOTE Confidence: 0.95836764

00:02:43.150 --> 00:02:44.910 geographic use of preferences.
NOTE Confidence: 0.95836764

00:02:44.910 --> 00:02:48.078 In fact, no term for this group of people
NOTE Confidence: 0.95836764

00:02:48.078 --> 00:02:51.150 is free of problematic associations.
NOTE Confidence: 0.95836764

00:02:51.150 --> 00:02:53.790 When working with specific individual group,
NOTE Confidence: 0.95836764

00:02:53.790 --> 00:02:55.500 it's just best to ask
NOTE Confidence: 0.95836764

00:02:55.500 --> 00:02:56.868 which term is preferred.
NOTE Confidence: 0.95836764

00:02:56.870 --> 00:02:58.085 Often preference is.
NOTE Confidence: 0.95836764

00:02:58.085 --> 00:03:00.920 To be identified by tribe or village.
NOTE Confidence: 0.949040789375

00:03:03.040 --> 00:03:05.218 We will also be crossing disciplinary
NOTE Confidence: 0.949040789375

00:03:05.218 --> 00:03:08.265 boundaries by using client and patient and
NOTE Confidence: 0.949040789375

00:03:08.265 --> 00:03:09.798 counseling psychotherapy synonymously.
NOTE Confidence: 0.924875929333333

00:03:12.040 --> 00:03:14.308 Finally, we will make a distinction
NOTE Confidence: 0.924875929333333

00:03:14.308 --> 00:03:15.820 between modern medicine that's
NOTE Confidence: 0.924875929333333

00:03:15.883 --> 00:03:17.671 practiced in universities and

NOTE Confidence: 0.924875929333333

00:03:17.671 --> 00:03:19.420 hospitals and native medicine that's

NOTE Confidence: 0.924875929333333

00:03:19.420 --> 00:03:20.720 practiced by tradition healers.

NOTE Confidence: 0.946291552

00:03:27.150 --> 00:03:30.700 Recent US Census data, 2020.

NOTE Confidence: 0.946291552

00:03:30.700 --> 00:03:33.130 Indicates that 9.7 million people

NOTE Confidence: 0.946291552

00:03:33.130 --> 00:03:35.835 or 2.9% of the total population

NOTE Confidence: 0.946291552

00:03:35.835 --> 00:03:37.607 identified as American Indian

NOTE Confidence: 0.946291552

00:03:37.607 --> 00:03:39.620 or Alaskan native tribes.

NOTE Confidence: 0.946291552

00:03:39.620 --> 00:03:41.540 I'm sorry Alaskan native

NOTE Confidence: 0.9192969

00:03:47.580 --> 00:03:50.030 so alone in or when we say

NOTE Confidence: 0.9192969

00:03:50.030 --> 00:03:52.058 AIAIAN for short by the way.

NOTE Confidence: 0.9192969

00:03:52.060 --> 00:03:54.286 So that's in alone or in

NOTE Confidence: 0.9192969

00:03:54.286 --> 00:03:55.770 combination with another race.

NOTE Confidence: 0.9192969

00:03:55.770 --> 00:03:58.210 There are currently 574 federal

NOTE Confidence: 0.9192969

00:03:58.210 --> 00:04:00.162 recognized American Indian Alaskan

NOTE Confidence: 0.9192969

00:04:00.162 --> 00:04:02.726 Native tribes and villages in the US,

NOTE Confidence: 0.9192969

00:04:02.730 --> 00:04:04.941 representing tremendous cultural,
NOTE Confidence: 0.9192969
00:04:04.941 --> 00:04:07.889 linguistic and geographic diversity.
NOTE Confidence: 0.9192969
00:04:07.890 --> 00:04:10.032 Due in part to the federal relocation
NOTE Confidence: 0.9192969
00:04:10.032 --> 00:04:11.769 policies of the last century,
NOTE Confidence: 0.9192969
00:04:11.770 --> 00:04:14.650 most Native people, over 75%,
NOTE Confidence: 0.9192969
00:04:14.650 --> 00:04:16.250 now live in urban centers
NOTE Confidence: 0.9192969
00:04:16.250 --> 00:04:17.530 rather than on reservations.
NOTE Confidence: 0.9478010825
00:04:22.610 --> 00:04:25.278 Who is Native American?
NOTE Confidence: 0.9478010825
00:04:25.280 --> 00:04:27.080 Okay. So it's a loaded one.
NOTE Confidence: 0.9478010825
00:04:27.080 --> 00:04:28.373 Native American affiliation
NOTE Confidence: 0.9478010825
00:04:28.373 --> 00:04:30.097 has been determined by
NOTE Confidence: 0.9478010825
00:04:30.097 --> 00:04:31.920 biological and cultural factors.
NOTE Confidence: 0.9478010825
00:04:31.920 --> 00:04:35.144 So blood quantum or percentage
NOTE Confidence: 0.9478010825
00:04:35.144 --> 00:04:38.078 of Indian blood, quote UN quote,
NOTE Confidence: 0.9478010825
00:04:38.080 --> 00:04:39.730 must be demonstrated by what
NOTE Confidence: 0.9478010825
00:04:39.730 --> 00:04:41.875 is called a CID card or

NOTE Confidence: 0.9478010825
00:04:41.875 --> 00:04:43.800 certificate of Indian blood card,
NOTE Confidence: 0.9478010825
00:04:43.800 --> 00:04:46.130 which functions as a proof
NOTE Confidence: 0.9478010825
00:04:46.130 --> 00:04:47.994 of tribal and Roman.
NOTE Confidence: 0.9478010825
00:04:48.000 --> 00:04:50.184 This approach along with the use of.
NOTE Confidence: 0.9478010825
00:04:50.190 --> 00:04:51.262 Physical features.
NOTE Confidence: 0.9478010825
00:04:51.262 --> 00:04:52.870 So for example,
NOTE Confidence: 0.9478010825
00:04:52.870 --> 00:04:54.920 does someone look like your
NOTE Confidence: 0.9478010825
00:04:54.920 --> 00:04:56.150 stereotypical native person?
NOTE Confidence: 0.9478010825
00:04:56.150 --> 00:04:58.970 Is rooted in early understandings of
NOTE Confidence: 0.9478010825
00:04:58.970 --> 00:05:02.069 race laden with ideas from eugenics.
NOTE Confidence: 0.95635504
00:05:04.710 --> 00:05:06.470 When referring to culture, though,
NOTE Confidence: 0.95635504
00:05:06.470 --> 00:05:09.314 a helpful focus would observe the
NOTE Confidence: 0.95635504
00:05:09.314 --> 00:05:10.237 characteristic characteristic
NOTE Confidence: 0.95635504
00:05:10.237 --> 00:05:12.472 ways of thinking, feeling and
NOTE Confidence: 0.95635504
00:05:12.472 --> 00:05:14.710 behaving of the identified group,
NOTE Confidence: 0.95635504

00:05:14.710 --> 00:05:16.630 along with their rights,
NOTE Confidence: 0.95635504

00:05:16.630 --> 00:05:18.590 respective rights, rituals, myths.
NOTE Confidence: 0.957505142857143

00:05:23.580 --> 00:05:26.388 The increased risk for
NOTE Confidence: 0.957505142857143

00:05:26.388 --> 00:05:28.494 morbidity and mortality.
NOTE Confidence: 0.957505142857143

00:05:28.500 --> 00:05:31.116 So the most highlighted general and
NOTE Confidence: 0.957505142857143

00:05:31.116 --> 00:05:33.350 mental health disparities among Native
NOTE Confidence: 0.957505142857143

00:05:33.350 --> 00:05:35.508 American people are type 2 diabetes,
NOTE Confidence: 0.957505142857143

00:05:35.508 --> 00:05:37.020 substance abuse, and suicide.
NOTE Confidence: 0.957505142857143

00:05:37.020 --> 00:05:38.400 Also, unintentional accidents
NOTE Confidence: 0.957505142857143

00:05:38.400 --> 00:05:40.700 due to the significantly higher
NOTE Confidence: 0.957505142857143

00:05:40.770 --> 00:05:42.325 rates of prevalence compared to
NOTE Confidence: 0.957505142857143

00:05:42.325 --> 00:05:44.630 the rest of the US population.
NOTE Confidence: 0.957505142857143

00:05:44.630 --> 00:05:48.310 So in 2007, 2009 it's being updated.
NOTE Confidence: 0.957505142857143

00:05:48.310 --> 00:05:52.660 This is the most updated report on to
NOTE Confidence: 0.957505142857143

00:05:52.660 --> 00:05:56.070 I HSIHS means Indian Health Services.
NOTE Confidence: 0.957505142857143

00:05:56.070 --> 00:05:56.928 On this one.

NOTE Confidence: 0.957505142857143

00:05:56.928 --> 00:05:58.930 The age adjusted death rates for the

NOTE Confidence: 0.957505142857143

00:05:58.996 --> 00:06:01.191 following causes are considerably higher

NOTE Confidence: 0.957505142857143

00:06:01.191 --> 00:06:04.152 than those of the US are all races in 2008.

NOTE Confidence: 0.957505142857143

00:06:04.152 --> 00:06:07.246 So let's do some following comparisons of

NOTE Confidence: 0.957505142857143

00:06:07.246 --> 00:06:09.918 American Indians and Alaska Natives age

NOTE Confidence: 0.957505142857143

00:06:09.918 --> 00:06:12.226 adjusted compared to the rest of the US.

NOTE Confidence: 0.957505142857143

00:06:12.230 --> 00:06:13.946 So we have alcohol related deaths,

NOTE Confidence: 0.957505142857143

00:06:13.950 --> 00:06:17.675 it's 520% greater, chronic liver

NOTE Confidence: 0.957505142857143

00:06:17.675 --> 00:06:20.812 diseases and cirrhosis 368% greater,

NOTE Confidence: 0.957505142857143

00:06:20.812 --> 00:06:23.067 less of the US population,

NOTE Confidence: 0.957505142857143

00:06:23.070 --> 00:06:25.686 diabetes 177% greater.

NOTE Confidence: 0.957505142857143

00:06:25.686 --> 00:06:27.150 Typically type 2,

NOTE Confidence: 0.957505142857143

00:06:27.150 --> 00:06:29.010 unintentional injuries 141%

NOTE Confidence: 0.957505142857143

00:06:29.010 --> 00:06:31.510 greater and suicide 60% greater.

NOTE Confidence: 0.68443655

00:06:37.830 --> 00:06:40.826 Doctor Diller. Psychiatrist working

NOTE Confidence: 0.68443655

00:06:40.826 --> 00:06:43.822 with native people back in the 1970s

NOTE Confidence: 0.68443655

00:06:43.822 --> 00:06:46.272 generated an early list of cultural

NOTE Confidence: 0.68443655

00:06:46.272 --> 00:06:48.342 differences between the quote UN

NOTE Confidence: 0.68443655

00:06:48.342 --> 00:06:50.126 quote classic Western psychiatrist

NOTE Confidence: 0.68443655

00:06:50.130 --> 00:06:52.930 and Native American patients.

NOTE Confidence: 0.68443655

00:06:52.930 --> 00:06:54.962 The general theme involves

NOTE Confidence: 0.68443655

00:06:54.962 --> 00:06:56.486 differences between individual

NOTE Confidence: 0.68443655

00:06:56.486 --> 00:06:58.010 and collectivistic orientations.

NOTE Confidence: 0.933544788333333

00:07:00.650 --> 00:07:01.766 Let's take a look at that

NOTE Confidence: 0.926164946

00:07:04.250 --> 00:07:07.806 and we move on to Garrett.

NOTE Confidence: 0.926164946

00:07:07.806 --> 00:07:09.710 Garrett provides another version

NOTE Confidence: 0.926164946

00:07:09.710 --> 00:07:12.685 of this list with a similar

NOTE Confidence: 0.926164946

00:07:12.685 --> 00:07:14.230 distinction between individualistic

NOTE Confidence: 0.926164946

00:07:14.230 --> 00:07:15.775 and collectivistic stereotypes,

NOTE Confidence: 0.926164946

00:07:15.780 --> 00:07:17.740 a little bit more modernized.

NOTE Confidence: 0.9301902

00:07:19.860 --> 00:07:19.980 I'm

NOTE Confidence: 0.944827872727273
00:07:26.240 --> 00:07:28.736 going to share with you what we tell
NOTE Confidence: 0.944827872727273
00:07:28.736 --> 00:07:30.862 our undergraduate students when we
NOTE Confidence: 0.944827872727273
00:07:30.862 --> 00:07:33.317 frame these very sensitive issues.
NOTE Confidence: 0.944827872727273
00:07:33.320 --> 00:07:37.160 We say, remember, humans are fallible.
NOTE Confidence: 0.944827872727273
00:07:37.160 --> 00:07:39.336 We are cognitive misers.
NOTE Confidence: 0.944827872727273
00:07:39.336 --> 00:07:42.600 Thinking about differences can be stressful.
NOTE Confidence: 0.944827872727273
00:07:42.600 --> 00:07:44.588 Furthermore, I'd like to point out that.
NOTE Confidence: 0.944827872727273
00:07:44.590 --> 00:07:46.669 All human stereotype.
NOTE Confidence: 0.944827872727273
00:07:46.670 --> 00:07:49.510 It's a mental shorthand we we all share.
NOTE Confidence: 0.944827872727273
00:07:49.510 --> 00:07:51.190 Sometimes you can get us in trouble,
NOTE Confidence: 0.944827872727273
00:07:51.190 --> 00:07:52.662 particularly if we prejudge.
NOTE Confidence: 0.944827872727273
00:07:52.662 --> 00:07:54.870 Some people are very quick to
NOTE Confidence: 0.944827872727273
00:07:54.935 --> 00:07:57.027 prejudge without testing reality.
NOTE Confidence: 0.944827872727273
00:07:57.030 --> 00:07:57.307 Unfortunately,
NOTE Confidence: 0.944827872727273
00:07:57.307 --> 00:07:58.969 some people act on the prejudice
NOTE Confidence: 0.944827872727273

00:07:58.969 --> 00:08:00.389 and behave in racist ways.
NOTE Confidence: 0.94176311

00:08:06.090 --> 00:08:08.688 Categories. So I'd like to point
NOTE Confidence: 0.94176311

00:08:08.688 --> 00:08:11.278 out some problems with thinking in
NOTE Confidence: 0.94176311

00:08:11.278 --> 00:08:14.366 terms of either or or us versus them.
NOTE Confidence: 0.94176311

00:08:14.370 --> 00:08:17.680 Stereotypes. Nature.
NOTE Confidence: 0.94176311

00:08:17.680 --> 00:08:20.144 Itself resists simple categories.
NOTE Confidence: 0.94176311

00:08:20.144 --> 00:08:22.160 For example, in distinguishing
NOTE Confidence: 0.94176311

00:08:22.160 --> 00:08:24.400 an animal cell from a plant cell,
NOTE Confidence: 0.94176311

00:08:24.400 --> 00:08:28.580 we have a problem between group similarity.
NOTE Confidence: 0.94176311

00:08:28.580 --> 00:08:31.090 In other words, there's overlap,
NOTE Confidence: 0.94176311

00:08:31.090 --> 00:08:33.400 and we have a problem of
NOTE Confidence: 0.94176311

00:08:33.400 --> 00:08:35.240 within group heterogeneity,
NOTE Confidence: 0.94176311

00:08:35.240 --> 00:08:37.242 which is to say people or things
NOTE Confidence: 0.94176311

00:08:37.242 --> 00:08:39.557 within a group can be highly variable.
NOTE Confidence: 0.875446414285714

00:08:44.690 --> 00:08:46.778 So the dimensional models improve on
NOTE Confidence: 0.875446414285714

00:08:46.778 --> 00:08:49.210 these on categorical models because

NOTE Confidence: 0.875446414285714

00:08:49.210 --> 00:08:51.810 they capture more human complexity.

NOTE Confidence: 0.875446414285714

00:08:51.810 --> 00:08:54.210 Specifically, they allow for the

NOTE Confidence: 0.875446414285714

00:08:54.210 --> 00:08:55.650 possibility of biculturalism.

NOTE Confidence: 0.875446414285714

00:08:55.650 --> 00:08:57.282 In other words, a person could be high

NOTE Confidence: 0.875446414285714

00:08:57.282 --> 00:08:58.940 on native affiliation, for example,

NOTE Confidence: 0.875446414285714

00:08:58.940 --> 00:09:01.010 and also high on white affiliation,

NOTE Confidence: 0.875446414285714

00:09:01.010 --> 00:09:02.250 or any combination thereof.

NOTE Confidence: 0.96239308

00:09:08.990 --> 00:09:12.990 Acculturation is an interesting framework,

NOTE Confidence: 0.96239308

00:09:12.990 --> 00:09:14.766 so one of the popular conceptual

NOTE Confidence: 0.96239308

00:09:14.766 --> 00:09:16.708 frameworks is to think of native

NOTE Confidence: 0.96239308

00:09:16.708 --> 00:09:18.108 people as either traditional.

NOTE Confidence: 0.96239308

00:09:18.110 --> 00:09:20.450 Marginally assimilated by cultural

NOTE Confidence: 0.96239308

00:09:20.450 --> 00:09:23.710 assimilated to dominant culture or pan

NOTE Confidence: 0.96239308

00:09:23.710 --> 00:09:25.550 traditional pan traditional people,

NOTE Confidence: 0.96239308

00:09:25.550 --> 00:09:28.175 for example, are assimilated Native

NOTE Confidence: 0.96239308

00:09:28.175 --> 00:09:30.138 American peoples who have made the
NOTE Confidence: 0.96239308

00:09:30.138 --> 00:09:31.949 conscious choice to return to the old ways.
NOTE Confidence: 0.958832184615385

00:09:39.590 --> 00:09:41.418 Interventions for American Indian
NOTE Confidence: 0.958832184615385

00:09:41.418 --> 00:09:43.703 communities are too often focused
NOTE Confidence: 0.958832184615385

00:09:43.703 --> 00:09:45.870 on one individual pathology,
NOTE Confidence: 0.958832184615385

00:09:45.870 --> 00:09:48.306 to neglect of the general human
NOTE Confidence: 0.958832184615385

00:09:48.310 --> 00:09:50.078 and cultural specific strengths
NOTE Confidence: 0.958832184615385

00:09:50.078 --> 00:09:52.288 and focus on Western medicine.
NOTE Confidence: 0.958832184615385

00:09:52.290 --> 00:09:54.290 To the exclusion of indigenous
NOTE Confidence: 0.958832184615385

00:09:54.290 --> 00:09:55.890 cultural beliefs and practices.
NOTE Confidence: 0.958832184615385

00:09:55.890 --> 00:09:57.930 So in fact the cultural
NOTE Confidence: 0.958832184615385

00:09:57.930 --> 00:09:59.970 self can be quite healing.
NOTE Confidence: 0.958832184615385

00:09:59.970 --> 00:10:02.760 We focused, we should be focusing
NOTE Confidence: 0.958832184615385

00:10:02.760 --> 00:10:04.802 on strengths as much as weaknesses,
NOTE Confidence: 0.958832184615385

00:10:04.802 --> 00:10:06.470 and that's tended to be the
NOTE Confidence: 0.958832184615385

00:10:06.525 --> 00:10:08.259 approach that Doctor Patel and I

NOTE Confidence: 0.958832184615385

00:10:08.259 --> 00:10:10.250 take is focusing on the strengths.

NOTE Confidence: 0.958832184615385

00:10:10.250 --> 00:10:12.714 Social support and self esteem are both

NOTE Confidence: 0.958832184615385

00:10:12.714 --> 00:10:14.246 protective against suicidal ideation

NOTE Confidence: 0.958832184615385

00:10:14.246 --> 00:10:15.926 in American Indian adolescents.

NOTE Confidence: 0.958832184615385

00:10:15.930 --> 00:10:16.832 For example.

NOTE Confidence: 0.958832184615385

00:10:16.832 --> 00:10:18.636 Some evidence suggests that

NOTE Confidence: 0.958832184615385

00:10:18.636 --> 00:10:19.989 increased levels of.

NOTE Confidence: 0.958832184615385

00:10:19.990 --> 00:10:22.204 Hope and optimism are related to

NOTE Confidence: 0.958832184615385

00:10:22.204 --> 00:10:24.310 reduced levels of suicidal ideation,

NOTE Confidence: 0.958832184615385

00:10:24.310 --> 00:10:26.592 so having a sense of belonging was

NOTE Confidence: 0.958832184615385

00:10:26.592 --> 00:10:28.032 inversely associated with suicidal

NOTE Confidence: 0.958832184615385

00:10:28.032 --> 00:10:30.027 ideation but unrelated to attempts.

NOTE Confidence: 0.956720918181818

00:10:38.830 --> 00:10:41.620 Commitment to a Pan Indian spiritual

NOTE Confidence: 0.956720918181818

00:10:41.620 --> 00:10:43.480 orientation was associated with

NOTE Confidence: 0.956720918181818

00:10:43.551 --> 00:10:45.582 reduced self reported suicide attempts

NOTE Confidence: 0.956720918181818

00:10:45.582 --> 00:10:47.677 in one study, the authors define.
NOTE Confidence: 0.956720918181818

00:10:47.677 --> 00:10:49.222 Spiritual orientation with an 8
NOTE Confidence: 0.956720918181818

00:10:49.222 --> 00:10:50.738 item self important questionnaire
NOTE Confidence: 0.956720918181818

00:10:50.738 --> 00:10:52.426 designed for that purpose.
NOTE Confidence: 0.956720918181818

00:10:52.430 --> 00:10:56.130 So some of the these items are there
NOTE Confidence: 0.956720918181818

00:10:56.130 --> 00:10:58.790 is balance and order in the universe.
NOTE Confidence: 0.956720918181818

00:10:58.790 --> 00:11:01.150 I am in harmony with all living things.
NOTE Confidence: 0.956720918181818

00:11:01.150 --> 00:11:02.970 I feel connected with other
NOTE Confidence: 0.956720918181818

00:11:02.970 --> 00:11:04.426 people in my life.
NOTE Confidence: 0.956720918181818

00:11:04.430 --> 00:11:06.366 Follow the spiritual path,
NOTE Confidence: 0.956720918181818

00:11:06.366 --> 00:11:09.270 describe my by my tribal tradition.
NOTE Confidence: 0.956720918181818

00:11:09.270 --> 00:11:11.545 When I need to return to balance,
NOTE Confidence: 0.956720918181818

00:11:11.550 --> 00:11:14.167 I know what to do and I feel
NOTE Confidence: 0.956720918181818

00:11:14.167 --> 00:11:16.820 like I am living the right way.
NOTE Confidence: 0.956720918181818

00:11:16.820 --> 00:11:18.188 I give to others and receive
NOTE Confidence: 0.956720918181818

00:11:18.188 --> 00:11:19.100 from them in return,

NOTE Confidence: 0.956720918181818

00:11:19.100 --> 00:11:21.098 and I'm a person of integrity,

NOTE Confidence: 0.927495228

00:11:25.540 --> 00:11:27.540 so our native communities nearby.

NOTE Confidence: 0.942898642857143

00:11:30.340 --> 00:11:32.680 The provision of education of

NOTE Confidence: 0.942898642857143

00:11:32.680 --> 00:11:34.418 Native Americans is not stipulated

NOTE Confidence: 0.942898642857143

00:11:34.418 --> 00:11:36.703 in Yale's charter as it is in the

NOTE Confidence: 0.942898642857143

00:11:36.703 --> 00:11:38.498 charters of Harvard and Dartmouth.

NOTE Confidence: 0.942898642857143

00:11:38.500 --> 00:11:40.579 In fact, it took more than 200 years for

NOTE Confidence: 0.942898642857143

00:11:40.579 --> 00:11:42.769 Yale to graduate its first native student.

NOTE Confidence: 0.942898642857143

00:11:42.770 --> 00:11:44.653 His name was Henry Rowe Cloud and

NOTE Confidence: 0.942898642857143

00:11:44.653 --> 00:11:46.780 he's a member of the Pochuck Nation

NOTE Confidence: 0.942898642857143

00:11:46.780 --> 00:11:48.982 of Nebraska and he went on to work

NOTE Confidence: 0.942898642857143

00:11:48.982 --> 00:11:50.930 tirelessly on behalf for Native peoples.

NOTE Confidence: 0.942898642857143

00:11:50.930 --> 00:11:51.866 In recent years,

NOTE Confidence: 0.942898642857143

00:11:51.866 --> 00:11:54.050 Yale has done an excellent job in

NOTE Confidence: 0.942898642857143

00:11:54.113 --> 00:11:56.109 recruiting and retaining native

NOTE Confidence: 0.942898642857143

00:11:56.109 --> 00:11:58.210 students and has developed an impressive
NOTE Confidence: 0.942898642857143

00:11:58.210 --> 00:11:59.490 Native American Cultural Center,
NOTE Confidence: 0.942898642857143

00:11:59.490 --> 00:12:01.569 which I was very proud to be
NOTE Confidence: 0.942898642857143

00:12:01.569 --> 00:12:03.410 part of when development.
NOTE Confidence: 0.942898642857143

00:12:03.410 --> 00:12:04.950 So we all we have several groups
NOTE Confidence: 0.942898642857143

00:12:04.950 --> 00:12:06.369 out of the Native Cultural
NOTE Confidence: 0.942898642857143

00:12:06.369 --> 00:12:08.124 Center and the native community,
NOTE Confidence: 0.942898642857143

00:12:08.130 --> 00:12:09.060 the Yale group.
NOTE Confidence: 0.942898642857143

00:12:09.060 --> 00:12:11.619 For the study of Native America boasts a
NOTE Confidence: 0.942898642857143

00:12:11.619 --> 00:12:13.587 dozen faculty affiliates and many more
NOTE Confidence: 0.942898642857143

00:12:13.590 --> 00:12:15.670 postdoctoral and graduate students.
NOTE Confidence: 0.954789543333333

00:12:18.510 --> 00:12:19.416 For our program,
NOTE Confidence: 0.954789543333333

00:12:19.416 --> 00:12:21.228 our Native American Mental Health Program,
NOTE Confidence: 0.954789543333333

00:12:21.230 --> 00:12:22.622 we're quite proud of developing its
NOTE Confidence: 0.954789543333333

00:12:22.622 --> 00:12:24.470 first of its kind here on Yale campus.
NOTE Confidence: 0.954789543333333

00:12:24.470 --> 00:12:27.030 And not only would it be founded program,

NOTE Confidence: 0.954789543333333
00:12:27.030 --> 00:12:29.312 but we also teach a course for
NOTE Confidence: 0.954789543333333
00:12:29.312 --> 00:12:30.290 Yale undergraduates titled
NOTE Confidence: 0.954789543333333
00:12:30.352 --> 00:12:32.068 Native American Mental Health.
NOTE Confidence: 0.954789543333333
00:12:32.070 --> 00:12:34.044 And it's our hope between the
NOTE Confidence: 0.954789543333333
00:12:34.044 --> 00:12:35.756 undergrads and the graduate students
NOTE Confidence: 0.954789543333333
00:12:35.756 --> 00:12:38.129 we mentor it to increase the pipeline.
NOTE Confidence: 0.954789543333333
00:12:38.130 --> 00:12:39.530 For clinicians in the field of mental health,
NOTE Confidence: 0.954789543333333
00:12:39.530 --> 00:12:40.650 which is desperately needed.
NOTE Confidence: 0.9301903
00:12:42.930 --> 00:12:43.010 All
NOTE Confidence: 0.93522202
00:12:46.270 --> 00:12:51.959 right. So I'd like to take this time
NOTE Confidence: 0.93522202
00:12:51.959 --> 00:12:54.220 to introduce some of our fellow native
NOTE Confidence: 0.93522202
00:12:54.283 --> 00:12:56.586 clinicians and collaborators that help
NOTE Confidence: 0.93522202
00:12:56.586 --> 00:12:58.374 with this mission of increasing care
NOTE Confidence: 0.93522202
00:12:58.374 --> 00:13:00.001 and effectiveness of mental health
NOTE Confidence: 0.93522202
00:13:00.001 --> 00:13:01.305 interventions in Indian country.
NOTE Confidence: 0.93522202

00:13:01.310 --> 00:13:03.487 So we have and we're very lucky
NOTE Confidence: 0.93522202

00:13:03.487 --> 00:13:04.832 to have Linda Larva.
NOTE Confidence: 0.93522202

00:13:04.832 --> 00:13:06.998 She's a Yale graduate herself at
NOTE Confidence: 0.93522202

00:13:06.998 --> 00:13:08.790 the doctoral nursing program.
NOTE Confidence: 0.93522202

00:13:08.790 --> 00:13:11.334 She's a lifetime chief of the Michigan tribe.
NOTE Confidence: 0.93522202

00:13:11.340 --> 00:13:13.100 And also have Carla Knapp,
NOTE Confidence: 0.93522202

00:13:13.100 --> 00:13:14.660 a very close colleague of ours.
NOTE Confidence: 0.93522202

00:13:14.660 --> 00:13:16.526 She's the president of the Native
NOTE Confidence: 0.93522202

00:13:16.526 --> 00:13:18.387 Services division of the Boys and
NOTE Confidence: 0.93522202

00:13:18.387 --> 00:13:20.740 Girls Club of America, the largest
NOTE Confidence: 0.93522202

00:13:20.740 --> 00:13:23.220 Native youth serving organization.
NOTE Confidence: 0.93522202

00:13:23.220 --> 00:13:25.700 I think in the world.
NOTE Confidence: 0.93522202

00:13:25.700 --> 00:13:27.686 We have Wamney, evil woman, Arrow.
NOTE Confidence: 0.93522202

00:13:27.686 --> 00:13:30.002 She's the director and actually former
NOTE Confidence: 0.93522202

00:13:30.002 --> 00:13:32.658 director of Fort Belnet Social Services.
NOTE Confidence: 0.93522202

00:13:32.660 --> 00:13:34.816 She was when we made the video.

NOTE Confidence: 0.93522202

00:13:34.820 --> 00:13:37.868 She's moved on to a very similar field.

NOTE Confidence: 0.93522202

00:13:37.870 --> 00:13:39.574 And we also have our very

NOTE Confidence: 0.93522202

00:13:39.574 --> 00:13:40.426 own Stephanie Gilson,

NOTE Confidence: 0.93522202

00:13:40.430 --> 00:13:41.108 our child,

NOTE Confidence: 0.93522202

00:13:41.108 --> 00:13:42.803 child and adolescent fellow at

NOTE Confidence: 0.93522202

00:13:42.803 --> 00:13:44.669 the Yale Child Study Center.

NOTE Confidence: 0.93522202

00:13:44.670 --> 00:13:47.590 So go ahead and hit lay on this.

NOTE Confidence: 0.9402536

00:13:50.540 --> 00:13:52.920 A wig woman welcome Natti you is

NOTE Confidence: 0.9402536

00:13:52.920 --> 00:13:54.490 some squama time. What's hosh?

NOTE Confidence: 0.9402536

00:13:54.490 --> 00:13:56.140 My name is Chief Many hearts.

NOTE Confidence: 0.9402536

00:13:56.140 --> 00:13:58.456 Lynn Mullerba of the Mohegan tribe.

NOTE Confidence: 0.9402536

00:13:58.460 --> 00:14:00.112 And the reason I'm called the chief

NOTE Confidence: 0.9402536

00:14:00.112 --> 00:14:01.818 Many hearts is very personal to me.

NOTE Confidence: 0.9402536

00:14:01.820 --> 00:14:04.660 Our medicine woman stood the name upon me.

NOTE Confidence: 0.9402536

00:14:04.660 --> 00:14:07.132 My earliest career was as a critical care

NOTE Confidence: 0.9402536

00:14:07.132 --> 00:14:09.817 nurse and then as a hospital administrator,
NOTE Confidence: 0.9402536

00:14:09.820 --> 00:14:12.020 and I specialized in cardiology
NOTE Confidence: 0.9402536

00:14:12.020 --> 00:14:13.340 and critical care.
NOTE Confidence: 0.9402536

00:14:13.340 --> 00:14:14.780 And so when I became chief,
NOTE Confidence: 0.9402536

00:14:14.780 --> 00:14:16.690 our medicine woman said, well, you can't.
NOTE Confidence: 0.9402536

00:14:16.690 --> 00:14:18.565 Not take a Mohegan name.
NOTE Confidence: 0.9402536

00:14:18.570 --> 00:14:20.850 Now you've delayed, you've waited.
NOTE Confidence: 0.9402536

00:14:20.850 --> 00:14:23.330 You you know you dithered about about this.
NOTE Confidence: 0.9402536

00:14:23.330 --> 00:14:25.328 Now you actually have to take a Mohegan name.
NOTE Confidence: 0.9402536

00:14:25.330 --> 00:14:28.094 So she said I'm going to name you And
NOTE Confidence: 0.9402536

00:14:28.094 --> 00:14:30.650 so she said I'm going to call you chief
NOTE Confidence: 0.9402536

00:14:30.722 --> 00:14:32.686 many hearts because you've held many
NOTE Confidence: 0.9402536

00:14:32.686 --> 00:14:35.420 hearts in your hands in the past and now
NOTE Confidence: 0.9402536

00:14:35.420 --> 00:14:37.929 you hold our hearts in your hands as cheap.
NOTE Confidence: 0.9402536

00:14:37.930 --> 00:14:40.369 And so I thought that was the perfect name.
NOTE Confidence: 0.9402536

00:14:40.370 --> 00:14:42.416 I proudly carried that forward some

NOTE Confidence: 0.9402536

00:14:42.416 --> 00:14:44.863 squad is the Mohegan word for female

NOTE Confidence: 0.9402536

00:14:44.863 --> 00:14:47.250 chief because of course tribes are very.

NOTE Confidence: 0.9402536

00:14:47.250 --> 00:14:47.740 Egalitarian.

NOTE Confidence: 0.9402536

00:14:47.740 --> 00:14:51.170 And so women have always played large

NOTE Confidence: 0.9402536

00:14:51.170 --> 00:14:53.768 leadership roles in their communities.

NOTE Confidence: 0.9402536

00:14:53.770 --> 00:14:55.435 And so some squad translated

NOTE Confidence: 0.9402536

00:14:55.435 --> 00:14:56.767 me as rock woman.

NOTE Confidence: 0.9402536

00:14:56.770 --> 00:14:58.471 So who wouldn't just love to have

NOTE Confidence: 0.9402536

00:14:58.471 --> 00:15:00.546 that as your title, Rock Woman.

NOTE Confidence: 0.9402536

00:15:00.546 --> 00:15:02.010 And so I'm,

NOTE Confidence: 0.9402536

00:15:02.010 --> 00:15:04.170 I'm pleased to offer a few comments today,

NOTE Confidence: 0.9402536

00:15:04.170 --> 00:15:06.330 and I know they're supposed to be brief,

NOTE Confidence: 0.9402536

00:15:06.330 --> 00:15:09.274 but one of the things that was really

NOTE Confidence: 0.9402536

00:15:09.274 --> 00:15:12.515 important to me is as I moved away from

NOTE Confidence: 0.9402536

00:15:12.515 --> 00:15:15.183 actual clinical care and into tribal

NOTE Confidence: 0.9402536

00:15:15.183 --> 00:15:17.247 government and tribal governance.
NOTE Confidence: 0.9402536

00:15:17.250 --> 00:15:18.874 I always believed that it was my
NOTE Confidence: 0.9402536

00:15:18.874 --> 00:15:20.519 job to advocate for the best of
NOTE Confidence: 0.9402536

00:15:20.519 --> 00:15:21.644 all of the Indian country,
NOTE Confidence: 0.9402536

00:15:21.650 --> 00:15:24.044 not just for our own tribal people.
NOTE Confidence: 0.9402536

00:15:24.050 --> 00:15:26.114 And so I've been able to work at
NOTE Confidence: 0.9402536

00:15:26.114 --> 00:15:28.307 the national level to make sure that
NOTE Confidence: 0.9402536

00:15:28.307 --> 00:15:29.917 they're we're holding the United
NOTE Confidence: 0.9402536

00:15:29.977 --> 00:15:31.932 States accountable for their trust
NOTE Confidence: 0.9402536

00:15:31.932 --> 00:15:33.887 and treaty obligations to tribes.
NOTE Confidence: 0.9402536

00:15:33.890 --> 00:15:35.531 And we exchanged.
NOTE Confidence: 0.9402536

00:15:35.531 --> 00:15:38.813 Land and natural resources which the
NOTE Confidence: 0.9402536

00:15:38.813 --> 00:15:42.412 United States is now founded on in
NOTE Confidence: 0.9402536

00:15:42.412 --> 00:15:45.412 exchange for healthcare and and general
NOTE Confidence: 0.9402536

00:15:45.412 --> 00:15:48.989 welfare and education for our tribal people.
NOTE Confidence: 0.9402536

00:15:48.990 --> 00:15:51.601 So when Yale decided that they would

NOTE Confidence: 0.9402536

00:15:51.601 --> 00:15:54.658 offer a doctor of nursing practice in

NOTE Confidence: 0.9402536

00:15:54.658 --> 00:15:56.998 policy and leadership even though.

NOTE Confidence: 0.9402536

00:15:57.000 --> 00:15:57.592 You know,

NOTE Confidence: 0.9402536

00:15:57.592 --> 00:15:59.368 I'm was this close to collecting

NOTE Confidence: 0.9402536

00:15:59.368 --> 00:15:59.960 Social Security.

NOTE Confidence: 0.9402536

00:15:59.960 --> 00:16:00.394 I thought,

NOTE Confidence: 0.9402536

00:16:00.394 --> 00:16:00.828 you know,

NOTE Confidence: 0.9402536

00:16:00.828 --> 00:16:02.680 I really want to do this program because

NOTE Confidence: 0.9402536

00:16:02.680 --> 00:16:04.610 it will wrap up my earlier career

NOTE Confidence: 0.9402536

00:16:04.610 --> 00:16:07.137 with the work that I'm doing now and

NOTE Confidence: 0.9402536

00:16:07.137 --> 00:16:09.195 maybe I can make a big difference.

NOTE Confidence: 0.9402536

00:16:09.200 --> 00:16:12.328 And so I I applied for the doctor

NOTE Confidence: 0.9402536

00:16:12.328 --> 00:16:14.746 of nursing practice program and

NOTE Confidence: 0.9402536

00:16:14.746 --> 00:16:16.398 and also I thought,

NOTE Confidence: 0.9402536

00:16:16.400 --> 00:16:16.624 Gee,

NOTE Confidence: 0.9402536

00:16:16.624 --> 00:16:18.640 maybe I should have cared a bit more about
NOTE Confidence: 0.9402536

00:16:18.696 --> 00:16:20.800 what my grades were for my master's program,
NOTE Confidence: 0.9402536

00:16:20.800 --> 00:16:23.887 never thinking that I would apply for yet one
NOTE Confidence: 0.9402536

00:16:23.887 --> 00:16:27.408 more educational opportunity and what I did.
NOTE Confidence: 0.9402536

00:16:27.408 --> 00:16:29.568 As I explored budget and funding
NOTE Confidence: 0.9402536

00:16:29.568 --> 00:16:31.584 for Indian Health Services and it
NOTE Confidence: 0.9402536

00:16:31.584 --> 00:16:33.480 was really important work that we
NOTE Confidence: 0.9402536

00:16:33.480 --> 00:16:35.868 did and I'm proud to say that some
NOTE Confidence: 0.9402536

00:16:35.868 --> 00:16:37.800 of the work that we're doing now
NOTE Confidence: 0.9402536

00:16:37.800 --> 00:16:39.924 and some of the legislation that
NOTE Confidence: 0.9402536

00:16:39.924 --> 00:16:41.340 is being considered now
NOTE Confidence: 0.940845502941177

00:16:41.412 --> 00:16:43.435 is a direct result of that work.
NOTE Confidence: 0.940845502941177

00:16:43.440 --> 00:16:45.276 So we engaged the Office of
NOTE Confidence: 0.940845502941177

00:16:45.276 --> 00:16:48.150 Management and Budget, White House.
NOTE Confidence: 0.940845502941177

00:16:48.150 --> 00:16:49.974 Council on Native Americans,
NOTE Confidence: 0.940845502941177

00:16:49.974 --> 00:16:52.710 the director of Indian Health Services,

NOTE Confidence: 0.940845502941177
00:16:52.710 --> 00:16:54.102 tribal leaders, tribal organizations,
NOTE Confidence: 0.940845502941177
00:16:54.102 --> 00:16:56.190 and we really did a deep
NOTE Confidence: 0.940845502941177
00:16:56.250 --> 00:16:59.120 dive into the budget, so.
NOTE Confidence: 0.940845502941177
00:16:59.120 --> 00:17:00.800 The important take away for that
NOTE Confidence: 0.940845502941177
00:17:00.800 --> 00:17:02.850 is that you know we should always
NOTE Confidence: 0.940845502941177
00:17:02.850 --> 00:17:04.887 offer our time and talents when we
NOTE Confidence: 0.940845502941177
00:17:04.949 --> 00:17:07.028 have them and we should always raise
NOTE Confidence: 0.940845502941177
00:17:07.028 --> 00:17:09.064 our voices when we are asked to.
NOTE Confidence: 0.940845502941177
00:17:09.064 --> 00:17:11.479 And I grew up a very shy kid,
NOTE Confidence: 0.940845502941177
00:17:11.480 --> 00:17:13.560 but I really very early on that our
NOTE Confidence: 0.940845502941177
00:17:13.560 --> 00:17:15.773 work is really important and we need
NOTE Confidence: 0.940845502941177
00:17:15.773 --> 00:17:18.112 to advocate for the whole of Indian
NOTE Confidence: 0.940845502941177
00:17:18.112 --> 00:17:20.672 country and for the best of Indian country.
NOTE Confidence: 0.940845502941177
00:17:20.680 --> 00:17:22.745 Our social determinants of health
NOTE Confidence: 0.940845502941177
00:17:22.745 --> 00:17:25.220 are abysmal despite the fact that.
NOTE Confidence: 0.940845502941177

00:17:25.220 --> 00:17:28.352 We are the only people in this United States
NOTE Confidence: 0.940845502941177

00:17:28.352 --> 00:17:31.537 that has a treaty obligation for healthcare.
NOTE Confidence: 0.940845502941177

00:17:31.540 --> 00:17:33.572 And yet all the other programs for healthcare
NOTE Confidence: 0.940845502941177

00:17:33.572 --> 00:17:35.736 are on the mandatory side of the budget,
NOTE Confidence: 0.940845502941177

00:17:35.740 --> 00:17:37.144 such as Medicare,
NOTE Confidence: 0.940845502941177

00:17:37.144 --> 00:17:39.016 Medicaid and Veterans Affairs.
NOTE Confidence: 0.940845502941177

00:17:39.020 --> 00:17:40.966 And Indian Health Services is on the
NOTE Confidence: 0.940845502941177

00:17:40.966 --> 00:17:42.380 discretionary side of the budget,
NOTE Confidence: 0.940845502941177

00:17:42.380 --> 00:17:44.819 meaning it could be taken away at any time.
NOTE Confidence: 0.940845502941177

00:17:44.820 --> 00:17:45.855 So to me,
NOTE Confidence: 0.940845502941177

00:17:45.855 --> 00:17:47.580 that's backwards and we've been
NOTE Confidence: 0.940845502941177

00:17:47.580 --> 00:17:49.209 working to correct that.
NOTE Confidence: 0.940845502941177

00:17:49.210 --> 00:17:50.170 The other thing that,
NOTE Confidence: 0.940845502941177

00:17:50.170 --> 00:17:50.650 you know,
NOTE Confidence: 0.940845502941177

00:17:50.650 --> 00:17:52.701 I've been asked to speak a little
NOTE Confidence: 0.940845502941177

00:17:52.701 --> 00:17:55.098 bit about is how important the Native

NOTE Confidence: 0.940845502941177
00:17:55.098 --> 00:17:57.699 perspective is to taking care of mental
NOTE Confidence: 0.940845502941177
00:17:57.699 --> 00:17:59.829 health care needs of our people.
NOTE Confidence: 0.940845502941177
00:17:59.830 --> 00:18:02.866 And what's really important about tribes,
NOTE Confidence: 0.940845502941177
00:18:02.870 --> 00:18:04.688 how we're organized and how we
NOTE Confidence: 0.940845502941177
00:18:04.688 --> 00:18:06.678 think about the world in general
NOTE Confidence: 0.940845502941177
00:18:06.678 --> 00:18:08.468 is that everything is connected.
NOTE Confidence: 0.940845502941177
00:18:08.470 --> 00:18:10.885 So we don't silo our programs and
NOTE Confidence: 0.940845502941177
00:18:10.885 --> 00:18:13.191 our services to our tribal citizens
NOTE Confidence: 0.940845502941177
00:18:13.191 --> 00:18:14.388 in one bucket.
NOTE Confidence: 0.940845502941177
00:18:14.390 --> 00:18:16.812 We think about health in a very
NOTE Confidence: 0.940845502941177
00:18:16.812 --> 00:18:17.504 global perspective,
NOTE Confidence: 0.940845502941177
00:18:17.510 --> 00:18:19.790 in a very holistic perspective.
NOTE Confidence: 0.940845502941177
00:18:19.790 --> 00:18:21.500 That's not the way the federal
NOTE Confidence: 0.940845502941177
00:18:21.500 --> 00:18:22.070 government operates.
NOTE Confidence: 0.940845502941177
00:18:22.070 --> 00:18:25.346 So if you happen to be heavily grant funded,
NOTE Confidence: 0.940845502941177

00:18:25.350 --> 00:18:27.387 that's not the way you're going to
NOTE Confidence: 0.940845502941177

00:18:27.390 --> 00:18:29.830 necessarily pursue funding, but what?
NOTE Confidence: 0.940845502941177

00:18:29.830 --> 00:18:31.573 What we think about is the fact
NOTE Confidence: 0.940845502941177

00:18:31.573 --> 00:18:32.870 that everything is connected.
NOTE Confidence: 0.940845502941177

00:18:32.870 --> 00:18:34.310 Our environmental health,
NOTE Confidence: 0.940845502941177

00:18:34.310 --> 00:18:37.148 our physical health, our social health,
NOTE Confidence: 0.940845502941177

00:18:37.148 --> 00:18:38.546 our cultural health,
NOTE Confidence: 0.940845502941177

00:18:38.550 --> 00:18:39.882 and our behavioral health.
NOTE Confidence: 0.940845502941177

00:18:39.882 --> 00:18:42.303 So as we design and develop programs
NOTE Confidence: 0.940845502941177

00:18:42.303 --> 00:18:44.788 for the benefit of our tribal people,
NOTE Confidence: 0.940845502941177

00:18:44.790 --> 00:18:46.750 we try to connect all of those things.
NOTE Confidence: 0.940845502941177

00:18:46.750 --> 00:18:48.910 And there's been so much research
NOTE Confidence: 0.940845502941177

00:18:48.910 --> 00:18:50.350 that shows us that.
NOTE Confidence: 0.940845502941177

00:18:50.350 --> 00:18:52.110 Tribal children who are connected
NOTE Confidence: 0.940845502941177

00:18:52.110 --> 00:18:54.360 to their culture get a very
NOTE Confidence: 0.940845502941177

00:18:54.360 --> 00:18:56.068 protective benefit from that.

NOTE Confidence: 0.940845502941177

00:18:56.070 --> 00:18:58.926 So I challenge all of the people who

NOTE Confidence: 0.940845502941177

00:18:58.926 --> 00:19:01.751 are charged with designing A behavioral

NOTE Confidence: 0.940845502941177

00:19:01.751 --> 00:19:04.286 health programs to really infuse

NOTE Confidence: 0.940845502941177

00:19:04.286 --> 00:19:07.028 culture into everything that they do.

NOTE Confidence: 0.940845502941177

00:19:07.030 --> 00:19:09.718 And we've found that that has been a

NOTE Confidence: 0.940845502941177

00:19:09.718 --> 00:19:11.810 very successful way to approach the

NOTE Confidence: 0.940845502941177

00:19:11.810 --> 00:19:14.380 health and and the services and the

NOTE Confidence: 0.940845502941177

00:19:14.380 --> 00:19:16.588 wellbeing of all of our citizens.

NOTE Confidence: 0.940845502941177

00:19:16.590 --> 00:19:18.250 We respect differences and you

NOTE Confidence: 0.940845502941177

00:19:18.250 --> 00:19:20.670 notice that I talked a little bit.

NOTE Confidence: 0.940845502941177

00:19:20.670 --> 00:19:21.966 About environmental health,

NOTE Confidence: 0.940845502941177

00:19:21.966 --> 00:19:24.990 we don't see the world as inanimate.

NOTE Confidence: 0.940845502941177

00:19:24.990 --> 00:19:27.522 All of our language describes the

NOTE Confidence: 0.940845502941177

00:19:27.522 --> 00:19:29.730 environment, it describes the weather,

NOTE Confidence: 0.940845502941177

00:19:29.730 --> 00:19:31.065 it describes nature.

NOTE Confidence: 0.940845502941177

00:19:31.070 --> 00:19:34.110 Trees, animals, all is animate.
NOTE Confidence: 0.940845502941177

00:19:34.110 --> 00:19:35.618 That's protective as well,
NOTE Confidence: 0.940845502941177

00:19:35.618 --> 00:19:38.284 because you can't hurt Mother Earth if
NOTE Confidence: 0.940845502941177

00:19:38.284 --> 00:19:40.629 you believe that Mother Earth is animate.
NOTE Confidence: 0.940845502941177

00:19:40.630 --> 00:19:43.174 And if you think about how
NOTE Confidence: 0.940845502941177

00:19:43.174 --> 00:19:44.870 environment impacts our mental
NOTE Confidence: 0.947572436363636

00:19:44.949 --> 00:19:48.410 health, just being out in nature.
NOTE Confidence: 0.947572436363636

00:19:48.410 --> 00:19:50.590 Is such a wonderful way
NOTE Confidence: 0.947572436363636

00:19:50.590 --> 00:19:52.770 to infuse a good feeling,
NOTE Confidence: 0.947572436363636

00:19:52.770 --> 00:19:54.930 to infuse help to overcome perhaps
NOTE Confidence: 0.947572436363636

00:19:54.930 --> 00:19:56.930 some anxiety that you're feeling.
NOTE Confidence: 0.947572436363636

00:19:56.930 --> 00:19:58.848 So as we think about mental health,
NOTE Confidence: 0.947572436363636

00:19:58.850 --> 00:20:01.847 we have to think about it more like tribes
NOTE Confidence: 0.947572436363636

00:20:01.847 --> 00:20:03.842 have always traditionally thought about
NOTE Confidence: 0.947572436363636

00:20:03.842 --> 00:20:06.426 health in that very global, holistic way.
NOTE Confidence: 0.947572436363636

00:20:06.426 --> 00:20:09.650 And ceremony is a piece of that as well.

NOTE Confidence: 0.947572436363636

00:20:09.650 --> 00:20:11.850 When we participate in ceremony,

NOTE Confidence: 0.947572436363636

00:20:11.850 --> 00:20:15.378 we're connecting back to our ancestors.

NOTE Confidence: 0.947572436363636

00:20:15.380 --> 00:20:17.548 So we are also leaving footprints on the

NOTE Confidence: 0.947572436363636

00:20:17.548 --> 00:20:19.860 path for those that we have yet to meet.

NOTE Confidence: 0.947572436363636

00:20:19.860 --> 00:20:21.694 That's a very different way of working,

NOTE Confidence: 0.947572436363636

00:20:21.700 --> 00:20:23.280 looking at the world and

NOTE Confidence: 0.947572436363636

00:20:23.280 --> 00:20:24.860 working in within the world.

NOTE Confidence: 0.947572436363636

00:20:24.860 --> 00:20:26.995 And so I encourage everyone to think

NOTE Confidence: 0.947572436363636

00:20:26.995 --> 00:20:28.994 about that strongly and to think

NOTE Confidence: 0.947572436363636

00:20:28.994 --> 00:20:30.699 about when you're designing programs.

NOTE Confidence: 0.9452853

00:20:33.750 --> 00:20:36.690 Who you might bring to offer that

NOTE Confidence: 0.9452853

00:20:36.690 --> 00:20:37.872 perspective? And then lastly,

NOTE Confidence: 0.9452853

00:20:37.872 --> 00:20:40.119 the other thing that I've been asked

NOTE Confidence: 0.9452853

00:20:40.119 --> 00:20:42.515 to speak about is research and is

NOTE Confidence: 0.9452853

00:20:42.515 --> 00:20:44.350 it beneficial to native tribes.

NOTE Confidence: 0.9452853

00:20:44.350 --> 00:20:46.660 One of the things that I've been
NOTE Confidence: 0.9452853

00:20:46.660 --> 00:20:49.339 very engaged and I'm on a Tribal
NOTE Confidence: 0.9452853

00:20:49.339 --> 00:20:50.955 Advisory Advisory committee for
NOTE Confidence: 0.9452853

00:20:50.955 --> 00:20:52.806 the National Indian, excuse me,
NOTE Confidence: 0.9452853

00:20:52.806 --> 00:20:54.542 I'm not the National Indian Health Board,
NOTE Confidence: 0.9452853

00:20:54.550 --> 00:20:57.340 but National Institutes of Health.
NOTE Confidence: 0.9452853

00:20:57.340 --> 00:20:59.762 And they talked a lot about genomic
NOTE Confidence: 0.9452853

00:20:59.762 --> 00:21:02.458 studies and it really prompted me to
NOTE Confidence: 0.9452853

00:21:02.458 --> 00:21:05.180 think about research in a different way.
NOTE Confidence: 0.9452853

00:21:05.180 --> 00:21:07.468 And so we at Mohegan now have a
NOTE Confidence: 0.9452853

00:21:07.468 --> 00:21:09.778 tribal data sovereignty review board.
NOTE Confidence: 0.9452853

00:21:09.780 --> 00:21:11.964 Anytime there's research that's
NOTE Confidence: 0.9452853

00:21:11.964 --> 00:21:13.056 being proposed,
NOTE Confidence: 0.9452853

00:21:13.060 --> 00:21:14.691 it has to come through this review
NOTE Confidence: 0.9452853

00:21:14.691 --> 00:21:16.580 board and we have to think about it.
NOTE Confidence: 0.9452853

00:21:16.580 --> 00:21:18.071 Does it stigmatize?

NOTE Confidence: 0.9452853

00:21:18.071 --> 00:21:21.053 Is it really looking at tribes

NOTE Confidence: 0.9452853

00:21:21.053 --> 00:21:23.269 without an indigenous lens?

NOTE Confidence: 0.9452853

00:21:23.270 --> 00:21:24.674 Are there indigenous scholars

NOTE Confidence: 0.9452853

00:21:24.674 --> 00:21:26.429 that are doing the research?

NOTE Confidence: 0.9452853

00:21:26.430 --> 00:21:28.985 Is there benefit to our tribal community?

NOTE Confidence: 0.9452853

00:21:28.990 --> 00:21:30.790 Where will this get published?

NOTE Confidence: 0.9452853

00:21:30.790 --> 00:21:33.126 How will it get published and will we

NOTE Confidence: 0.9452853

00:21:33.126 --> 00:21:35.470 be able to have some control over,

NOTE Confidence: 0.9452853

00:21:35.470 --> 00:21:37.468 you know, all of those things?

NOTE Confidence: 0.9452853

00:21:37.470 --> 00:21:39.678 Because we know that in the past there's

NOTE Confidence: 0.9452853

00:21:39.678 --> 00:21:41.291 been very stigmatizing research for

NOTE Confidence: 0.9452853

00:21:41.291 --> 00:21:43.950 Native people and we want to avoid that.

NOTE Confidence: 0.9452853

00:21:43.950 --> 00:21:46.505 We believe that research is very important,

NOTE Confidence: 0.9452853

00:21:46.510 --> 00:21:48.022 but we want to make sure that

NOTE Confidence: 0.9452853

00:21:48.022 --> 00:21:48.870 if we're going to.

NOTE Confidence: 0.9452853

00:21:48.870 --> 00:21:49.130 Engagement,
NOTE Confidence: 0.9452853

00:21:49.130 --> 00:21:50.170 research that there actually
NOTE Confidence: 0.9452853

00:21:50.170 --> 00:21:51.950 is a benefit to our community,
NOTE Confidence: 0.9452853

00:21:51.950 --> 00:21:54.617 that it's not just for this ephemeral
NOTE Confidence: 0.9452853

00:21:54.617 --> 00:21:56.615 knowledge that really won't touch
NOTE Confidence: 0.9452853

00:21:56.615 --> 00:21:58.979 our tribal people and won't enhance
NOTE Confidence: 0.9452853

00:21:58.979 --> 00:22:01.189 the wellbeing of our tribal people.
NOTE Confidence: 0.9452853

00:22:01.190 --> 00:22:03.350 And as we think about research,
NOTE Confidence: 0.9452853

00:22:03.350 --> 00:22:05.478 one of the things we've looked at
NOTE Confidence: 0.9452853

00:22:05.478 --> 00:22:07.654 is genomic studies and how does that
NOTE Confidence: 0.9452853

00:22:07.654 --> 00:22:10.055 impact tribes and how do we protect
NOTE Confidence: 0.9452853

00:22:10.055 --> 00:22:13.065 confidentiality if you are a small tribe?
NOTE Confidence: 0.9452853

00:22:13.070 --> 00:22:16.270 And what do you think about consent for
NOTE Confidence: 0.9452853

00:22:16.270 --> 00:22:18.866 research if a tribal citizen is consenting?
NOTE Confidence: 0.9452853

00:22:18.870 --> 00:22:19.606 For research,
NOTE Confidence: 0.9452853

00:22:19.606 --> 00:22:21.446 does that automatically equal the

NOTE Confidence: 0.9452853

00:22:21.446 --> 00:22:23.629 consent of the tribal community?

NOTE Confidence: 0.9452853

00:22:23.630 --> 00:22:25.023 So there are many ways that we

NOTE Confidence: 0.9452853

00:22:25.023 --> 00:22:26.350 need to think about research.

NOTE Confidence: 0.9452853

00:22:26.350 --> 00:22:28.429 And I do believe that there are

NOTE Confidence: 0.9452853

00:22:28.429 --> 00:22:30.749 ways that we can accomplish good,

NOTE Confidence: 0.9452853

00:22:30.750 --> 00:22:33.114 solid research that will enhance the

NOTE Confidence: 0.9452853

00:22:33.114 --> 00:22:35.950 well-being and lives of our Native people.

NOTE Confidence: 0.9452853

00:22:35.950 --> 00:22:38.623 We need to be careful about how that happens,

NOTE Confidence: 0.9452853

00:22:38.630 --> 00:22:41.555 but we always want to make sure that that

NOTE Confidence: 0.9452853

00:22:41.555 --> 00:22:43.830 research refers to an indigenous lens.

NOTE Confidence: 0.9452853

00:22:43.830 --> 00:22:45.825 And so I'll leave my comments there.

NOTE Confidence: 0.9452853

00:22:45.830 --> 00:22:47.950 Thank you for allowing me to speak today.

NOTE Confidence: 0.933544666666667

00:22:49.450 --> 00:22:51.448 Hi, my name is Carla Knapp,

NOTE Confidence: 0.933544666666667

00:22:51.450 --> 00:22:53.760 the National Vice President of Native

NOTE Confidence: 0.933544666666667

00:22:53.760 --> 00:22:56.808 Services for Boys and Girls Club of America.

NOTE Confidence: 0.933544666666667

00:22:56.810 --> 00:22:59.222 I'm a proud tribal member of the Tenobaska
NOTE Confidence: 0.933544666666667

00:22:59.222 --> 00:23:02.170 Indian Nation and child of beer equipment.
NOTE Confidence: 0.933544666666667

00:23:02.170 --> 00:23:04.582 I am married to one of our tribal members
NOTE Confidence: 0.933544666666667

00:23:04.582 --> 00:23:07.007 and the mother of two amazing children,
NOTE Confidence: 0.933544666666667

00:23:07.010 --> 00:23:11.000 a 31 year old son and a 12 year old daughter.
NOTE Confidence: 0.933544666666667

00:23:11.000 --> 00:23:13.574 It is with their support that I'm able to
NOTE Confidence: 0.933544666666667

00:23:13.574 --> 00:23:15.966 follow my dreams and providing resources
NOTE Confidence: 0.933544666666667

00:23:15.966 --> 00:23:18.550 and opportunities for our Native youth.
NOTE Confidence: 0.933544666666667

00:23:18.550 --> 00:23:21.106 It is my honor and privilege to
NOTE Confidence: 0.933544666666667

00:23:21.106 --> 00:23:23.221 lead the Native Services team at
NOTE Confidence: 0.933544666666667

00:23:23.221 --> 00:23:25.153 Boys and Girls Club of America.
NOTE Confidence: 0.933544666666667

00:23:25.160 --> 00:23:27.596 Together with a team of seven passionate,
NOTE Confidence: 0.933544666666667

00:23:27.600 --> 00:23:29.872 purpose driven colleagues representing
NOTE Confidence: 0.933544666666667

00:23:29.872 --> 00:23:32.712 several several different tribal nations,
NOTE Confidence: 0.933544666666667

00:23:32.720 --> 00:23:35.107 we partner with tribes across the nation
NOTE Confidence: 0.933544666666667

00:23:35.107 --> 00:23:37.368 to bring clubs to American Indian.

NOTE Confidence: 0.93354466666667
00:23:37.370 --> 00:23:38.888 Alaskan, Native American,
NOTE Confidence: 0.93354466666667
00:23:38.888 --> 00:23:41.310 Samoan and Hawaiian communities.
NOTE Confidence: 0.93354466666667
00:23:41.310 --> 00:23:43.362 Currently, there are more than
NOTE Confidence: 0.93354466666667
00:23:43.362 --> 00:23:45.090 200 Native Boys and Girls Clubs,
NOTE Confidence: 0.93354466666667
00:23:45.090 --> 00:23:48.615 representing nearly 150 tribes who
NOTE Confidence: 0.93354466666667
00:23:48.615 --> 00:23:51.998 collectively serve over 120,000 youth.
NOTE Confidence: 0.93354466666667
00:23:51.998 --> 00:23:55.168 Our clubs support academic success,
NOTE Confidence: 0.93354466666667
00:23:55.170 --> 00:23:58.010 providing positive adult role models,
NOTE Confidence: 0.93354466666667
00:23:58.010 --> 00:24:00.968 feeding programs, health and life skills,
NOTE Confidence: 0.93354466666667
00:24:00.970 --> 00:24:02.922 character and leadership development.
NOTE Confidence: 0.93354466666667
00:24:02.922 --> 00:24:04.386 And most importantly,
NOTE Confidence: 0.93354466666667
00:24:04.390 --> 00:24:06.705 they keep our traditions alive
NOTE Confidence: 0.93354466666667
00:24:06.705 --> 00:24:08.557 by embedding Indigenous cultural
NOTE Confidence: 0.93354466666667
00:24:08.557 --> 00:24:10.587 components throughout the club day.
NOTE Confidence: 0.93354466666667
00:24:10.590 --> 00:24:12.390 Our culture is a way of life,
NOTE Confidence: 0.93354466666667

00:24:12.390 --> 00:24:14.280 and our culture as Native people
NOTE Confidence: 0.933544666666667

00:24:14.280 --> 00:24:16.886 shows up in the values, our beliefs,
NOTE Confidence: 0.933544666666667

00:24:16.886 --> 00:24:19.190 how we gather, how we eat,
NOTE Confidence: 0.933544666666667

00:24:19.190 --> 00:24:20.270 how we learn,
NOTE Confidence: 0.93622836

00:24:20.310 --> 00:24:22.350 and so much more. These
NOTE Confidence: 0.933526902666666

00:24:22.350 --> 00:24:23.820 traditions are so important to
NOTE Confidence: 0.933526902666666

00:24:23.820 --> 00:24:25.924 pass on to our young people who
NOTE Confidence: 0.933526902666666

00:24:25.924 --> 00:24:28.870 will carry our culture forward.
NOTE Confidence: 0.933526902666666

00:24:28.870 --> 00:24:30.040 In Indian Country,
NOTE Confidence: 0.933526902666666

00:24:30.040 --> 00:24:32.380 Native clubs meet the needs of
NOTE Confidence: 0.933526902666666

00:24:32.380 --> 00:24:34.254 communities in our direct reflection
NOTE Confidence: 0.933526902666666

00:24:34.254 --> 00:24:36.029 of the people they serve.
NOTE Confidence: 0.933526902666666

00:24:36.030 --> 00:24:37.878 As a national organization,
NOTE Confidence: 0.933526902666666

00:24:37.878 --> 00:24:40.630 we believe every child deserves a
NOTE Confidence: 0.933526902666666

00:24:40.630 --> 00:24:43.150 great future and we're committed to
NOTE Confidence: 0.933526902666666

00:24:43.150 --> 00:24:45.610 building on their strengths and skills

NOTE Confidence: 0.933526902666666
00:24:45.677 --> 00:24:48.029 to realize that future within them.
NOTE Confidence: 0.933526902666666
00:24:48.030 --> 00:24:49.149 Across the nation,
NOTE Confidence: 0.933526902666666
00:24:49.150 --> 00:24:51.590 youth and different communities
NOTE Confidence: 0.933526902666666
00:24:51.590 --> 00:24:53.420 experience drastically different
NOTE Confidence: 0.933526902666666
00:24:53.420 --> 00:24:55.276 circumstances and in Indian Country,
NOTE Confidence: 0.933526902666666
00:24:55.276 --> 00:24:57.706 a history of historical trauma.
NOTE Confidence: 0.933526902666666
00:24:57.710 --> 00:25:01.371 Along with many other factors contribute to
NOTE Confidence: 0.933526902666666
00:25:01.371 --> 00:25:04.268 challenges especially acute for Native youth.
NOTE Confidence: 0.933526902666666
00:25:04.270 --> 00:25:07.077 But when young people have access to
NOTE Confidence: 0.933526902666666
00:25:07.077 --> 00:25:09.790 programs that focus on academic success,
NOTE Confidence: 0.933526902666666
00:25:09.790 --> 00:25:10.708 leadership skills,
NOTE Confidence: 0.933526902666666
00:25:10.708 --> 00:25:13.462 and the resiliency critical to graduating
NOTE Confidence: 0.933526902666666
00:25:13.462 --> 00:25:16.230 high school and planning for the future,
NOTE Confidence: 0.933526902666666
00:25:16.230 --> 00:25:18.510 they can succeed.
NOTE Confidence: 0.933526902666666
00:25:18.510 --> 00:25:20.910 Since every tribal community is unique,
NOTE Confidence: 0.933526902666666

00:25:20.910 --> 00:25:23.598 we adapt our national programming that so
NOTE Confidence: 0.933526902666666

00:25:23.598 --> 00:25:26.608 that it speaks to all Native communities.
NOTE Confidence: 0.933526902666666

00:25:26.610 --> 00:25:29.140 Recognizing the beauty and diversity
NOTE Confidence: 0.933526902666666

00:25:29.140 --> 00:25:31.164 within our tribal nations.
NOTE Confidence: 0.933526902666666

00:25:31.170 --> 00:25:33.942 From there, tribes can customize youth
NOTE Confidence: 0.933526902666666

00:25:33.942 --> 00:25:36.410 programming and projects even further,
NOTE Confidence: 0.933526902666666

00:25:36.410 --> 00:25:40.008 weaving in their own traditions and culture.
NOTE Confidence: 0.933526902666666

00:25:40.010 --> 00:25:42.894 But the most critical role plugs on
NOTE Confidence: 0.933526902666666

00:25:42.894 --> 00:25:45.289 Native lands provides is consistency.
NOTE Confidence: 0.933526902666666

00:25:45.290 --> 00:25:46.730 They're open year round,
NOTE Confidence: 0.933526902666666

00:25:46.730 --> 00:25:48.330 five days a week,
NOTE Confidence: 0.933526902666666

00:25:48.330 --> 00:25:50.982 and staffed by caring mentors who
NOTE Confidence: 0.933526902666666

00:25:50.982 --> 00:25:53.204 understand what it needs means
NOTE Confidence: 0.933526902666666

00:25:53.204 --> 00:25:55.424 to be a Native young person.
NOTE Confidence: 0.933526902666666

00:25:55.430 --> 00:25:57.180 Family stability is deeply important
NOTE Confidence: 0.933526902666666

00:25:57.180 --> 00:26:00.189 in the life of a child and it's

NOTE Confidence: 0.933526902666666

00:26:00.189 --> 00:26:01.773 especially important for Native

NOTE Confidence: 0.933526902666666

00:26:01.773 --> 00:26:04.575 youth to know their club is their

NOTE Confidence: 0.933526902666666

00:26:04.575 --> 00:26:07.150 extended family and it's offerings,

NOTE Confidence: 0.933526902666666

00:26:07.150 --> 00:26:08.350 quality programming,

NOTE Confidence: 0.933526902666666

00:26:08.350 --> 00:26:09.640 traditions and culture,

NOTE Confidence: 0.933526902666666

00:26:09.640 --> 00:26:12.220 And of course fun is always

NOTE Confidence: 0.933526902666666

00:26:12.220 --> 00:26:14.482 there to help nurture resilience

NOTE Confidence: 0.933526902666666

00:26:14.482 --> 00:26:17.110 for our Native youth to thrive.

NOTE Confidence: 0.933526902666666

00:26:17.110 --> 00:26:18.790 The Boys and Girls Club of America.

NOTE Confidence: 0.933526902666666

00:26:18.790 --> 00:26:21.766 We respect and honor the right of Native

NOTE Confidence: 0.933526902666666

00:26:21.766 --> 00:26:24.517 people to control their own futures.

NOTE Confidence: 0.933526902666666

00:26:24.520 --> 00:26:26.220 Native people know their communities

NOTE Confidence: 0.933526902666666

00:26:26.220 --> 00:26:28.704 better than anyone else and they've been

NOTE Confidence: 0.933526902666666

00:26:28.704 --> 00:26:31.640 building their own solutions for centuries.

NOTE Confidence: 0.933526902666666

00:26:31.640 --> 00:26:33.336 As a national organization,

NOTE Confidence: 0.933526902666666

00:26:33.336 --> 00:26:36.255 I'm pleased to say that in 2022
NOTE Confidence: 0.933526902666666

00:26:36.255 --> 00:26:38.880 we'll be celebrating 30 years of Boys
NOTE Confidence: 0.933526902666666

00:26:38.880 --> 00:26:41.720 and Girls Clubs in Indian Country.
NOTE Confidence: 0.933526902666666

00:26:41.720 --> 00:26:43.970 The Native Services team enhances
NOTE Confidence: 0.933526902666666

00:26:43.970 --> 00:26:46.811 our ability to build and sustain
NOTE Confidence: 0.933526902666666

00:26:46.811 --> 00:26:48.799 collaborations with tribal leaders
NOTE Confidence: 0.933526902666666

00:26:48.799 --> 00:26:49.793 and stakeholders,
NOTE Confidence: 0.933526902666666

00:26:49.800 --> 00:26:51.912 provide professional development and
NOTE Confidence: 0.933526902666666

00:26:51.912 --> 00:26:54.552 networking specific for Native Clubs.
NOTE Confidence: 0.933526902666666

00:26:54.560 --> 00:26:57.180 Strengthen Native youth cultural identity
NOTE Confidence: 0.933526902666666

00:26:57.180 --> 00:26:59.276 through those customized programming.
NOTE Confidence: 0.933526902666666

00:26:59.280 --> 00:27:01.758 When you feel that sense of identity,
NOTE Confidence: 0.933526902666666

00:27:01.760 --> 00:27:03.041 connection and belonging,
NOTE Confidence: 0.933526902666666

00:27:03.041 --> 00:27:05.176 we can drive outcomes that
NOTE Confidence: 0.933526902666666

00:27:05.176 --> 00:27:07.478 will make an impact for youth.
NOTE Confidence: 0.933526902666666

00:27:07.480 --> 00:27:08.566 Boys and girls.

NOTE Confidence: 0.933526902666666

00:27:08.566 --> 00:27:11.100 Club of America and Native Services has

NOTE Confidence: 0.933526902666666

00:27:11.167 --> 00:27:13.537 developed a powerful growth strategy

NOTE Confidence: 0.933526902666666

00:27:13.537 --> 00:27:15.907 to expand opportunities for opening

NOTE Confidence: 0.933526902666666

00:27:15.973 --> 00:27:18.079 new Native Boys and Girls Clubs,

NOTE Confidence: 0.933526902666666

00:27:18.080 --> 00:27:20.516 ensuring that all Native youth now in

NOTE Confidence: 0.933526902666666

00:27:20.516 --> 00:27:23.010 the future will achieve their dreams.

NOTE Confidence: 0.933526902666666

00:27:23.010 --> 00:27:24.770 While allowing our Sovereign nations

NOTE Confidence: 0.933526902666666

00:27:24.770 --> 00:27:27.210 to retain a sense of ownership,

NOTE Confidence: 0.933526902666666

00:27:27.210 --> 00:27:29.849 buy in and direct access to information

NOTE Confidence: 0.933526902666666

00:27:29.849 --> 00:27:32.727 and support from the Native Services team,

NOTE Confidence: 0.933526902666666

00:27:32.730 --> 00:27:35.316 as we believe every Native youth

NOTE Confidence: 0.933526902666666

00:27:35.316 --> 00:27:37.660 and every Native community deserves

NOTE Confidence: 0.933526902666666

00:27:37.660 --> 00:27:40.010 the Boys and Girls Club.

NOTE Confidence: 0.933526902666666

00:27:40.010 --> 00:27:42.746 Thank you for allowing me to share the

NOTE Confidence: 0.933526902666666

00:27:42.746 --> 00:27:44.841 amazing work of the Native Services

NOTE Confidence: 0.933526902666666

00:27:44.841 --> 00:27:47.395 Team and the 216 Native Clubs who will
NOTE Confidence: 0.933526902666666

00:27:47.395 --> 00:27:49.810 do whatever it takes for Native youth.
NOTE Confidence: 0.92012674

00:27:53.430 --> 00:27:56.470 On at Tabor Dash Day,
NOTE Confidence: 0.946291578

00:27:56.470 --> 00:27:57.990 My name is Stephanie Gilson.
NOTE Confidence: 0.946291578

00:27:57.990 --> 00:28:00.630 I am Dakota Minwukaton Sioux,
NOTE Confidence: 0.946291578

00:28:00.630 --> 00:28:03.050 originally from Minnesota Macanche,
NOTE Confidence: 0.946291578

00:28:03.050 --> 00:28:05.470 also known as Minnesota.
NOTE Confidence: 0.946291578

00:28:05.470 --> 00:28:07.708 This is actually my tribal homeland.
NOTE Confidence: 0.946291578

00:28:07.710 --> 00:28:09.682 That's where the Dakota
NOTE Confidence: 0.946291578

00:28:09.682 --> 00:28:11.654 creation story takes place.
NOTE Confidence: 0.946291578

00:28:11.660 --> 00:28:14.516 And I am really fortunate to be here
NOTE Confidence: 0.946291578

00:28:14.516 --> 00:28:17.182 with you all during this grand rounds
NOTE Confidence: 0.946291578

00:28:17.182 --> 00:28:19.569 today where we are thinking about how
NOTE Confidence: 0.946291578

00:28:19.569 --> 00:28:21.935 to decolonize institutions and what it
NOTE Confidence: 0.946291578

00:28:21.935 --> 00:28:24.513 look like to partner with indigenous
NOTE Confidence: 0.946291578

00:28:24.513 --> 00:28:28.004 tribes during this indigenous day.

NOTE Confidence: 0.946291578

00:28:28.004 --> 00:28:30.595 And I also want to acknowledge

NOTE Confidence: 0.946291578

00:28:30.595 --> 00:28:32.980 that I am on Quinnipiac lands.

NOTE Confidence: 0.946291578

00:28:32.980 --> 00:28:36.178 This is a Connecticut in general.

NOTE Confidence: 0.946291578

00:28:36.180 --> 00:28:38.238 There is multiple tribes here who

NOTE Confidence: 0.946291578

00:28:38.238 --> 00:28:40.757 soured this land for hundreds of years

NOTE Confidence: 0.946291578

00:28:40.757 --> 00:28:42.917 prior to the arrival of Columbus.

NOTE Confidence: 0.946291578

00:28:42.920 --> 00:28:45.152 I am also a child adolescent

NOTE Confidence: 0.946291578

00:28:45.152 --> 00:28:46.640 fellow here at Yale.

NOTE Confidence: 0.946291578

00:28:46.640 --> 00:28:48.663 I completed my adult training as well

NOTE Confidence: 0.946291578

00:28:48.663 --> 00:28:50.899 as a public psychiatry fellowship in

NOTE Confidence: 0.946291578

00:28:50.899 --> 00:28:53.074 the Yale Department of Psychiatry.

NOTE Confidence: 0.946291578

00:28:53.080 --> 00:28:53.960 But I think more importantly,

NOTE Confidence: 0.946291578

00:28:53.960 --> 00:28:55.056 I'm a community member.

NOTE Confidence: 0.946291578

00:28:55.056 --> 00:28:56.819 I'm a daughter, I'm a sister,

NOTE Confidence: 0.946291578

00:28:56.819 --> 00:28:57.758 I'm a partner,

NOTE Confidence: 0.946291578

00:28:57.760 --> 00:29:00.840 and I'm a first generation college student.

NOTE Confidence: 0.946291578

00:29:00.840 --> 00:29:04.005 My mother struggled with alcohol

NOTE Confidence: 0.946291578

00:29:04.005 --> 00:29:06.537 use disorder and houselessness.

NOTE Confidence: 0.946291578

00:29:06.540 --> 00:29:07.572 You know,

NOTE Confidence: 0.946291578

00:29:07.572 --> 00:29:10.152 my grandparents went to boarding

NOTE Confidence: 0.946291578

00:29:10.152 --> 00:29:12.420 school and experienced a lot of

NOTE Confidence: 0.946291578

00:29:12.420 --> 00:29:14.695 what we call in the research papers,

NOTE Confidence: 0.946291578

00:29:14.700 --> 00:29:17.760 historical trauma, cultural loss,

NOTE Confidence: 0.946291578

00:29:17.760 --> 00:29:20.055 historical cultural losses.

NOTE Confidence: 0.946291578

00:29:20.060 --> 00:29:21.700 But like many Indigenous communities,

NOTE Confidence: 0.946291578

00:29:21.700 --> 00:29:24.418 I was raised by extended family

NOTE Confidence: 0.946291578

00:29:24.418 --> 00:29:26.086 and by aunties and.

NOTE Confidence: 0.946291578

00:29:26.086 --> 00:29:28.534 I was really fortunate to go to the

NOTE Confidence: 0.946291578

00:29:28.534 --> 00:29:30.820 University of Minnesota for medical school.

NOTE Confidence: 0.946291578

00:29:30.820 --> 00:29:32.220 It's one of the ones where we

NOTE Confidence: 0.946291578

00:29:32.220 --> 00:29:33.140 call the grade eight.

NOTE Confidence: 0.946291578

00:29:33.140 --> 00:29:35.324 We see there's eight medical schools

NOTE Confidence: 0.946291578

00:29:35.324 --> 00:29:37.500 in the country that prioritize

NOTE Confidence: 0.946291578

00:29:37.500 --> 00:29:40.300 admitting indigenous students,

NOTE Confidence: 0.946291578

00:29:40.300 --> 00:29:42.610 but also providing the structure and

NOTE Confidence: 0.946291578

00:29:42.610 --> 00:29:44.507 support by having indigenous people

NOTE Confidence: 0.946291578

00:29:44.507 --> 00:29:48.520 on staff and by helping them with the

NOTE Confidence: 0.946291578

00:29:48.520 --> 00:29:50.800 disconnect between medical education

NOTE Confidence: 0.946291578

00:29:50.896 --> 00:29:53.966 or academia and indigenous culture.

NOTE Confidence: 0.946291578

00:29:53.970 --> 00:29:55.194 And while there,

NOTE Confidence: 0.946291578

00:29:55.194 --> 00:29:58.501 I was really fortunate to work with a

NOTE Confidence: 0.946291578

00:29:58.501 --> 00:30:01.207 research group led by Melissa Walls,

NOTE Confidence: 0.946291578

00:30:01.210 --> 00:30:03.436 which is now under the Johns Hopkins

NOTE Confidence: 0.946291578

00:30:03.436 --> 00:30:05.640 and Upper American Indian Health and

NOTE Confidence: 0.946291578

00:30:05.640 --> 00:30:08.220 still really fortunate to be involved

NOTE Confidence: 0.946291578

00:30:08.220 --> 00:30:11.450 and working with these Native communities.

NOTE Confidence: 0.946291578

00:30:11.450 --> 00:30:13.851 You know the key to working with
NOTE Confidence: 0.946291578

00:30:13.851 --> 00:30:15.969 Native communities is community based,
NOTE Confidence: 0.946291578

00:30:15.970 --> 00:30:17.770 this is Pretoria Research or
NOTE Confidence: 0.946291578

00:30:17.770 --> 00:30:19.634 CDPR and really dedicating.
NOTE Confidence: 0.946291578

00:30:19.634 --> 00:30:22.430 Time and energy into knowing the
NOTE Confidence: 0.946291578

00:30:22.514 --> 00:30:24.800 tribes and knowing what they want
NOTE Confidence: 0.946291578

00:30:24.800 --> 00:30:27.570 and what we can help them with,
NOTE Confidence: 0.946291578

00:30:27.570 --> 00:30:29.135 if they even want our help,
NOTE Confidence: 0.946291578

00:30:29.135 --> 00:30:31.555 and especially with these
NOTE Confidence: 0.946291578

00:30:31.555 --> 00:30:33.370 big academic centers.
NOTE Confidence: 0.946291578

00:30:33.370 --> 00:30:35.178 And I think we have to be mindful
NOTE Confidence: 0.946291578

00:30:35.178 --> 00:30:37.266 of the harm that we've done to
NOTE Confidence: 0.946291578

00:30:37.266 --> 00:30:38.846 these communities in the pastor,
NOTE Confidence: 0.946291578

00:30:38.850 --> 00:30:41.142 do you know doing helicopter research
NOTE Confidence: 0.946291578

00:30:41.142 --> 00:30:44.900 or or a lot of the wrongs that have
NOTE Confidence: 0.946291578

00:30:44.900 --> 00:30:47.582 been done to these communities, so.

NOTE Confidence: 0.946291578
00:30:47.582 --> 00:30:48.114 Well,
NOTE Confidence: 0.946291578
00:30:48.114 --> 00:30:49.710 during the pandemic,
NOTE Confidence: 0.946291578
00:30:49.710 --> 00:30:52.202 we heard from our communities in the
NOTE Confidence: 0.946291578
00:30:52.202 --> 00:30:54.090 Midwest that they actually wanted
NOTE Confidence: 0.946291578
00:30:54.090 --> 00:30:56.346 to focus more on holistic healing
NOTE Confidence: 0.946291578
00:30:56.346 --> 00:30:59.074 and how can we provide some support
NOTE Confidence: 0.946291578
00:30:59.074 --> 00:31:00.984 for them during this pandemic.
NOTE Confidence: 0.946291578
00:31:00.990 --> 00:31:04.665 And so we ended up sending out holistic
NOTE Confidence: 0.946291578
00:31:04.665 --> 00:31:06.590 Wellness boxes to our community
NOTE Confidence: 0.946291578
00:31:06.590 --> 00:31:08.548 members that included wild rice,
NOTE Confidence: 0.946291578
00:31:08.550 --> 00:31:11.350 sage, some teachings from elders.
NOTE Confidence: 0.946291578
00:31:11.350 --> 00:31:14.550 A book about COVID for kids that was
NOTE Confidence: 0.946291578
00:31:14.550 --> 00:31:17.070 actually written by an an an Edition
NOTE Confidence: 0.946291578
00:31:17.070 --> 00:31:19.833 author Victoria O'Keefe and we also
NOTE Confidence: 0.946291578
00:31:19.833 --> 00:31:21.838 met with our frontline workers.
NOTE Confidence: 0.946291578

00:31:21.840 --> 00:31:23.550 Twice a month of frontline
NOTE Confidence: 0.946291578

00:31:23.550 --> 00:31:25.260 mental health workers who are
NOTE Confidence: 0.9145097775

00:31:25.327 --> 00:31:27.222 really out there doing the
NOTE Confidence: 0.9145097775

00:31:27.222 --> 00:31:29.117 daytoday work with our communities.
NOTE Confidence: 0.9145097775

00:31:29.120 --> 00:31:31.202 We've also done some research looking
NOTE Confidence: 0.9145097775

00:31:31.202 --> 00:31:33.725 at the impact of the foster care
NOTE Confidence: 0.9145097775

00:31:33.725 --> 00:31:36.440 system that is still happening today,
NOTE Confidence: 0.9145097775

00:31:36.440 --> 00:31:38.084 especially in in Minnesota,
NOTE Confidence: 0.9145097775

00:31:38.084 --> 00:31:40.550 and thinking about the Indian Child
NOTE Confidence: 0.9145097775

00:31:40.620 --> 00:31:42.840 Welfare Act that's currently being
NOTE Confidence: 0.9145097775

00:31:42.840 --> 00:31:45.288 challenged in the Supreme Court that
NOTE Confidence: 0.9145097775

00:31:45.288 --> 00:31:49.300 was passed in 1978 to make it so.
NOTE Confidence: 0.9145097775

00:31:49.300 --> 00:31:52.300 If indigenous children can't be removed
NOTE Confidence: 0.9145097775

00:31:52.300 --> 00:31:54.484 into the foster care system in place
NOTE Confidence: 0.9145097775

00:31:54.484 --> 00:31:56.248 with non indigenous families, right,
NOTE Confidence: 0.9145097775

00:31:56.248 --> 00:31:57.856 that's another way of cultural loss.

NOTE Confidence: 0.9145097775

00:31:57.860 --> 00:32:00.840 That's another way of erasing

NOTE Confidence: 0.9145097775

00:32:00.840 --> 00:32:03.820 indigenous people and their culture

NOTE Confidence: 0.9145097775

00:32:03.820 --> 00:32:05.700 and thinking about historical trauma,

NOTE Confidence: 0.9145097775

00:32:05.700 --> 00:32:07.518 relocation, boarding schools,

NOTE Confidence: 0.9145097775

00:32:07.518 --> 00:32:09.336 like I mentioned,

NOTE Confidence: 0.9145097775

00:32:09.340 --> 00:32:12.070 these things are still happening today.

NOTE Confidence: 0.9145097775

00:32:12.070 --> 00:32:14.155 Like the Indian child welfare

NOTE Confidence: 0.9145097775

00:32:14.155 --> 00:32:15.375 being being challenged,

NOTE Confidence: 0.9145097775

00:32:15.375 --> 00:32:17.685 the Line 3 in northern Minnesota

NOTE Confidence: 0.9145097775

00:32:17.685 --> 00:32:20.495 is an oil pipeline actually going

NOTE Confidence: 0.9145097775

00:32:20.495 --> 00:32:22.603 through illegally from Anishinabe

NOTE Confidence: 0.9145097775

00:32:22.603 --> 00:32:25.120 land through the only place in the

NOTE Confidence: 0.9145097775

00:32:25.120 --> 00:32:28.210 world where wild rice grows naturally.

NOTE Confidence: 0.9145097775

00:32:28.210 --> 00:32:29.350 And still operating today.

NOTE Confidence: 0.9145097775

00:32:29.350 --> 00:32:31.709 And so I think that's one of the

NOTE Confidence: 0.9145097775

00:32:31.709 --> 00:32:33.189 biggest things that people don't
NOTE Confidence: 0.9145097775

00:32:33.189 --> 00:32:35.529 feel like they have the time to
NOTE Confidence: 0.9145097775

00:32:35.529 --> 00:32:36.925 dedicate to develop relationships,
NOTE Confidence: 0.9145097775

00:32:36.930 --> 00:32:38.412 finding things that are in the
NOTE Confidence: 0.9145097775

00:32:38.412 --> 00:32:39.730 news and supporting the cause,
NOTE Confidence: 0.9145097775

00:32:39.730 --> 00:32:40.804 supporting Line 3,
NOTE Confidence: 0.9145097775

00:32:40.804 --> 00:32:42.952 supporting the fact that the Indian
NOTE Confidence: 0.9145097775

00:32:42.952 --> 00:32:44.877 child welfare is being challenged
NOTE Confidence: 0.9145097775

00:32:44.877 --> 00:32:46.762 in the Supreme Supreme Court.
NOTE Confidence: 0.9145097775

00:32:46.770 --> 00:32:52.858 And I think that in general we have
NOTE Confidence: 0.9145097775

00:32:52.858 --> 00:32:57.004 experienced as indigenous people so much.
NOTE Confidence: 0.9145097775

00:32:57.004 --> 00:33:01.289 Adversity and so much continued
NOTE Confidence: 0.9145097775

00:33:01.290 --> 00:33:04.968 attempt at a racer and genocide.
NOTE Confidence: 0.9145097775

00:33:04.970 --> 00:33:07.674 But I want to leave you all with
NOTE Confidence: 0.9145097775

00:33:07.674 --> 00:33:10.247 the fact that despite all that,
NOTE Confidence: 0.9145097775

00:33:10.250 --> 00:33:11.750 we are still here.

NOTE Confidence: 0.9145097775

00:33:11.750 --> 00:33:15.364 We are so incredibly resilient and

NOTE Confidence: 0.9145097775

00:33:15.364 --> 00:33:19.888 we are using our traditional ways

NOTE Confidence: 0.9145097775

00:33:19.890 --> 00:33:23.970 to continue to continue to thrive.

NOTE Confidence: 0.9145097775

00:33:23.970 --> 00:33:27.114 But Covid's a really good example of that.

NOTE Confidence: 0.9145097775

00:33:27.120 --> 00:33:31.390 And how we continue to use our

NOTE Confidence: 0.9145097775

00:33:31.390 --> 00:33:34.069 traditional knowledge to be able

NOTE Confidence: 0.9145097775

00:33:34.069 --> 00:33:36.720 to fight the pandemic.

NOTE Confidence: 0.9145097775

00:33:36.720 --> 00:33:39.114 So I appreciate you all having me

NOTE Confidence: 0.9145097775

00:33:39.114 --> 00:33:42.400 here today and I hope this was a

NOTE Confidence: 0.9145097775

00:33:42.400 --> 00:33:46.600 great grand rounds that may I go make,

NOTE Confidence: 0.9145097775

00:33:46.600 --> 00:33:47.398 which thank you

NOTE Confidence: 0.785650245714286

00:33:49.280 --> 00:33:52.605 humble Weshte, my name is Eagle Arrow.

NOTE Confidence: 0.785650245714286

00:33:52.610 --> 00:33:55.418 I'm an enrolled member of the ANI Nation

NOTE Confidence: 0.785650245714286

00:33:55.418 --> 00:33:58.449 on the Port Belnum tribe in Montana.

NOTE Confidence: 0.785650245714286

00:33:58.450 --> 00:34:01.110 I have a degree in mental health

NOTE Confidence: 0.785650245714286

00:34:01.110 --> 00:34:03.690 counseling and it's a Master's St.
NOTE Confidence: 0.785650245714286

00:34:03.690 --> 00:34:05.448 My job title is the Director
NOTE Confidence: 0.785650245714286

00:34:05.448 --> 00:34:06.327 of Social Services,
NOTE Confidence: 0.785650245714286

00:34:06.330 --> 00:34:09.170 which encompasses Child Protective Services,
NOTE Confidence: 0.785650245714286

00:34:09.170 --> 00:34:10.997 Adult Protective Services,
NOTE Confidence: 0.785650245714286

00:34:10.997 --> 00:34:13.433 ICWA, the domestic violence
NOTE Confidence: 0.785650245714286

00:34:13.433 --> 00:34:16.770 program in the batters program.
NOTE Confidence: 0.785650245714286

00:34:16.770 --> 00:34:19.164 And if you're not familiar with ICWA,
NOTE Confidence: 0.785650245714286

00:34:19.170 --> 00:34:21.939 it's the Indian Child Welfare Act, which.
NOTE Confidence: 0.785650245714286

00:34:21.939 --> 00:34:24.571 And which is all of our native children
NOTE Confidence: 0.785650245714286

00:34:24.571 --> 00:34:26.900 that are spread out from across the
NOTE Confidence: 0.785650245714286

00:34:26.900 --> 00:34:29.000 country and even across the world.
NOTE Confidence: 0.785650245714286

00:34:29.000 --> 00:34:31.520 If they have ties to our reservation,
NOTE Confidence: 0.785650245714286

00:34:31.520 --> 00:34:34.138 then we seek out that they maintain
NOTE Confidence: 0.785650245714286

00:34:34.138 --> 00:34:36.200 contact with our reservation.
NOTE Confidence: 0.785650245714286

00:34:36.200 --> 00:34:38.902 And perhaps we try to find placement

NOTE Confidence: 0.785650245714286
00:34:38.902 --> 00:34:41.680 for them with a blood relative who
NOTE Confidence: 0.785650245714286
00:34:41.680 --> 00:34:44.300 is on the reservation if they're
NOTE Confidence: 0.785650245714286
00:34:44.300 --> 00:34:48.110 not in a place that is able to
NOTE Confidence: 0.785650245714286
00:34:48.110 --> 00:34:49.985 take care of their needs.
NOTE Confidence: 0.785650245714286
00:34:49.990 --> 00:34:52.090 And for Bellnap, there are several needs
NOTE Confidence: 0.785650245714286
00:34:52.090 --> 00:34:54.070 of the children on the reservation.
NOTE Confidence: 0.785650245714286
00:34:54.070 --> 00:34:54.494 Currently,
NOTE Confidence: 0.785650245714286
00:34:54.494 --> 00:34:58.310 we do lack a lot of resources for them.
NOTE Confidence: 0.785650245714286
00:34:58.310 --> 00:34:59.962 The mental health counseling,
NOTE Confidence: 0.785650245714286
00:34:59.962 --> 00:35:02.027 although we are enhancing programs,
NOTE Confidence: 0.785650245714286
00:35:02.030 --> 00:35:04.004 it's still far from where it needs
NOTE Confidence: 0.785650245714286
00:35:04.004 --> 00:35:05.788 to be because we're so rural.
NOTE Confidence: 0.785650245714286
00:35:05.790 --> 00:35:08.446 We do have telemedicine,
NOTE Confidence: 0.785650245714286
00:35:08.446 --> 00:35:10.458 telehealth, but because of culture,
NOTE Confidence: 0.785650245714286
00:35:10.458 --> 00:35:12.891 it makes it very difficult to see
NOTE Confidence: 0.785650245714286

00:35:12.891 --> 00:35:14.606 and identify what's really going
NOTE Confidence: 0.785650245714286

00:35:14.606 --> 00:35:16.560 on with the child because.
NOTE Confidence: 0.785650245714286

00:35:16.560 --> 00:35:17.680 Nine times out of 10,
NOTE Confidence: 0.785650245714286

00:35:17.680 --> 00:35:18.730 they're not going to talk to
NOTE Confidence: 0.785650245714286

00:35:18.730 --> 00:35:19.640 people that they don't know,
NOTE Confidence: 0.785650245714286

00:35:19.640 --> 00:35:20.720 they're not comfortable with
NOTE Confidence: 0.785650245714286

00:35:20.720 --> 00:35:21.800 and they're not familiar.
NOTE Confidence: 0.785650245714286

00:35:21.800 --> 00:35:23.800 They have no, you know,
NOTE Confidence: 0.785650245714286

00:35:23.800 --> 00:35:24.856 face to face.
NOTE Confidence: 0.785650245714286

00:35:24.856 --> 00:35:26.968 So it makes it uncomfortable for
NOTE Confidence: 0.785650245714286

00:35:26.968 --> 00:35:29.251 them and that is feedback that
NOTE Confidence: 0.785650245714286

00:35:29.251 --> 00:35:31.111 I've gotten from the kiddos.
NOTE Confidence: 0.785650245714286

00:35:31.120 --> 00:35:33.520 Secondary is we don't have
NOTE Confidence: 0.785650245714286

00:35:33.520 --> 00:35:35.440 a placement for them.
NOTE Confidence: 0.785650245714286

00:35:35.440 --> 00:35:37.915 When they do need a higher level of care,
NOTE Confidence: 0.785650245714286

00:35:37.920 --> 00:35:40.344 we're faced with quote UN quote

NOTE Confidence: 0.785650245714286

00:35:40.344 --> 00:35:44.908 farming them out and that has caused.

NOTE Confidence: 0.785650245714286

00:35:44.910 --> 00:35:46.630 Trauma on so many levels,

NOTE Confidence: 0.785650245714286

00:35:46.630 --> 00:35:48.950 but it's not only trauma for the kids,

NOTE Confidence: 0.785650245714286

00:35:48.950 --> 00:35:51.026 it's also trauma for the community.

NOTE Confidence: 0.785650245714286

00:35:51.030 --> 00:35:54.215 Because this is historically one of the

NOTE Confidence: 0.785650245714286

00:35:54.215 --> 00:35:56.015 worst traumatizing experiences that

NOTE Confidence: 0.785650245714286

00:35:56.015 --> 00:35:58.235 we've ever faced was when children

NOTE Confidence: 0.785650245714286

00:35:58.235 --> 00:36:00.287 were removed from the reservations

NOTE Confidence: 0.785650245714286

00:36:00.287 --> 00:36:02.467 and put into boarding schools.

NOTE Confidence: 0.785650245714286

00:36:02.470 --> 00:36:03.340 So similarly,

NOTE Confidence: 0.785650245714286

00:36:03.340 --> 00:36:05.950 it is continuing to affect and

NOTE Confidence: 0.785650245714286

00:36:05.950 --> 00:36:08.146 impact our people almost the

NOTE Confidence: 0.785650245714286

00:36:08.146 --> 00:36:10.624 same when they use that term,

NOTE Confidence: 0.785650245714286

00:36:10.630 --> 00:36:12.049 farming them out.

NOTE Confidence: 0.785650245714286

00:36:12.049 --> 00:36:14.887 And so because we don't have

NOTE Confidence: 0.785650245714286

00:36:14.887 --> 00:36:17.335 facilities here that can boredom
NOTE Confidence: 0.785650245714286

00:36:17.335 --> 00:36:19.690 or children who are suicidal,
NOTE Confidence: 0.785650245714286

00:36:19.690 --> 00:36:22.726 who are dealing with depression and
NOTE Confidence: 0.785650245714286

00:36:22.730 --> 00:36:25.730 acting out because of reactive attachment
NOTE Confidence: 0.785650245714286

00:36:25.730 --> 00:36:27.730 disorders or oppositional defiance.
NOTE Confidence: 0.927252509166667

00:36:30.010 --> 00:36:32.362 And this is either due to
NOTE Confidence: 0.927252509166667

00:36:32.362 --> 00:36:34.810 historic the history of trauma or,
NOTE Confidence: 0.927252509166667

00:36:34.810 --> 00:36:37.348 you know, the families not being
NOTE Confidence: 0.927252509166667

00:36:37.348 --> 00:36:40.080 engaged the way that they should.
NOTE Confidence: 0.927252509166667

00:36:40.080 --> 00:36:43.160 Then we have no place to put them
NOTE Confidence: 0.927252509166667

00:36:43.160 --> 00:36:45.448 and we are forced to put them in
NOTE Confidence: 0.927252509166667

00:36:45.448 --> 00:36:47.614 a place that can maintain their
NOTE Confidence: 0.927252509166667

00:36:47.614 --> 00:36:49.888 safety and also give them the
NOTE Confidence: 0.927252509166667

00:36:49.968 --> 00:36:52.290 therapeutic interventions also.
NOTE Confidence: 0.927252509166667

00:36:52.290 --> 00:36:55.470 Another is that although we feel
NOTE Confidence: 0.927252509166667

00:36:55.470 --> 00:36:58.118 like racism has come to an end,

NOTE Confidence: 0.927252509166667

00:36:58.120 --> 00:37:00.514 I had an experience with a child

NOTE Confidence: 0.927252509166667

00:37:00.514 --> 00:37:02.921 who was punished for speaking our

NOTE Confidence: 0.927252509166667

00:37:02.921 --> 00:37:04.996 language and when that happened,

NOTE Confidence: 0.927252509166667

00:37:04.996 --> 00:37:07.958 it not only caused an uproar in

NOTE Confidence: 0.927252509166667

00:37:07.958 --> 00:37:10.058 our community or our council.

NOTE Confidence: 0.927252509166667

00:37:10.060 --> 00:37:12.552 But I literally had to fly across

NOTE Confidence: 0.927252509166667

00:37:12.552 --> 00:37:15.263 the country and go into the boarding

NOTE Confidence: 0.927252509166667

00:37:15.263 --> 00:37:18.084 school and see what was happening there

NOTE Confidence: 0.927252509166667

00:37:18.084 --> 00:37:20.814 because I thought we were above that.

NOTE Confidence: 0.927252509166667

00:37:20.820 --> 00:37:23.560 But unfortunately, I can't control

NOTE Confidence: 0.927252509166667

00:37:23.560 --> 00:37:26.300 what's happening within those places.

NOTE Confidence: 0.927252509166667

00:37:26.300 --> 00:37:28.659 So because we lack those services here,

NOTE Confidence: 0.927252509166667

00:37:28.660 --> 00:37:30.620 when we put kids in foster homes,

NOTE Confidence: 0.927252509166667

00:37:30.620 --> 00:37:32.618 when we put them in schools,

NOTE Confidence: 0.927252509166667

00:37:32.620 --> 00:37:35.328 when we put them and we in

NOTE Confidence: 0.927252509166667

00:37:35.328 --> 00:37:36.939 therapeutic boarding facilities,
NOTE Confidence: 0.927252509166667

00:37:36.940 --> 00:37:39.320 it's hard to say.
NOTE Confidence: 0.927252509166667

00:37:39.320 --> 00:37:40.964 How they're being treated,
NOTE Confidence: 0.927252509166667

00:37:40.964 --> 00:37:43.909 if they're having that respect in the
NOTE Confidence: 0.927252509166667

00:37:43.909 --> 00:37:46.540 cultural and their cultural identity
NOTE Confidence: 0.927252509166667

00:37:46.540 --> 00:37:50.173 and how they're able to identify with
NOTE Confidence: 0.927252509166667

00:37:50.173 --> 00:37:52.999 the people that are teaching them.
NOTE Confidence: 0.927252509166667

00:37:53.000 --> 00:37:53.548 So this,
NOTE Confidence: 0.927252509166667

00:37:53.548 --> 00:37:56.219 this seems to be one of our largest meaning
NOTE Confidence: 0.927252509166667

00:37:56.219 --> 00:37:58.679 on the reservation that we're lacking,
NOTE Confidence: 0.927252509166667

00:37:58.680 --> 00:38:01.236 but it's just not our reservation.
NOTE Confidence: 0.927252509166667

00:38:01.240 --> 00:38:02.772 I'm going to speak,
NOTE Confidence: 0.927252509166667

00:38:02.772 --> 00:38:04.687 it's for all many reservations
NOTE Confidence: 0.927252509166667

00:38:04.687 --> 00:38:07.128 provided that I've worked with very a
NOTE Confidence: 0.927252509166667

00:38:07.128 --> 00:38:09.370 lot of them throughout my years and.
NOTE Confidence: 0.927252509166667

00:38:09.370 --> 00:38:12.086 Not only as a social services director,

NOTE Confidence: 0.927252509166667
00:38:12.090 --> 00:38:16.682 but also as a counselor in Arizona
NOTE Confidence: 0.927252509166667
00:38:16.682 --> 00:38:18.650 on different reservations,
NOTE Confidence: 0.927252509166667
00:38:18.650 --> 00:38:25.256 Social services has a large task
NOTE Confidence: 0.927252509166667
00:38:25.256 --> 00:38:27.086 and taking care of children.
NOTE Confidence: 0.927252509166667
00:38:27.090 --> 00:38:28.730 And it's not just because,
NOTE Confidence: 0.927252509166667
00:38:28.730 --> 00:38:32.090 you know, we have so many cases,
NOTE Confidence: 0.927252509166667
00:38:32.090 --> 00:38:33.850 but to one case manager.
NOTE Confidence: 0.927252509166667
00:38:33.850 --> 00:38:37.472 We do have around 42 to 3045 cases.
NOTE Confidence: 0.927252509166667
00:38:37.472 --> 00:38:41.749 And that's a lot asking of anybody.
NOTE Confidence: 0.927252509166667
00:38:41.750 --> 00:38:44.072 But I'm going to tell you that what we
NOTE Confidence: 0.927252509166667
00:38:44.072 --> 00:38:46.545 do well is that we love our children.
NOTE Confidence: 0.927252509166667
00:38:46.550 --> 00:38:48.506 I all of my social workers,
NOTE Confidence: 0.927252509166667
00:38:48.510 --> 00:38:51.066 they take the shirt off their back for them.
NOTE Confidence: 0.927252509166667
00:38:51.070 --> 00:38:54.230 And because of that love and their efforts,
NOTE Confidence: 0.927252509166667
00:38:54.230 --> 00:38:56.430 they go above and beyond for the children.
NOTE Confidence: 0.927252509166667

00:38:56.430 --> 00:38:58.082 And I'm going to say some of
NOTE Confidence: 0.927252509166667

00:38:58.082 --> 00:38:59.309 our children have aged out,
NOTE Confidence: 0.927252509166667

00:38:59.310 --> 00:39:01.704 but they call us to this day
NOTE Confidence: 0.927252509166667

00:39:01.710 --> 00:39:02.618 when they need something,
NOTE Confidence: 0.927252509166667

00:39:02.618 --> 00:39:04.150 when they need to confide in us,
NOTE Confidence: 0.927252509166667

00:39:04.150 --> 00:39:06.234 when they need support.
NOTE Confidence: 0.927252509166667

00:39:06.234 --> 00:39:07.276 And unfortunately,
NOTE Confidence: 0.927252509166667

00:39:07.280 --> 00:39:09.114 we do have a high turnover rate
NOTE Confidence: 0.927252509166667

00:39:09.114 --> 00:39:11.158 because of the stressors of the job.
NOTE Confidence: 0.927252509166667

00:39:11.160 --> 00:39:13.275 But I'm going to say that no matter what,
NOTE Confidence: 0.927252509166667

00:39:13.280 --> 00:39:15.998 the turnover rate isn't because of,
NOTE Confidence: 0.927252509166667

00:39:16.000 --> 00:39:16.478 you know,
NOTE Confidence: 0.927252509166667

00:39:16.478 --> 00:39:18.151 they don't the love for the children
NOTE Confidence: 0.927252509166667

00:39:18.151 --> 00:39:19.757 or the love for the community.
NOTE Confidence: 0.927252509166667

00:39:19.760 --> 00:39:22.896 The turnover rate is because it's really
NOTE Confidence: 0.927252509166667

00:39:22.896 --> 00:39:25.639 difficult to work in this position.

NOTE Confidence: 0.927252509166667
00:39:25.640 --> 00:39:28.220 And this is worldwide, C, PS:,
NOTE Confidence: 0.927252509166667
00:39:28.220 --> 00:39:29.920 has the highest turnover rate.
NOTE Confidence: 0.927252509166667
00:39:29.920 --> 00:39:31.645 Adult Protective Services.
NOTE Confidence: 0.927252509166667
00:39:31.645 --> 00:39:34.520 We can't control what's happening
NOTE Confidence: 0.927252509166667
00:39:34.520 --> 00:39:36.350 in our community and we will.
NOTE Confidence: 0.927252509166667
00:39:36.350 --> 00:39:38.294 Can't control hardly anything
NOTE Confidence: 0.927252509166667
00:39:38.294 --> 00:39:41.790 besides how we respond to the chaos.
NOTE Confidence: 0.927252509166667
00:39:41.790 --> 00:39:43.425 It becomes overwhelming and I'm
NOTE Confidence: 0.927252509166667
00:39:43.425 --> 00:39:45.773 going to say there isn't one person
NOTE Confidence: 0.927252509166667
00:39:45.773 --> 00:39:47.408 who has left this department
NOTE Confidence: 0.927252509166667
00:39:47.408 --> 00:39:48.389 that didn't have
NOTE Confidence: 0.953671466666667
00:39:48.390 --> 00:39:50.652 utmost love and integrity and respect
NOTE Confidence: 0.953671466666667
00:39:50.652 --> 00:39:52.840 for these children and our community.
NOTE Confidence: 0.953671466666667
00:39:52.840 --> 00:39:54.940 And that is what social service
NOTE Confidence: 0.953671466666667
00:39:54.940 --> 00:39:56.749 is really is about Here.
NOTE Confidence: 0.953671466666667

00:39:56.750 --> 00:39:58.507 Our development is only part of it,
NOTE Confidence: 0.953671466666667

00:39:58.510 --> 00:40:01.534 but the the love and connection
NOTE Confidence: 0.953671466666667

00:40:01.534 --> 00:40:04.350 that we have is phenomenal.
NOTE Confidence: 0.912528766666667

00:40:13.160 --> 00:40:16.106 Okay with that, I'd like to get it over.
NOTE Confidence: 0.912528766666667

00:40:16.106 --> 00:40:17.678 Give it over to Doctor Beitel.
NOTE Confidence: 0.9402536

00:40:24.160 --> 00:40:28.384 Thank you. I'd like to tell you about
NOTE Confidence: 0.9402536

00:40:28.384 --> 00:40:31.531 our research and our particularly
NOTE Confidence: 0.9402536

00:40:31.531 --> 00:40:34.952 our particular way of conducting
NOTE Confidence: 0.9402536

00:40:34.952 --> 00:40:37.480 research with Native Americans.
NOTE Confidence: 0.9402536

00:40:37.480 --> 00:40:39.916 Chris Cutter and I have been working
NOTE Confidence: 0.9402536

00:40:39.916 --> 00:40:41.930 together for more than a decade.
NOTE Confidence: 0.9402536

00:40:41.930 --> 00:40:44.730 And we're an example of a flourishing,
NOTE Confidence: 0.9402536

00:40:44.730 --> 00:40:48.048 diverse ethnoracial team.
NOTE Confidence: 0.9402536

00:40:48.050 --> 00:40:48.882 We value diversity,
NOTE Confidence: 0.9402536

00:40:48.882 --> 00:40:51.570 and we believe that it makes us better.
NOTE Confidence: 0.953976346363636

00:40:54.450 --> 00:40:56.832 We are committed to addressing issues

NOTE Confidence: 0.953976346363636

00:40:56.832 --> 00:40:58.930 in Native American mental health.

NOTE Confidence: 0.953976346363636

00:40:58.930 --> 00:41:01.690 In addition, we are highly involved in

NOTE Confidence: 0.953976346363636

00:41:01.690 --> 00:41:03.430 mentoring underrepresented students,

NOTE Confidence: 0.953976346363636

00:41:03.430 --> 00:41:07.330 from undergraduates to post resident fellows.

NOTE Confidence: 0.953976346363636

00:41:07.330 --> 00:41:08.862 Finally. We're committed to

NOTE Confidence: 0.953976346363636

00:41:08.862 --> 00:41:11.160 teaching and offer a course on

NOTE Confidence: 0.953976346363636

00:41:11.232 --> 00:41:13.212 Native American mental health here

NOTE Confidence: 0.953976346363636

00:41:13.212 --> 00:41:17.210 at Yale and at Ani Nakota College,

NOTE Confidence: 0.953976346363636

00:41:17.210 --> 00:41:20.366 one of 32 fully accredited tribal

NOTE Confidence: 0.953976346363636

00:41:20.370 --> 00:41:22.974 colleges in the United States.

NOTE Confidence: 0.953976346363636

00:41:22.974 --> 00:41:24.900 We teach to increase the pipeline

NOTE Confidence: 0.953976346363636

00:41:24.965 --> 00:41:27.010 of Native students going into

NOTE Confidence: 0.953976346363636

00:41:27.010 --> 00:41:28.646 clinical psychology and medicine.

NOTE Confidence: 0.926767608

00:41:32.610 --> 00:41:35.100 Native Americans have been treated

NOTE Confidence: 0.926767608

00:41:35.100 --> 00:41:37.590 poorly by university based researchers.

NOTE Confidence: 0.926767608

00:41:37.590 --> 00:41:40.353 Part of our mission is to build trust and
NOTE Confidence: 0.926767608

00:41:40.353 --> 00:41:43.590 to develop mutually beneficial partnerships.
NOTE Confidence: 0.926767608

00:41:43.590 --> 00:41:46.265 We have forged partnerships with
NOTE Confidence: 0.926767608

00:41:46.265 --> 00:41:48.405 urban and reservation communities
NOTE Confidence: 0.926767608

00:41:48.405 --> 00:41:51.510 by avoiding the study of pathology.
NOTE Confidence: 0.926767608

00:41:51.510 --> 00:41:53.710 We are interested in documenting
NOTE Confidence: 0.926767608

00:41:53.710 --> 00:41:55.910 strengths instead of weaknesses as
NOTE Confidence: 0.926767608

00:41:55.982 --> 00:41:58.537 an antidote to the over focus on
NOTE Confidence: 0.926767608

00:41:58.537 --> 00:42:01.850 native weaknesses in the literature.
NOTE Confidence: 0.926767608

00:42:01.850 --> 00:42:04.850 We've consciously chosen to study therapists
NOTE Confidence: 0.926767608

00:42:04.850 --> 00:42:08.089 rather than patients for several reasons.
NOTE Confidence: 0.926767608

00:42:08.090 --> 00:42:10.738 Therapists are arguably less
NOTE Confidence: 0.926767608

00:42:10.738 --> 00:42:12.724 vulnerable than patients.
NOTE Confidence: 0.926767608

00:42:12.730 --> 00:42:14.835 Provider studies are easier to
NOTE Confidence: 0.926767608

00:42:14.835 --> 00:42:17.465 implement and cause less strain on
NOTE Confidence: 0.926767608

00:42:17.465 --> 00:42:19.730 clinical systems and patient studies.

NOTE Confidence: 0.935242925714286

00:42:22.810 --> 00:42:25.449 We study treatment as it naturally occurs.

NOTE Confidence: 0.935242925714286

00:42:25.450 --> 00:42:27.982 In native clinical settings.

NOTE Confidence: 0.935242925714286

00:42:27.982 --> 00:42:30.514 We have avoided implementing

NOTE Confidence: 0.935242925714286

00:42:30.514 --> 00:42:31.780 manualized treatments.

NOTE Confidence: 0.935242925714286

00:42:31.780 --> 00:42:33.820 Because most have not been

NOTE Confidence: 0.935242925714286

00:42:33.820 --> 00:42:35.452 tested with native people,

NOTE Confidence: 0.935242925714286

00:42:35.460 --> 00:42:37.956 we also need to spend time

NOTE Confidence: 0.935242925714286

00:42:37.956 --> 00:42:39.620 learning what native clinicians

NOTE Confidence: 0.935242925714286

00:42:39.700 --> 00:42:41.896 are doing and doing well before

NOTE Confidence: 0.935242925714286

00:42:41.896 --> 00:42:44.300 we can start making suggestions.

NOTE Confidence: 0.9905706

00:42:46.380 --> 00:42:49.860 Initially, we focused on urban clinics

NOTE Confidence: 0.9905706

00:42:49.860 --> 00:42:52.373 rather than reservation clinics because

NOTE Confidence: 0.9905706

00:42:52.373 --> 00:42:55.740 they tend to have fewer moving parts.

NOTE Confidence: 0.928555330769231

00:42:58.300 --> 00:43:00.505 We deliberately chose to study

NOTE Confidence: 0.928555330769231

00:43:00.505 --> 00:43:02.710 process rather than outcome in

NOTE Confidence: 0.928555330769231

00:43:02.786 --> 00:43:04.739 our psychotherapy research.
NOTE Confidence: 0.928555330769231

00:43:04.740 --> 00:43:07.560 First, very little is known about
NOTE Confidence: 0.928555330769231

00:43:07.560 --> 00:43:10.140 psychotherapy with Native American patients,
NOTE Confidence: 0.928555330769231

00:43:10.140 --> 00:43:13.047 and we were curious to know more about what
NOTE Confidence: 0.928555330769231

00:43:13.047 --> 00:43:15.458 happens behind the consulting room door.
NOTE Confidence: 0.928555330769231

00:43:15.460 --> 00:43:19.219 Second, it made sense to focus on
NOTE Confidence: 0.928555330769231

00:43:19.220 --> 00:43:21.745 what is happening clinically before
NOTE Confidence: 0.928555330769231

00:43:21.745 --> 00:43:24.580 we look at what are the results.
NOTE Confidence: 0.939720543076923

00:43:27.020 --> 00:43:28.536 We partner with psychotherapy
NOTE Confidence: 0.939720543076923

00:43:28.536 --> 00:43:30.431 research leaders in this line
NOTE Confidence: 0.939720543076923

00:43:30.431 --> 00:43:33.140 of research for several reasons.
NOTE Confidence: 0.939720543076923

00:43:33.140 --> 00:43:35.490 First, we're happy to have
NOTE Confidence: 0.939720543076923

00:43:35.490 --> 00:43:36.900 the technical expertise.
NOTE Confidence: 0.939720543076923

00:43:36.900 --> 00:43:39.574 Second, we want to get them excited
NOTE Confidence: 0.939720543076923

00:43:39.574 --> 00:43:41.631 about the possibility of including
NOTE Confidence: 0.939720543076923

00:43:41.631 --> 00:43:43.736 native people in their studies.

NOTE Confidence: 0.939720543076923

00:43:43.740 --> 00:43:46.764 Third, we want to show that

NOTE Confidence: 0.939720543076923

00:43:46.764 --> 00:43:49.384 doing so is feasible. Finally,

NOTE Confidence: 0.939720543076923

00:43:49.384 --> 00:43:53.008 we are very inclusive with authorship.

NOTE Confidence: 0.939720543076923

00:43:53.010 --> 00:43:55.226 Including partners at clinical

NOTE Confidence: 0.939720543076923

00:43:55.226 --> 00:43:58.010 sites and students as coauthors,

NOTE Confidence: 0.946962633333333

00:44:01.810 --> 00:44:04.330 we are working on multiple levels,

NOTE Confidence: 0.946962633333333

00:44:04.330 --> 00:44:06.970 from measuring individual resilience

NOTE Confidence: 0.946962633333333

00:44:06.970 --> 00:44:09.610 in youth development professionals

NOTE Confidence: 0.946962633333333

00:44:09.610 --> 00:44:11.740 up to the study of therapeutic

NOTE Confidence: 0.946962633333333

00:44:11.740 --> 00:44:14.463 dyads and then up to communitywide

NOTE Confidence: 0.946962633333333

00:44:14.463 --> 00:44:17.528 interventions such as suicide prevention.

NOTE Confidence: 0.946962633333333

00:44:17.530 --> 00:44:19.744 Each level is important and I

NOTE Confidence: 0.946962633333333

00:44:19.744 --> 00:44:22.199 would like to share a bit about.

NOTE Confidence: 0.946962633333333

00:44:22.200 --> 00:44:24.240 Our work with our partners.

NOTE Confidence: 0.946962633333333

00:44:24.240 --> 00:44:26.904 I hope this work inspires you to reach

NOTE Confidence: 0.946962633333333

00:44:26.904 --> 00:44:30.792 out to us and to get involved in the work.

NOTE Confidence: 0.9469626333333333

00:44:30.792 --> 00:44:33.312 We have conducted needs assessment

NOTE Confidence: 0.9469626333333333

00:44:33.312 --> 00:44:35.589 projects with tribal communities

NOTE Confidence: 0.9469626333333333

00:44:35.589 --> 00:44:37.957 in Montana and Oklahoma,

NOTE Confidence: 0.9469626333333333

00:44:37.960 --> 00:44:41.255 focusing on providing A multipronged

NOTE Confidence: 0.9469626333333333

00:44:41.255 --> 00:44:45.900 approach to suicide pre and postvention.

NOTE Confidence: 0.9469626333333333

00:44:45.900 --> 00:44:46.670 In addition,

NOTE Confidence: 0.9469626333333333

00:44:46.670 --> 00:44:48.980 we have fostered a close relationship

NOTE Confidence: 0.9469626333333333

00:44:48.980 --> 00:44:50.952 with the Native Services Division

NOTE Confidence: 0.9469626333333333

00:44:50.952 --> 00:44:53.214 of the Boys and Girls Club,

NOTE Confidence: 0.9469626333333333

00:44:53.220 --> 00:44:56.139 which is the largest Native youth serving

NOTE Confidence: 0.9469626333333333

00:44:56.139 --> 00:44:58.420 organization in the United States.

NOTE Confidence: 0.9469626333333333

00:44:58.420 --> 00:45:01.180 We host an annual training conference

NOTE Confidence: 0.9469626333333333

00:45:01.180 --> 00:45:03.394 for Native Services staff here

NOTE Confidence: 0.9469626333333333

00:45:03.394 --> 00:45:05.848 at Yale and conduct research on

NOTE Confidence: 0.9469626333333333

00:45:05.848 --> 00:45:08.183 constructs such as resilience and

NOTE Confidence: 0.9469626333333333

00:45:08.183 --> 00:45:11.270 trauma Informed practice with their

NOTE Confidence: 0.9469626333333333

00:45:11.270 --> 00:45:13.178 youth development professionals.

NOTE Confidence: 0.9469626333333333

00:45:13.180 --> 00:45:13.628 Finally,

NOTE Confidence: 0.9469626333333333

00:45:13.628 --> 00:45:15.420 we are conducting psychotherapy

NOTE Confidence: 0.9469626333333333

00:45:15.420 --> 00:45:17.212 process and outcome studies.

NOTE Confidence: 0.9469626333333333

00:45:17.220 --> 00:45:19.932 One example is our work with

NOTE Confidence: 0.9469626333333333

00:45:19.932 --> 00:45:22.550 colleagues at Penn State and the

NOTE Confidence: 0.9469626333333333

00:45:22.550 --> 00:45:24.575 Center for Collegiate Mental Health

NOTE Confidence: 0.9469626333333333

00:45:24.580 --> 00:45:27.130 to examine process and outcome data

NOTE Confidence: 0.9469626333333333

00:45:27.130 --> 00:45:30.492 in a large multi site sample of

NOTE Confidence: 0.9469626333333333

00:45:30.492 --> 00:45:33.180 native college counseling centers.

NOTE Confidence: 0.943913018181818

00:45:37.480 --> 00:45:39.454 I would like to say more about

NOTE Confidence: 0.943913018181818

00:45:39.454 --> 00:45:40.600 our psychotherapy research work,

NOTE Confidence: 0.943913018181818

00:45:40.600 --> 00:45:44.356 partly to generate interest in collaboration.

NOTE Confidence: 0.943913018181818

00:45:44.360 --> 00:45:47.090 Psychotherapy is a helping relationship

NOTE Confidence: 0.943913018181818

00:45:47.090 --> 00:45:49.820 that has demonstrated efficacy for
NOTE Confidence: 0.943913018181818

00:45:49.896 --> 00:45:52.476 members of the population at large.
NOTE Confidence: 0.943913018181818

00:45:52.480 --> 00:45:54.856 The average treated patient
NOTE Confidence: 0.943913018181818

00:45:54.856 --> 00:45:56.638 experiences a significant,
NOTE Confidence: 0.943913018181818

00:45:56.640 --> 00:45:59.488 measurable reduction in psychological
NOTE Confidence: 0.943913018181818

00:45:59.488 --> 00:46:02.770 symptoms and an increase in functioning.
NOTE Confidence: 0.943913018181818

00:46:02.770 --> 00:46:05.338 However, very little is known about
NOTE Confidence: 0.943913018181818

00:46:05.338 --> 00:46:08.141 the processes and outcomes of Native
NOTE Confidence: 0.943913018181818

00:46:08.141 --> 00:46:10.169 American patients in psychotherapy
NOTE Confidence: 0.943913018181818

00:46:10.170 --> 00:46:11.882 because there's an extreme
NOTE Confidence: 0.943913018181818

00:46:11.882 --> 00:46:14.450 paucity of research in this area.
NOTE Confidence: 0.942998090909091

00:46:19.410 --> 00:46:21.876 When Native people as a group
NOTE Confidence: 0.942998090909091

00:46:21.876 --> 00:46:24.090 have so many pressing needs,
NOTE Confidence: 0.942998090909091

00:46:24.090 --> 00:46:26.534 why study an individual
NOTE Confidence: 0.942998090909091

00:46:26.534 --> 00:46:28.978 intervention such as psychotherapy?
NOTE Confidence: 0.942998090909091

00:46:28.980 --> 00:46:30.912 The answer is that Native Americans

NOTE Confidence: 0.942998090909091

00:46:30.912 --> 00:46:33.430 receive a lot of Western European

NOTE Confidence: 0.942998090909091

00:46:33.430 --> 00:46:35.176 style counseling intervention.

NOTE Confidence: 0.9452853

00:46:37.620 --> 00:46:40.412 The Indian Health Service alone

NOTE Confidence: 0.9452853

00:46:40.412 --> 00:46:43.405 provides over 200,000 behavioral health

NOTE Confidence: 0.9452853

00:46:43.405 --> 00:46:46.735 contacts for Native Americans per year.

NOTE Confidence: 0.9452853

00:46:46.740 --> 00:46:49.145 There's been there's been much

NOTE Confidence: 0.9452853

00:46:49.145 --> 00:46:52.137 theorizing in the absence of data

NOTE Confidence: 0.9452853

00:46:52.137 --> 00:46:55.167 about the utility or futility of

NOTE Confidence: 0.9452853

00:46:55.167 --> 00:46:57.340 psychotherapy for Native people.

NOTE Confidence: 0.9452853

00:46:57.340 --> 00:46:59.464 Both directive and nondirective

NOTE Confidence: 0.9452853

00:46:59.464 --> 00:47:01.588 counseling practices have been

NOTE Confidence: 0.9452853

00:47:01.588 --> 00:47:03.739 recommended for Native clients,

NOTE Confidence: 0.9452853

00:47:03.740 --> 00:47:06.980 but few studies have been conducted

NOTE Confidence: 0.9452853

00:47:06.980 --> 00:47:09.140 to determine the appropriateness

NOTE Confidence: 0.9452853

00:47:09.229 --> 00:47:10.738 of either approach.

NOTE Confidence: 0.9452853

00:47:10.740 --> 00:47:12.965 There has been some investigation
NOTE Confidence: 0.9452853

00:47:12.965 --> 00:47:16.420 counseling process, mainly by our group,
NOTE Confidence: 0.9452853

00:47:16.420 --> 00:47:19.388 including expectations about counseling,
NOTE Confidence: 0.9452853

00:47:19.388 --> 00:47:21.614 therapist technical activity,
NOTE Confidence: 0.9452853

00:47:21.620 --> 00:47:23.672 and the working alliance.
NOTE Confidence: 0.9452853

00:47:23.672 --> 00:47:27.960 An early study by Sue and colleagues,
NOTE Confidence: 0.9452853

00:47:27.960 --> 00:47:30.860 1978 revealed increased risk for
NOTE Confidence: 0.9452853

00:47:30.860 --> 00:47:33.760 dropout for Native American clients,
NOTE Confidence: 0.9452853

00:47:33.760 --> 00:47:35.980 a group that also received
NOTE Confidence: 0.9452853

00:47:35.980 --> 00:47:37.756 numerically but not statistically,
NOTE Confidence: 0.9452853

00:47:37.760 --> 00:47:40.070 significantly fewer counseling
NOTE Confidence: 0.9452853

00:47:40.070 --> 00:47:43.920 sessions compared to white clients.
NOTE Confidence: 0.9452853

00:47:43.920 --> 00:47:46.515 Very few studies have examined
NOTE Confidence: 0.9452853

00:47:46.515 --> 00:47:48.591 counseling efficacy or effectiveness
NOTE Confidence: 0.9452853

00:47:48.591 --> 00:47:50.940 for Native American clients.
NOTE Confidence: 0.9452853

00:47:50.940 --> 00:47:54.139 One small study signaled a better response

NOTE Confidence: 0.9452853
00:47:54.139 --> 00:47:56.112 to motivational enhancement therapy
NOTE Confidence: 0.9452853
00:47:56.112 --> 00:47:58.777 compared to cognitive behavioral therapy,
NOTE Confidence: 0.9452853
00:47:58.780 --> 00:48:03.414 or 12 step facilitation for Native American
NOTE Confidence: 0.9452853
00:48:03.414 --> 00:48:06.460 participants in addiction treatment.
NOTE Confidence: 0.9452853
00:48:06.460 --> 00:48:09.095 Lambert and colleagues conducted an
NOTE Confidence: 0.9452853
00:48:09.095 --> 00:48:11.203 effectiveness study examining college
NOTE Confidence: 0.9452853
00:48:11.203 --> 00:48:13.298 counseling clients by racial group,
NOTE Confidence: 0.9452853
00:48:13.300 --> 00:48:16.660 including 73 Native American clients.
NOTE Confidence: 0.9452853
00:48:16.660 --> 00:48:18.658 No statistically significant
NOTE Confidence: 0.9452853
00:48:18.658 --> 00:48:20.656 differences were detected.
NOTE Confidence: 0.9452853
00:48:20.660 --> 00:48:23.860 On either single session, attendance,
NOTE Confidence: 0.9452853
00:48:23.860 --> 00:48:28.179 which could be possible dropouts or outcome,
NOTE Confidence: 0.9452853
00:48:28.180 --> 00:48:31.258 is measured by the outcome questionnaire.
NOTE Confidence: 0.9452853
00:48:31.260 --> 00:48:34.020 While this study has much to recommend it,
NOTE Confidence: 0.9452853
00:48:34.020 --> 00:48:36.220 it does have some limitations.
NOTE Confidence: 0.9452853

00:48:36.220 --> 00:48:36.701 First,
NOTE Confidence: 0.9452853

00:48:36.701 --> 00:48:40.068 the data were drawn from a single
NOTE Confidence: 0.9452853

00:48:40.068 --> 00:48:42.229 college counseling center located
NOTE Confidence: 0.9452853

00:48:42.229 --> 00:48:45.940 within a unique university BYU,
NOTE Confidence: 0.9452853

00:48:45.940 --> 00:48:48.620 which presents limits to generalizability.
NOTE Confidence: 0.9452853

00:48:48.620 --> 00:48:49.131 Second.
NOTE Confidence: 0.9452853

00:48:49.131 --> 00:48:51.175 Cultural commitment and Native
NOTE Confidence: 0.9452853

00:48:51.175 --> 00:48:53.219 clients was not measured.
NOTE Confidence: 0.9704438

00:48:55.940 --> 00:48:57.380 Better understand psychotherapy
NOTE Confidence: 0.9704438

00:48:57.380 --> 00:48:58.820 with Native patients.
NOTE Confidence: 0.9704438

00:48:58.820 --> 00:49:01.748 We inaugurated a line of psychotherapy
NOTE Confidence: 0.9704438

00:49:01.748 --> 00:49:04.154 process research and have begun
NOTE Confidence: 0.9704438

00:49:04.154 --> 00:49:06.937 to publish work in this area and
NOTE Confidence: 0.9704438

00:49:06.937 --> 00:49:10.279 I will talk briefly just about
NOTE Confidence: 0.9704438

00:49:10.279 --> 00:49:13.738 the first study in this series.
NOTE Confidence: 0.9704438

00:49:13.740 --> 00:49:16.788 We were very curious to know which techniques

NOTE Confidence: 0.9704438

00:49:16.788 --> 00:49:19.738 are used with Native American patients.

NOTE Confidence: 0.9704438

00:49:19.740 --> 00:49:22.980 So we asked therapists working in

NOTE Confidence: 0.9704438

00:49:22.980 --> 00:49:26.300 native clinics to report technique use

NOTE Confidence: 0.9704438

00:49:26.300 --> 00:49:28.540 immediately after service delivery.

NOTE Confidence: 0.9704438

00:49:28.540 --> 00:49:31.540 We collected data from six therapists

NOTE Confidence: 0.9704438

00:49:31.540 --> 00:49:34.900 across 3 urban Native clinical sites.

NOTE Confidence: 0.9704438

00:49:34.900 --> 00:49:37.675 The therapists were licensed professionals

NOTE Confidence: 0.9704438

00:49:37.675 --> 00:49:39.895 with ample clinical experience.

NOTE Confidence: 0.9704438

00:49:39.900 --> 00:49:43.520 We collected 93 unique consecutively

NOTE Confidence: 0.9704438

00:49:43.520 --> 00:49:46.416 rated sessions in total.

NOTE Confidence: 0.936748477142857

00:49:50.930 --> 00:49:53.900 More sessions with female patients

NOTE Confidence: 0.936748477142857

00:49:53.900 --> 00:49:57.970 were rated, the mean age was 40 years,

NOTE Confidence: 0.936748477142857

00:49:57.970 --> 00:50:00.610 and all patients were Native American.

NOTE Confidence: 0.936748477142857

00:50:00.610 --> 00:50:03.985 They had typical outpatient diagnosis

NOTE Confidence: 0.936748477142857

00:50:03.985 --> 00:50:06.685 like depression and anxiety,

NOTE Confidence: 0.936748477142857

00:50:06.690 --> 00:50:09.490 and generally moderate problems
NOTE Confidence: 0.9401632

00:50:13.970 --> 00:50:15.710 following a session.
NOTE Confidence: 0.9401632

00:50:15.710 --> 00:50:17.450 Therapists describe their
NOTE Confidence: 0.9401632

00:50:17.450 --> 00:50:20.280 technique use with the multi
NOTE Confidence: 0.9401632

00:50:20.280 --> 00:50:22.404 and empirically derived list
NOTE Confidence: 0.9401632

00:50:22.404 --> 00:50:23.997 of therapeutic interventions
NOTE Confidence: 0.931433085714286

00:50:28.680 --> 00:50:31.056 and measures techniques from
NOTE Confidence: 0.931433085714286

00:50:31.056 --> 00:50:32.838 8 theoretical orientations.
NOTE Confidence: 0.931433085714286

00:50:32.840 --> 00:50:34.600 Participants also filled out
NOTE Confidence: 0.931433085714286

00:50:34.600 --> 00:50:35.920 a demographics questionnaire.
NOTE Confidence: 0.9092976255555556

00:50:40.710 --> 00:50:44.098 And so therapists reported using a variety
NOTE Confidence: 0.9092976255555556

00:50:44.098 --> 00:50:46.255 of techniques, mostly common factors.
NOTE Confidence: 0.9092976255555556

00:50:46.255 --> 00:50:49.350 So the mean here ranges from 1:00 to 5:00,
NOTE Confidence: 0.9092976255555556

00:50:49.350 --> 00:50:54.510 and common factors were rated at 4.
NOTE Confidence: 0.9092976255555556

00:50:54.510 --> 00:50:56.775 Techniques from the seven schools
NOTE Confidence: 0.9092976255555556

00:50:56.775 --> 00:50:59.040 of psychotherapy were employed at

NOTE Confidence: 0.909297625555556
00:50:59.113 --> 00:51:01.478 rates lower than the standardization
NOTE Confidence: 0.909297625555556
00:51:01.478 --> 00:51:04.430 sample means and significantly lower.
NOTE Confidence: 0.909297625555556
00:51:04.430 --> 00:51:06.889 Person, centered and interpersonal
NOTE Confidence: 0.909297625555556
00:51:06.889 --> 00:51:09.967 were the most common technique types.
NOTE Confidence: 0.909297625555556
00:51:09.970 --> 00:51:11.524 Implying a warm,
NOTE Confidence: 0.909297625555556
00:51:11.524 --> 00:51:15.150 supportive and non directive rather than a
NOTE Confidence: 0.909297625555556
00:51:15.241 --> 00:51:18.926 challenging and directive clinical stance.
NOTE Confidence: 0.909297625555556
00:51:18.930 --> 00:51:22.926 An empirical finding that bears directly
NOTE Confidence: 0.909297625555556
00:51:22.930 --> 00:51:26.368 on the directive non directive debate.
NOTE Confidence: 0.9402536
00:51:28.490 --> 00:51:28.610 This
NOTE Confidence: 0.951155616666667
00:51:32.710 --> 00:51:35.237 work has brought us into contact with
NOTE Confidence: 0.951155616666667
00:51:35.237 --> 00:51:37.230 researchers across the United States.
NOTE Confidence: 0.951155616666667
00:51:37.230 --> 00:51:40.670 Here is a partial list of our collaborators.
NOTE Confidence: 0.948080688888889
00:51:47.320 --> 00:51:49.480 We could not do this work
NOTE Confidence: 0.948080688888889
00:51:49.480 --> 00:51:50.560 without significant support.
NOTE Confidence: 0.948080688888889

00:51:50.560 --> 00:51:52.690 We would like to thank Doctor
NOTE Confidence: 0.948080688888889

00:51:52.690 --> 00:51:55.025 Charles Carl for his enthusiasm for
NOTE Confidence: 0.948080688888889

00:51:55.025 --> 00:51:57.539 helping Native people and for his
NOTE Confidence: 0.948080688888889

00:51:57.539 --> 00:52:00.157 support of this work in particular.
NOTE Confidence: 0.948080688888889

00:52:00.160 --> 00:52:02.224 We also honor the leadership of
NOTE Confidence: 0.948080688888889

00:52:02.224 --> 00:52:04.298 Doctor Linda Mays and thank her
NOTE Confidence: 0.948080688888889

00:52:04.298 --> 00:52:06.482 for her openness as well as her
NOTE Confidence: 0.948080688888889

00:52:06.482 --> 00:52:08.360 expert and generous mentoring.
NOTE Confidence: 0.948080688888889

00:52:08.360 --> 00:52:11.286 Finally, we owe a debt of gratitude
NOTE Confidence: 0.948080688888889

00:52:11.286 --> 00:52:14.360 to our students who bring so much
NOTE Confidence: 0.948080688888889

00:52:14.360 --> 00:52:16.964 excitement and energy to this work.
NOTE Confidence: 0.948080688888889

00:52:16.970 --> 00:52:19.210 And here's our contact information.
NOTE Confidence: 0.948080688888889

00:52:19.210 --> 00:52:21.568 Please feel free to reach out.
NOTE Confidence: 0.9100634

00:52:23.730 --> 00:52:23.850 I
NOTE Confidence: 0.920751745454546

00:52:28.660 --> 00:52:30.832 think we could probably open it
NOTE Confidence: 0.920751745454546

00:52:30.832 --> 00:52:33.000 up to questions and comments.